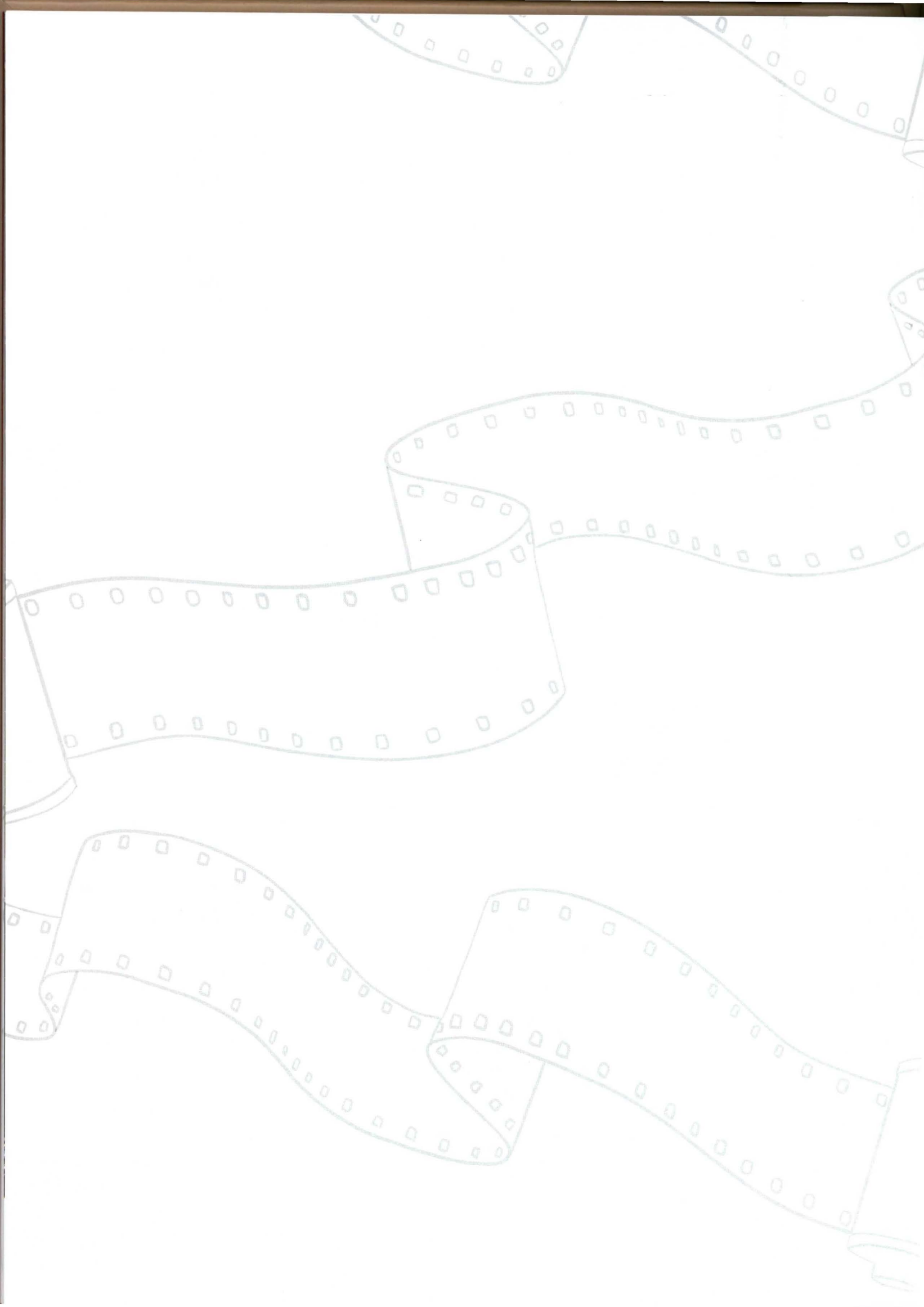


*Developing*  
**PERSPECTIVE**













THE TUNDRA



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## chapter 9



# Dedication

"The kindest and most understanding adult in the building. She prioritizes students' well-being first and going to her class always made me feel comfortable. I have never heard a dull thing about her and she truly represents us as students."

"Mrs. Sholds brings the best out of people whether they're her students or not."



"Amazing person and teacher; goes above and beyond for her students and treats us like people with aspirations and struggles"

Mrs. Sholds

"She brings so much light to the CHS students and community. She is like a mom to so many. I especially admire how genuine she is... this year was stressful and depressing for a lot of us and she always acknowledged it and is always real with us about life (not trying to sugar coat anything)."



"Mrs. Sholds has always concerned herself with helping others and making them feel like they belong. She loves and understands all of her students and is an amazing role-model for the kids at CHS. She truly deserves this award and dedication for her selflessness and hard work. "

"Mrs. Sholds has made all the difference for me and for many other students as well. Every single day she is full of positivity and her research class makes it worth it to come to school every day. She is encouraging in the face of any problem and is overall just a wonderful teacher who deserves to have this book dedicated to her."

"She has taught me and my class both important academic and life skills. Mrs. Sholds has been nothing but absolutely lovely and she deserves the dedication for all of her hard work and genuine care for her students."



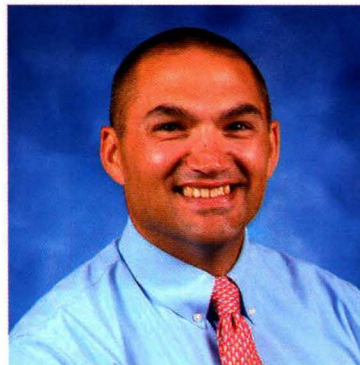
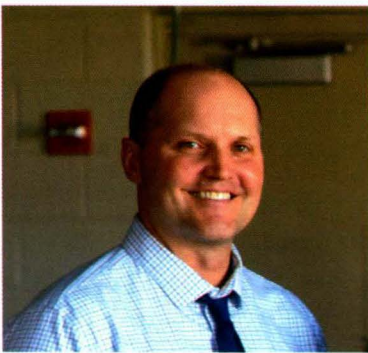
# Letters from the Deans and Principal Murray

Way to go Class of 2022! Congratulations! I have only had a short time with you but to say that I am impressed with your diligence and resiliency would be an understatement. Your high school careers have been different from most, but you have overcome all the obstacles in your way. The determination and perseverance that I have witnessed in the Class of 2022 has given me excitement for our future. Lead with your heads up, take calculated risks, never be afraid of a closed door and always remember that you are a Lion at heart. I am so very proud to have been a part of your path.

-Dean MacNeil, Emerson House

To the Class of 2022: Congratulations on a job well done. In a time where the easy road was available to take, many of you took the difficult road to a better outcome. I am so happy we got to spend this whole year together in the building where you started your high school career off four years ago. We at CHS appreciate your dedication, spirit, and perseverance during these past four years, all of which were challenged daily. We wish you nothing but the best in your future endeavors. Once a Lion always a Lion!

-Dean MacIsaac, Whittier House



Class of 2022! I am so impressed with how you all have persevered through the obstacles, disruptions, and hardships of the past two years. You have led our school community out of the fog of this pandemic with grace, empathy, and humor. It has been inspiring to witness you all supporting each other at athletic events, dances, and musical productions. You have grown up together sharing in all the triumphs and heartache and have become resilient, resourceful, and strong. Go forward with the courage to go after your dreams while committing to looking out for one another. We look forward to watching you take on the world!

-Dean Blagg, Hawthorne House

You made it! We are so proud of you. Even though you did not have a traditional junior year, your perseverance and determination helped our school return to "normal" in these COVID years. Thank you for setting a great example for the underclassmen. Thank you to the class officers: Marcos Hernandez, Allie LoCoco, Sankalp Bhojar and Ellen Angwin. It was not an easy task and they worked tirelessly to provide you the best possible senior year. Thank you to your class advisors, Mr. King and Mr. Russo. Lastly, the yearbook staff deserves great praise. They put together a wonderful yearbook full of great memories. Congratulations to all of you.

-Principal Murray



# Letter from the Chief Editor

Dear Class of 2022,

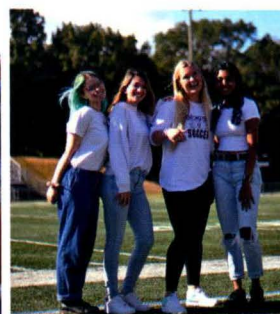
Making this yearbook with the rest of the board and staff has not only been a learning experience, but a very rewarding one too. I am so grateful to have had the opportunity to create this book with everyone and can't wait for you all to see it. Quarantine and social distancing made it hard for us to have a positive outlook on the future, but as we slowly returned to normalcy, we were all able to gain a new perspective on what seemed like a never-ending darkness. Therefore, we decided to title the book, *Developing Perspective*.

These past four years have been filled with several ups and downs as rules and regulations have been constantly changing. From the dramatic end to sophomore year to going back to an almost normal senior year, it has not been easy. The staff and I recognize that we are so lucky to be allowed to hold in-person events this year, ones that we would have normally taken for granted. At the beginning of our junior year, it looked like we would almost never return to regular high school experience. However, as senior year has come to a close, this thought has been somewhat altered. As changes have been constant, we wanted to create a theme that symbolized the new perspectives we are constantly gaining due to our surroundings. Our brighter perspective was also led by things like being able to have lunch with everyone in our grade and eating free food from the cafe. To encapsulate our theme of "Perspective" we also wanted to utilize the rising trends of polaroid and film pictures. Therefore, throughout the book we captured life through different perspectives using these mediums.

Our class, with perseverance and a brighter perspective on the new year, has been able to host incredible in-person events and activities that were unfathomable just last year. We may have endured hardships ranging from petty fights to difficult classes, but we will always remember: the teachers who supported and guided us, the ability to bring back some "norms" from pre-quarantine, the clubs/activities that gave us the friends we have today, and the achievements we've earned throughout the year.

Perspective is defined as having a certain outlook and view. We hope we hold this theme in our mind and maintain a positive perspective on the future and what's to come. We created this yearbook to capture all that we were able to accomplish this year despite the drawbacks from the previous two years. We all worked so hard to get to where we are today. Each and every one of us are capable of so much and with a positive perspective, we will be able to conquer whatever we decide to pursue next. As we move forward in the next step of our lives, we hope you are able to remember everyone who helped you get where you are today and reminisce on all that you did at Chelmsford High School with this yearbook! The class of 2022 is unstoppable.

Thank you,  
Siya Gunda





# Letter from the President

Dear Class of 2022,

Our class has been blindfolded, put in a box, and thrown down a flight of stairs. It has been quite the ride for the class of 2022, but we rode together with pride. The past four years have been an unforgettable journey, and there is no other group of people I would rather have shared it with. We have all changed tremendously since the first time we walked into CHS in the fall of 2018. From our styles to our maturity, we have all grown into exceptional young adults. I value every memory I have with each of you inside and out of the classroom.

This past year it has been an honor to work with and represent my classmates as the senior class president. Through our ups and downs as a class, I learned from every moment and made it my obligation to put the "fun" in fundraiser. I hope when you all look back on your senior year, you remember the ending of this chapter of your life to be bittersweet. Notably, I am most proud of our class's willingness to pioneer several events and fundraisers. You, my classmates, trusted some of our crazy, unconventional ideas and I thank you for that.

Though our run has come to an end, I am proud to say that the Class of 2022 has left a memorable legacy, and will be missed from the halls of CHS. I hope that I have had even just a fraction of the impact that you have all had on me. Thank you for allowing me to be your President.

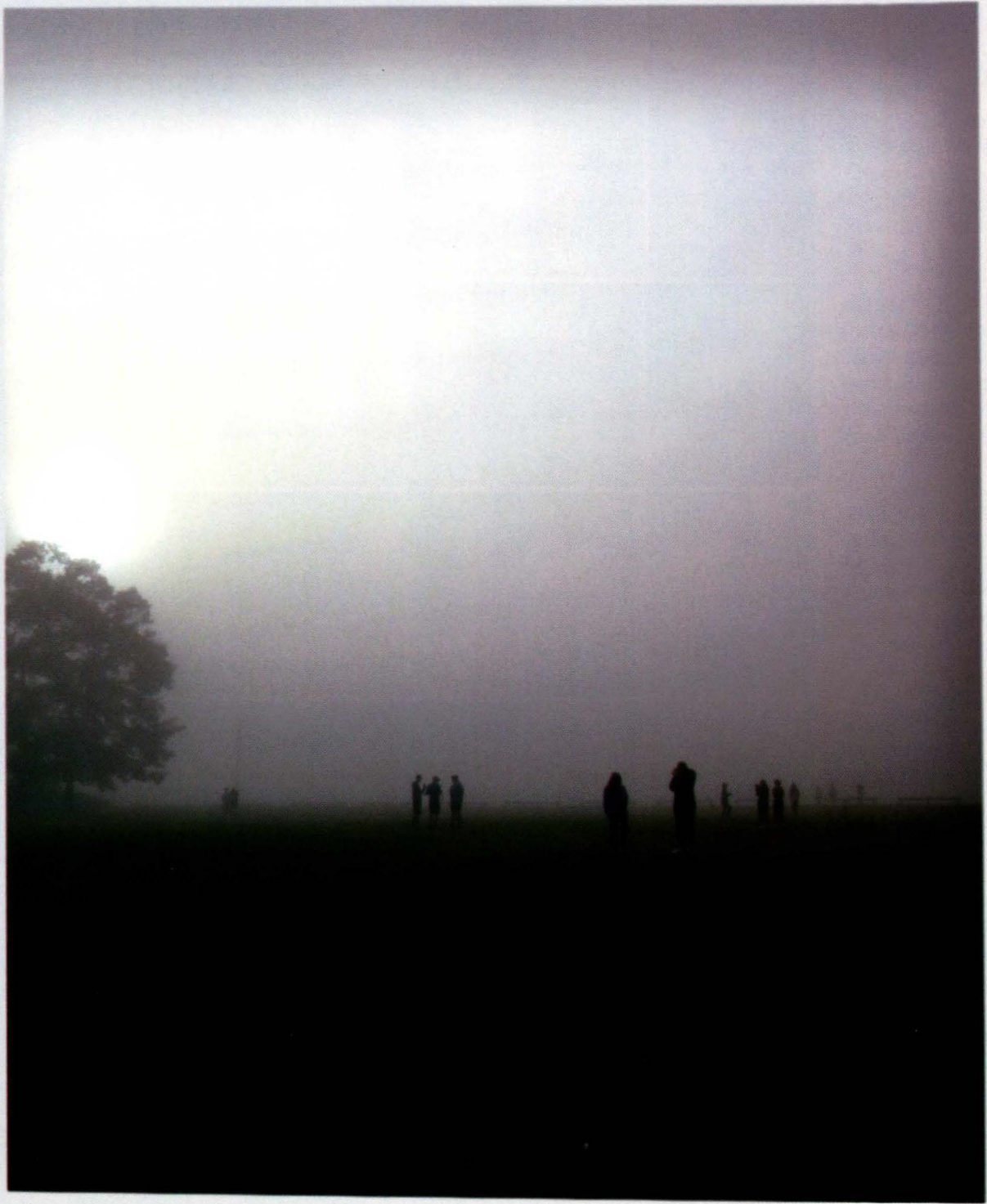
Yours Truly,  
*Marcos Hernandez*











# CHAPTER ONE



# Faculty

Dawn Aboelsaad  
 Brian Acheson  
 Madalena Alves  
 Mary Antetomaso



Cara Bak  
 Matthew Bartos  
 Eduardo Beato  
 Shannon Bischoff  
 Joshua Blagg  
 Karen Blagg



Jill Brennan  
 Charlie Buffum  
 Jason Burland  
 John Cafarelli  
 Samuel Carpenito  
 Mairin Chagnon



Somdatta Chowdhury  
 Stephanie Clark  
 Lauren Cochran  
 Diane Cogliano  
 Benjamin Cole  
 Debra Collins



Kate Comeau  
 Steven Courtemanche  
 Christopher Cunha  
 Bridget Dascoli  
 Dana Degen  
 Jonathan Demers



Taryn Dery  
 Christine Desilvio  
 Matthew Dibble  
 Abbey Dick  
 Rebecca Distasi  
 Jennifer Doak



John Doherty  
 Katherine Doulamis  
 Kelley Driscoll  
 Julie Durkin  
 Jason Dussault  
 Susan Fallon







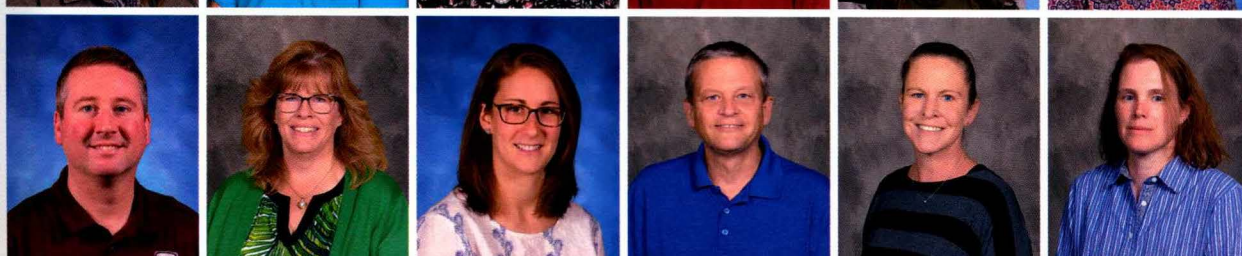
Courtney Farrell  
Jessica Ferronetti  
Meghan Fitzgibbons  
William Fleming  
Veronica Gadbois  
Leah Gaffney



Susan Gauthier  
Emma Gelineau  
Stephanie Gilbert  
Christine Gill  
Allison Gover  
Rebecca Graham



Mandy Gray-Williams  
Jeremy Greene  
Megan Greenwood  
Matthew Guarente  
Amanda Hall  
Mary Beth Hardy



Daniel Hart  
Martha Hartery  
Jamie Hill  
Jeffrey Holleran  
Meghan Hoover  
Maureen Hubbard



Angela Hughes  
Ilyssa Hunt  
Julie Ingaciola  
Peter Jack  
Mojue Kaikai  
Nancy Kamel



Kristina Kaverud  
Kristina Kea  
Kara Kelley  
Michelle Kender  
Nancy Kiernan-Bell  
Rebecca Kobrenski



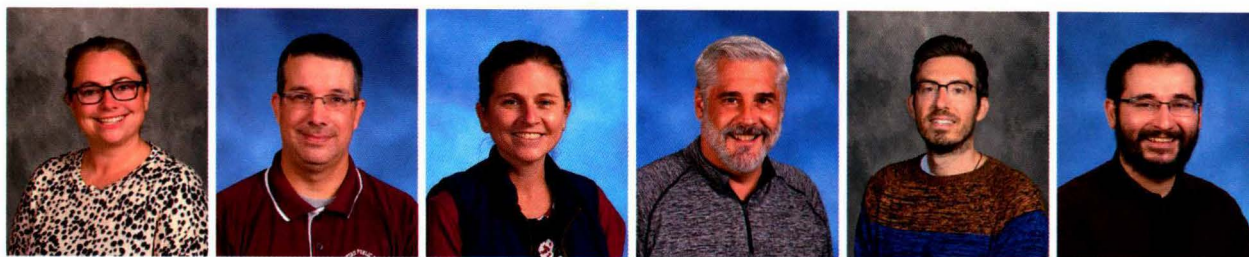
Kathryn Laflamme  
Joshua Lafortune  
Brianna Lavin  
Tammy Leary  
Vanessa Leary  
Kathleen Leslie



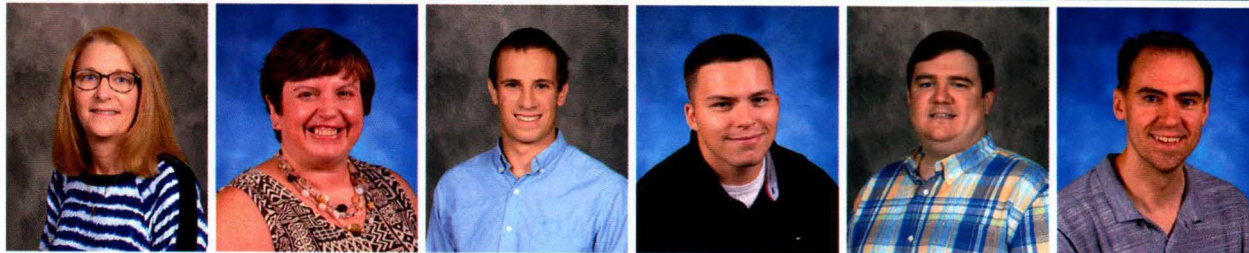
Valerie Lichtenthal  
Christine Lima  
Carolyn Lindstrom  
Paul Luby  
James Lyons  
John Macisaac



Erin Macneil  
 Matthew Manninen  
 Erin Marshall  
 Michael Marshall  
 Carlos Martin Carracedo  
 Axel Martinez



Marcy Mason  
 Amy Matson  
 Andrew Matteucci  
 Brennan McGary  
 Daniel McGrath  
 Zachary McIntyre



Renee McLaughlin  
 Jennifer McManus  
 Amy Mcmeniman-Pinheiro  
 Meagan Meegan  
 Connor Merrill  
 Aamina Mian



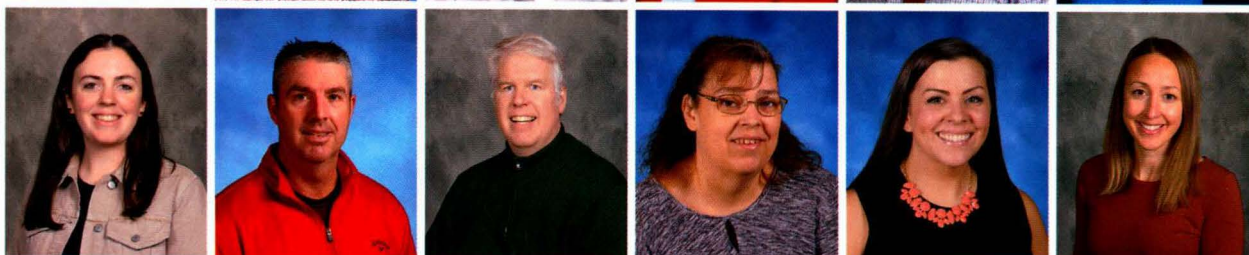
Kelley Mikus  
 Deviuma Mohanraj  
 Lindsay Monke  
 Kelley Moreau  
 Jonathan Morris  
 Jenna Morrisette



Shawna Mottram  
 Matthew Mulrooney  
 Jeffrey Munroe  
 Joan Murphy  
 Stephen Murray  
 Jessica Nollet



Colleen O'Donnell  
 Michael O'Keefe  
 John O'Sullivan  
 Debbie O'Toole  
 Jennifer Orsini  
 Lisa Parato



Ryan Parsons  
 Komal Patel  
 John Pecora  
 Denise Pelland  
 Leire Perez Quiroz  
 Ryan Poisson



Holly Prees  
 Nicholas Rand  
 Susan Regan  
 Carol Reilly  
 Maria Reis  
 Daniel Richter







Donna Rivard  
Johnna Robbins  
Patricia Roberts  
Scott Robillard  
Amanda Roeder  
Daniel Rosa



Margaret Ruggiero  
Joanne Salomaa  
Patricia Sanchez  
Clayton Sanders  
Kerry Ann Scarfo  
Matthew Sexauer



Kaitlyn Shea  
Michael Shea  
Judith Sheehan  
Lindsey Sheppard  
Kimberly Sholds  
Estefania Silveri



Michele Sloan  
Marian Smith  
Shealagh Soares  
Thomas Sousa  
David Steeves  
Katelyn Sullivan



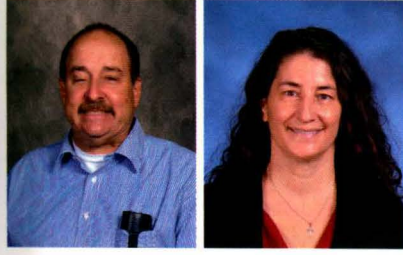
Laura Sullivan  
Marilyn Sweeney  
Linda Tanini  
Cindy Testa  
Amy Thompson  
Gweyn Travers



Jessica Tylenda  
Bina Upadhyay  
Ian Van Blarcom  
Joseph Van Gelder  
Erik Varga  
Craig Vitale



Jaclyn Vitale  
Jason Ward  
Theresa White  
Daniel Williams  
Sandra Windt  
Sathya Yadhavan



Camera Shy:

Alison Alves-Pigeon  
James Aylward  
Leeann Berke  
Matthew Beyranevand  
Laura Bishop  
Ester Chonay  
Alexandra Cunningham  
Margaret Eastman  
Nichole Flores

Georgia Fredericks  
Gladis Jimenez Vicente  
Heather Makara  
Lori Martin  
Mary Jane McArdle  
Deborah McLean  
Joanne Nebalski  
Meredith Nero

Christina Pagonis  
John Paul  
Tom Peterson  
Stephanie Quinn  
Kelley Rogers  
Robert Russo  
Lauren Schulman-Marsetta  
Andrew Shupe

Peter Zopes  
Hariklia Zouzas

Kathryn Simes  
Kathryn Sullivan  
Rebecca Tyros  
Edgar Valdez  
Christina Whittlesey



# Freshmen

## Class of 2025

Pranav Abburi  
 Allyson Acevedo  
 Emma Alcorn  
 Hadi Aldayaa  
 Atef Alodeh  
 Viraat Anand



Anthony Apostolos  
 Chloe Arroco  
 Ana Ashraf  
 Joshua Audet  
 Caiden Bannerman  
 Andrew Barber



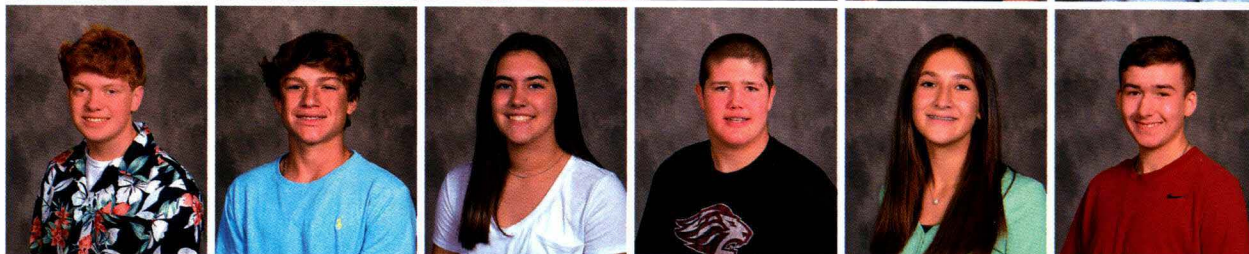
Trinity Batchelder  
 Emily Beaudoin  
 Memphis Belleville  
 Amanda Beloin  
 Chloe Bentley  
 Abigail Berger



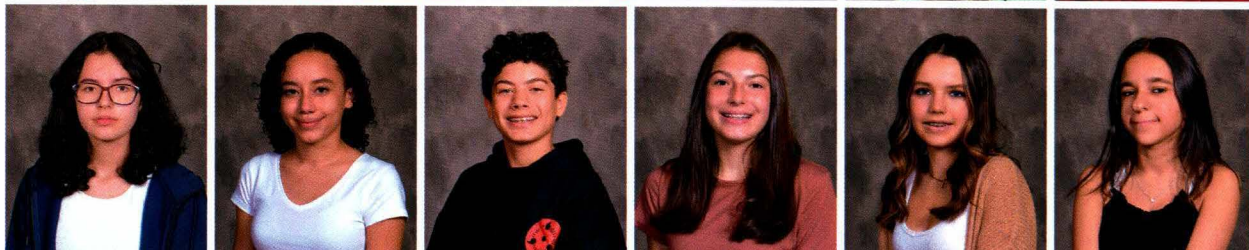
Milo Betton  
 Mark Bierwirth  
 Samantha Blanco  
 Magnus Boczar  
 Nyasia Bone  
 Charles Brennan



Samuel Breuer  
 Jake Brooks  
 Allie Brothers  
 Thomas Brown  
 Charlotte Buckley  
 Justin Buckley



Tatiana Buckley  
 Nicole Bueno  
 Isaiah Burgos  
 Addison Burnham  
 Emerson Callahan  
 Satara Carey







Quentin Carroll  
 Ava Carvalho  
 Charlotte Cassely  
 Emily Chase  
 Jenna Chiasson  
 Aarushi Chopra



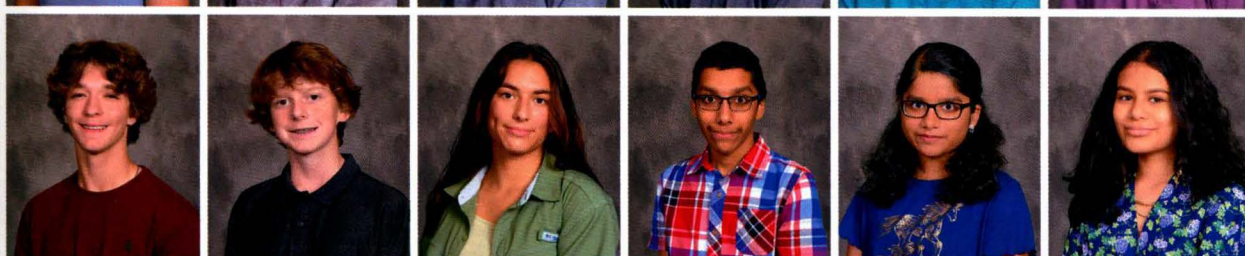
Ashwin Choudhury  
 Kaylee Christian  
 David Clark  
 Madison Climo  
 Elijah Colbert  
 Honora Colton-Mahalin



Anthony Comtois  
 Tessa Connolly  
 Brady Corcoran  
 Jayven Correa-Maya  
 Nathaniel Couch  
 Nathan Cowell



Jordan Cox  
 Kristina Crampton  
 Nathan Crawford  
 Declan Crowley  
 Michael Cunningham  
 Connor Cybulski



Ryan Cyr  
 Caden Daley  
 Kayla Dandaraw  
 Akhil Dantam  
 Anisha Dantam  
 Ishani Dave



Domenic Debenedictis  
 Isabella Demaria  
 Nalina Denault  
 Lillian Desmarais  
 Andrew Distasi  
 Evan Ditavi



Mckayla Do  
 Cormac Doherty  
 Kathleen Doherty  
 Jason Dou  
 Aidan Dowd  
 Colin Dowd



James Dowd  
 Molly Downer  
 Blake Downs  
 Evelyn Drinan  
 Matthew Dumoulin  
 Nhu Duong



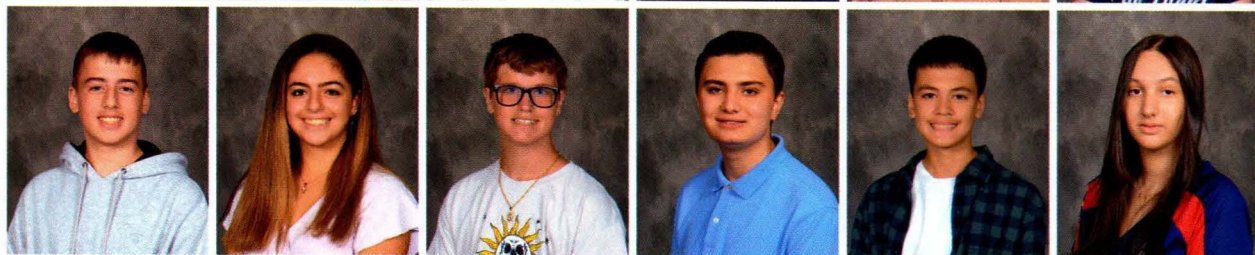
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 Hannah Esperanza  
 Joseph Evans  
 Ailianna Everett  
 Elizabeth Falcone  
 Lauren Fawcett



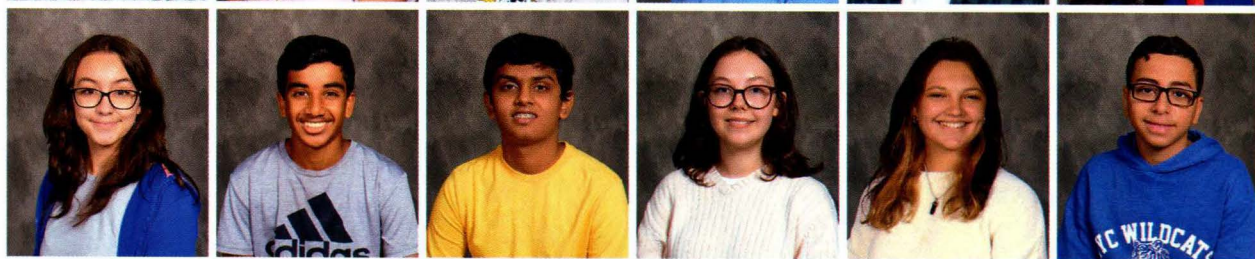
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 Declan Fitzpatrick  
 Zachary Foley  
 Spencer Forgan  
 Kevin Fortier



Aidan Franklin  
 Lana Freije  
 Dennis Frys  
 Salim Gadiri  
 Alex Gagnon  
 Yasmin Galdino



Isabelle Gallo  
 Anurag Gandhe  
 Mahanth Ganta  
 Addison Garvey  
 Hannah Gemelli  
 Peter Geris



Joseph Giacchetto  
 Colin Grange  
 Benjamin Grant  
 Hailey Graybeal  
 Zander Green  
 Julia Grundy



Emma Gubitose  
 Matthew Hall  
 Jennisa Hamm  
 Ryan Hanson  
 Nathan Hart  
 Ryan Hart



Michael Hartman  
 Christopher Haverty  
 Jack Hayes  
 Catherine Hazelwood  
 Alexander Heater  
 Austin Hill



Owen Hilton  
 Travis Ho  
 Nicholas Hogan  
 Emma Horan  
 Nicholas Howard  
 Aaron Huynh







Connor Jackson  
 Riya Jeena  
 Jessica Jerusal  
 Oshen Johnson  
 Alexander Kajko  
 Yianni Kalogerakos



Neville Kariuki  
 Sara Karroumi  
 Jason Katz  
 Munawaru Kayemba  
 Daniel Keating-Mclean  
 Emma Kelley



Marissa Kelley  
 Elizabeth Kelliher  
 Matthew Kelliher  
 Alexandra Kenney  
 Jack Keyo  
 Seakimsan Khon



John Kiggins  
 Serena Kim  
 Grace King  
 Colby Kinney  
 Shalini Kirubakara Senthil  
 Kumar  
 John Kivlan



Matthew Knight  
 Evan Kobrenski  
 Michael Korch  
 Anne Marie Kosseifi  
 Michelle Kunobwa  
 Nicholas Lafreniere



Matthew Lallos  
 Sophie Lamar  
 Jacob Landry  
 Julianna Lanzillo  
 John Latham  
 Jonathan Laurent



Katherine Lesire  
 Bryanne Lima  
 Marco Lombardo  
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 Mustafa Lubowa



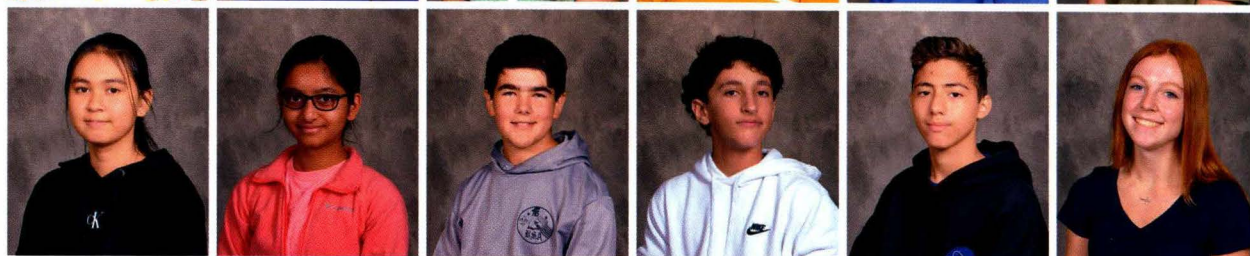
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 Cassidy Lynch  
 Madison Lynch



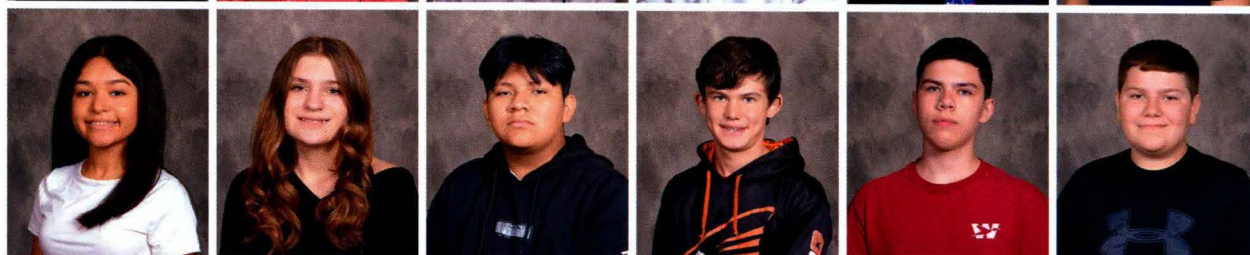
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 Laasya Madivada  
 Nicholas Madrid  
 Grant Magnant



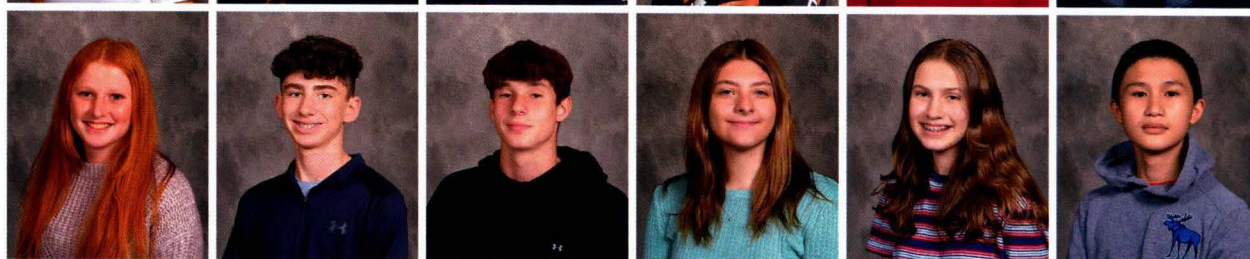
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 William Manganis  
 Austin Marmo  
 Abraham Marsach  
 Jillian Martin



Bruna Mateos  
 Elizabeth Matte  
 Steven Mauricio Contreras  
 Xavier May  
 Liam McCall  
 Samuel Mccrensky



Tessa Mcdonald  
 Nathan Mcelligott  
 Vincent Mcgann  
 Tayla Mclernon  
 Madelyn Meehan  
 Matthew Mei



Sophia Mereves  
 Amiyah Milona  
 Sophia Miranda  
 Jack Mitri  
 Anthony Moir  
 Alden Mondoht Deepak



Matthew Monnes  
 Brooke Moore  
 Yasmin Morales  
 William Morgan  
 Adrian Morillo Cisneros  
 Katherine Morin



Zoey Moscato  
 Jiah Mukherjee  
 Anjana Muraleedaran  
 Andrew Murray  
 Ryan Mwangi  
 Aidan Nelson



Mariya-Antoaneta Neykova  
 Nathan Nguyen  
 Sydney Nigro  
 Norah Nolan  
 Thomas Nolan  
 Julia Norton







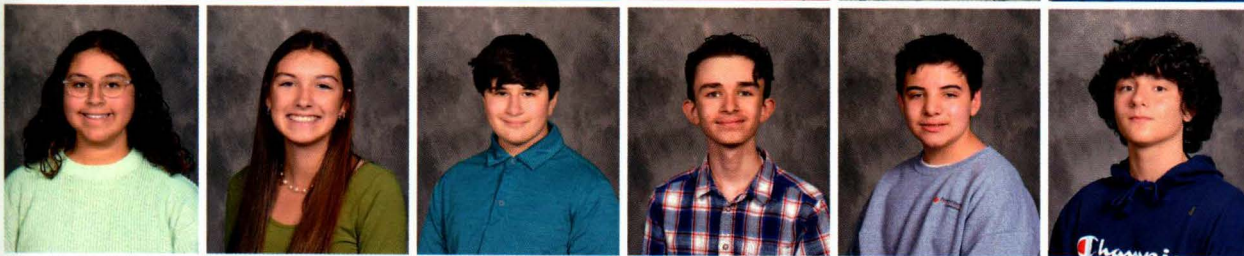
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 Areen Panda



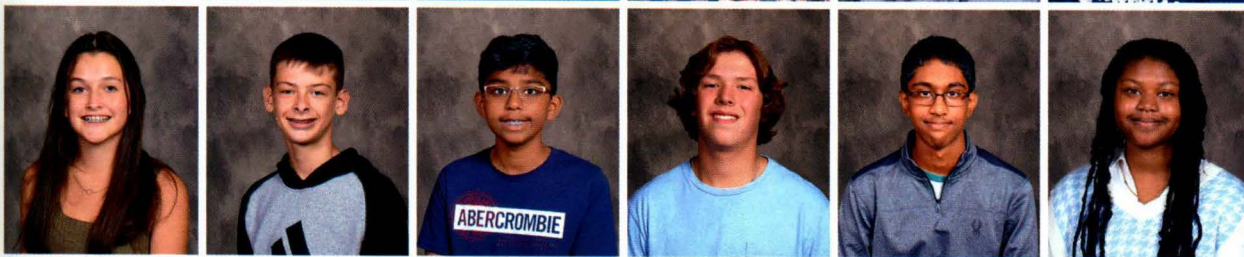
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 Sadie Parks  
 Jiya Patel  
 Parth Patel  
 Tithi Patel  
 Christian Paz



Alexander Pearson  
 Zoe Pelletier  
 Alexander Pereira  
 Alexander Perez  
 Ashlee Perry  
 Nina Pestana



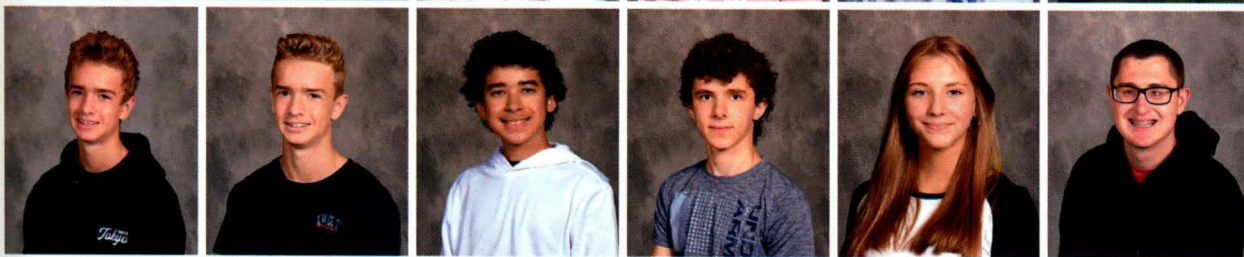
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 Nicholas Pynn



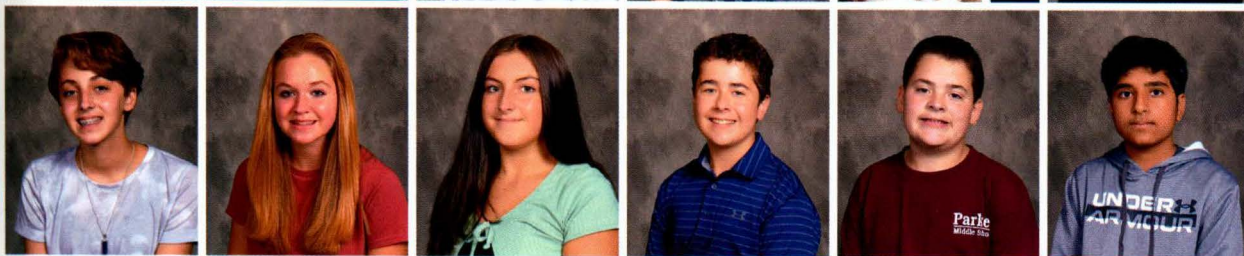
Gabrielle Quinn  
 Liam Quinn  
 Tejas Raja  
 Finn Ramseyer  
 Arvind Rao  
 Rolandy Raymond



Andrew Reid  
 Gavin Reid  
 Stephanie Ren  
 Valerie Ren  
 Caedmon Reveley  
 Samantha Rigazio



Oden Roberts  
 Oden Roberts  
 Samuel Rodriguez  
 Philip Rosen  
 Sophia Roy  
 Aiden Russell



Riley Russell  
 Addison Ryan  
 Zoe Ryan  
 Dean Salerno  
 Corbin Saltzman  
 Rayyan Sarfraz



Saul Schwartz  
 Dillon Seang  
 Koliyanei Seng-Ty  
 Bridget Shaw  
 Sabrina Shedd  
 Jack Sheehan



Connor Sherman  
 Tyrese Silungwe  
 Matthew Sliman  
 Michael Sliman  
 Ellora Smith  
 Alice Spiller



Michael Spitz  
 Chloe St Peter  
 Matthew Stuart  
 Olivia Sweeney  
 Dylan Tarini  
 Hristos Terzakis



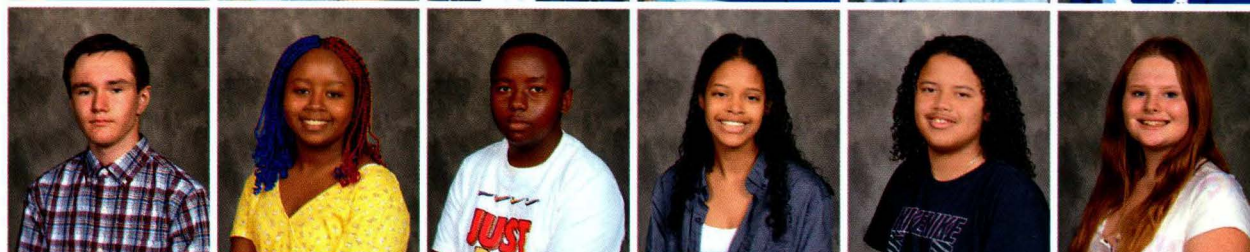
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 Maryann Tomaino  
 Katelyn Towne  
 Tayla Tran  
 Isabella Travers  
 Sofia Trotter



Lionel Valliere  
 Klara Vaskova  
 Javian Vega  
 Azam Wadood  
 Amiyah Wainaina  
 Arthur Wairegi



Owen Walsh  
 Bakhita Mary Wambui  
 Bonaventure Peter Wambui  
 Catherine West  
 Da'Mon Williams  
 Maggie Willis



Ella Wilson  
 Matthew Wilson  
 Kiema Wilson-Moreau  
 Franklin Ye  
 Andrew Yen  
 Jennifer Yu



**Camera Shy:**

Cooper Campo  
 Felipe Cangirana  
 Damon Dang  
 Da'von Dieujuste  
 Marc Girgis  
 Pierre Juillet

Daniel Keating-McLean  
 Steven Mauricio Contreras  
 Anthony Molligi  
 Stephen Murphy  
 Jenna Nigro  
 Sayeed Masih Sadet  
 Sayeed Zubair Sadet

Yosanitzel Salazar-Figueroa  
 Kaylie Sieng  
 Aylah Silva  
 Brandon Whitten  
 Sarena Zhang



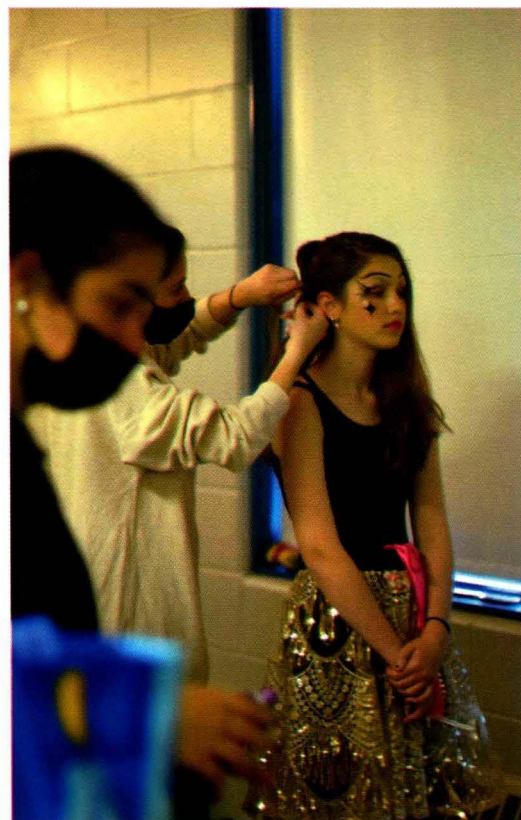
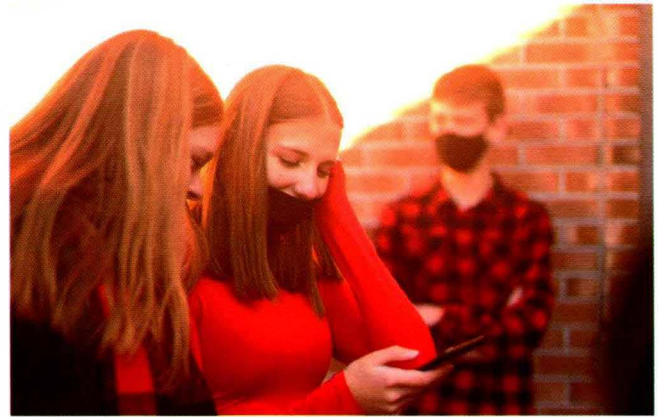
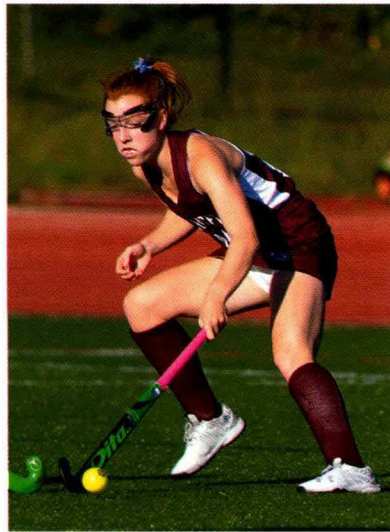


### Marissa Kelly, Grade 9

With last year and this year, I feel like it's harder to grow strong connections with people because of masks and social distancing. The masks can get kinda annoying, even though they're necessary. But, I feel like it makes strong connections with other students and teachers feel more special. Although it's harder to understand people if they talk quieter and to gauge their facial expressions, the masks are also a good thing. Everyone used to get a common cold, but now it's not spreading as much.



What is your perception of school after COVID-19? What do you like and dislike?





# Sophomores

## Class of 2024

Allyson Adams  
 Ryan Adams  
 Tyler Allen  
 Stanley Ampomah  
 Om Angadi  
 Zachary Apostolos



Jackson Apostolou  
 Toby Aquino  
 Megan Arpino  
 Nicole Arsenault  
 Aleaha Ayoub  
 Annissa Bailey



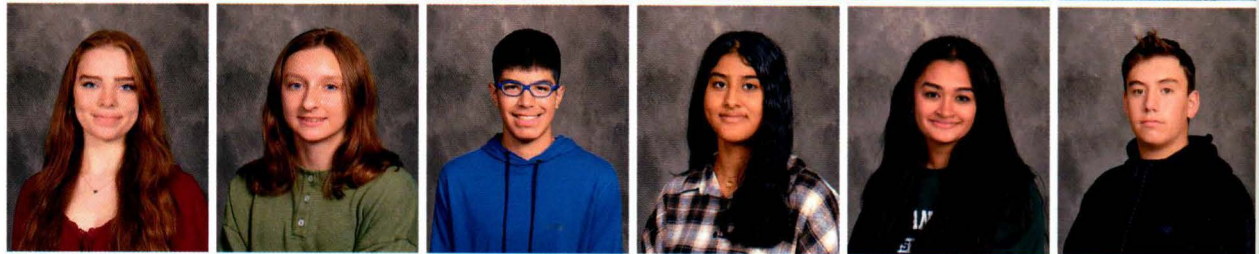
Aryaman Bajpai  
 Rylei Baker  
 Ava Balan  
 Gemma Bardouleau  
 Andrew Barry  
 Ethan Beall



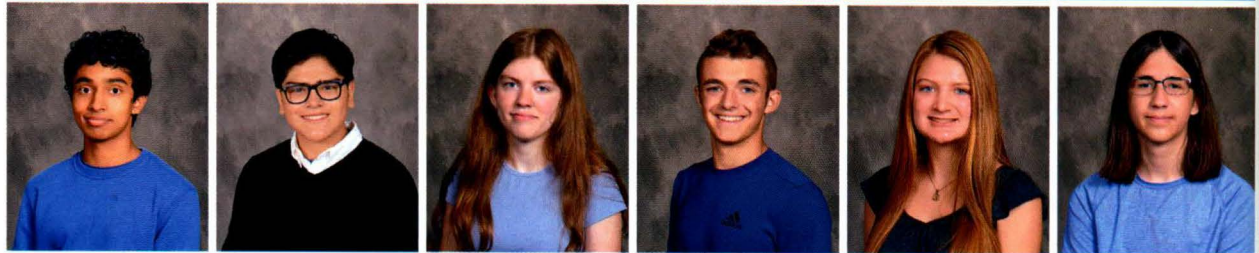
Ethan Bean  
 Mishal Behera  
 Tajja Bell  
 John Bellan  
 Kaiden Belleville  
 Grace Bellezza



Maya Belmonte  
 Lauren Berry  
 Jose Bethel  
 Anya Bharti  
 Prachi Bhavsar  
 Michael Bierwirth



Vaishnav Binil  
 Kenneth Bocanegra  
 Catherine Boivin  
 Luke Boucher  
 Ruby Boucher  
 Luca Bove







Aaron Branco  
 Benjamin Branco  
 Samantha Brososky  
 Dylan Brown  
 Jack Brown  
 Kaitlyn Brown



Luke Buckley  
 Achintya Bura  
 Hannah Burns  
 Nolan Busalacchi  
 Giulianna Cahuana  
 Chase Caires



Moiz Canteenwala  
 Adrianna Capozzi  
 Manny Carvalho  
 Sahithi Chaturvedula  
 Marina Chiungos  
 Ellis Cho



Kaylee Clark  
 Tyler Cody  
 Miley Connors  
 Tyler Connors  
 Christopher Corfield  
 Matthew Cormier



Caitlin Correa  
 Emily Correa  
 Andrew Courtemarche  
 Holden Crouthamel  
 Kolby Curran  
 Naomi D'Souza



Scar Dang  
 Spenser Davis  
 Sara Dehaan  
 Jessica Denardi  
 Cailin Deutschmann  
 Natalie Didona



Alyssa Donley  
 Penelope Drolet  
 Jaskiran Dukes  
 Nawal El Hakkaoui  
 Grant Engelhardt  
 Katelyn England



Antoun Estafanous  
 Cedric Estinfil  
 Tarun Eswar  
 Lily Faucher  
 Gabrielle Fenders  
 Aurora Ferreira



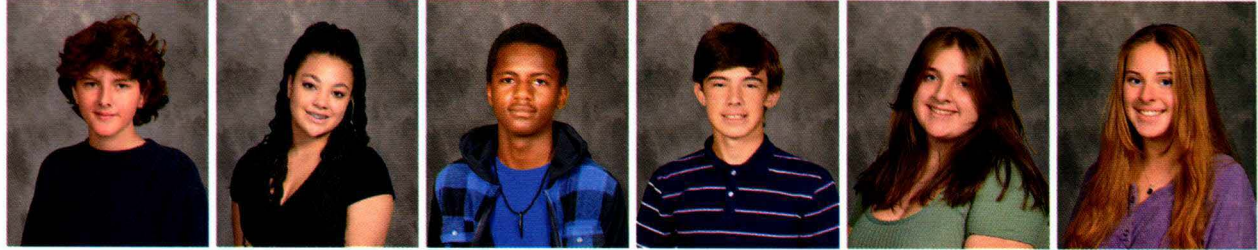
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 Adam Foti  
 Constantina Fredericks  
 Cidalia Freitas  
 Hector Frias  
 Annika Froude



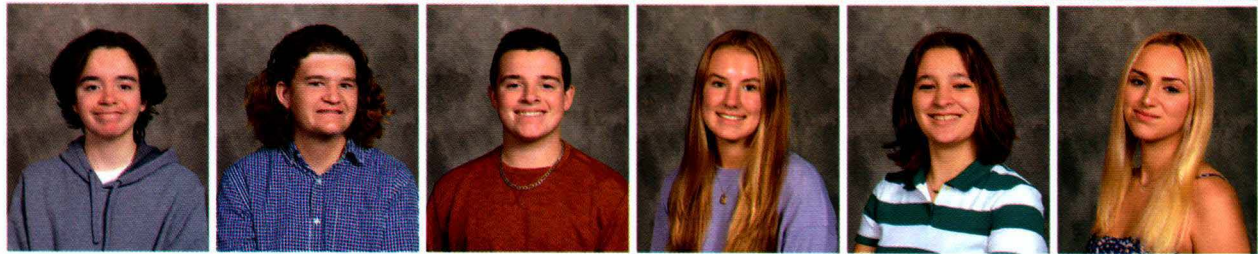
Kaydan Fuller  
 Autumn Fultz  
 Nathan Gabriel  
 Madeleine Gaffney  
 Cole Garrigan  
 Loulouthi Geannaris



Tyler Gentry  
 Raven Giannino  
 Precious Gichane  
 Aidan Gilmore  
 Kiara Gingras  
 Riley Goguen



Andrew Gomes  
 Joseph Goodwin  
 Joseph Gourley  
 Emma Gray  
 Abigail Green  
 Victoria Grieco



Alice Gu  
 Sherry Guo  
 Vaishnavi Gupta  
 Leandro Gutierrez Munoz  
 Ava Hagenah  
 Ceilagh Harrington



Kate Harrison  
 James Harvey  
 Jayden Heng  
 Katherine Higgins  
 Amanda Hoang  
 Mary Margaret Huffman



Mckenna Hughes  
 Aliceia Hunt  
 Bran Hunyadi  
 Eshal Hussain  
 Oviya Inian  
 Ava Johnson



Brenna Jubinville  
 Eric Kaduboski  
 Nicholas Kajko  
 Hope Kamara  
 Matthew Kaplan  
 Jociah Kautz







Daniel Keating  
Samantha Kelepouris  
Rylee Kennedy  
Mary Keohane  
Brendan Keough  
Aron Kerkhove



Maria Kesablyan  
Saja Khalifeh  
Dillan Konitzer  
Ethan Krigman  
Colin Krochune  
Julianna Lacroix-Mehigan



Garima Lalwani  
Angela Lam  
Elise Lamson  
Stella Lamson  
Casey Lariviere  
Marcus Larkin



William Larsen  
Nathaniel Lebrun  
Carter Lindberg  
Ava Lindsay  
Victoria Linstad  
Malakai Linton



Joseph Lococo  
Isabel Lopez  
Bianca Louissaint  
Cynthia Lu  
Tracy Lu  
Ethan Macdonald



Liam Mackessy  
Matthew Maclean  
Jack Macphee  
Rohan Madhukumar  
Sophia Malone  
Varnika Mandava



Nicholas Mann  
Karim Mansour  
Gianna Manzelli  
Darith Mao  
Maytrix Marderosian  
Daniel Marenga



Samuel Mason  
Jeremiah Mathews  
Samuel Mattsen  
Anna Mcdougall  
Jackson McNally  
Sean McNulty



Andrew Mcsherry  
 William Meinhardt  
 Lauren Mello  
 Samantha Meltzer  
 Nathan Michaud  
 Mia Migliorini



Alexis Mihailidis  
 Allyse Miller  
 Christina Miller  
 Keira Miller  
 Delaney Mills  
 Christopher Mitchell



Lindsay Monke  
 Joshua Moore  
 Rachel Moore  
 Alex Morrell  
 Kaleigh Motard  
 Mukisa Mubiru-Nkugwa



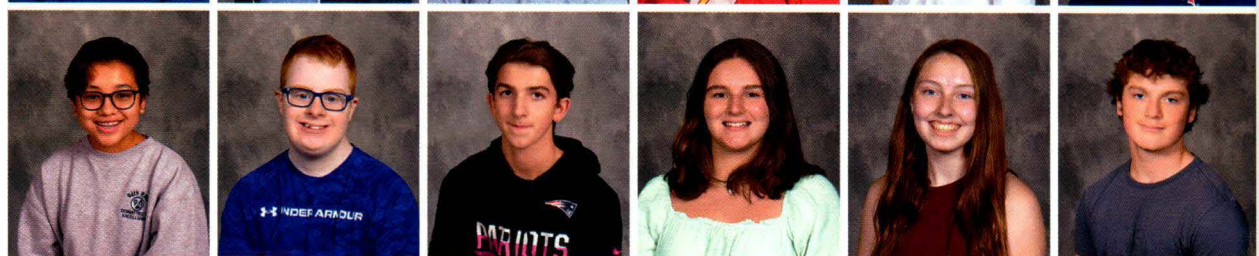
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 Rishika Mukka  
 Diya Munshi  
 Bryn Munson  
 Kathryn Murphy  
 Ian Mwangi



Michael Mwaniki  
 Daniel Myasnikov  
 Abhishek Nair  
 Evan Nash  
 Minh Nguyen  
 Drew Nickerson



Ponsavanh Nokham-Naylor  
 Sean Noone  
 Justin Nordengren  
 Amelia Normington  
 Amanda Nutt  
 Ben O'Brien



Kevin O'Connell  
 Tess O'Neil  
 Noah O'Riordan  
 Leonie Ochie  
 Katie Otto  
 Subhangi Pal



Parv Parikh  
 Thomas Parks  
 Dev Patel  
 Krish Patel  
 Krish Patel  
 Nikki Patel







Sharad Patel  
 Tanish Patel  
 David Paz Jr  
 Dylan Pedersen Ciulla  
 Matheus Pelissari  
 Elvin Peregrino-Solomon



Noah Peterson  
 Michael Petrilli III  
 Taisiya Petrova  
 Kaitlyn Pham  
 Gianna Phet  
 Kyle Pinto



Owen Plaisted  
 Maxwell Plotnik  
 Rojann Jermaine Portacion  
 Nicholas Poulin  
 Riley Powderly  
 Samuel Prince



Isadora Prudencio  
 Neha Rane  
 Benjamin Redding Cooper  
 Henry Reitman  
 Isabella Ricard  
 Audrey Rice



Lauren Roberge  
 Victoria Rodriguez Carrillo  
 Royce Austin Roxas  
 Varvara Rusak  
 Garrett Russell  
 Josiah Russell



Clayton Rutherford  
 Peter Sabbouh  
 Jaydon Sacco  
 Jonathan Sanborn  
 Victoria Sawyer  
 Delia Schiefen



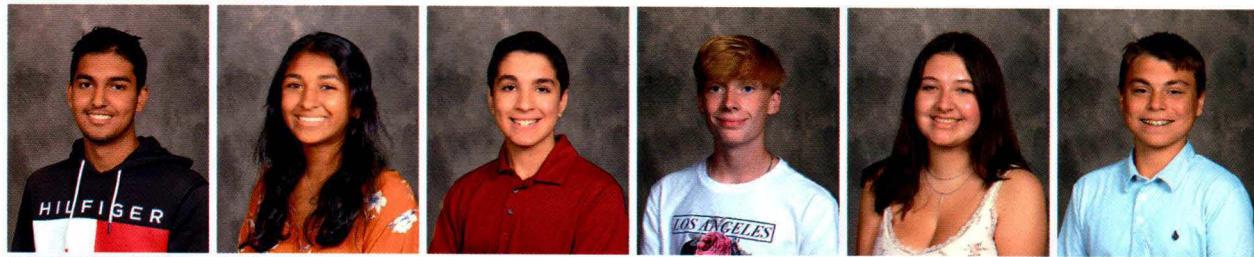
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 Sayomik Sett  
 Colin Sexton  
 Rahi Shah  
 Riley Shalek  
 Katherine Shea



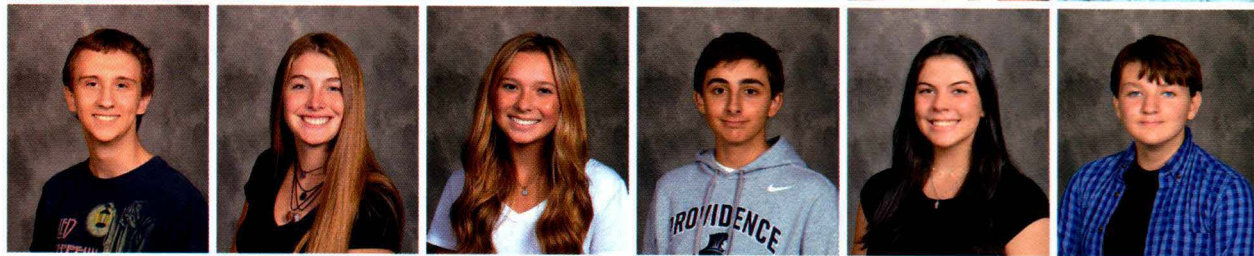
Kristen Shea  
 Connor Sheehy  
 Michelle Shoup  
 Pedro Silva  
 Calvin Silver  
 Aria Simari



Anikait Singh  
 Sritha Sithalam  
 Mark George Skigis  
 Joshua Sneden  
 Isabella Snelson  
 Zachary Spengler



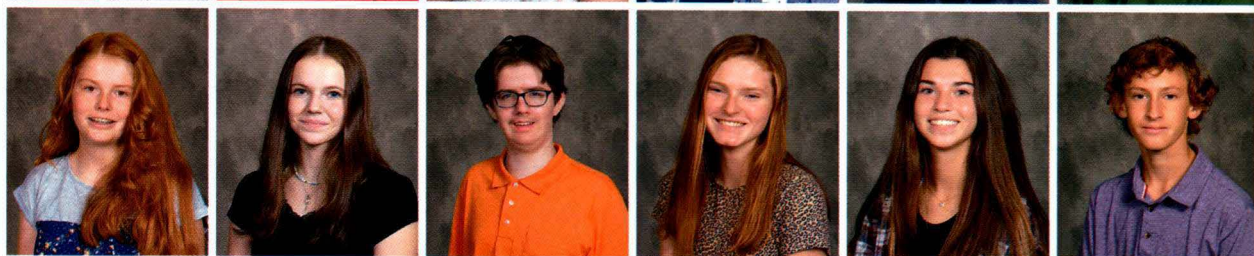
Ryan Spooner  
 Amanda Stackpole  
 Brooke Stacy  
 Jon Stagnone  
 Vivian Stripp  
 Shawn Sturgeon



Teyah Suarez  
 Abyshek Sukumar  
 Jocelyn Sylva  
 Jack Tallent  
 Devin Tham  
 Nolan Thomas



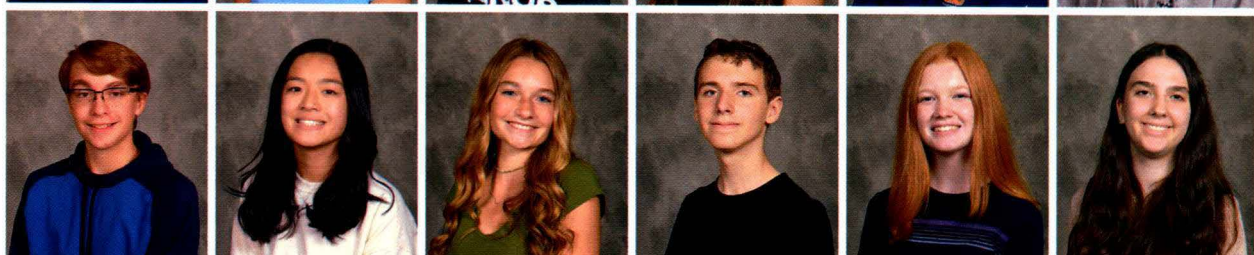
Victoria Thoren  
 Avery Thornton  
 Noah Tracy  
 Bridget Trainor  
 Kate Trainor  
 Lucas Tremblay



Michael Tucker  
 Keya Upadhyay  
 Samuel Valmy  
 Clara Vieira  
 Jacob Vinoski  
 George Vosnakis



Nicholas Vosnakis  
 Vivian Vu  
 Jillian Walker  
 Brian Weller-Fahy  
 Brinley Williamson  
 Sarah Windolowski



David Wood  
 Katarina Woods  
 Kihong Yaing  
 Emily Yoffe  
 Nora Young  
 Helmer Zeissig



### Camera Shy:

Ashrit Ram Anala  
 Kirolos Bekhit  
 Sandra Brennan  
 Oscar Diaz  
 Elliot Freedman

Nicholas Gallo  
 Michaela Gomes  
 Kyla Hodge  
 Kylee Hodge  
 Stacy Kagwima

Lyla Kiloski  
 Elizabeth Kurth  
 Mateus Magalhaes  
 Sithyong Mam  
 Norah McMahon

Maeve Mcneal  
 Mia Miller  
 Zeba Mohid  
 Mason Morse  
 Sana Murangwa

Joyce Tong  
 Ayushi Tripathi  
 Jahsiah Wainaina  
 Kyle Wilder  
 Adrien Wooten

Elizabeth Reedy  
 Makenzie Rosario  
 Vanessa Savard  
 Emelia Sosnowski  
 Kaylee Thompson

Austin Nigro  
 Aidan Philoou  
 Dante Porzio  
 Sonal Punj



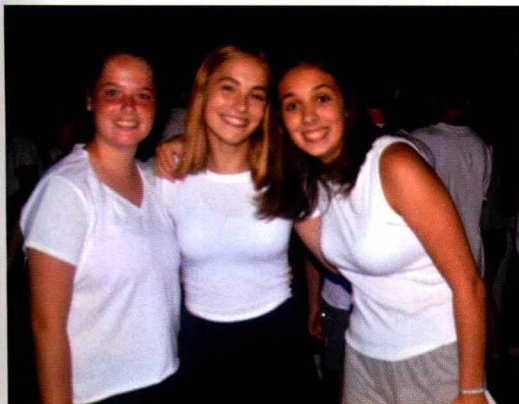


### Taija Bell, Grade 10

"I don't like the computer. I just don't like it. It's definitely because of last year- I would log on to school, do my homework, then be on my phone like all day. It was too much. Also, I think a lot of the teachers hate the computers too because a lot of mine have just been giving me paper and pencil this year. Now, we like, take physical notes in history class and take paper tests! It's like how it used to be.



How has the shift towards technology changed your school routine? Do you like using your computer or do you prefer pen and paper?

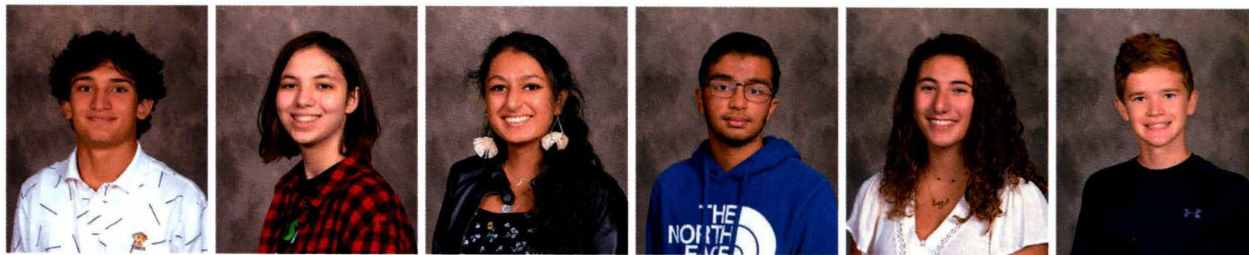




# Juniors

## Class of 2023

Jonah Abraham  
Morgan Acevedo  
Maya Aggarwal  
Rishi Ajmera  
Narissa Aldayaa  
Dean Allen



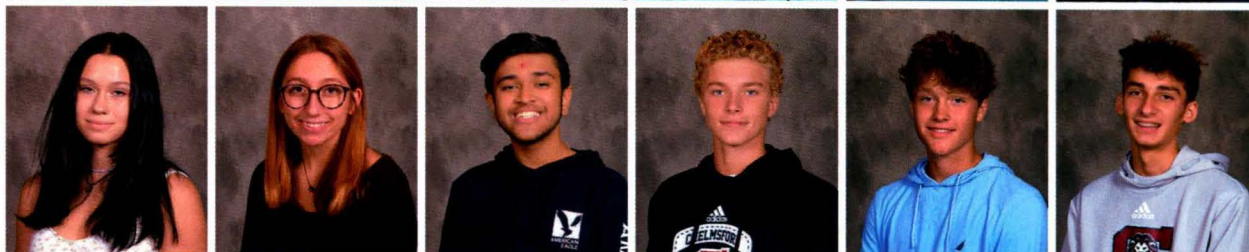
Emily Allen  
Mikaya Alto  
Victoria Apostolakes  
Alexander Arakelian  
Liam Avery  
Abby Bailey



Cadence Bailey  
Tanya Banerjee  
David Barber  
Noah Barrio  
Riley Barry  
Bryce Batchelder



Alison Bates  
Sophea Bethel  
Jash Bhut  
Ryan Blagg  
John Blaine  
Anthony Bognanni



Ava Bognanni  
Allison Bogyo  
Andrew Bogyo  
Owen Boilard  
Isabelle Boivin  
Anthony Bongiorno



Torrence Borletto-McCray  
Alizee Bosch  
Lea Bosch  
Caleb Botha  
Logan Boucher  
Sabrina Boutlane







Kartikey Brahmhatt  
 Jenna Bregoli  
 Jacquelyn Brennan-Barbeau  
 Christopher Brothers  
 Zachary Brown  
 Sarah Buliszak



Samuel Byrne  
 Marian Cabrera Olivo  
 Grace Campo  
 Shea Carbonneau  
 Claire Cassely  
 Jeffrey Chen



Sharon Chen  
 Ryan Clark  
 Martin Coleman  
 Cooper Collins  
 Thomas Colpoys  
 Madison Connors



Daniel Craig  
 Robert Cunningham  
 Maria Eduarda Da Silva  
 David Damazio  
 Kenneth Damon  
 Alyssa Dang



Ayrans De La Cruz Cruz  
 Mekhi Degand  
 Ethan Dehaan  
 Eleanor Desmarais  
 Jonathan Domow  
 William Dorman



Jack Dorsey  
 Ronan Dowd  
 Lindsey Downer  
 Zachary Drew  
 Chance Drewicz  
 Madelin Dunbar



Carli Edwards-Thomas  
 Jennifer Eisner  
 Thomas Ervin  
 Carys Evans  
 Jovanka Fernandez Torres  
 Sophia Ferreira



Benjamin Fields  
 Joshua Fields  
 Natalia Firicano  
 Dominick Flores  
 Liam Flynn  
 Lillian Foley



Allesandro Forte  
Molly Fox  
Carlos Frias  
Khireddine Gadiri  
Maddison Gallagher  
Jamie Garber



Akhila Garre  
Dylan George  
Brenn Gilet  
Joshua Gomez  
Leticia Goncalves  
Tyler Goode



Janna Goodwin  
Georges Graney  
Braydon Gray  
Mackenzie Green  
Ryan Greene  
Connor Greenough



Emma Grondin  
Jared Guerin  
Kevin Ha  
Olivia Hall  
Rayana Hannus  
Sophia Hanson



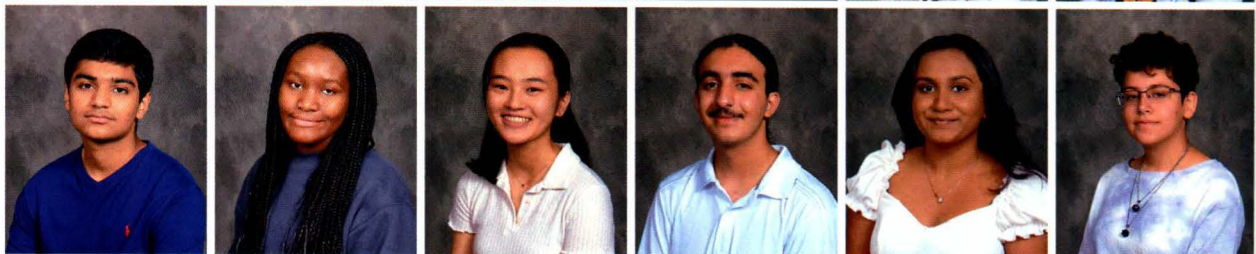
Aisling Harrington  
Paul Hayes  
Samban Healy  
Hope Hebert  
Robert Hennessey  
Emily Hilton



Georgia Horan  
Ava Hubbard  
Declan Hughes  
Shealy Hughes  
Patrique Inoue  
Kylie Jacobs



Dennis Johnson  
Abigail Kamara  
Kaitlyn Kaminuma  
Neakon Kargar  
Deekshitha Kasagani  
Aliah Katz



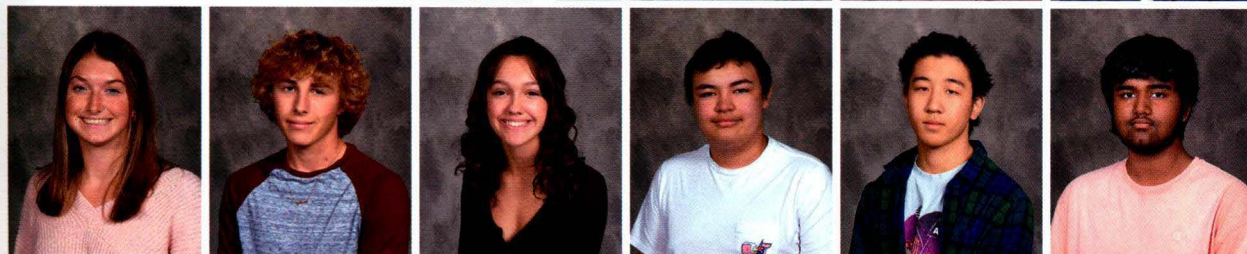
Amelia Kelley  
Garrett Kelly  
Charlotte Kennedy  
Tipepavanh Khamphilavanh  
Taylor Kiggins  
Matthew Kobrenski







Tyler Kostka  
 Allie Lachance  
 Elijah Lafontant  
 Alexander Lafreniere  
 Ryan Lally  
 Victor Lam



Catherine Latham  
 Dylan Lavin  
 Grace Leary  
 John Lewis  
 Rain Li  
 Arjun Lingala



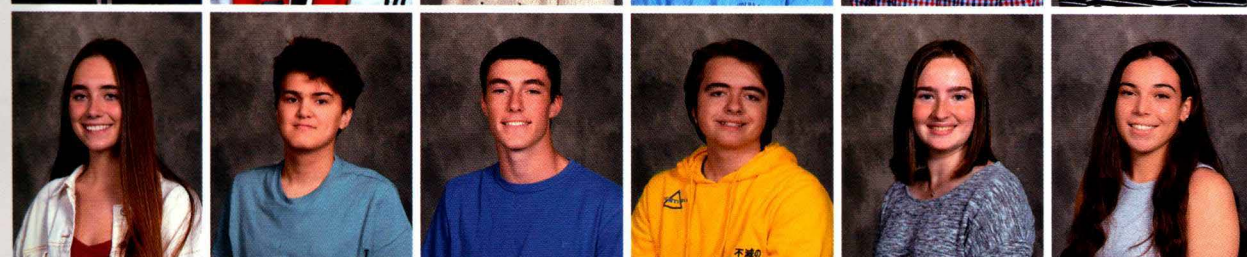
Bruce Linstad  
 Margaret Loeber  
 Malena Lombardo  
 Avelinn Loughran  
 Morgan Loureiro  
 Timothy Lucey



Hadassa Machado  
 Bastiana Machado  
 Rodrigues  
 Rishi Madivada  
 Isabella Madrid  
 Hayden Mahoney  
 Kaitlyn Malo



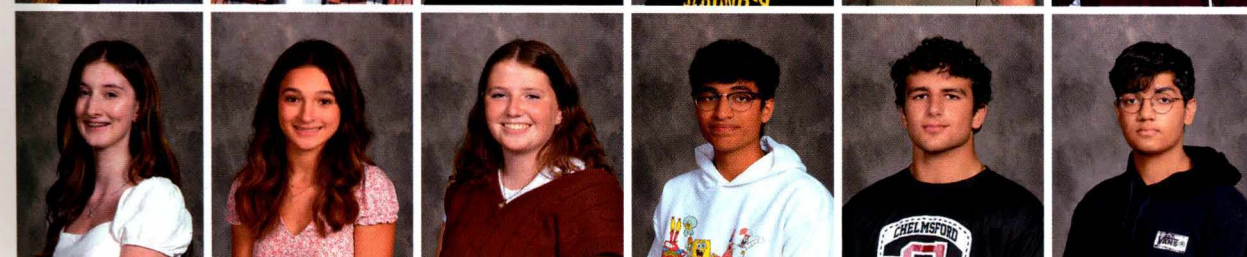
Samuel Malone  
 Sithyong Mam  
 Sakshi Mantripragada  
 Patrick Marks  
 Liam Martin  
 Kyle Martines



Adria May  
 Michael McCafferty  
 John McCarthy  
 Sean McCarthy  
 Lea McGuigan  
 Evangeline McHale



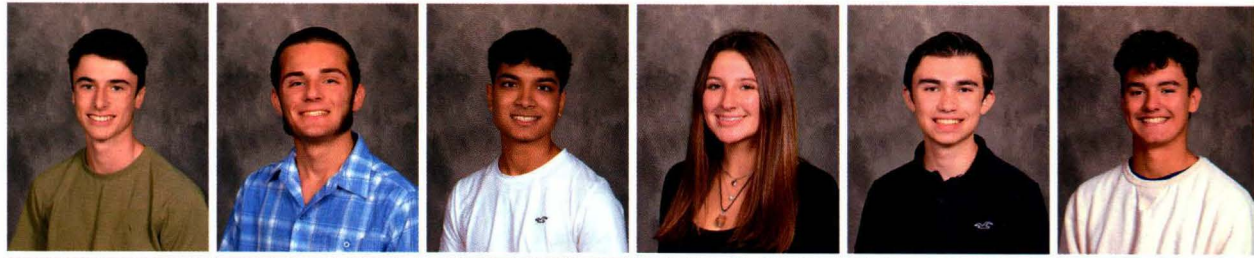
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 Cooper McLucas  
 David McMillan  
 Charles Mercuri  
 Sydney Michaud  
 Brian Miller



Alexis Mills  
 Isabella Mirasolo  
 Megan Mitchell  
 Ayush Mitra  
 Joseph Mitri  
 Abdul Moezz



Benjamin Morgan  
 Tabor Morin  
 Prateek Motagi  
 Brooke Moulton  
 Tate Muir  
 Nathaniel Murray



Thermax Joel Muthuraman  
 Adyot Nigam  
 Abhiram Nisankararao  
 Ruth Njuguna  
 Nhyira Nkansah  
 Elizabeth Nolan



Isaac Ntambwe  
 Danilo Nunes  
 Jessica O'Brien  
 Rachel O'Brien  
 Analia O'Connor-Carinao  
 Reagan O'Leary



Shannon O'Leary  
 Maddox O'Meara  
 Sarah Oakes  
 Elizabeth Onyeabor  
 Tristan Oxley  
 Elias Pamfilis



Ella Parks  
 Eliana Parreira  
 Keval Patel  
 Roshni Patel  
 Colby Peal  
 Cole Pelkey



Sara Perkins  
 Koryn Perry  
 Andrew Peterson  
 Alexa Petullo  
 Lia Phillips  
 Brielle Picard



William Pierce  
 Jack Poirier  
 Taylor Polley  
 Manasa Praveen  
 Bennett Prees  
 Alaina Queen



Catherine Quinn  
 Jack Ring  
 Alyssa Rivera  
 Haniya Rizwan  
 Sarah Roch  
 Sophie Russell







Grace Saba  
 Keokanchana Sam  
 Divya Sambasivan  
 Alicia Sanon  
 Katherine Sanroma  
 Brooke Sarao



Sidney Schwartz  
 Makayla Sena  
 Remore Serra  
 Santhana Sethuraman  
 Scott Sheridan  
 Aidan Sherman



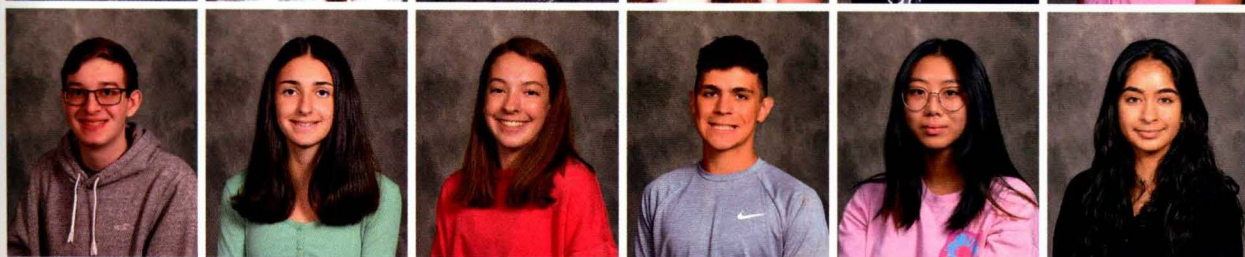
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 Victoria Siopes  
 Maeve Slattery  
 Kailyn Smith  
 Molly Sneeringer



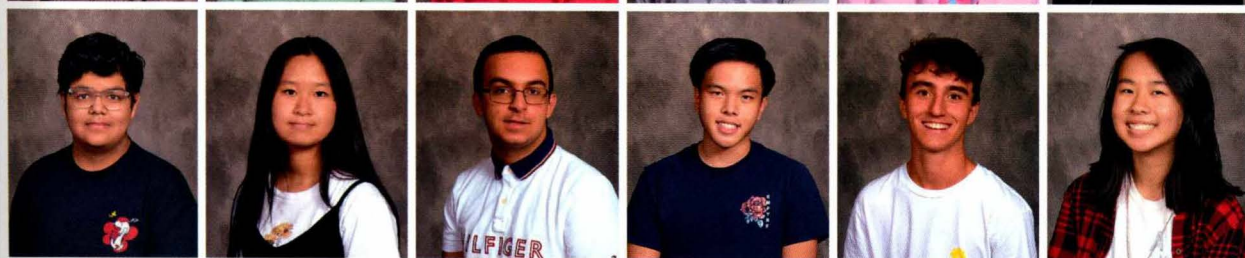
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 Laura Solomon  
 Ashleigh Sorbet  
 Emilee Sousa  
 Kyle Srebnick  
 Ananya Sripathi



William Stafford  
 Emily Stagnone  
 Joseph Stagnone  
 Erin Stansfield  
 Caleb Stuart  
 Nikita Sundaram



Steven Tallent  
 Morgan Tarini  
 Emma Taylor  
 Joseph Tays  
 Natalie Thai  
 Sakhi Thakkar



Sukhpal Thakkar  
 Joyce Tong  
 Arthur Torosyan  
 Ricky Touch  
 Brett Trainor  
 Amanda Tran



Lina Tran  
 Caroline Tucker  
 Annemarie Tyros  
 Waka Umaoka  
 Jackson Uttecht  
 Shamoyl Vaid



Sophie Van Haren  
 Gabriela Vasilakis  
 Brooke Velardi  
 Alexa Velazquez  
 Taylor Vella  
 Laasya Vemparala



Neel Verma  
 Aidan Wagner  
 Caitlin Walsh  
 John Walsh  
 Jonathan Walsh  
 Ryan Ward



Gabriel Weber  
 Tomas Wetzel  
 Janslyn Williams  
 Julia Williams  
 Keely Wilson  
 Hannah Wolman



Alexander Wong  
 Clara Wong  
 Elizabeth Wood  
 Nora Wood  
 Shaylee Wright  
 Azka Yasir



Sriya Yerasu  
 Hope Zhao



Camera Shy:

- Rishi Ajmera
- Aidan Bauer
- Amanda Boxx
- Zachary Butze
- Devin Chan
- Adriana Couture
- Guinyver Daros Goncalves
- Jillian Destefano
- Jianna Gomes
- Aidan Kirstel
- Timothy Lewis
- Christy Lopez
- Manuel Marshall
- Lucas Meneses Velosa

- Elizabeth Mukisa
- Dylan O'Riordan
- Alexander Perry
- Jack Richards
- Matthew Richards
- Stephanie Rocha
- Mia Sandelli
- Nikolas Sperounis
- Gregory Stratouly
- Taylor Vella
- Gillian Wairegi
- Connor Young



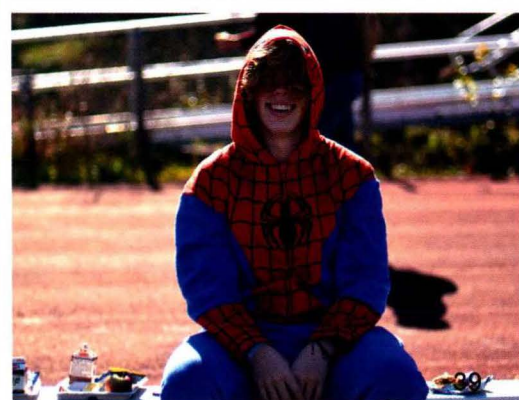
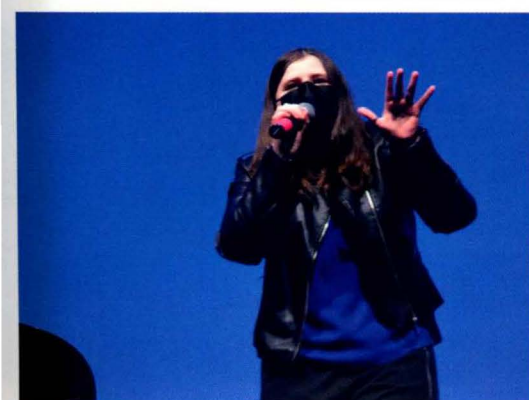
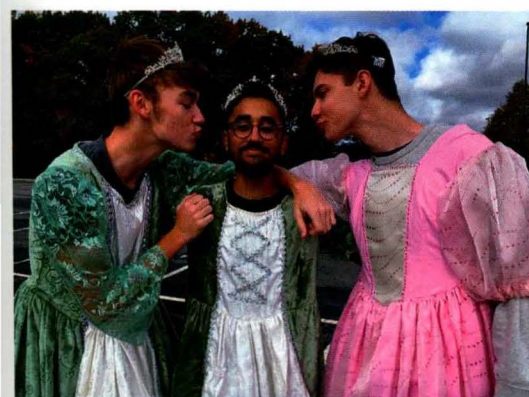
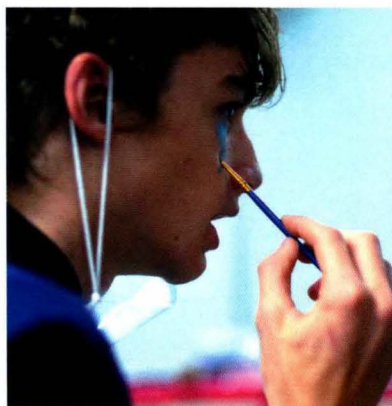


## Molly Fox, Grade 11

Yeah, I definitely view them differently. I think a lot of teachers just sacrificed so much and they were forced to keep the attention of teenagers over a screen when the teenagers have like everything right in front of them, they can do whatever they want. So I think that was very impressive that they were able to do that while also adapting to the new learning things and just changing their whole curriculum to fit the students' needs.



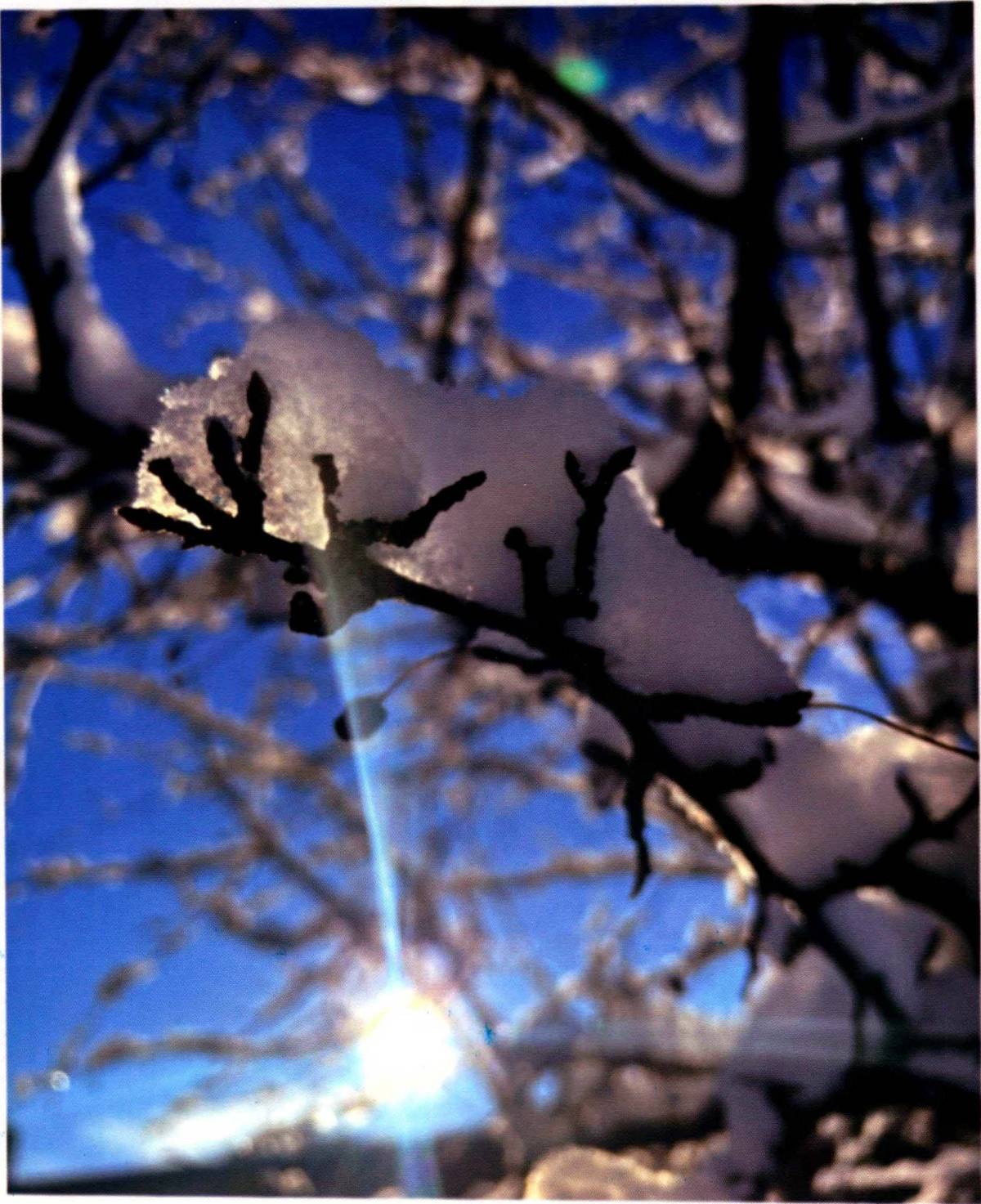
How has your perspective changed regarding teachers? Do you view them differently or the same after the pandemic?







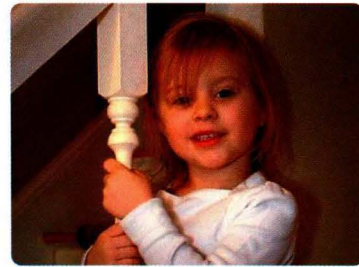
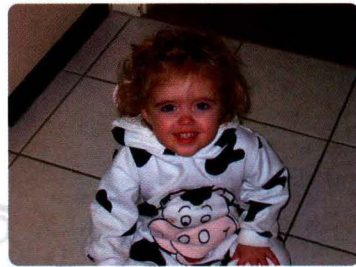
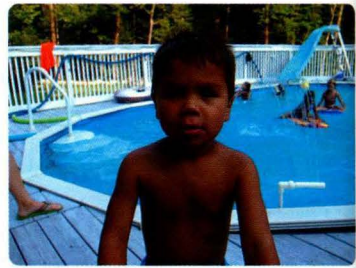
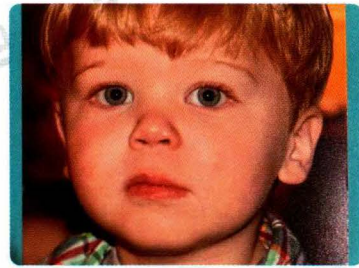
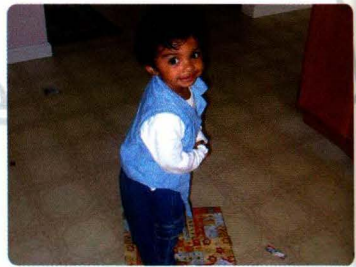
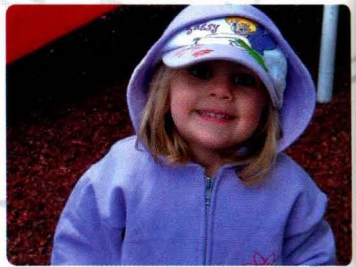
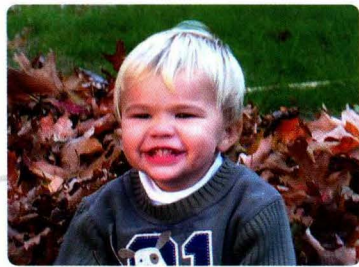




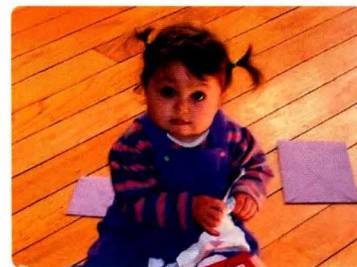
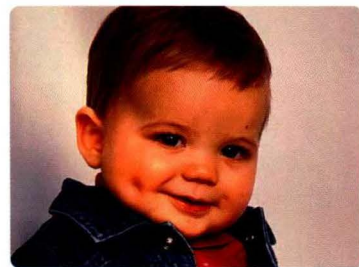
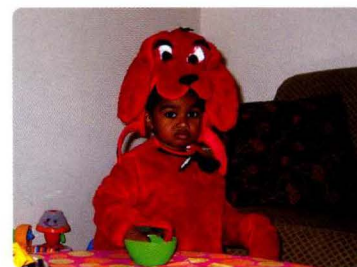
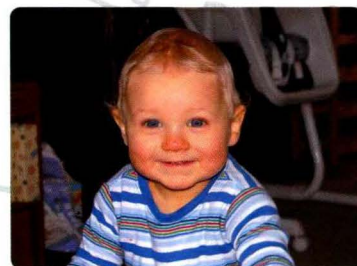
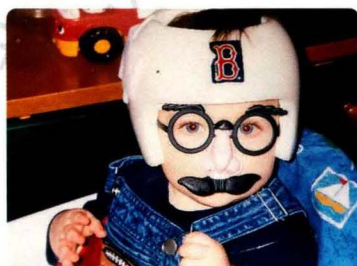
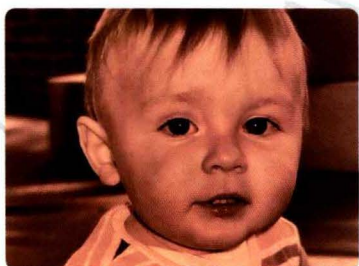
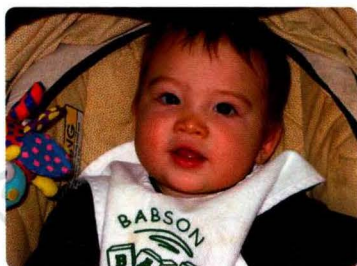
## CHAPTER TWO



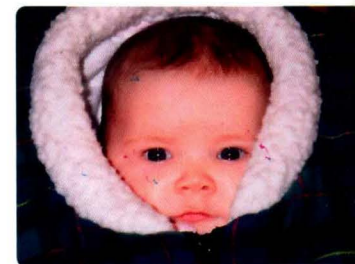
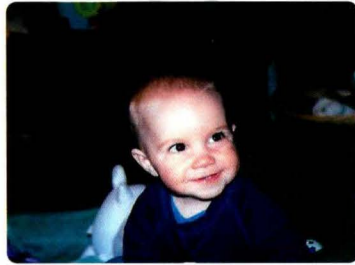
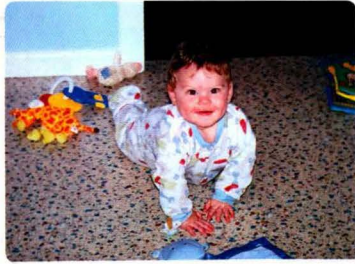
Circa  
2003-2004



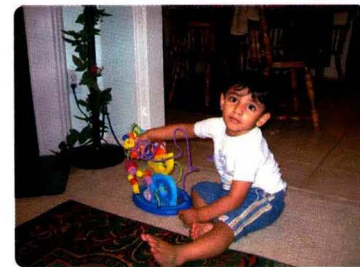
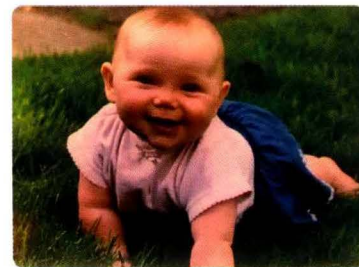
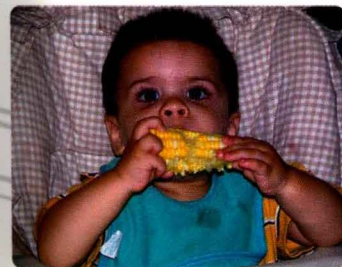
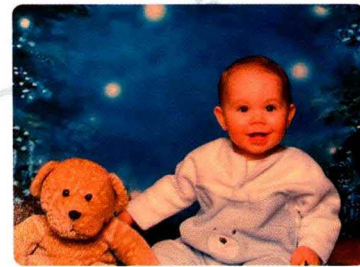
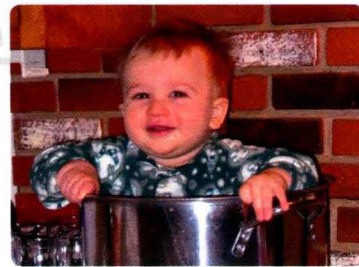
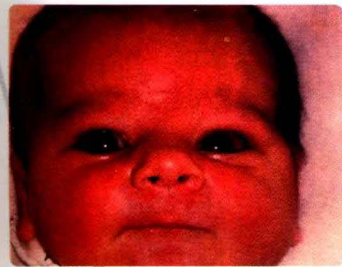
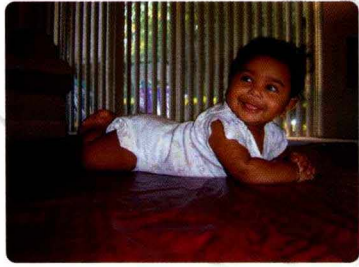




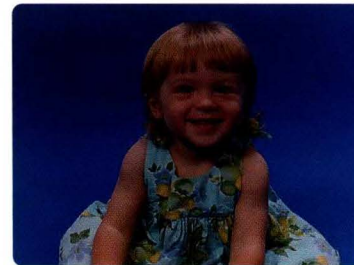
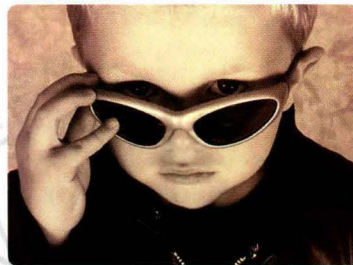
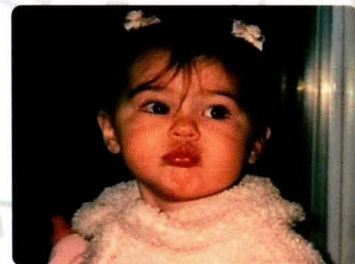
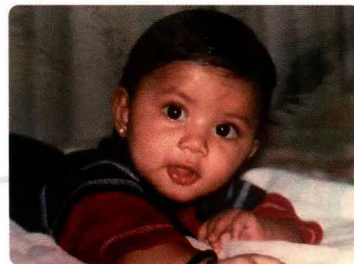
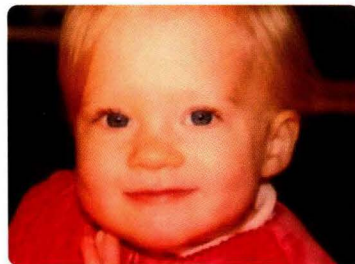
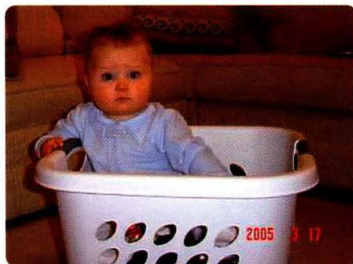
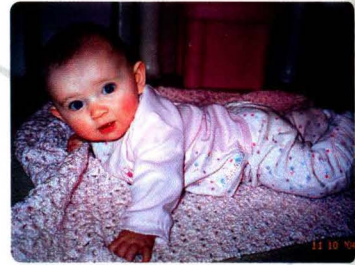
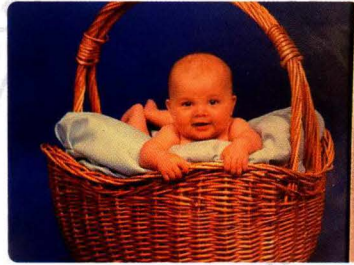




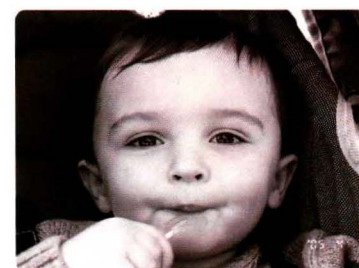
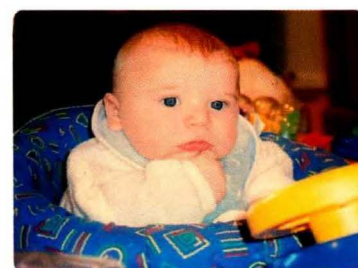
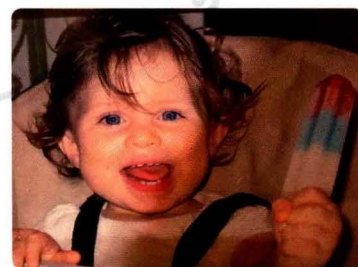
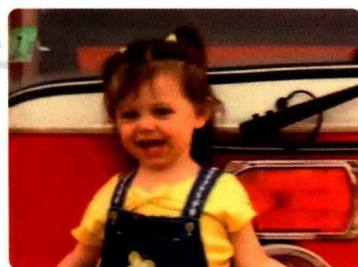
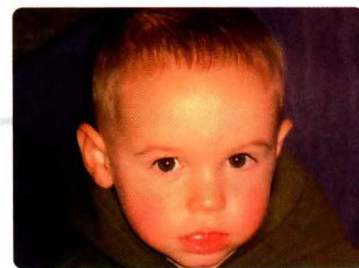
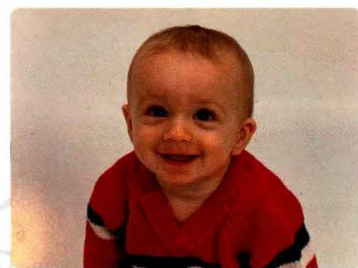
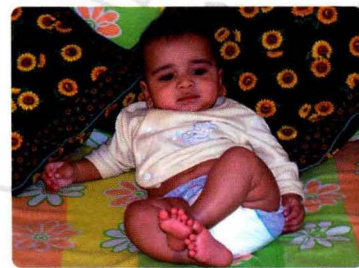
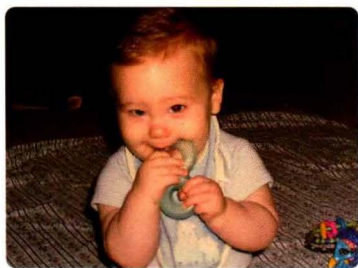
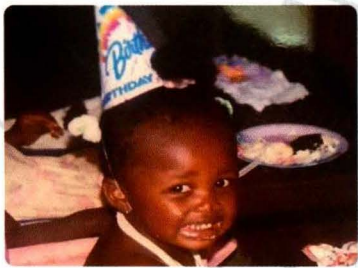
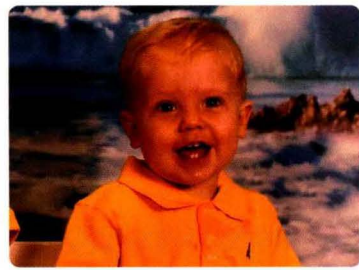
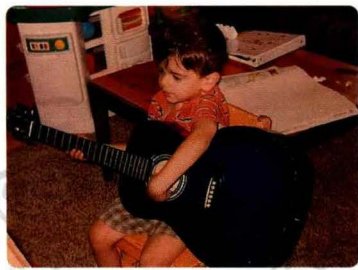
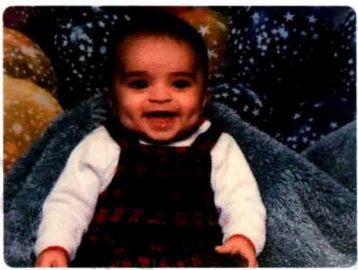




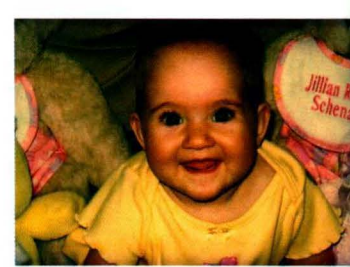
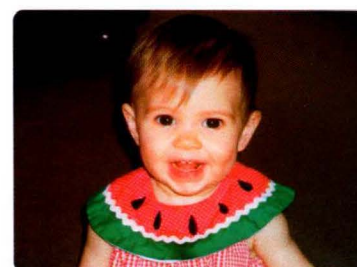
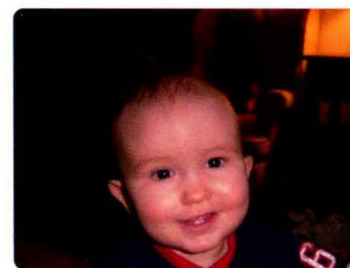
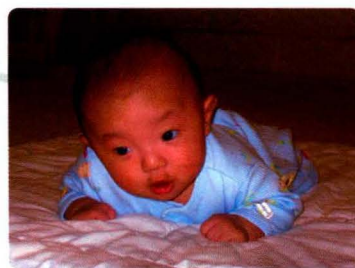
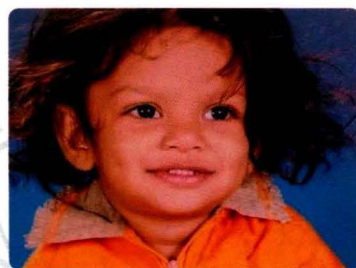
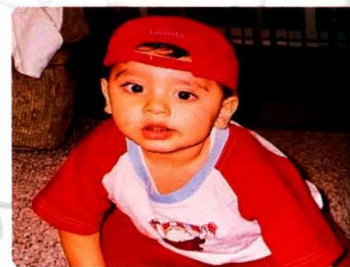
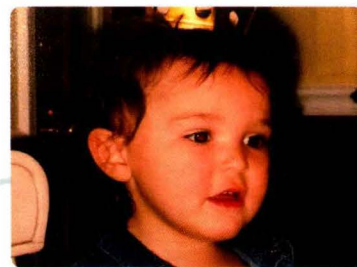
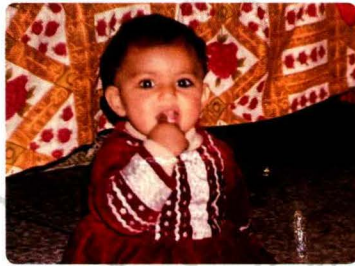
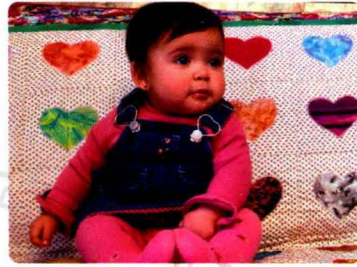




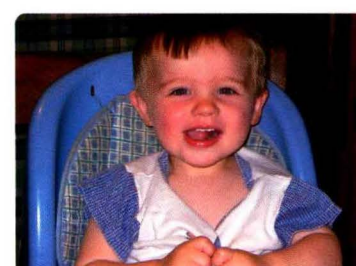
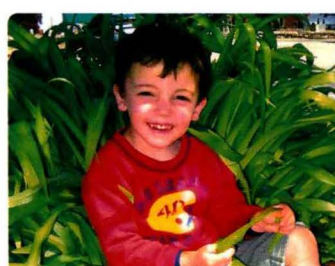
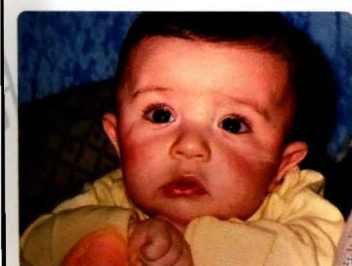
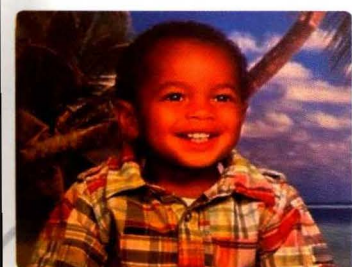
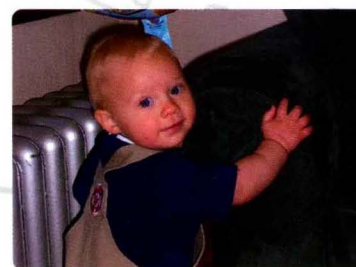
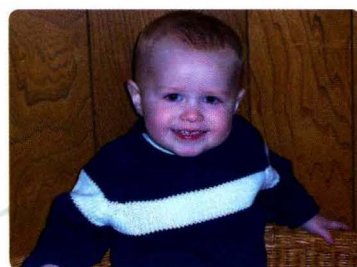
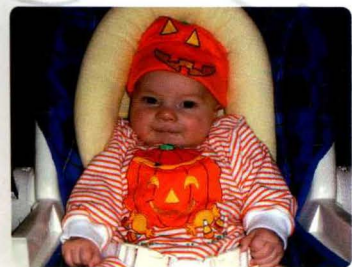




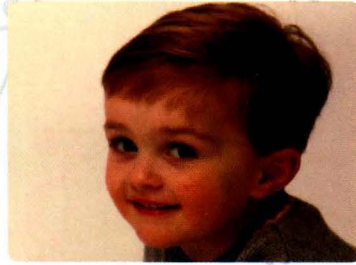
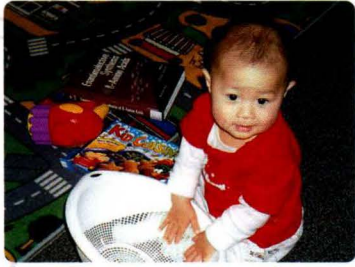




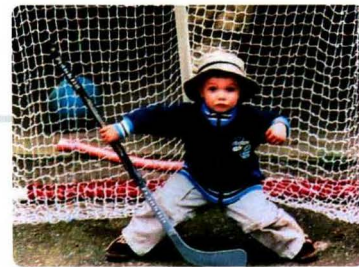
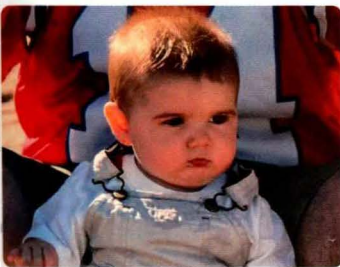
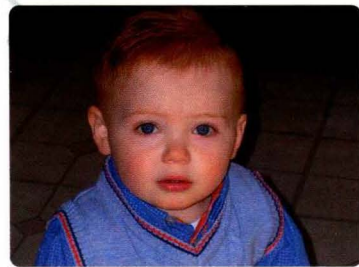
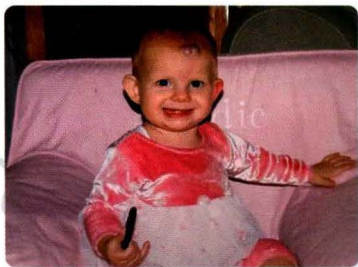




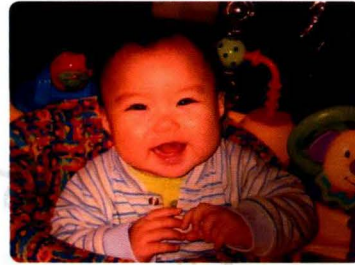
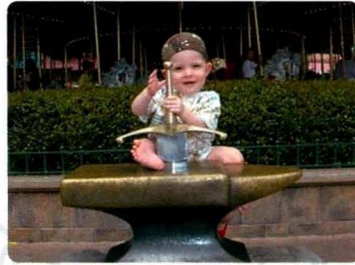












### Emily Magnant, Grade 12

I think that my contribution to the school has increased significantly since last year. I am involved with Mindfulness Matters which brings in the therapy dogs for the students and staff. There has been a huge positive reception of the dogs from everyone who meets them, which I'm really glad about. I'm also part of the theatre guild, tennis, LIME, the mentor program, and multiple national honor societies. There are many opportunities at CHS, but after the pandemic I was definitely much more determined to do more since I hadn't for so long. It also helps that there's a lot to choose from at CHS.

**How has your contribution to the school changed compared to last year?**



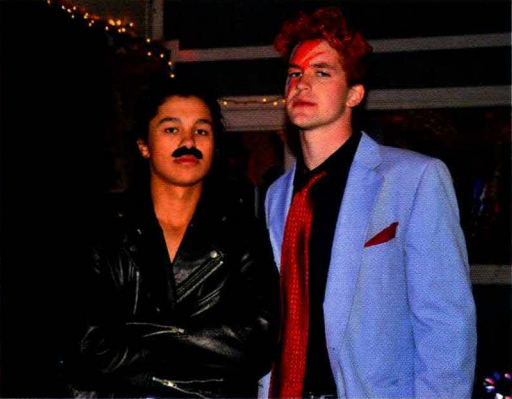
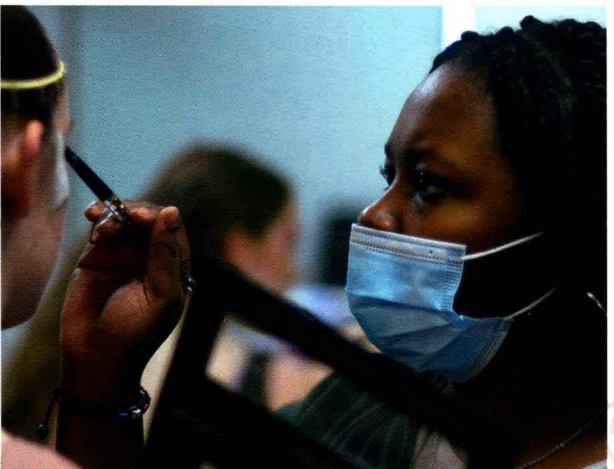
### Nosa Osaretin, Grade 12

I'm less stressed. Like, I took the mentality of knowing it's my last year here and making it the best year possible. Last year was a struggle for everybody; we all had to change ourselves in different ways to make it through the year. Now, seeing as things are getting better, we aren't looking at screens all day, and it's so much better. I try and look at all the improvements—there's ALWAYS something bad happening, but in the same way, there's always something awesome happening too. That's what I'm going for this year and it's really motivating. Gotta find all the good things in life and in this year!

**How has your attitude towards school changed compared to last year?**









# Seniors Class of 2022

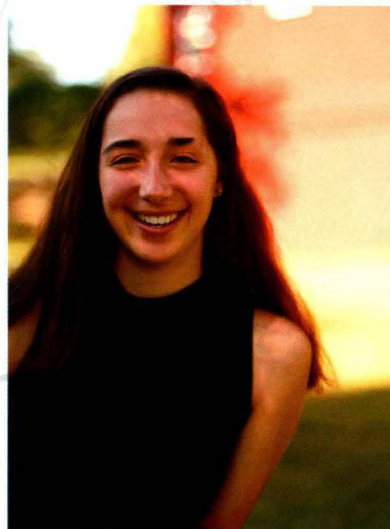


ISABELLE ALAGNA

"Life moves pretty fast. If you don't stop and look around once in a while, you could miss it."

-Ferris Bueller

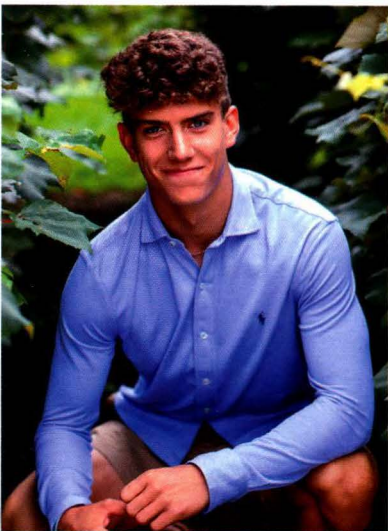
SNHS 12



ELLEN ANGWIN

"Stay unfiltered and loud, you'll be proud of that skin full of scars." -P!nk

Senior Class Treas.  
Basketball 9 10 11 Capt. 12  
Soccer 9 10 11 12  
Class Reps 9 10 11 12  
Mentor Board 11 12  
NHS 11 12  
NEHS 12  
NFHS 12  
NSHS 12  
Mock Trial 12  
Band 9 10 11  
ASL Club 10 11  
Civic Action Club 11

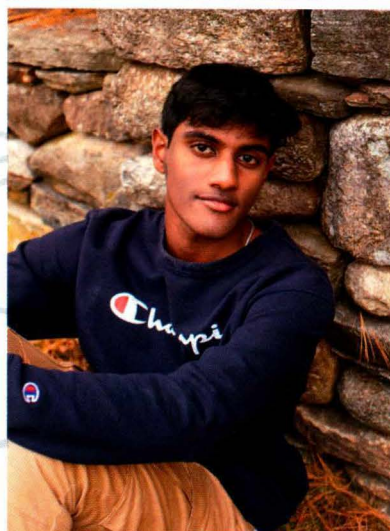


ZACH ALLEN

"Never rat on your friends and always keep your mouth shut."

-Jimmy Conway

Basketball 9 10 11 12  
Football 9 10 11 12

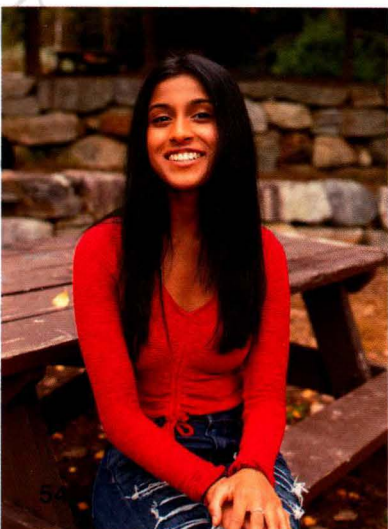


TANISH ARAVETI

"The two most important days in your life are the day you are born and the day you find out why."

-Mark Twain

Soccer 9 10 12  
Spring Track 11 12  
Robotics 11 12  
GIVE 11 12  
LIME 11 12  
Door Painting Project 12



ANANYA ANAND

How many tardies till a detention?

Lead Like a Girl 9 10 11 Treas. 12  
Yearbook 11  
Swim & Dive 10  
Cross Country 11 12  
CareCardz Co-Pres. 12

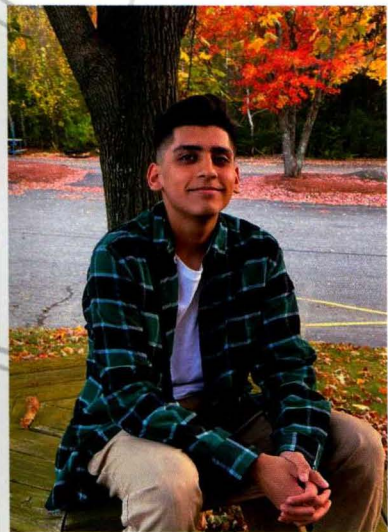


ATHUL ASHOK

"To live is to risk it all; otherwise you're just an inert chunk of randomly assembled molecules drifting wherever the universe blows you." -Rick Sanchez

Speech & Debate 9 10  
DECA 10 11 12  
Science Team 9 11 12  
Robotics Team 9 10 12  
Math Team 9 10 11 Captain 12  
NHS 11 Sec. 12  
NEHS 11 12  
SNHS 11 12





## AZAN ASHRAF

Just thinking about how George Washington never got to try the Travis Scott burger... I know bro woulda ate that up



## ANI BALAJI

Speech & Debate 9 10  
Wrestling 9 10  
Tennis 11



## SACHI BADOLA

"Becoming is better than being."  
-Dr. Carol Dweck

The Crescendos 9 10 Co-Pres. 11 12  
Theatre Guild 9 10 11 12  
TED-Ed Club 9 10 11 12  
Class Reps 9 10 11 12  
LIME 10 11 12  
Mentor 11 12  
Science Team 11 12  
Peer Tutor 11 12



## SOFIA BALAN

"A thousand moments that I had just taken for granted- mostly because I had assumed that there would be a thousand more." -Morgan Matson

CM CM ED EM SM JP  
Field Hockey 9 10 11 12  
Hockey 9 10 11 12  
Lacrosse 9 10 11 12  
NHS 11 12  
NEHS 11 12  
NSHS 11 12  
Mentor 11 Board 12



## SHAAN BAID

Don't worry about your emails unless your name is Jon Gruden

Basketball 9  
Track 9 11  
Football 12



## CHRIS BARTOS

"Don't do anything I would do, and definitely don't do anything I wouldn't do. There's a little gray area in there, that's what you should do."

Marching Band 9 10 11 12  
LIME 9 10 11 12  
NHS 11 12  
SNHS 11 12  
Magic the Gathering Club 9 10  
Tri-M Music Honor Society 11 12  
Mentor 11 12



## JOEY BAKER

"We did alright for a couple of goofballs" - SpongeBob SquarePants

Hockey 9 10 11 12  
Spring Track 11 12  
NHS 11 12  
NEHS 11 12  
SNHS 12  
NSHS 12  
Mentor 12  
Frisbee 12



## MIA BEAUCHESNE

"There comes a day when you're gonna look around and realize happiness is where you are." -Moana

Basketball 9 10 11 12  
Spring Track 9 10 11 12  
Soccer 9 10 11 12  
Winter Track 11  
Mentor 11 12  
NHS 11 12  
SNHS 12





### HAILEY BEAUDOIN

"You are the only one who gets to decide what you will be remembered for." -Taylor Swift

Mentor 11 12  
Gymnastics 9 10 11  
Class Reps 9 10



### FABRIZIO BERNARDI

"When you aim for perfection, you discover it's a moving target"  
-Fernando Alonso

Soccer 9 10  
Super Smash Bros Club 10  
Frisbee 12



### JARED BEAUREGARD

My everything or nothing

Football 9 10 11 12  
Basketball 9  
Wrestling 10 11



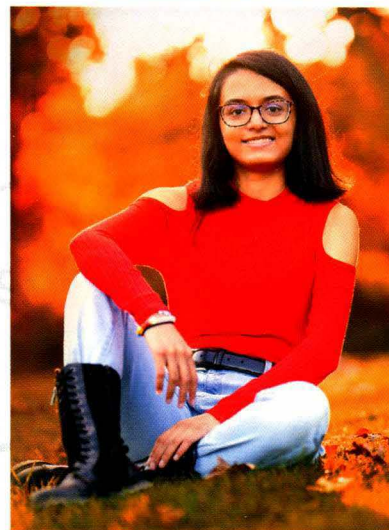
### MERNA BESHAY



### CAITLYN BENTLEY

The best is yet to come.

Softball 9  
Color Guard 10 11 12  
Civic Action Club 12  
Lead Like A Girl 12



### SHREYCI BHATNAGAR

"It doesn't get better than square watermelons" -Foolish Gamers

Dungeons & Dragons Club 9 10 11 12  
CHSTv 12



### ILANA BERKOVITZ

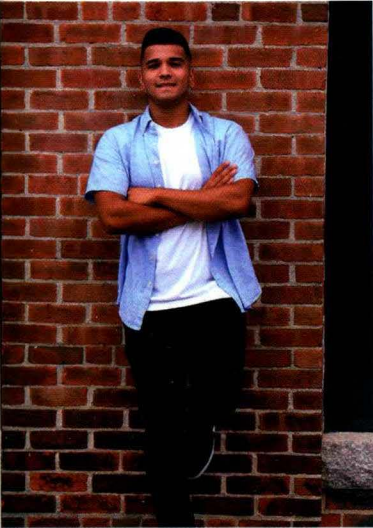
Hey Alexa...play the spins by Mac Miller.

Cross Country 9 10 11 12  
Winter Track 9  
Spring Track 9 10 11 12  
Mentor 11 12  
ELL Board 12



### VYOM BHATNAGAR





## SANKALP BHOYAR

"I need a room full of mirrors so I can be surrounded by winners" -Kanye West

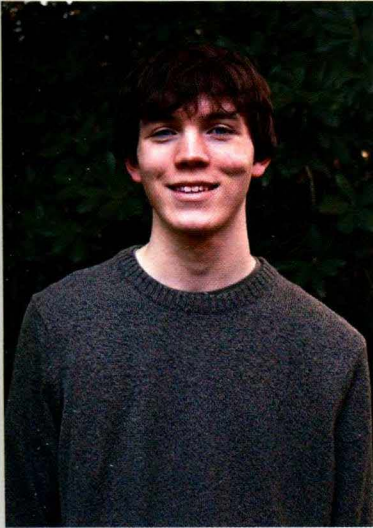
Senior Class VP  
Science Team Board 11 12  
Winter Track 9 Capt. 11 12  
Spring Track Capt. 11 12  
Mentor Board 11 12  
Class Reps 10 11 12  
SNHS 11 Board 12  
NHS 11 12  
NEHS 11 12  
NSHS 11 12  
Unified Basketball 12



## MAXWELL BREAUT

"YEAH"

Dungeons and Dragons Club 9  
Super Smash Bros Club 9 10



## BEN BLUTE

); SELECT  
SLEEP(126144000); --



## CAILEAN BREUER

"How am I supposed to live laugh love in these conditions?"

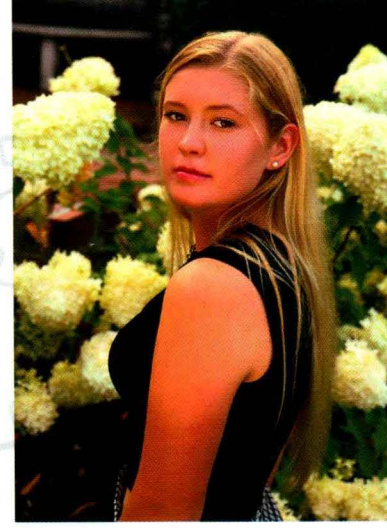
Winter Track 9 10 11 12  
Spring Track 9 10 11 12  
Dance Team 12



## SOPHIE BOUCHER

"It's kind of fun to do the impossible."  
-Walt Disney

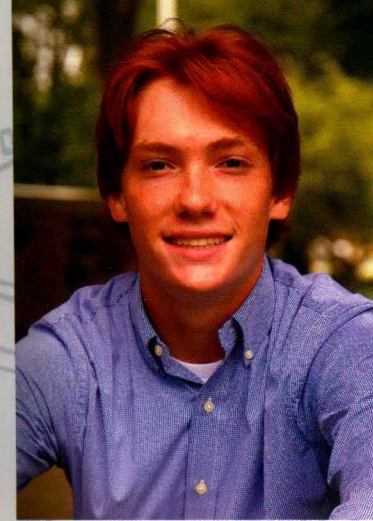
Theatre Guild 9 10 11  
CPS Tech 9 10  
CHSTv 9 Co-Arts Producer 10 Live Events  
Producer 11 12  
Basketball 9 10  
NHS 11 12



## CAMPBELL BROWN

"Hold on to the memories, they will hold on to you." -Taylor Swift

Varsity Girls Soccer 9 10 11 Capt. 12  
Yearbook 9 10 Gen. Editor 11 Sports Editor 12  
Class Reps 9 10 11 12  
Best Buddies 9  
Resiliency Mentor 12  
Mentor 11 12  
Mentor Board Member 11 12  
NHS 11 12  
NEHS Board Member 11 12  
NSHS 11 12



## RYAN BRACKETT

"Brackett, go to class." -Demers

Baseball 9 11 12  
Football 9

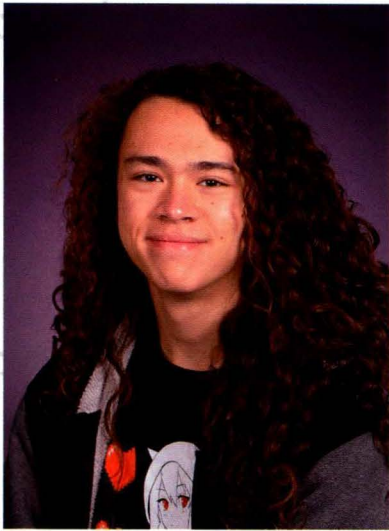


## GRACE BROWN

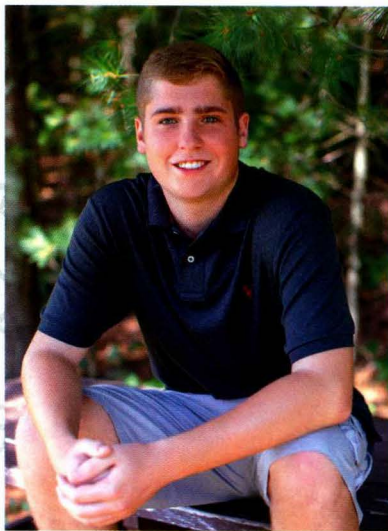
"Let's diabeat this!"

Girls Soccer 9 10 11 12  
Winter Track 9 10 11 12  
Spring Track 9 10 11 12  
Class Reps 9 10 11 12  
Mentor 11 12





HARRY BROWN



MIKE BURNS

"Why not?" -Russell Westbrook

Hockey 9 10 11 12

Baseball 9 11 12

Cross Country 10 11 12



SOPHIA BRUETSCH

"I'll never be perfect but at least I'm entertaining."

Student Council 9 10 11

Art Club 9 10 12

Theatre Guild 10 11 12

Tri-M Music Honor Society 10 11 12

The Crescendos 11 12



JENNA CABECA

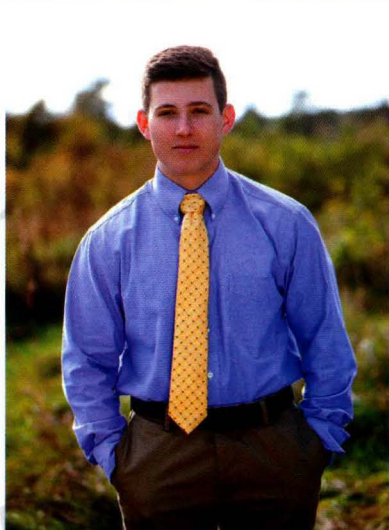
"If opportunity doesn't knock, build a door." -Milton Berle

Mentor 10 11

Class Reps 9 10 11

GIVE 10 11

Best Buddies 9



AIDAN BUCKLEY

"I have never let my schooling interfere with my education."

-Mark Twain

Orchestra 9 11 12



KAYLA CARLSON

"Just don't forget to think about me and I won't forget you."

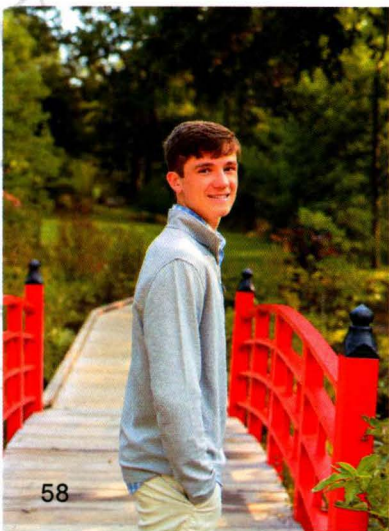
-Blink-182, "Going Away to College"

Marching Band 9 10 11 12

Symphony Band 9 10 11 12

Field Hockey 9 10

LIME 9



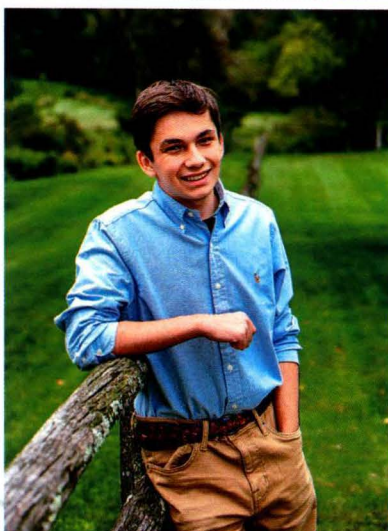
JAMES BUCKLEY

"What was General Grant doing on the thermostat?" -Frank Heffley

Cross Country 9 10 11 12

Winter Track 9 10 11 12

Spring Track 9 11 12



NICK CARMILLO

"Pessimism becomes a self-fulfilling prophecy; it reduces itself by crippling our willingness to act."

Band 9 10 11 12

Marching Band 9 10 11 12

Speech & Debate 10

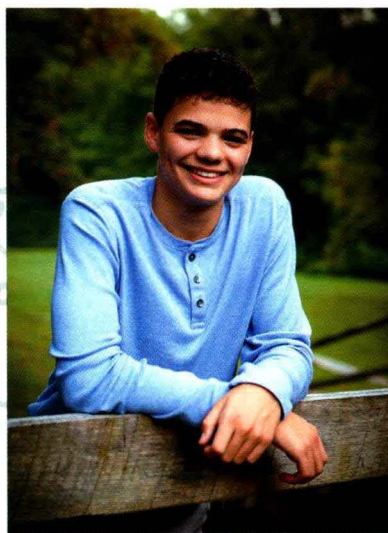




## MICHAEL CARUSO

"No man can walk out on his own story." -*Rango* (2011)

Hockey 9  
Ski Team 10 11 12  
NHS 11 12  
NEHS 11 12  
Marching Band 11  
Frisbee 12  
LIME 12



## ALEX CHIASSON

"May you always remember to enjoy the road, especially when it's a hard one." -Kobe Bryant

Basketball 9 10  
Unified Basketball 12  
Best Buddies 12



## SARAH CARUSO

"Everyday above ground is a great day, remember that." -Pitbull

Hockey 9 10 11 12  
Swim & Dive 9 10 11 12  
NHS 11 12  
NEHS 11 12  
SNHS 12



## ASHLEY CLARK

"Let Your Dreams Stay Big And Your Worries Stay Small" -Rascal Flatts

Cheerleading 9 10 11 Capt. 12  
Basketball 9  
Mentor 12



## JONATHAN CHAN



## MIKAYLA CLIMO

Look forward, not back. When you learn to live in the moment, you learn to appreciate the little things that bring you happiness. Don't waste time stressing over something you'll never be able to change.

Softball 9 11 12  
Volleyball 10



## MAHI CHAVA

"I'm broke and I need fixing"

Speech & Debate 9 10 11  
Class Reps 10 11  
Math Team 9 10 11 12  
Science Team 9 10 11  
Mentor 11  
Frisbee 12  
Door Painting Project 11 12



## VANESSA CLOUTIER

"Owning our story and loving ourselves through that process is the bravest thing that we'll ever do."

Gymnastics 9  
Spring Track 9 10 11 12  
Class Reps 10  
GIVE 12  
Mentor 12  
NHS 11 12  
NEHS 11 12





### RUBY COLLINS

"If you're happy doing what you love, nobody can tell you you're not successful." -Harry Styles

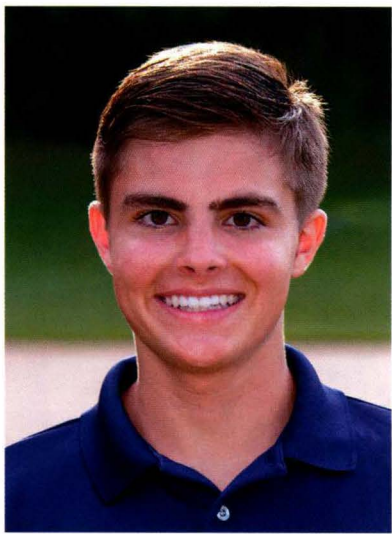
Dance Team 9 10 11 12  
Student Council 9 Publicist 10 11 Sec. 12  
Mentor 11  
NHS 11 12



### SHAILAGH CORCORAN

Difficult roads often lead to beautiful destinations.

Varsity Girls Soccer 9 10 11 12  
Yearbook 12  
Mentor 11 12



### CARTER COLUCCI

Confidence is Key

Baseball 9 10 11  
Soccer 9 10  
LIME 11 12  
Mentor 12



### HANNAH CORFIELD

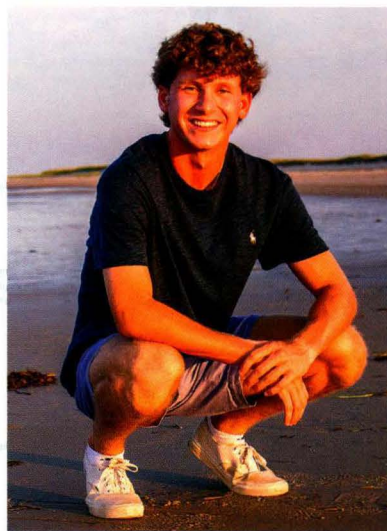
"I'm just doing me, and to me, that's what got me this far" -Lil Uzi Vert



### KEIRA COMTOIS

"No...no, wait, I'm not ready to be an adult yet." -Jaiden Animations

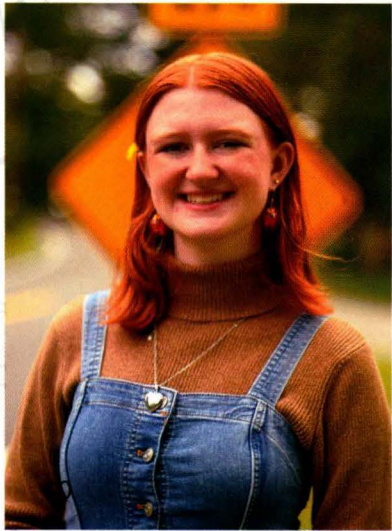
Theatre Guild 9 10 11 12  
The Crescendos 10 11 12  
Tri-M Music Honor Society 10 11 12  
NHS 11 12



### JONATHAN COTTA

"Great moments are born from great opportunities." -Herb Brooks

Baseball 9 11 12  
Golf 11 12  
Mentor 12



### ANYA CONSILVIO

"Misa Amane, you are Kira!"



### MATT CRAVEN

"I don't know, I'll figure it out."

Football 10  
Ski Team 9 10 12





### MIRANDA CRAWFORD

Did you ever stop to think, and forget to start again?

- Theatre Guild 9 10 11 12
- Tech Crew 9 10
- ASL Club 11 12
- Mentor 11 12
- Yearbook 12
- NHS 11 12
- SNHS 11 12
- NEHS 12
- NFHS 11 Treas. 12



### MILANA DADAIAN



### LIAM CROWLEY

"I performed a copious amount of tomfoolery"

- Hockey 9 10
- Frisbee 12



### LILY DAIGLE

"I swear I'm not angry, that's just my face." -Phoebe Bridgers

- The Crescendos 9 10 11 Co-Pres. 12
- Yearbook 9 10 Bus. Editor 11, Head Photog. 12
- Poetry Club 9 10 11 Pres. 12
- The Voice Newspaper 11
- NHS 11 12
- Mentor 11 12
- GIVE 10
- Theatre Guild 9



### CHLOE D'AGOSTINO

"Light Yagami, you are Kira"

- The Crescendos 10 11 12
- Theatre Guild 9 10 11
- Speech & Debate 10



### GANESH DANKE

When people say high school is supposed to be the best time of your life, I don't think this is what they had in mind.

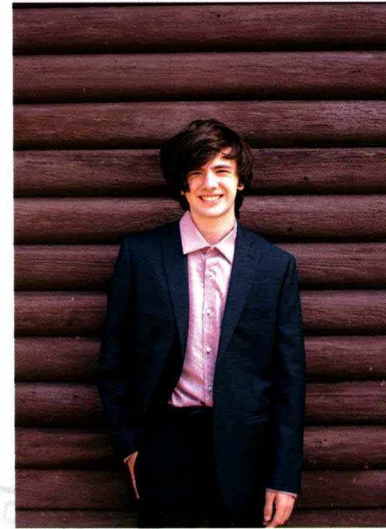
- Math Team 9 10 11 12
- Science Team 9 10 11 12
- Robotics Team 9 10 11 12
- Class Reps 10 11 12
- DECA 10 11 12
- Speech & Debate 10
- NHS 12
- NEHS 12
- NLHS 12
- SNHS 12



### LEXI D'ANGELO

"You are the only one who gets to decide what you will be remembered for." -Taylor Swift

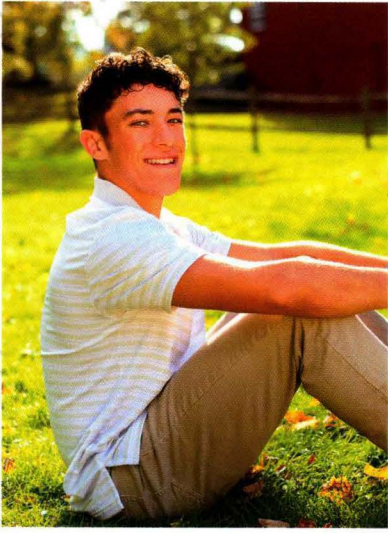
- Field Hockey 9 10 11 12
- Winter Track 9 10
- Spring Track 10 11 12
- Lacrosse 9
- Class Reps 9



### BRENDON DAVIDSON

I'm at the tippity top of the mountain, but I'm really only halfway up

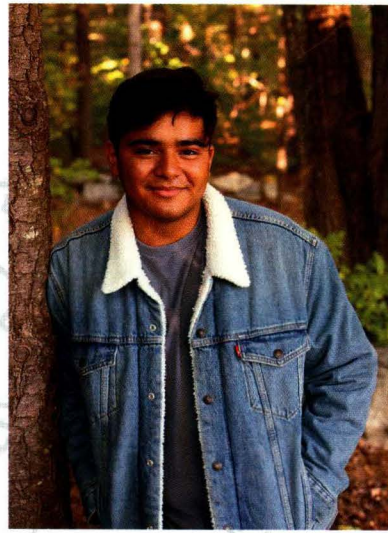




## DEVIN DEJESUS

The bigger the mountain, the better the view

Football 9 10 11 12  
Spring Track 12



## ERIN DIAZ

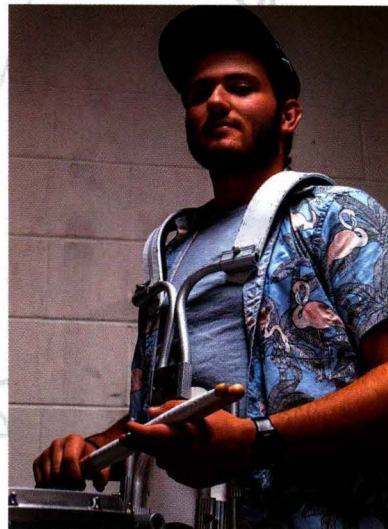
"I can't believe I spent 18,720 hours of my life all for a sheet of paper and a firm handshake."



## JADEN DELA CRUZ

No effort is fruitless, not as long as you've grown by the end.

Poetry Club 12  
Yearbook 12



## DAN DI BENEDETTO

Why do you call it an oven when you of in the cold food of out hot eat the food?

Super Smash Bros Club 9 10  
Band 11 12  
Marching Band 11 12  
Jazz Band 12  
Pit. Orchestra 12



## KARA DEMOULPIED

"I don't know what my future holds, but the world is wide and I want to make some memories" -Donna Sheridan

Color Guard 9 10 11 Capt. 12  
Theatre Guild Costumes 9 10 11 12  
Class Reps 9 10 11 12  
NHS 11 12  
NEHS 11 12  
NSHS Treas. 12  
SNHS 12



## HARRY (HEN) DILLON

"Lions and tigers are the kings of the jungle, but you don't see a wolf in the circus."

Football 9



## DOUG DESMARAIS

Big Chungus is still funny.

The Thursdays 10 11 Co-Pres. 12  
Tri-M Music Honors Society 11 12  
NEHS 11 12  
Frisbee 12

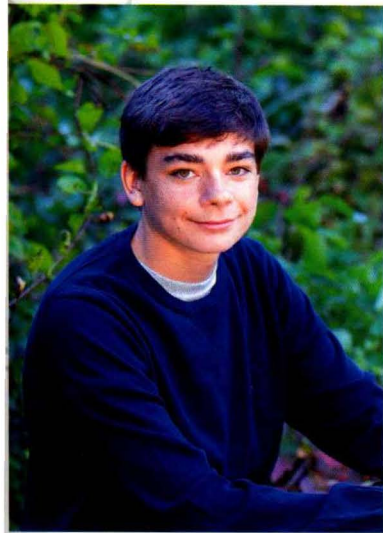


## EMMA DITAVI

"A dream is just a dream until you decide to make it real." - Harry Styles

Field Hockey 9 10 11 12  
Spring Track 9 11  
Best Buddies 9 10 11 12  
Mentor 11 12

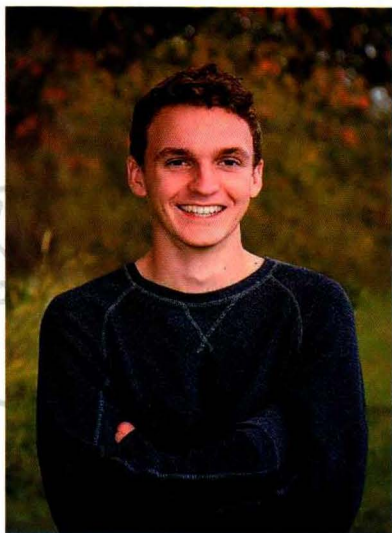




### SEAMUS DOHERTY

"I don't pay for suits. My suits are on the house or the house burns down." -Tommy Shelby

Soccer 9 10 11 Capt. 12  
Basketball 9 10  
Class Reps 12



### WILL DUDEK

"There's only one thing I hate more than lying: Skim milk. Which is water that's lying about being milk." -Ron Swanson

Hockey 9  
Cross Country 9 10 11 12  
Winter Track 10 11 12  
Spring Track 9 10 11 12



### JULIA DONLEY

"Be fearless in the pursuit of what sets your soul on fire."

Theatre Guild 9  
Poetry Club 10  
Art Club 10  
NSHS 12



### KAYLEIGH DUNCAN

"Carpe diem" -Robin Williams

CHSTv 9 10 11  
Alumni Association Board 11 12



### EMMA DONOVAN

"Sometimes you will never know the value of a moment until it becomes a memory." -Dr. Seuss

CM CM EM JP SB SM  
Gymnastics 9 10 11 Capt. 12  
Class Reps 9 10 11 12  
Mentor 12  
NSHS 12



### MEGAN DUNN

"Goodbye everyone. I'll remember you all in therapy."  
-Sheldon J. Plankton

Color Guard 9 10 11 12  
Theatre Guild 11 12  
The Crescendos 12  
Tri-M Music Honor Society 12



### THOMAS DOU

"I don't care about the 'poor little children' who got diplomas under the American school system."  
-M. Bookchin to M. Parenti in 1971

Swim & Dive 9 10 11 12  
NHS 11 12



### ABIGAIL DUPONT

"The brain is wider than the sky."  
-Emily Dickinson

Melting Pot 10 11 12  
NHS 11 12  
NEHS 11 12





## LEO EARLEY

"We've all got weaknesses. Me, for instance. I'm tragically funny and good-looking."

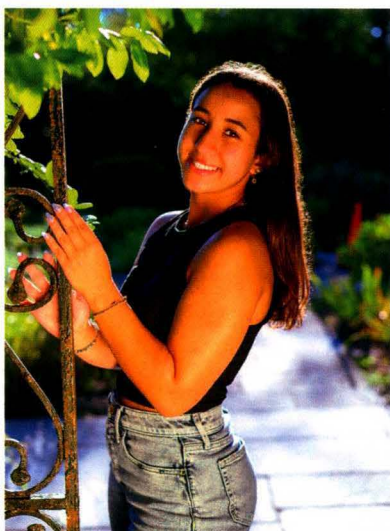
Theatre Guild 9 10 11 12  
The Crescendos 12  
Queer Space 9 12



## KELLY ENWRIGHT

"In the book of life, the answers aren't in the back." -Charlie Brown

Volleyball 9 10 11 Capt. 12  
GIVE 11  
Class Reps 9 10  
Yearbook 9



## RANIA EL HAKKAOUI

"Unfollow fear and just say, 'you are blocked.' Just know there is so much room at the top" -get well soon, Ariana Grande

Cheerleading 10 11 12 Capt. 12  
Gymnastics 9 10 11  
Spring Track 9  
NHS 11 12  
NEHS 11 12  
NSHS 12  
Class Reps 9 10 11 12  
LIME 11 12  
Peer Tutoring 9 11  
Ted Ed 10 11  
Mentor 12



## ALANA ERLANDSON

"I dive because I'd rather look back at life, saying 'I can't believe I did that' instead of 'If only I had.'"

Gymnastics 9  
Swim & Dive 9 10 11 12



## LYLA EL-GAMEL

"Every story has an end, but in life, every ending is just a new beginning" -Uptown Girls

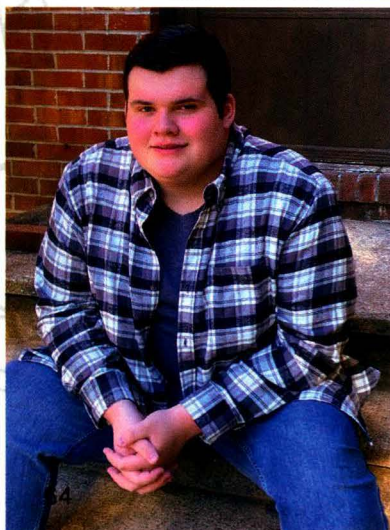
GIVE 10 11 Pres. 12  
The Crescendos 9 10 11 Choreographer 12  
Theatre Guild 9 10 11 12  
Class Reps 9 10 11 12  
Civic Action Club 11  
Mentor Board 11 12  
NHS 11 12  
Tri-M Music Honor Society 10 11 12  
NFHS 11 12  
NEHS 12



## LAUREN ERVIN

"Name one week where I didn't get dismissed"

Spring Track 9 10 11 12  
NSHS 12



## MASON EMERO

"81114595, radius=50"

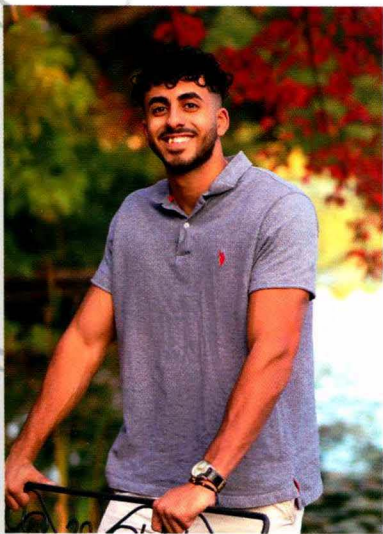


## SARAH EVANS

"What if it all works out?"

CHSTv 9 10 11 12  
Tech Crew 9 10 11 12  
Civic Action Club 11 12  
Mentor 11 12  
NHS 12  
NEHS 12  
Theatre Guild 9 10 11

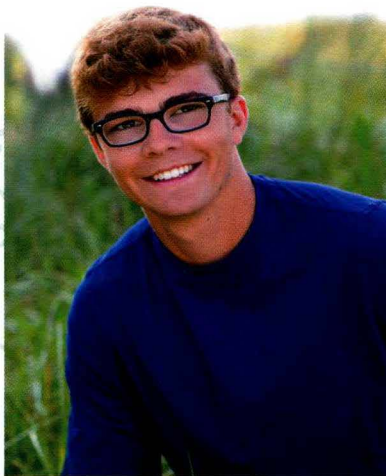




## THEODOR FARAG

"Your life can change in one year, and even when it's dark out, the sun is shining somewhere" -J. Cole

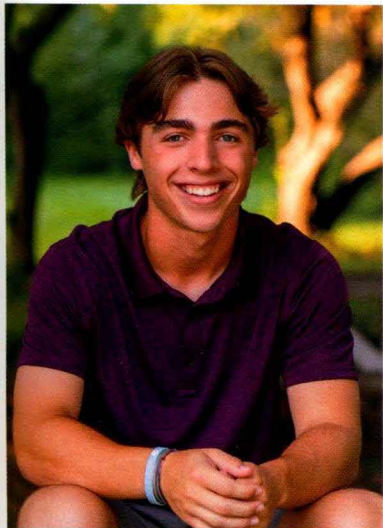
Volleyball 9 10 11 12  
Basketball 9 10 11 12  
GIVE 11 12  
NHS 11 12  
SNHS Board 12  
NSHS 12



## OWEN FLANAGAN

"If I ever get Manziel disease, I want all of you to smack me in the head." -Jameis Winston

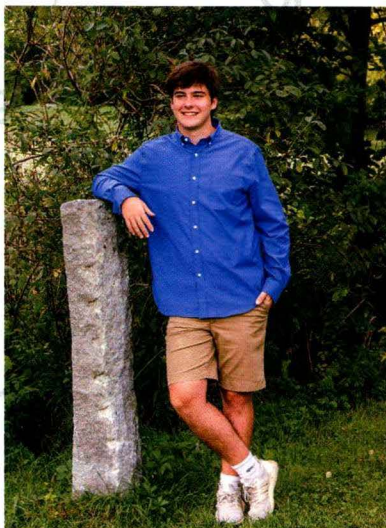
Cross Country 10 11 12  
Hockey 9 10 11 12  
Lacrosse 9 10 11 12



## JAKE FAULKENHAM

"The best revenge is success"

Baseball 9 10 11 12



## JOE FLEMING

"You can't move forward without saying goodbye to the past."

Baseball 9 11  
Soccer 9  
Mentor 11



## HERISMAYRA FIGUEROA-SOTO



## DEVLIN FORD

"Don't dog the boys"  
-Mahatma Gandhi



## BRIANNA FIGUEROA

For I know the plans I have for you, plans to prosper you and not to harm you, plans to give you hope and a future. Jeremiah 29:11

Mentor Board VP 11 12  
Dance Team 9 10 11 Capt. 12  
Class Reps 12  
Mentor 11 12  
GIVE 11 12  
NHS 11 12  
NSHS 12  
NSHS 11 12  
NEHS 11 12



## EMILY FORTIER

"I'm in Kea's"

Basketball 9 10 11 Capt. 12  
Soccer 9 10 11 12  
Class Reps 10 11 12  
GIVE Club 11 12  
Mentor 11 12





### AISLING FRUGOLI

"My honor is to try and my duty is to love."

Color Guard 10 11 12  
Best Buddies 9 10 11 Sec. 12  
Tech Crew 9 10 11 12  
Mentor Program 12  
Lead Like a Girl 12  
NSHS 12



### LEAH GARVIN

"Oh please, I have no soul!"  
-Squidward

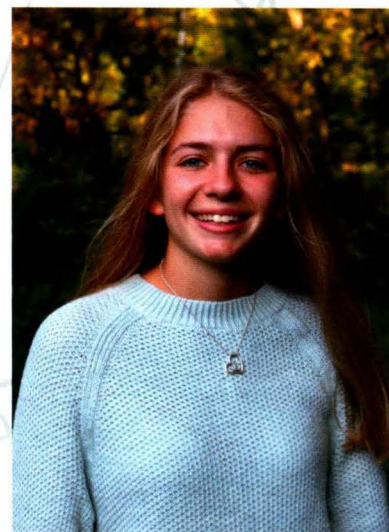
Winter Track 10 12  
Spring Track 9



### MATT GALE

"Do what makes you happy.  
Because in the end, who's there?  
You." -Tyler Okonma

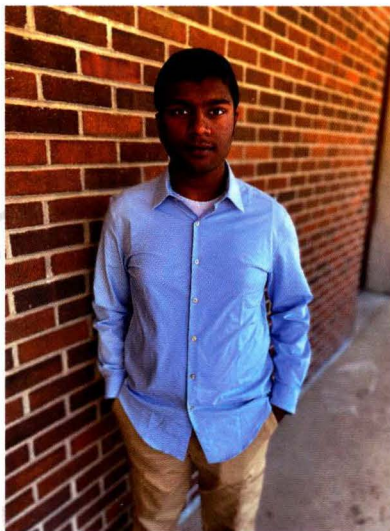
Swim & Dive 9 10 11 Offseason Leader 12  
Mentor 11 12  
NHS 11 12  
NEHS 11 12  
Marching Band 9 10



### LEA GASPAR

"Deuces"

Hockey 9 10 11 Capt. 12  
Soccer 9 10 11 12  
Softball 9 11  
Mentor 12



### ABHI GARRE

"I like change because change is good."

Math Team 9 10 11 12  
Science Team 9 10 11 12  
Robotics Team 9 10 11 12  
Coding Team 9  
Speech & Debate 10 11 12  
Poetry Club 10 12  
Class Reps 11 12



### KENDALL GAUNTLETT

"It was fun while it lasted."

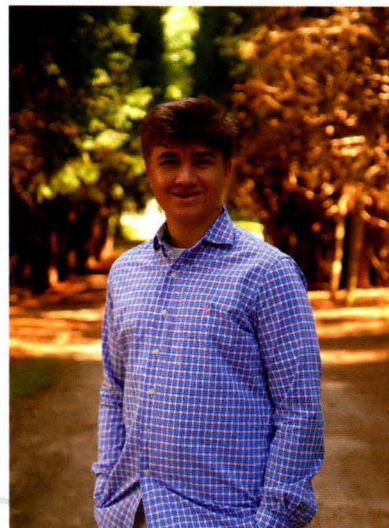
Winter Track 9



### MIRANDA GARRIGAN

"Play The Spins by Mac Miller."

Cross Country 9 10 11 Capt. 12  
Spring Track 9 11 12



### ALEC GIACCHETTO

"The meaning of life is to find your gift. The purpose of life is to give it away" -Pablo Picasso

Hockey 9 10  
Unified Basketball 12

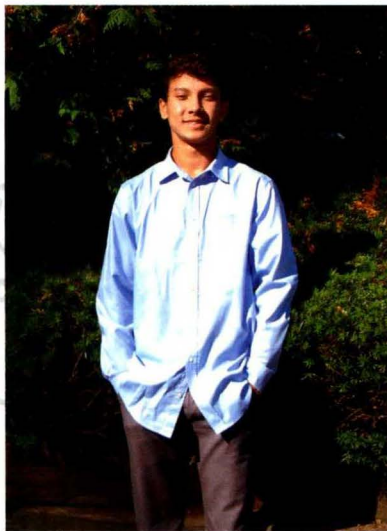




### TALIA GIAMPA

"High school is like Zayn from ID, you pretend you're having fun for four years then leave."

Volleyball 9 10 11 12  
Softball 9 10 11  
Winter Track 12  
Mentor 11 12



### BRAD GLASFURD

"La vie sans frontières."

Soccer 9 10 11 12  
SNHS 12  
NFHS 12  
Winter Track 11 12  
Spring Track 9 11 12  
Swim and Dive 10  
GIVE 11 12  
LIME 11  
Mentor 11 12  
Peer Tutor 11 12



### TYLER GIGLIOTTI



### ALYSSA GOSELIN

"Youth is something I never take for granted. I just want to smile and live life." -Tyler the Creator

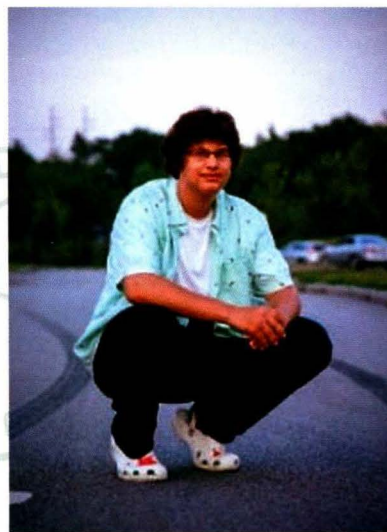
Basketball 9  
Winter Track 10 12  
Spring Track 9 11 12  
Class Reps 9 10 11 12  
GIVE 11 12  
Mentor Program 12



### DANTE GILES

"Every mishap, failure, and disappointment in your life only serves to make your success story that much better."

Soccer 9 10 11  
NHS 11 12  
Super Smash Brothers Club 9 10



### PAUL GRAHAM

"We did it Mr. Dussault, we saved the troops" -Joey Baker

Volleyball 9 11 12  
Frisbee 12



### ROHAN GLADSON

"It gets easier. Every day it gets a little easier. But you gotta do it every day -- that's the hard part. But it does get easier."

Mentor 11



### DEE GRAND

"Oh yes, the past can hurt. But from the way I see it, you can either run from it, or learn from it." -The Lion King

Dance Team 12





## SOPHIA GREEN

Knowledge is knowing a tomato is a fruit. Wisdom is not putting it in a fruit salad. Philosophy is wondering if that means ketchup is a smoothie.

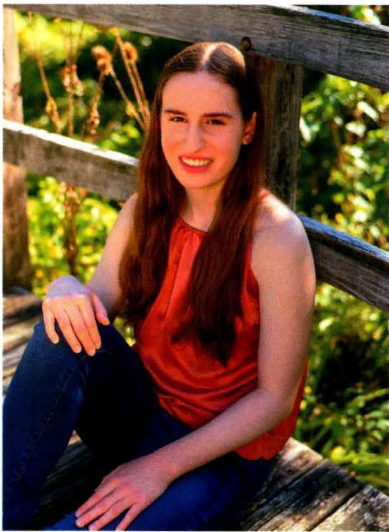
Theatre Guild 11 12  
Costume Team 11 12



## SIYA GUNDA

Siya later CHS!

Editor in Chief of Yearbook  
Yearbook 9 10 Jr. Editor 11  
Student Council 9 10 VP 11 12  
Lead Like a Girl 9 10 11 Pres. 12  
NHS 11 12  
NFHS 11 12  
Class Reps 9 10 11  
Volleyball 9 10



## MIA GUAETTA

"Somewhere inside all of us is the power to change the world"  
-*Matilda*, Roald Dahl

Theatre Guild 9 10 11 Publicist 12  
The Crescendos 11 12  
Chorus 9 10 11 12  
Mentor 12  
Tri-M Music Honor Society 9 10 11 12  
NHS 11 12



## KHANH HA

"Life is a painting and you are the artist. If you let others paint it for you, it will not become a masterpiece." -Me

International Relations 9  
Student Council 9 10  
Dungeons and Dragons 11 12  
Theatre Guild 9 10



## JULIANNE GUILMETTE



## JULIA HAMILTON



## NAVYA GUMMIDI

If movies have taught me anything, now the real fun starts.

Class Reps 9 10 11  
GIVE 9 10 12  
Melting Pot 12  
Yearbook 9 10



## JENNICA HAMM

"Nothing matters, but knowing nothing matters. It's just life"  
-Wicked

Ecology Club 9 10 11 Co-Pres. 12  
SNHS 12  
Melting Pot 12  
Student Council 10 11  
Poetry Club 10





## RACHEL HANSON

Got an impossible whopper cuz it should be impossible to look this good (Jennie Huynh part 2)

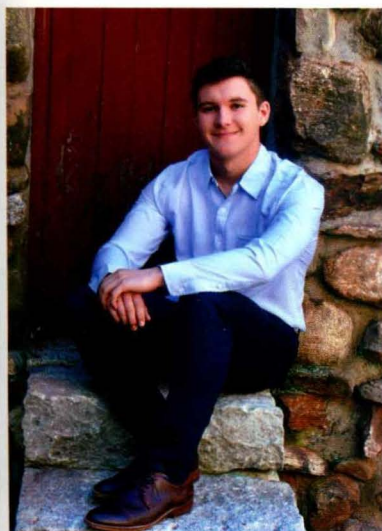
Catalina Foothills Golf Team 10 11  
Catalina Foothills Track & Field 10  
GIVE 12  
Melting Pot 12  
Door Painting Project 12



## GRIFFIN HART

"There is more to life than how to block inside zone" -Coach Agne

Football 9 10 11 12  
Winter Track 9 10  
Rugby 9 10 11 12



## SAM HARGETT

Through hard work, determination, never giving up and against all odds, I was "A pleasure to have in class" 8 years consecutively.

Marching Band 9 10 11 12  
Jazz Band 10 11 12  
LIME 11 12  
In-Tune 9 11  
24-hour Relay 9 11 12  
Children's Play 9  
Track 9



## DELANEY HAYES

Stand by those who stand by you

Volleyball 9  
Best Buddies 9  
Class Reps 9 10 11 12  
Track & Field 9 10 11 12  
NSHS 12



## KATIE HARPER

whatever.

Cheer 9 10



## MEGHAN HAYNES

"Ayy, cream cheese and a bagel"  
-Mac Miller

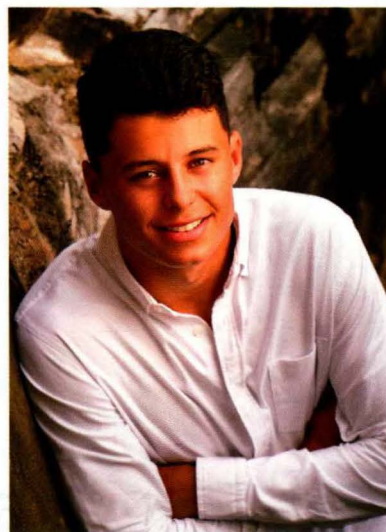
Cross Country 9 10 12  
Track & Field 9  
The Voice Newspaper 10  
Marching Band 9 10



## JORDAN HARRIS

"The flower that blooms in adversity is the most rare and beautiful of all" -Mulan

Marching Band 9 10 11 12  
Lead Like a Girl 9 10 11  
LIME 12  
NSHS 12  
NHS 11 12

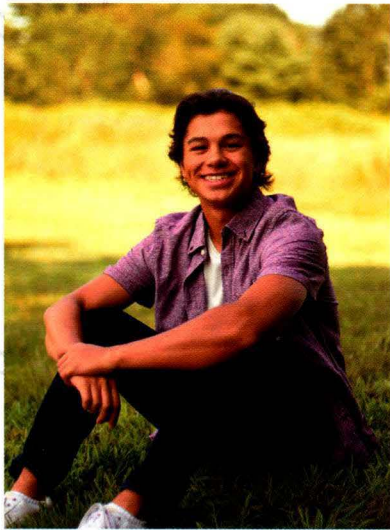


## MICHAEL HENNESSEY

Trump 2024

Football 9 10 Capt. 12  
Wrestling 9 10 11 12





### MARCOS HERNANDEZ

"Don't criticize what you can't understand." -Bob Dylan

Class President  
Baseball 9 10 11 12  
Basketball 9 10  
Theatre Guild 9 10  
DECA 11  
Mentor 11 12  
NHS 11 12  
SHS 11 12  
NEHS 11 12



### GRACE HOFFMAN

"It doesn't matter how slow you go as long as you don't stop."  
-Confucius

Hockey 9 10 11 12  
Art Club 12  
Theatre Guild 10 11 12



### MAGGIE HIGGINS

"What's up Marge?" -Mr. Carp

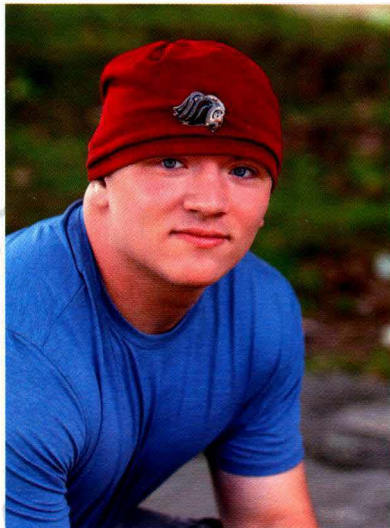
Volleyball 9  
Basketball 9  
Winter Track 10 11  
Spring Track 9 10 11 12  
Mentor 11 12



### BEN HOGAN

"This is a no fail mission."  
-Coach Nick Thayer

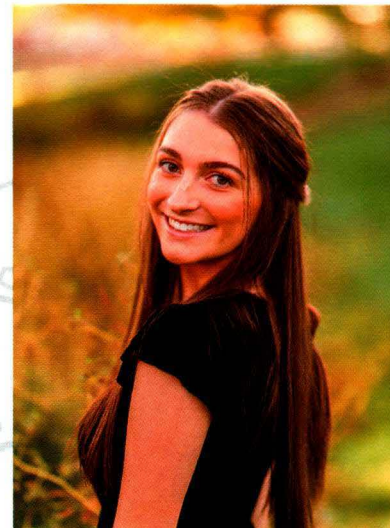
Lacrosse 9 10 11 12  
Football 9 10 11 12  
Hockey 9  
Winter Track 10  
Golf 11  
Mentor 12



### SEAN HIGGINS

No pain, no gain.

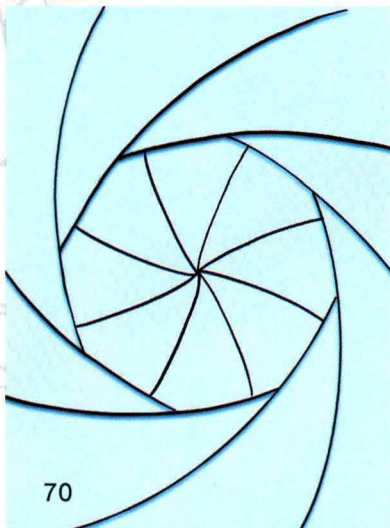
Track 11 12  
Football 9 12  
Hockey 10



### JULIA HOGAN

Wait what

Field Hockey 9 10  
Cheer 9 10 12



### KEVIN HILTON



### MAGGIE HOLDEN

"Don't shine so others can see you. Shine so that through you, others can see Him."  
-C.S. Lewis

Dance Team 9 10 11 Capt. 12  
Class Reps 9 10 11 12  
Volleyball 9  
Mentor ELL/Transfer Board 11 12  
NHS 11 12  
NEHS 11 Board 12  
NSHS 11 12

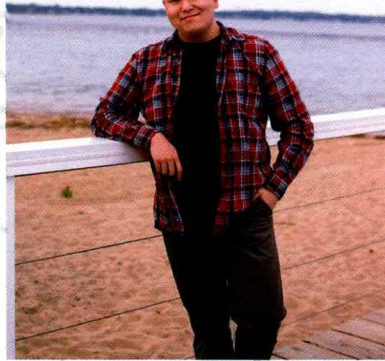




## FAWAD HUSSAIN

"The average men consume. The wise create."

Soccer 9 10 11  
Science Team 9 10 Capt. 11 12  
Robotics Team 9 10 12  
DECA 10 11 12  
NHS 11 12  
NEHS 11 12  
NSHS 11 12  
SNHS Board 12  
Math Team 9 10  
Class Reps 11 12  
Mentor 12



## DANIEL JEONG

"It's okay not to be okay."  
-Marshmello

Art Club 9 10 11 12  
Melting Pot 9 10 12



## JENNIE HUYNH

When is it my turn to be happy

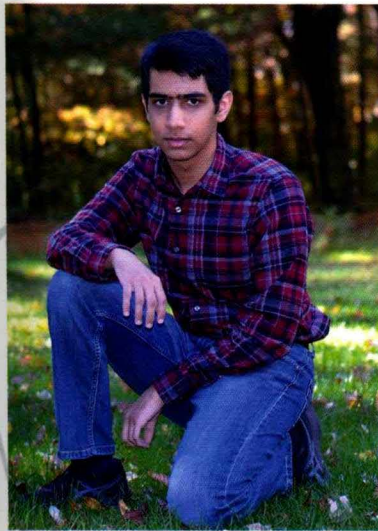
Key/Smith Interact 9 11  
Badminton 9 10  
GIVE 10 11 12  
Melting Pot 12  
NHS 11 12  
NEHS 11 12  
NSHS 11 12  
Door Painting Project 11 12



## NATHAN JONES

HAHA Funee Munke

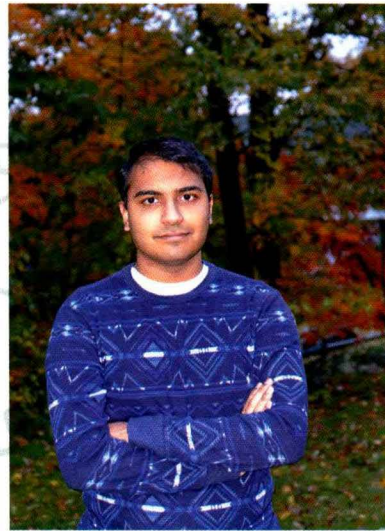
Coffee Shop Performer 9



## MURAD JAMIL

"Plan to fail, or fail to plan."  
-Unknown

Dungeons & Dragons 9 10 11 12



## TARUN KANNAN

"If you don't believe you are the best, then you will never achieve all that you are capable of."  
-Cristiano Ronaldo

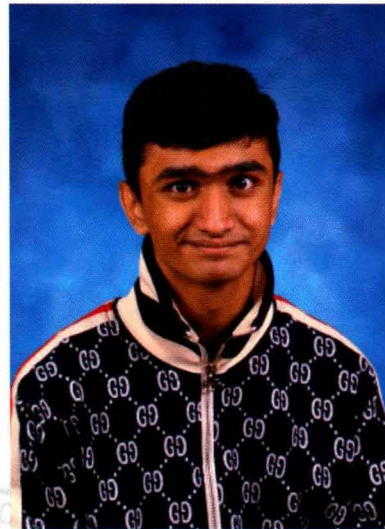
Robotics Team 10 11 12  
Math Team 10



## KATRINA JANAKOS

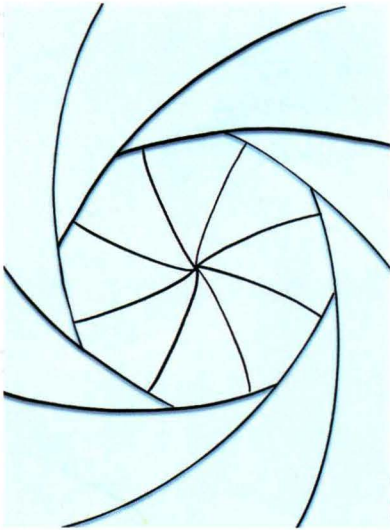
Become the type of energy that no matter where you go or where you are, you always add value to the spaces and lives of those around you.

Soccer 9 10 11 Capt. 12  
Class Reps 9 10 11 12  
TED-Ed Club 9 10 11 12  
School Committee Rep 10 11 12  
NHS 11 12  
Rotary Youth Leadership Award 10 11  
Mentor 11 12  
Science Team 11 12  
NFHS 12  
Lacrosse 9



## GAURANG KARPE



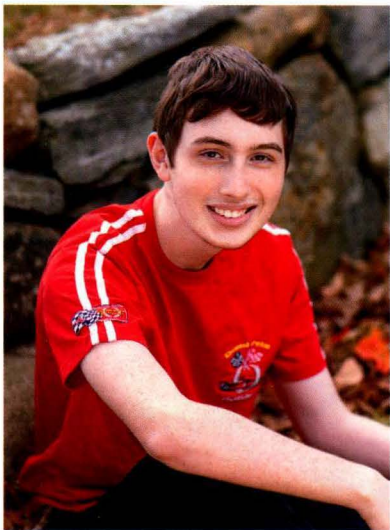


PATRICK KAVANAGH



MARYSSA KENNEY

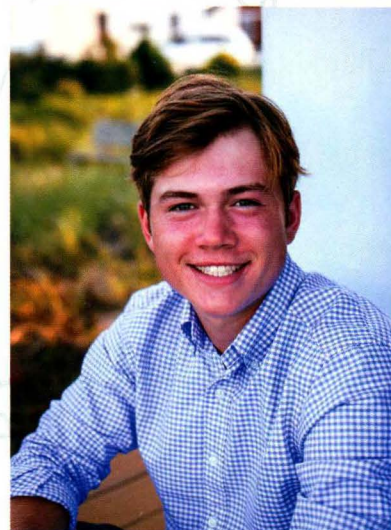
"Long story short, I survived."  
-Taylor Swift



JAMES KEEFE

Live life in the moment because  
reliving it will never be the  
same.

Science Team 11 12  
Dungeons & Dragons Club 11  
Robotics Team 12



THOMAS KEYO

Hard work pays off.

Baseball 9 10 11 12  
Hockey 9 10  
Cross Country 11 12  
Winter Track 11 12



BROOKE KELLEY

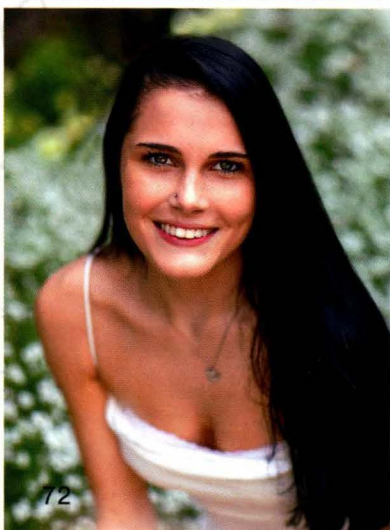
"Never stop. Never stop fighting.  
Never stop dreaming. And don't  
be afraid of wearing your heart on  
your sleeve." -Tom Hiddleston



VILAIIVANH  
KHAMPHILAVANHO

"Is that my bestie in a Tessie?"  
-Saweetie

BA AM TL JL BF AL SOM  
DP EG DK  
Melting Pot Club 9  
Yearbook 12



RENEE KENNEDY

It is what it is

Basketball 9

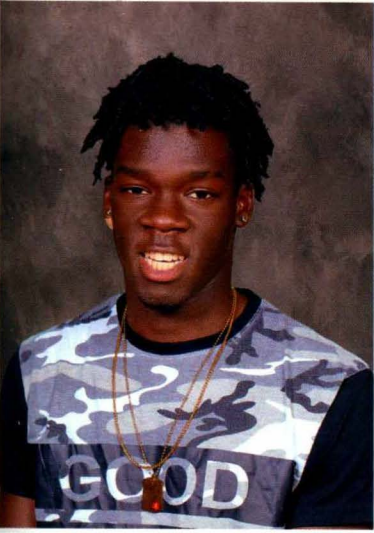


MICHAEL KHELA

"Are you a doctor yet?" - Dad

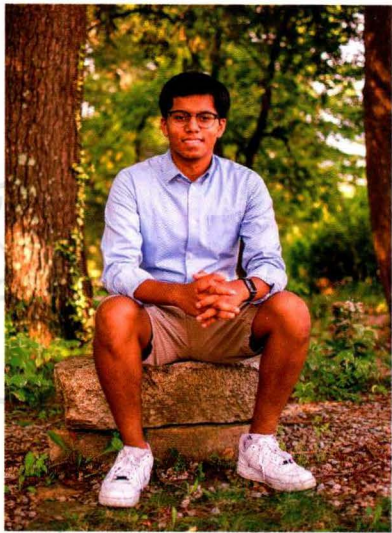
GIVE 9 10 11 12  
NHS 11 12  
NEHS 11 12  
SNHS 12  
Soccer 10 11  
Spring Track 9 11 12  
Door Painting Project 11 12





## MANNY KIRABO

Basketball 9 10 12  
Football 10 12



## SHOUMIK KUNDU

High school is like riding a turbulent plane. It's scary at first, but you get used to it.

Soccer 9 10  
Math Team 9 10 11 Capt. 12  
NHS 11 Community Service Chariman 12  
NEHS 11 12  
Science Team 9 10 11 12  
DECA 11 12  
Peer Tutoring 11  
Mentor 12



## ARINA KONDAKCHYAN

"Success isn't about how much money you make. It's about the difference you make in people's lives." -Michelle Obama

Swim & Dive 9 10 12  
Spring Track 11  
Mentor ESL Board 11 12  
NSHS 11 VP 12  
NEHS 12

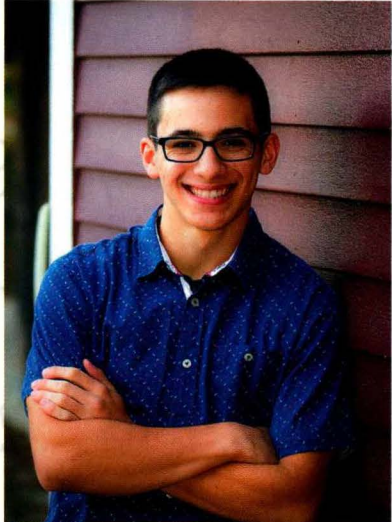


## MATT KUNZE

Soccer 9  
Football 10  
Rugby 11 12  
Speech & Debate 12  
NHS 12



## ZACHARY KOPACZ



## NICK LACAVA

"Music is a world within itself, with a language we can all understand." -Stevie Wonder

NHS 11 12  
Tri-M Music Honor Society 11 12  
Jazz Band 9 10 11 12  
Pit Orchestra 9 10 12  
Marching Band 9 10 11 12  
LIME 10 11 12  
Mentor 11 12



## RISHI KRISHNAN

"If I were to die right now in a fiery explosion due to the carelessness of a friend... then it would be alright."  
-SpongeBob SquarePants

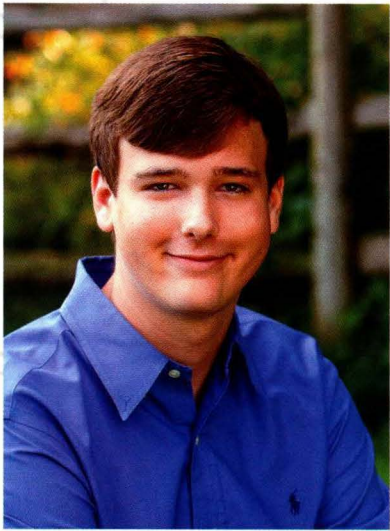
Tennis 9 10 11 Capt. 12  
Cross Country 9 10 11 12  
Frisbee 12



## WILLIAM LAMBERT

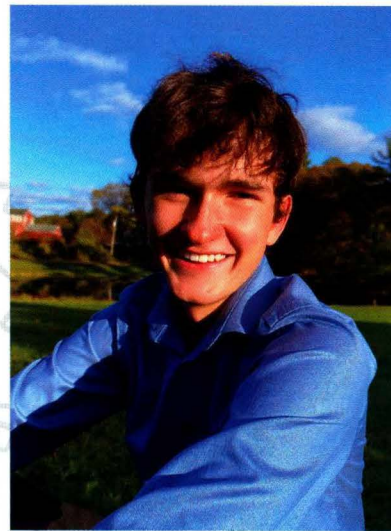
Among fard  
Frisbee 12





### COLLIN LANE

People say nothing is impossible, but I do nothing everyday.



### SEAN LEBLANC

"Will I get over it? Mmm... No, but life goes on." -Dwight Schrute

Baseball 9



### MADDIE LANE

Good Soup



### JOSAPHINE LEBRUN

"It's almost over, it's just begun." -Bo Burnham

Soccer 9 10 11 12  
Basketball 9 10  
Track 9 11  
NHS 11 12  
SNHS 12  
NSHS 12



### SARAH LATHAM

"It's been a hell of a ride." -Damon Salvatore

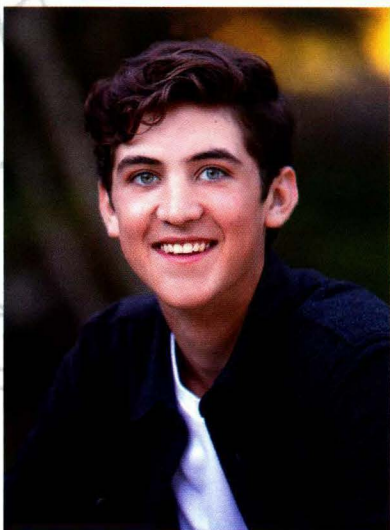
Field Hockey 9 10 11 12  
Spring Track 9 10  
Winter Track 10



### JOSIE LEE

I'm working on it.

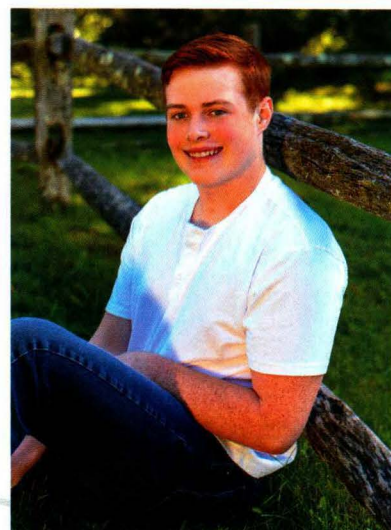
Art Club 9 11  
Ecology Club 10 11 12  
NHS 12  
The Voice Newspaper 10 11 12  
Poetry Club 10  
SNHS 12  
NSHS 12



### NOLAN LAWLOR

"It's hard to beat a person who never gives up." -Babe Ruth

Football 9  
Baseball 9 10 11 12  
Basketball 9

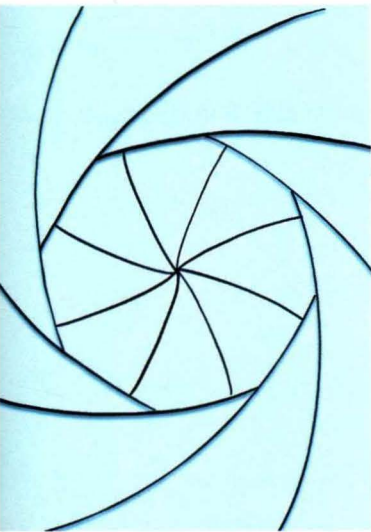


### OWEN LEE

"You miss 100% of the shots you don't take." -Owen Lee -Michael Scott -Wayne Gretzky

Hockey 9 10 11 12  
Football 9 10 11





## NIKKO LETENDRE



## ALLIE LOCOCO

"The flower that blooms in adversity is the most rare and beautiful of all." -The Emperor, Mulan

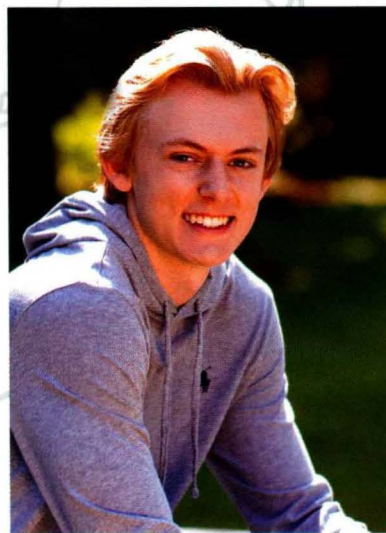
Senior Class Secretary  
Soccer 9 10 11 Captain 12  
Basketball 9 10 11 12  
Mentor 11 Executive Board 12  
NHS 11 12  
NEHS 12  
ASL Club 10 11 12  
Spring Track 12  
Winter Track 12



## MAGGIE LI

"The only time I set the bar low is for limbo." -Michael Scott

Spring Track 9 11 12  
Winter Track 10 11 12  
Dance Team 9 10 11  
GIVE 11 12  
NHS 11 12  
NEHS 11 12  
NSHS 11 12  
Civic Action Club 12  
Mentor 12



## RICKY LOONEY

"Get to class" -Demers

Football 9  
Hockey 9 10 11 12  
Track and Field 9 10 11 12  
Best Buddies 9 10  
Mentor 11 12



## VIENNA LI

Molly

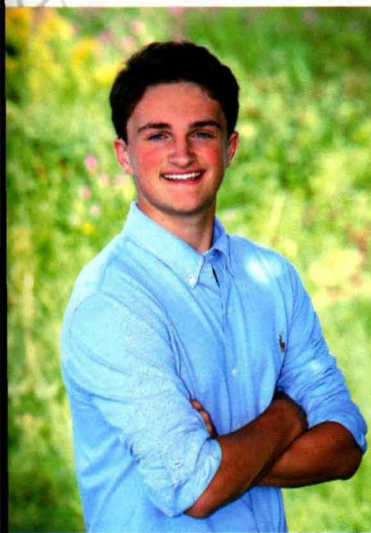
Spring Track 9 11 12  
Class Reps 9 10 11  
Winter Track 11  
Dance Team 10 12  
Melting Pot 12  
Badminton Club 9 10  
GIVE 11 12  
Mentor 11 12  
NHS 11 12



## CELIA LUPOLI

"If you're happy doing what you're doing, than nobody can tell you you're not successful" -Harry Styles

Field Hockey 9 10 11 12  
Winter Cheer 10 11 12  
Spring Track 9 10 11 12  
NHS 11 12  
NSHS 11 12  
Class Reps 9 10 11 12  
GIVE 11 12



## ADAM LIZINE

"If you never know failure, you will never know success."

-Sugar Ray Leonard

Hockey 9 10 11 12  
Baseball 9 10 11 12  
Golf 10 11 12



## ZACK LY

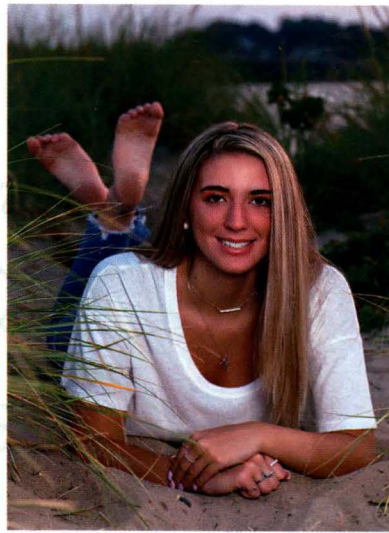
Nobody cares, work harder

Baseball 9 10 11 12  
DECA 11  
Investing Club 12





ERIC LYONS



BELLA MAHONEY

Nothing in life is impossible as long as you take that first step.

Mentor 12  
NSHS 12



HAILEY MACMILLAN

VLNBEQQQBFFPC

Marching Band 9 10 Section Leader 11 12  
Melting Pot 9 10 BM 11 12  
Mentor 11 12  
LIME 11 12  
NHS 11 12  
NEHS 11 12



REVATI MAHURKAR

"How can a person know everything at '18 but nothing at '22?" -Taylor Swift

Class Reps 9 10 11 12  
Best Buddies 9 10  
ASL Club 11  
Mentor 12  
Yearbook 12  
GIVE 12



JULES MADSEN

Think about how dull your life would be without me

Basketball 9  
Swim 9 10  
Cross Country 11 12  
Winter Track 10 11  
Spring Track 9 10 11 12  
Mentor 12



SAMANTHA MALONE

"You're not perfect but you're not your mistakes."

SB JP CM CM ED EM3  
Mentor Board 11 12  
Class Reps 9 10  
NHS 12  
NEHS 12  
NSHS 12



EMILY MAGNANT

"If you can dream it, you can do it."  
-Walt Disney

Theatre Guild 9 10 Treas. 11 12  
Tennis 9 10 11 Capt. 12  
LIME 10 11 12  
Swim & Dive 11  
Mindfulness Matters Co-Pres 11 12  
NHS 11 12  
NEHS 11 12  
WLHS 12  
NSHS 12  
Mentor 12

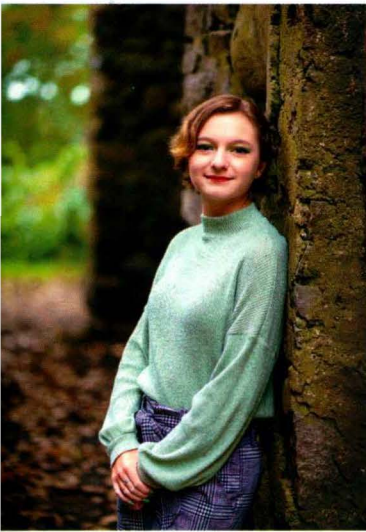


COURTNEY MARKHAM

"I think I'm cool. That's all that matters." -Tyler, The Creator

Field Hockey 9 10 11  
GIVE 12  
NHS 11 12

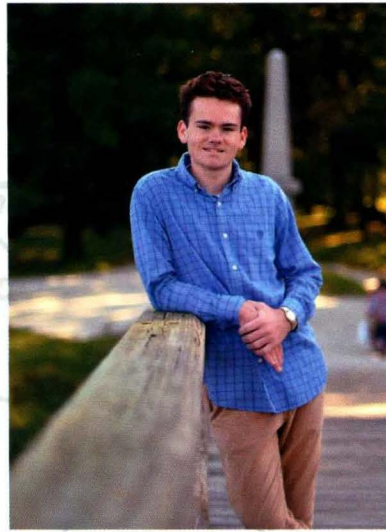




## AVERY MARR

"It's our time, breathe it in/Words to change, and worlds to win." -Merrily We Roll Along

Theatre Guild 9 10 11 12  
Student Council 10 11 Creative Arts Designer 12  
Key Club 10  
Yearbook 12  
Mentor 12  
NHS 11 12  
NEHS 11 12  
SNHS Board 12



## SEAN MATTHEWS

Sometimes you face difficulties not because you're doing something wrong, but because you're doing something right.

Soccer 9 10 11 Capt 12  
Hockey 9 10  
Volleyball 9 10 11  
GIVE 12  
NHS 11 12  
Mentor 12



## MELIA MARSHALL

"The universe said you are stronger than you know." -Julian Gough

Swim & Dive 9 10 11 Capt. 12  
Spring Track 11 12  
Winter Track 12  
Dance Team 9 10 11  
Theatre Guild 9  
Mentor 12  
Mock Trial 12  
NHS 11 12  
NEHS Board 11 12  
NSHS 11 12



## GRACE MATTSSEN

"You miss 100% of the shots you don't take" -Wayne Gretzky  
-Michael Scott" -Grace Mattsen

Theatre Guild 9 Board 10 11 12  
Winter Track 9 11  
Spring Track 9 11  
NHS 11 President 12  
Mentor ELL and Transfer Board 12



## SARAH MARSON

"Do not follow where the path may lead; go instead where there is no path and leave a trail."

-Emerson

Dance Team 9 10



## KEEGAN MCCARTHY

google me in 10 years. if i'm not there, mind your business

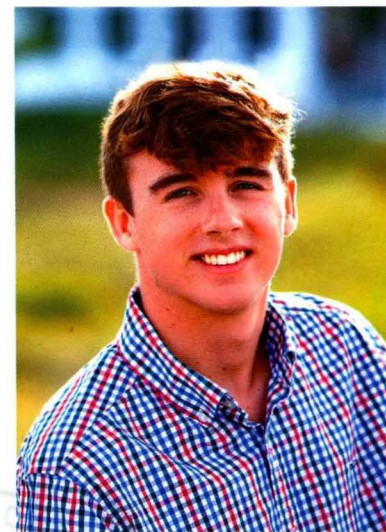
Orchestra 9 10 11 12  
The Thursdays 11 Social Media 12  
Theatre Guild 9 10 Publicist 11 Producer 12



## KATE MASON

"So this is it..." -Finneas

LIME 10 Board 11 12  
Marching Band 9 10 Drum Major 11 12  
Melting Pot 9 10 Board 12  
Mentor 11 12  
Pit Orchestra 9 10 12  
Tri-M Music Honor Society 9 10 11 12  
NHS 11 12  
NEHS 11 12  
NSHS 12



## MATTHEW MCCARTHY

"Never say never because limits, like fears, are often just an illusion."  
-Michael Jordan

Basketball 9 10 11 12  
Volleyball 9 10 11 12  
Football 9 10  
Class Reps 10 11 12  
GIVE 11  
Mentor 12  
Unified Basketball 12





### ELLA MCDUFFIE

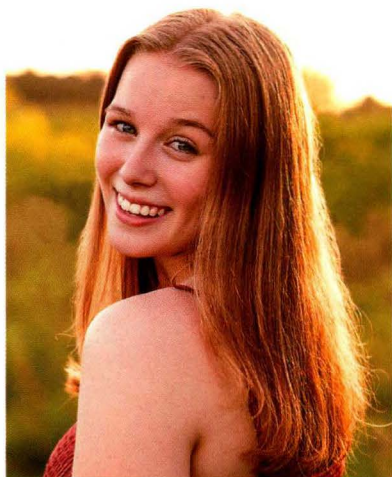
Still waiting for the Tiki Turn Up.

- Volleyball 9
- Spring Track 9 10 11 12
- GIVE 9 10 12
- Class Reps 9 10
- Best Buddies 10
- Black Student Union 12



### STEPHEN MELANSON

DECA 11



### MARY MCMASTER

"It never hurts to keep looking for sunshine." -Winnie the Pooh

- Softball 9 10 11 12
- Winter Track 10 11 12
- Theatre Guild 9 10
- NHS 11 12
- GIVE 12
- Mentor 12



### DANIELLE MELLO

Like most misery, it started with apparent happiness.

- SNHS 12
- The Voice Newspaper 12
- Cross Country 9



### ERIN MCNULTY

"Don't trust anyone that says you can't do it. Show them you can."

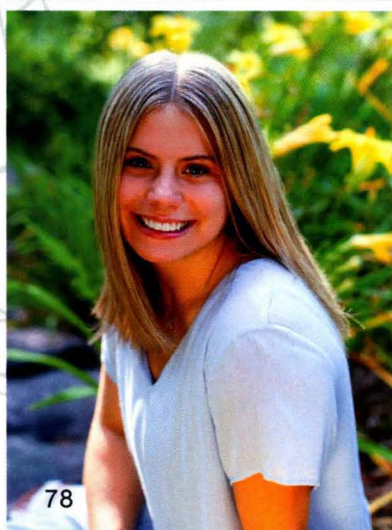
- Tennis 9 10 11 12
- Theatre Guild 9 10 11 12
- NHS 11 12
- SNHS 12



### HANNAH MICHAUD

MIT is my safety school

- Field Hockey 9 10 11 12
- Softball 9
- Spring Track 11 12
- Class Reps 9



### CAROLYN MEDWAR

"Things work out best for those who make the best of how things work out"

- CM ED EM JP SB SM
- Gymnastics 9 10 11 Capt 12



### CARTER MILLS

"Carter, get up!"  
-Delaney (every morning)

- Marching Band 9 10 11 12
- Jazz Band 11 12
- NHS 11 12
- NEHS 11 12
- LIME 12
- Spring Track 9





## ALYSON MIREAULT

I'm not out of shape, the stairs  
make everyone out of breath

Dance Team 9 10 11 12  
DECA 9 10 Officer 11 12  
Yearbook 9 10 Gen. Editor 11 Bus. Editor 12  
NHS 11 12  
NFHS 11 12



## CHLOE MOLINARI

"No act of kindness, however  
small, is ever wasted." -Aesop

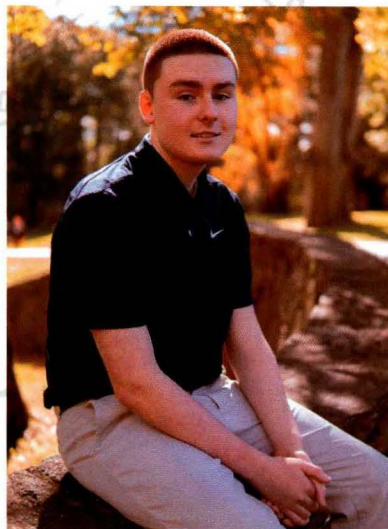
CM ED EM JP SB SM  
Swim 9 10 11 Capt. 12  
NHS 11 12  
SNHS 12  
NSHS 11 12  
Mentor 11 12



## LEA MITCHELL

Define success by your impact on  
others.

Visual Ensemble 9 10 11 12  
Feature Twirler 10 11 12  
Best Buddies 10 11 12  
GIVE 11 12  
LIME 11 12  
Class Reps 11 12  
Mentor 12



## HARRY MONAHAN

"When I get it cut, I think I'm  
top 5" -Jayson Tatum



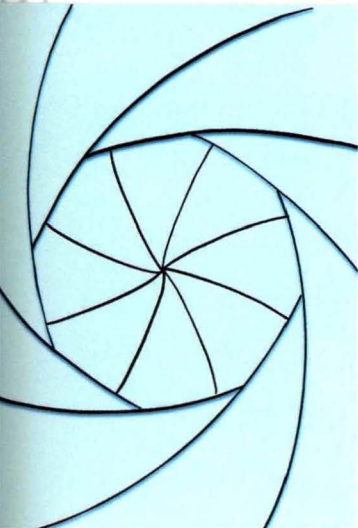
## MIANA MITCHELL



## ALYSON MOORE

"I don't know what my future holds, but  
the world is wide and I want to make  
some memories." -Mamma Mia

Color Guard 9 10 11 12  
Tech Crew 9 10 11 12  
Theatre Guild 9 10 11 12  
CHSTv 9 10 11 12  
Mentor 11 12  
NHS 11 12  
NEHS 11 12  
WLHS 12  
SHS 12



## BRYAN MOLINARI FERNANDES



## KERRY MORENO





### ELLA MORIN

Life is a mystery to be lived, not a problem to be solved.

Field Hockey 9 10 11  
NHS 11 12  
NEHS 11 12  
NFHS 11 Sec. 12  
SNHS 12  
Mentor Board 11 12  
ELL/Transfer/Sophomore Exec. Board 11 12



### DREW MUNSON

"Who do you think you are? I am!"  
-Pete Weber

Baseball 9 10 11 12  
Golf 11 12  
Class Reps 9 10 11 12  
Football 9 10  
Basketball 9  
Mentor 12



### JAMESON MULDOON

Hard work beats talent when talent doesn't work hard.

Football 9 10 11 12  
TED-Ed 11  
Mentor 11 12  
SNHS 12



### MALLORY MURPHY



### TROY MULDOON

I got cut from freshman baseball

Football 9 10 11 12  
Spring Track 9 10 11 12



### MICHELLE MWANGI

"Don't believe everything you hear:  
Real eyes, Realize, Real lies." -Tupac

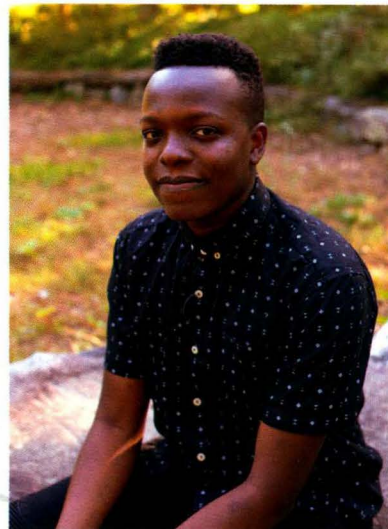
Class Reps 9 10  
Black Student Union Pres. 12  
Mentor 11 12  
GIVE 12



### KAYLEIGH MUNGOVAN

"It's okay if you fall apart sometimes. Tacos fall apart and we still love them."

Chorus 9 11 12  
Theatre Guild 9 10 11 12  
The Thursdays 12  
Mentor 12



### PAUL MWAURA

Don't stop thinking about tomorrow.  
It'll be here before you know it.

Mock Trial 11  
CHSTv 11

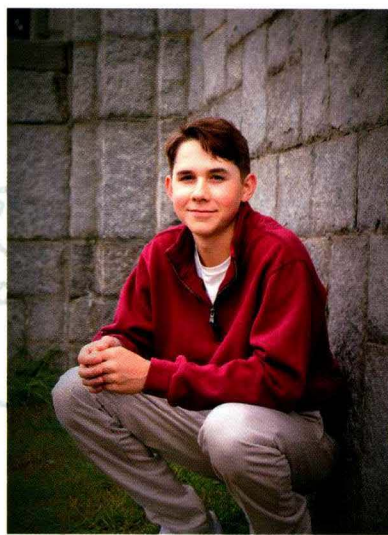




### MAYLIN NGUYEN

"It was so hard to live, laugh, and love in these conditions."

Melting Pot 9 10 11 12  
Lead Like a Girl 12  
NEHS 12



### NICK O'DONNELL

"Sometimes I start a sentence and don't know where it's going I just hope to find it along the way."

Golf 10 11 12



### JACK NORTON

"Get busy living or get busy dying."  
-Andy Dufresne, *The Shawshank Redemption*



### JOSIE O'HARE

"Fives? A ten is speaking."

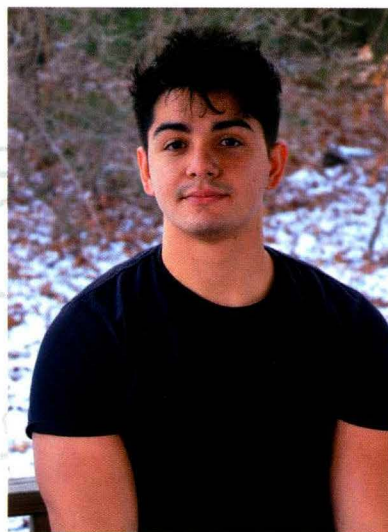
Swim & Dive 9 10



### KALLIYAN NOUV

Look at all that money. The money is the motive." -Abel Tesfaye

Key Club 10  
GIVE 10 12  
Melting Pot 12  
Badminton Club 9 10  
NSHS 12



### SAMUEL OLIVEIRA



### CAITLIN O'BRIEN

"Can I dream for a few months more?" -Mitski



### LAURA OLIVERI

It's not procrastination it's a higher form of planning.

Color Guard 9 10 11 12  
TV Club 9 10  
Art Club 12  
Best Buddies 9





### CHASE O'NEIL

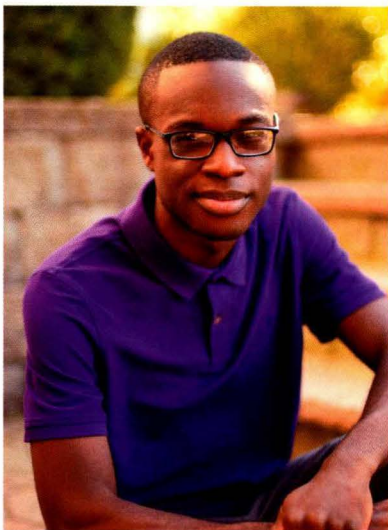
I was told to follow my dreams,  
so I went back to bed

CHS Marching Band 9 10 11 12



### KARLIE OTTO

Screw 'em if they can't take a joke!



### CHIDI ONYEABOR

My time here has made me really  
appreciate hard work or something  
else cheesy like that.

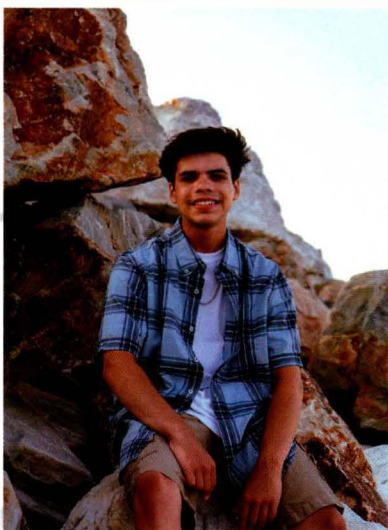
Winter Track 10



### MAYA PAI

"Brush your teeth. Now, boom, orange  
juice. That's life!" -John Mulaney

Speech & Debate 9  
Best Buddies 9 10  
Class Reps 9 10  
The Voice Newspaper 9 10 11  
Philosophy Club 11  
Key Club 11  
Student Council 10 11 12  
Ecology Club 12  
Melting Pot 12  
NHS 11 12



### JAI DEN ORTIZ

Don't overthink it

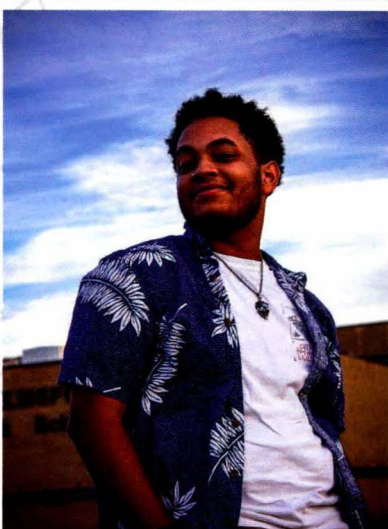
CHSTv 9 10 11  
Tech 9 10



### CHEYENNE PALADIN

In this world you either crank that  
soulja boy or it cranks you.

Volleyball 9  
Class Reps 9 10  
GIVE 9 12  
Mentor 11 12



### NOSA OSARETIN

Fear comes from what can't be  
controlled, so why would I be  
afraid of the next chapter in my  
life if I'm the author?

Marching Band 9 11 12  
LIME 12



### NIKKI PALUMBO

Mom can you dismiss me?

Field Hockey 9 10 11 12  
Spring Track 9 10 11 12  
Winter Cheer 10 11 12  
Basketball 9

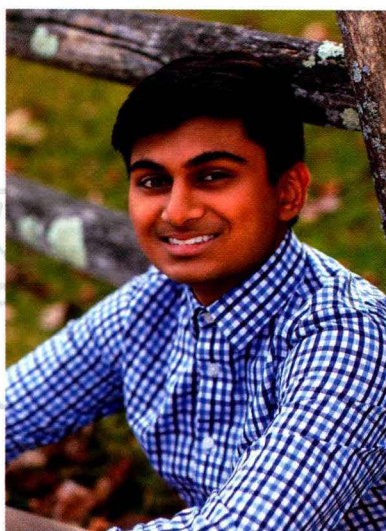




### HENRY PANCYGRAU

"Here I am, you lucky people"  
-Grandma

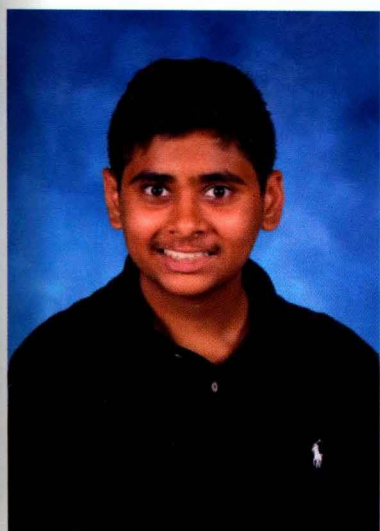
Art Club 9 10  
Frisbee 12  
NSHS 12



### DIVYAM PATEL

No, I'm not related to the people  
below me.

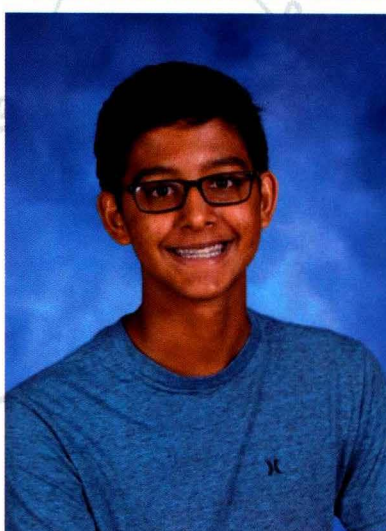
Track 9 10  
DECA 12  
Science Team 10  
Frisbee 12  
GIVE 11 12



### ARYA PATEL

Life's Not Fair

Volleyball 9  
Robotics 10



### RAHIL PATEL

"The longer you look back, the  
farther you can look forward."

Swim & Dive 9 10 11 12  
NSHS 12  
GIVE 12  
Science Team 12



### AUM PATEL

My name pronunciation is "om"  
not "um" or "ayoom."

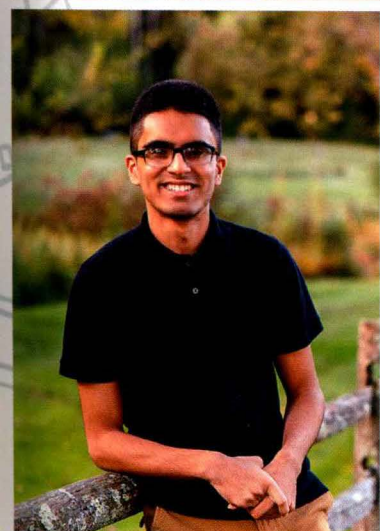
Volleyball 9 10 12



### SHIVANI PATEL

"It's brutal out here."

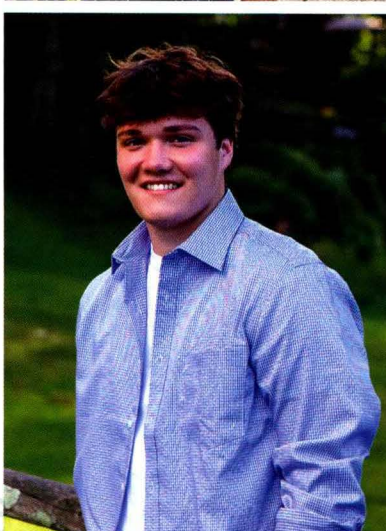
Spring Track 9 11 12  
Art Club 9 10  
Speech & Debate 11  
GIVE 12



### DAVE PATEL

Reality is Wrong. Dreams are  
for Real.

Football 9 10  
Track 9 11



### JACK PELKEY

"You're either in, or in the way."

Hockey 9 10 11 12  
Cross Country 9 12  
Baseball 9





## OLIVIA PELLEGRINO

What's the stomata with you?

Soccer 9 10  
Winter Track 9 10 11 12  
Spring Track 9 11 12  
NSHS 12



## AIDAN PHUONG

Do not wait to take an opportunity because time will not wait for you.

Soccer 9 10  
Swim & Dive 9 10 11 12  
Marching Band 12  
Door Painting Project 11 12  
Class Reps 11 12  
NHS 11 12  
NFHS 11 12



## ELSIE PEREGRINO-SOLOMON

Go Tigers!

Soccer 10 11  
Class Reps 12



## DAN PINTO

You've got the time to make a choice, don't think aloud but have a voice, and when you think the time is right, don't ever be afraid to fight -Face to Face

Soccer 9 10 11  
Marching Band 9 10 11 12  
Concert Band 9 10 11 12  
LIME 11 12  
NHS 11 12  
NSHS 11 12  
Mentor 11 12



## TAYLOR PERKINS

Learning the importance of perseverance and determination in my years as a student in Chelmsford will allow for great success in the future!

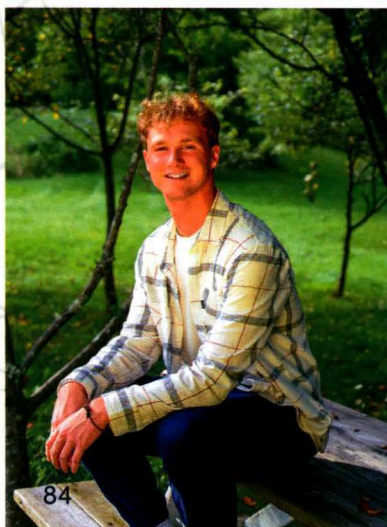
Model UN 9 10 11 12  
Key Club 9 10  
Interact 11 12  
Chelmsford Student Leadership Conference 11  
NHS 12  
NEHS 12



## JULIA PITTS

"I wish there was a way to know you were in the good old days before you actually left them." -Andy Bernard

CM CM EM ED SB SM  
Field Hockey 9 10 11 12  
Basketball 9 10 11 12  
Lacrosse 9 10 11 12  
Mentor Board 11 12  
NHS 11 12  
NEHS 11 12  
NSHS 11 12



## NICK PERRON

"Not only we live among the stars, the stars live within us." -Neil deGrasse Tyson

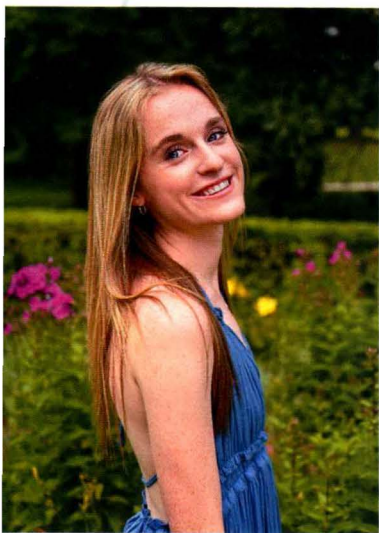
Soccer 9 10 11 Capt. 12  
Spring Track 11 12  
GIVE 11 12  
LIME 11 12  
NHS 11 12  
NFHS 12  
SNHS 12  
Door Painting Project 12



## NICK PLEVA

If it ain't fix it broke.





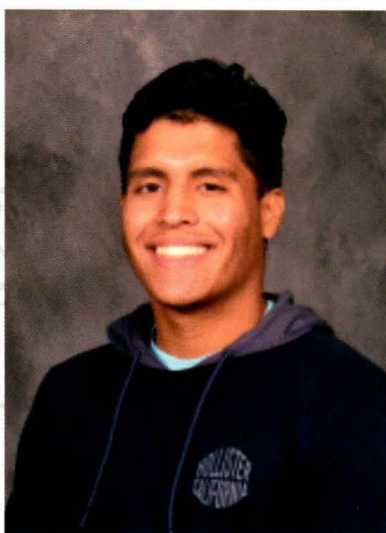
## SARAH POOR

If all else fails, marry rich.

Cross Country 9 11 12

Spring Track 11 12

NWLHS 11 12



## MIGUEL PRECIADO

Life is hard so cherish all the good moments.

Wrestling 9 10 11 12

Football 9 10 12

DECA 11



## ADAM POST

"Real men don't need instructions."

-Tim Allen

Crew 9 10 11 12

Master Carpenter 12

Tech Crew 9 10 11 12



## MADDIE PRIESTLY

Every day is a good day to try.

Field Hockey 9 10 Capt. 11 12

Winter Track 9 10 11 12

Spring Track 9 10 11 12

NHS 11 12

NSHS 12

Mentor Board 11 12

Mentor 11 12

Class Reps 9

GIVE 11 12



## JACKIE POTTLE

Come on Teletubby, teleport us to Mars!

The Thursdays 9 10 Co-Pres. 11 12

Theatre Guild 9

LIME 11 12

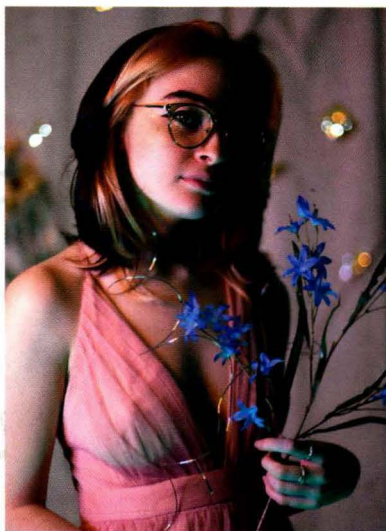
Mindfulness Matters 11 12

Melting Pot 12

Mentor 11 12

NHS 11 12

NEHS 11 12

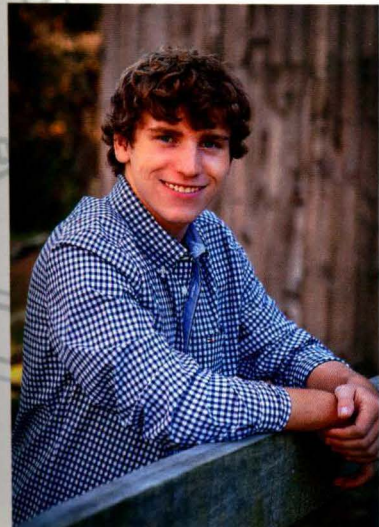


## KAI PURPURA

I am under no obligation to make sense to you.

Concert Band 9 10 11 12

Marching Band 9 10



## TOM PRATT

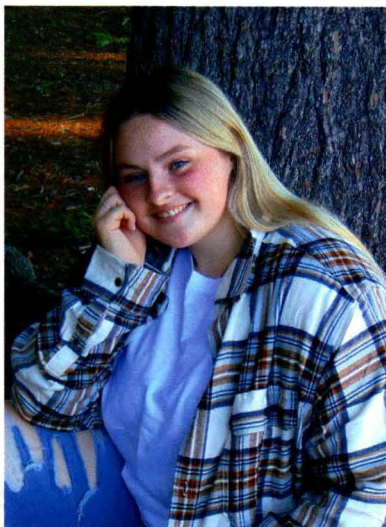
This pic goes hard, feel free to screenshot.

Football 9

Winter Track 9 10 11 12

Spring Track 9 11 12

Frisbee 12



## MARISSA QUINN

Nothing beats doing school from my bed.

Class Reps 9 10

LIME 11

GIVE 12

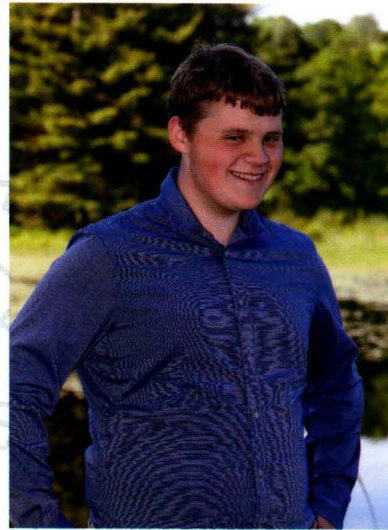




### CONNOR QUIRBACH

"Go pound sand." -Craig Vitale

Swim & Dive 9 10 11 Capt. 12  
Theatre Guild 9 10 12  
NHS 11 12  
NEHS 11 12



### PJ RALBOVSKY

"We accept the reality of the world with which we're presented. It's as simple as that." -*The Truman Show*

NHS 11 12



### VISHANT RAAJKUMAR

"Above all, always be capable of feeling deeply any injustice committed against anyone, anywhere in the world." -Che Guevara

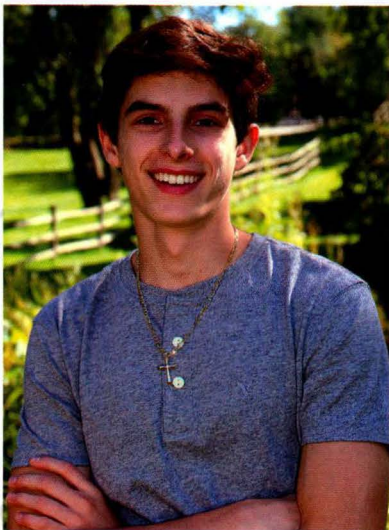
Speech & Debate 10 11 12  
Math Team 9 10 11 Capt. 12  
Science Team 10 11 Board 12  
DECA 10 11 12  
Class Reps 11 12  
Robotics Team 9 12  
NHS 11 12  
NEHS 11 12  
NSHS 11 12



### AUTUMN REED

I love the smell of staples

Gymnastics 9 10 11  
Mentor 11 12



### NICK RACIOPPI

The bathrooms be loud (FDMN)

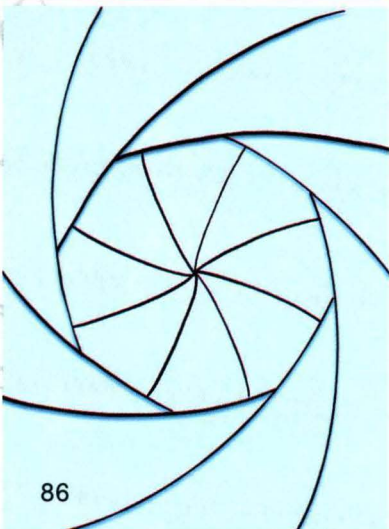
Hockey 9 10 11  
Wrestling 12



### OWEN REGA

Time flies when you're having fun!

Golf 9 10 11 12  
Volleyball 9 10 11 12  
Wrestling 12



### ABDUL RAFAY

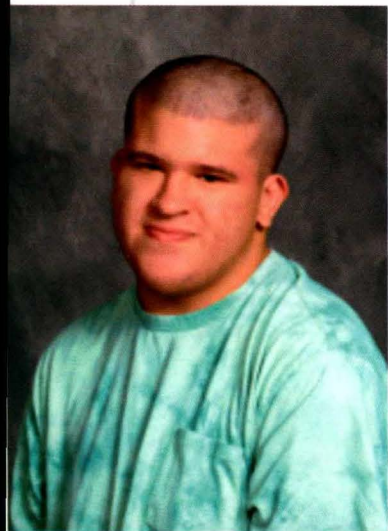


### PATRICIA REGAN

Guys it's just a nickname

Lacrosse 9 10 11  
Field Hockey 9 10  
Winter Track 9 10 11 12  
Spring Track 9 10 11 12  
GIVE 9 10  
Class Reps 9 11 12





ERIK REGO



ABBY RICE

"People say nothing is impossible, but I do nothing every day."

Swim & Dive 9 10 11 12  
NHS 11 12  
NEHS 11 12  
Spring Track 11  
Cross Country 11  
Mentor 12



COLLIN REID

Gonna get up and fight some more.

Football 9 10 11 12  
Baseball 9 10 11 12  
Mentor 12



SARAH RIVERA

It's not about the destination, it's the journey.

Basketball 9 10 11 12  
Field Hockey 9  
GIVE 11 12  
Class Reps 10 11  
Unified Basketball 12  
Mentor 12



ANDY RENAPURKAR

I will find my sunrise

Art Club 9 10  
GSA 9  
Dungeons and Dragons 10 11 12  
Civics 11  
CHSTv 12



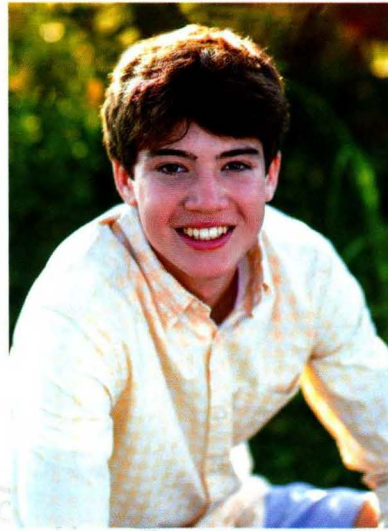
ESHAL RIZWAN

senior quote

Class Reps 9 10  
GIVE 12  
Melting Pot 12  
Yearbook 10  
Art Club 10



ANDREW RICARD

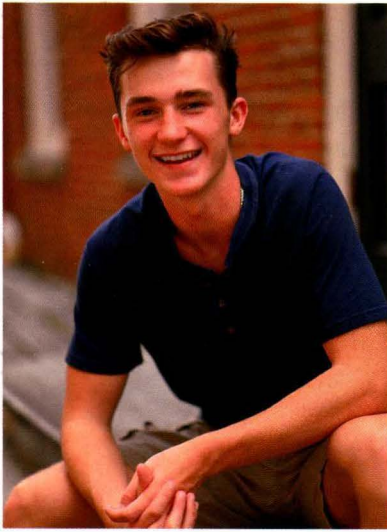


COLIN ROBINSON

"Why worry? If you've done the very best you can, worrying won't make it any better" -Walt Disney

Cross Country 9 10 11 Capt. 12  
Hockey 9 10 11  
Lacrosse 9 10 11 12  
Mentor 12





## LJ ROBSON

Which Nike Sweatshirt Should I Wear Today?

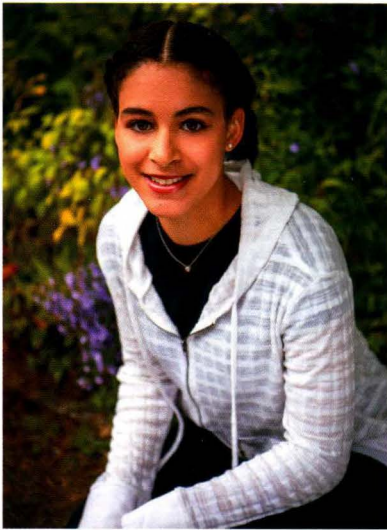
Mentor 11 Exec. Board 12  
Dance Team 9 10 11 Capt. 12  
NHS 11 12  
NEHS 11 12  
NSHS 11 12



## COLIN RYAN

"Nothing lasts forever, but at least we got these memories." -J. Cole

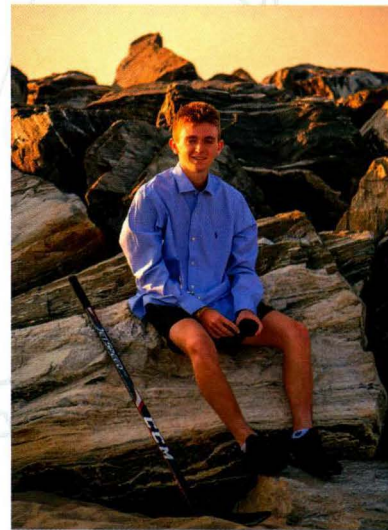
Baseball 9 10 11 12  
Hockey 10 11 12



## SOFIA RODRIGUEZ

"Do not go where the path may lead, go instead where there is no path and leave a trail." -Ralph Waldo Emerson

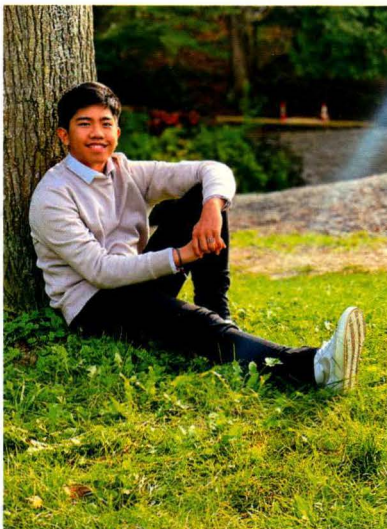
Class Reps 9 10 11 12  
ASL Club 12  
Melting Pot 12  
Frisbee 9 10  
Ecology Club 10  
Key Club 9



## DONOVAN RYAN

Adventure Is Out There -Up

Hockey 9 10 11 12  
Baseball 9 10 11 12  
Mentor 12  
Tundra Leader 12



## ASHTON ROXAS

"You're braver than you believe, stronger than you seem, and smarter than you think." -Winnie the Pooh

Volleyball 9 11 12  
Swim & Dive 10  
GIVE 11 12  
LIME 11 12  
Robotics Club 11 12  
NSHS 11 12



## NEVA SA

I wanna be nice but everyone annoys me

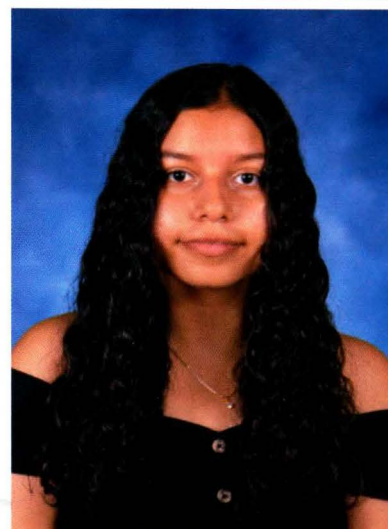
Swim & Dive 9 10 11 12  
Spring Track 9 11  
GIVE 11 12  
Class Reps 9 10 11 12  
NHS 11 12  
NSHS 11 12



## EMMA RUGGIERO

Congratulations. That's quite a waste of time. -Rachel Green

Basketball 9  
Best Buddies 9 10 12  
Melting Pot 12



## YARA SADEEK





## ROY SAING

Putting in the effort to be what I want to be.

Basketball 9  
Volleyball 10 12



## KATHRYN SCHAEFER

"You are capable of more than you know" - E.O. Wilson

Dance Team 9 10 11 12  
Class Reps 9 10  
GIVE 11 12  
Mentor 12  
NHS 12  
NEHS 12  
NFHS 12



## KARINA SALAZAR

I think I fell down the stairs more than I actually learned

Volleyball 9  
Track & Field 9 11 12  
Cross Country 11 12  
Lead Like a Girl 11 VP 12  
NWLHS Pres. 12  
Yearbook 11 12  
GIVE 9 12



## JILLIAN SCHENA

"But I can see us lost in the memory, high school slipped away into a moment in time."

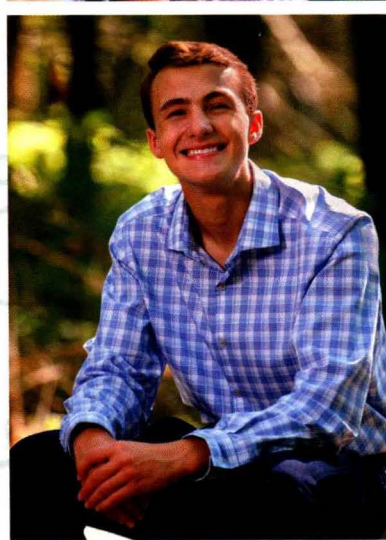
Theatre 9 10 11 12  
The Crescendos 10 11 12



## SARAH SALIBA

"That was an excellent adventure, don't you think?" -Tyrone (The Backyardigans)

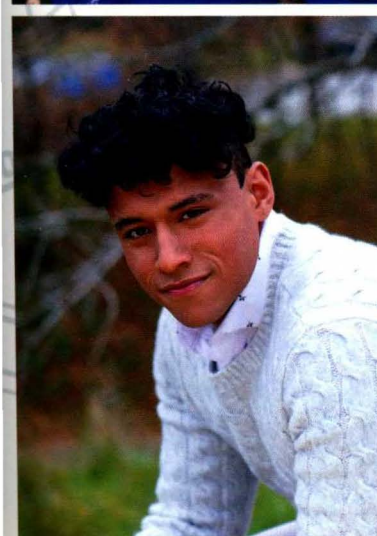
Tennis 9 10 Capt. 11 12  
NHS 11 12  
NFHS 11 VP. 12  
NEHS 11 12  
Mentor 11 12  
ELL & Transfer Student Board 12  
Class Reps 9 10 11 12  
CareCardz 11 Co-Pres. 12  
SportsHi Chelmsford Chapter 11  
Lead Like A Girl 10



## DAN SCHIEFEN

"What you do today influences tomorrow, not the other way around. Love Today, and seize All Tomorrows!" -C. M. Kösemen

Marching Band 9 10 Section Leader 11 Pres. 12  
LIME 9 10 Board 11 12  
The Thursdays 10 11 12  
Pit Orchestra 9 10 12  
Jazz Band 9 10 11 12  
Mentor 11 12  
Frisbee 12  
NHS 11 VP 12  
NEHS 11 12  
SNHS, NSHS 12  
Tri-M Music Honor Society 9 Treas. 10 Sec. 11 Pres. 12



## GABRIEL ANGELO SANTOS

"Being Excellent doesn't mean you have to have straight A's"

Soccer 9  
Rugby 12



## LINDSEY SCIACCA

"Well-Behaved Women Seldom Make History" -Laurel Thatcher Ulrich

Speech & Debate 9 10 11 12  
Class Reps 9 10 11 12  
SportsHi Chelmsford Chapter 11  
Ecology Club 12  
Yearbook 12  
NFHS 12





AIDAN SCOTT



ELIZABETH SILVA

"I am not afraid of storms, for I am learning how to sail my ship." -Louisa May Alcott

Student Council 9 Sec. 10 Pres. 11 12  
CHSTv 9 Producer 10 11 12  
Mentor 11 Board Co-Pres. 12  
Class Reps 9 10 11 12  
Color Guard 9 10 11 12  
NHS 12  
NSHS 12  
NEHS 12



ALLISON SHALEK

"It's better to be absolutely ridiculous than absolutely boring."  
-Marilyn Monroe

Volleyball 9  
GIVE 9  
Best Buddies 9  
Lead Like a Girl 12  
NHS 11 12  
NFHS 11 12



EMILY SILVA



JORGIA SHICK

"It's the soul afraid of dying that never learns to live." -The Rose

Field Hockey 9 10 11  
Team Manager 12



SARA SILVA

"A strong woman looks a challenge dead in the eyes and gives it a wink."  
-Gina Carey

Theatre Guild Costumes 9 10 Co-Head 11 12  
Color Guard 9 10 11 12  
LIME 11 12  
Mentor 11  
ELL/Transfer Student Mentor Board 12  
NHS 11 12  
NEHS 11 12  
NSHS 12



MADISON SHIN

Do things from love, not for love.

Basketball 9  
Softball 9 10 11 12  
Winter Track 10 11 12  
Class Reps 9 10 11 12  
Mindfulness Matters 11 12  
NHS 12  
NEHS 12  
SNHS 12  
Volleyball 9 10

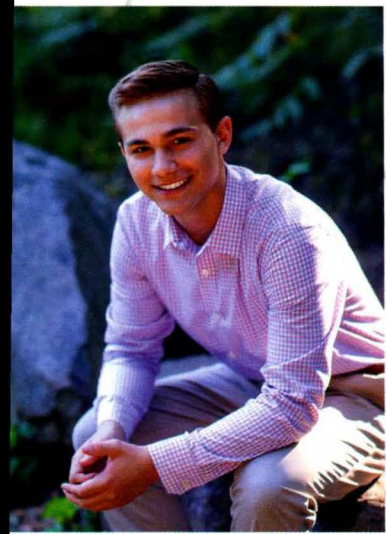


VANSHIKA SINGH

"And in that moment, I swear we were infinite."  
-Perks of Being a Wallflower

Melting Pot 9 10 11 Board 12  
Marching Band 9 10 11 12  
LIME 9 10 11 12  
Mentor 11 12  
NHS 11 12  
SNHS 12





### MATT SMITH

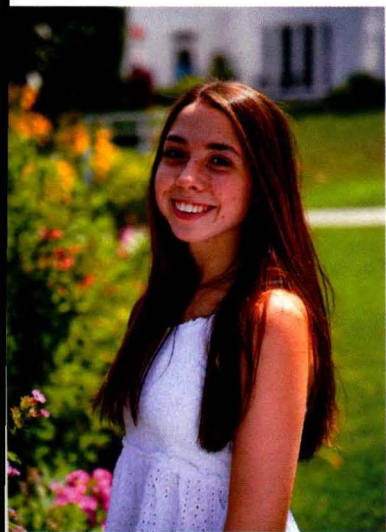
You can fail at what you don't want, so you might as well take a chance on doing what you love.



### LARA SOLIMAN

Yeah, "just keep swimming" didn't work for me. I got cut from the swim team.

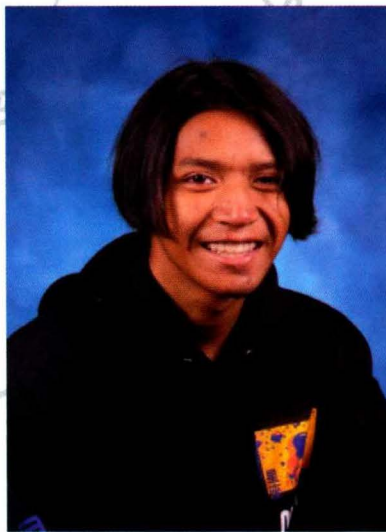
Soccer 10 11  
Tennis 9 10 11 12  
Class Reps 9 10 11 12  
Theatre Guild 10 Assistant Treas. 11 Head of Hair 12  
NHS 12  
WLHS Pres. 12  
Mentor 11  
ELL/Transfer Student Board 12  
Mindfulness Matters Co-Pres 11 12  
GIVE 12  
Best Buddies 9  
Lead Like a Girl 12  
Journey Club 9 10



### MEGAN SMITH

"This is my playhouse and you're just living in it." -Zuri Ross

Winter Track 10 11 12  
Spring Track 9 10 11 12  
NHS 11 12  
NEHS 11 12  
NSHS 12



### AIDEN SOM



### NICHOLAS SNEDEN



### GIANNA SORACCO

idk yet lol

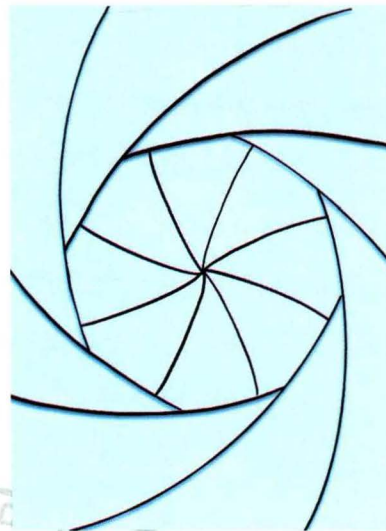
Soccer 9 10 11 12  
Lacrosse 9



### DARIUS SOBHIAN

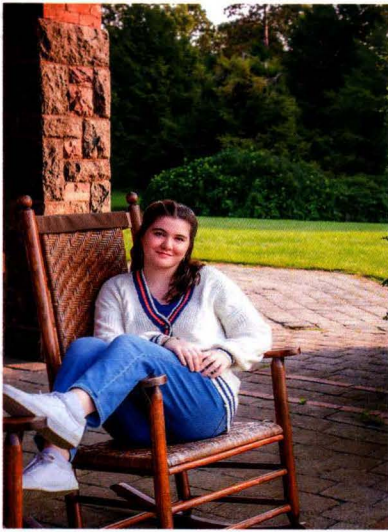
Damn.

Theatre Guild 10 11 12  
The Thursdays 12



### KOLBY SOUSA





### RILEY SOVIE

pranks... laughs... ough

Field Hockey 9 10



### CHASE SPENGLER

The existence of free time implies that the rest of life is a prison

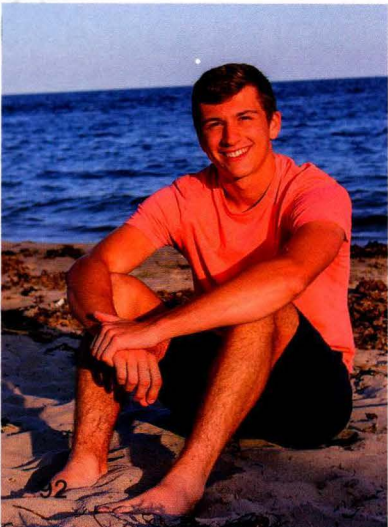
Youth Group 9 10 11 12  
Dungeons and Dragons 11 12



### MEGAN SPOONER

"I do like my hair. It took a while to come around to the fact that it was a quite unique value point."  
-Ed Sheeran

GIVE 11 12  
NHS 11 12



### KYLE ST. PETER

I spent more time on my senior quote than I did in all four years of high school

Basketball 9 10 11 12  
Baseball 9 10 11 12



### BRYCE STACY

thanks for reading my quote

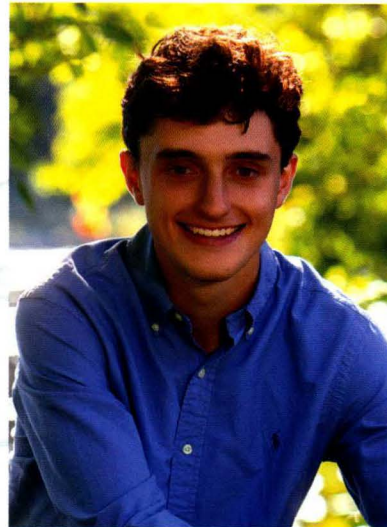
Frisbee 12  
LIME 11 12  
GIVE 11  
Interact 11  
Track 9  
NHS 12  
NSHS 12



### MIKE STAGNONE

"You have to get what you want your own way" -Tommy Shelby

Golf 9 10 11 12  
Mentor 11 12  
DECA 11 12



### EVAN STOVER

It is what it is

Soccer 9 10 11 12

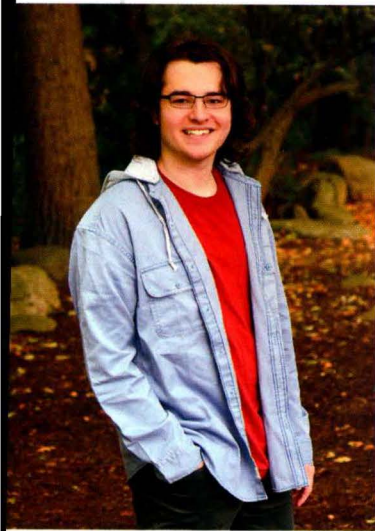


### JENNIFER SU

gaslight gatekeep girlboss

Marching Band 9 10 11  
NHS 11 12





## AIDAN SULLIVAN

"Think of how stupid the average person is, then realize half of them are stupider than that."

-George Carlin

Basketball 9



## MIA TASSINARI

"I turned this in late too"

Field Hockey 9 10 11

Cheer 9 10 12

Track 9 10 11 12

GIVE 11 12



## OWEN SULLIVAN

Soccer 9 10 11 12



## EMMA THORNTON

"If it's free, it's for me!"

-T Thornton Jr.



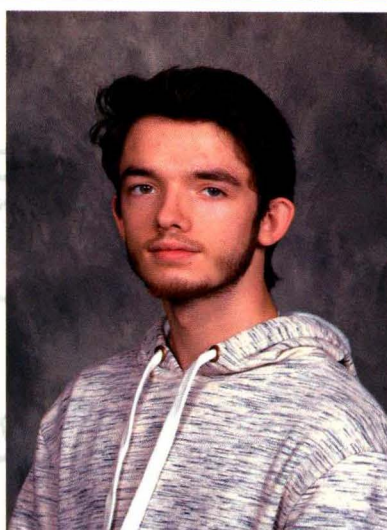
## ELIZABETH SWANSSON

"Smile because it's over, cry because it happened."

Volleyball 9 10

Softball 9 10

Lead Like a Girl 12



## ANTHONY TORREZ



## AYSHA TAHA

Where do we go now?

Orchestra 9

ASL Club 10 11

Melting Pot 10 12

Ecology Club 12

Poetry Club 12

Book Club 12

Yearbook 12

Tennis 11 12

NEHS 11 12

NFHS 11 12



## SONYA TRIPP

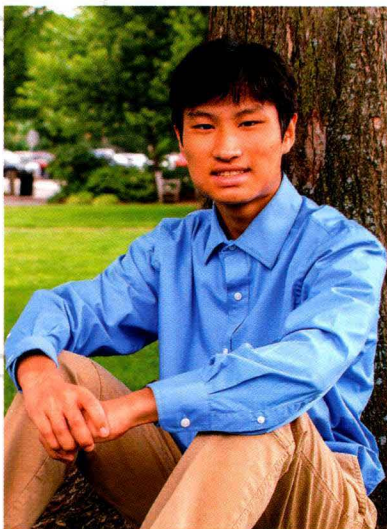
"You'll know her more by your questions than by her answers. Keep looking at her long enough. One day you might see someone you know." -*Stargirl*, Jerry Spinelli

Theatre Guild 9 10 11 12

Color Guard 12

The Voice Newspaper 12





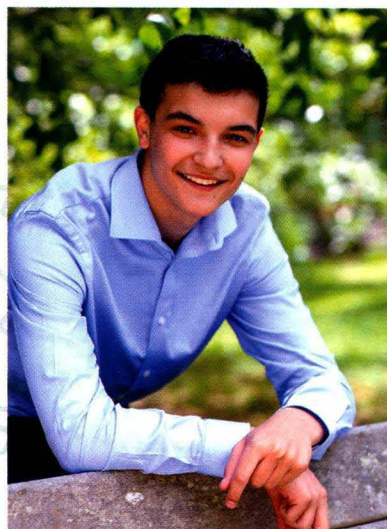
## FRANK TSUI

I am SOOOO bored

Cross Country 9 10 11 12

Winter Track 10 11 12

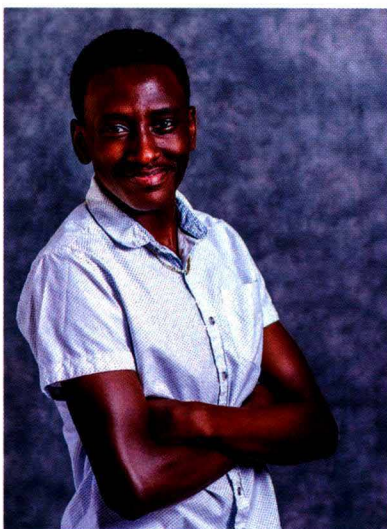
Spring Track 9 11 12



## MIKE VICHOT

You can retake a class but you can't relive a party.

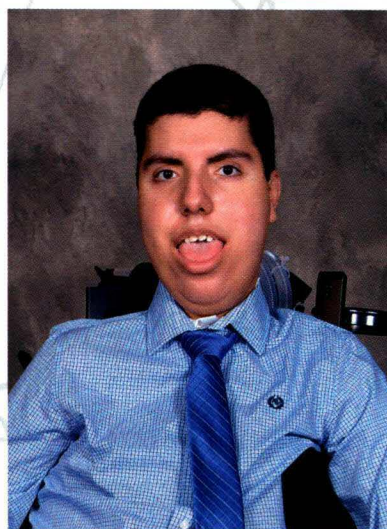
Hockey 9 10



## CLEVE ULANGA

Omw to Beato's

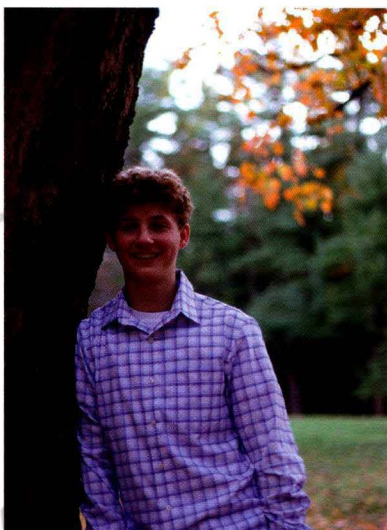
Football 9 10



## BRYAN VILLATORE

"You can't repeat the past."

Robotics 9



## BROOKE VALLERAND

don't worry, pitbull has been there done that

Theatre Guild 12

SNHS 12



## STEPHEN VILLENEUVE

"You are young and life is long, and there is time to kill today. And then one day you find ten years have got behind you"

-Pink Floyd, Time

Marching Band 9 10 11 12

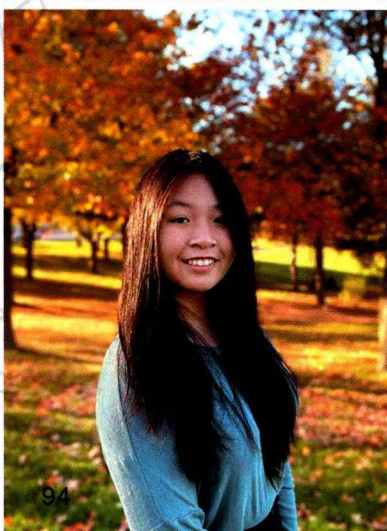
Concert Band 9 10 11 12

Wind Ensemble 9

Pit Orchestra 9 10 12

Jazz Band 9 11 12

Frisbee 12



## NANCY VI

"Ready to face any challenges that might be foolish enough to face me."

-Dwight Schrute

Key Club 9 11

Badminton 9 10

GIVE 10 11 12

Melting Pot 12

NHS 11 12

NEHS 11 12

NSHS 11 12

SNHS 11 12



## PAIGE VU

It's crazy how a seating plan can change your life,

Track 10 11 12

GIVE 11 12

Class Reps 9 10

Interact 11 12

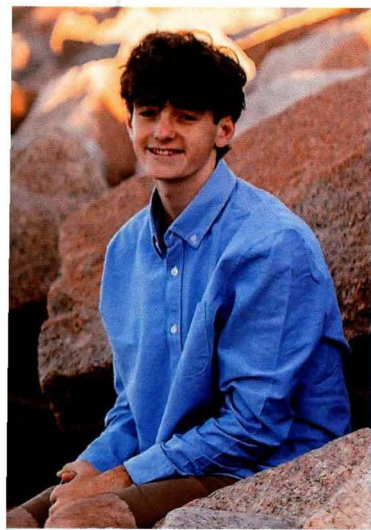
NHS 11 12

NEHS 11 12

NSHS 12

Mentor 12





## KEEGAN WALKER

"The World Is Yours"

-Tony Montana

Cross Country 9 10 11 12

Hockey 9 10 11 12

Lacrosse 9



## KRISTA WILDER

Isaiah 41:10

So don't worry, because I am with you. Don't be afraid, because I am your God. I will make you strong and will help you; I will support you with my right hand that saves you.



## WILL WALSH

"My everything, or nothing"

-Coach Peterson

Hockey 9

Winter Track 10

Football 9 10 11 12

Lacrosse 9 10 11 12

Wrestling 12



## OMOYE WILLIAMSON

"some people graduate, but we still stupid" -kanye west

GIVE 9 12

Black Student Union 12

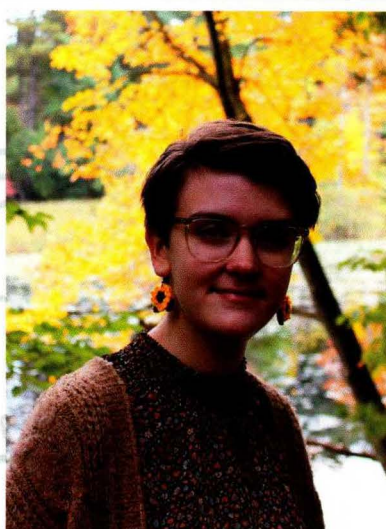


## MATT WASHINGTON

All my friends are savage

Best Buddies 9 10 11 12

Unified Basketball 12



## ISABEL WINDOLOSKI

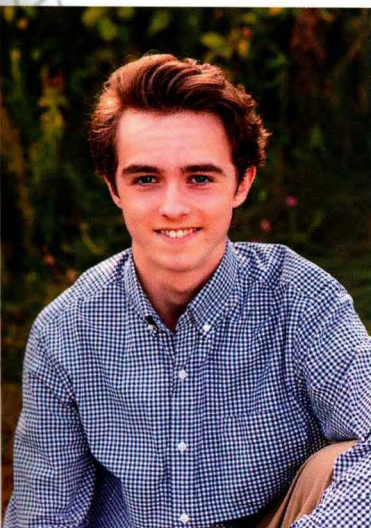
"The future's unwritten, the past is a corridor." -Phoebe Bridges

GIVE 9 10 11 12

Melting Pot 12

Ultimate Frisbee Club 9 10

Class Reps 9



## JAMES WIKLUND

"Proly"

Hockey 9 10 11 12

Baseball 9 10



## TEGAN WINK

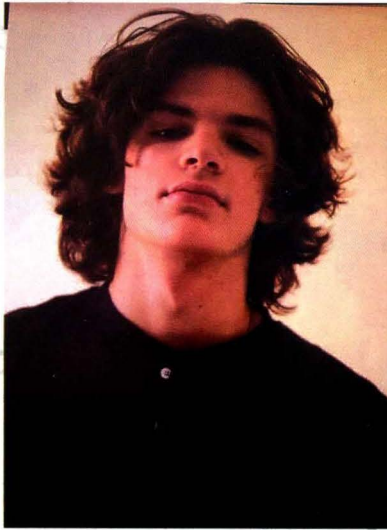
"Real g's move in silence like lasagna" -Lil Wayne

Track 10 12

ASL Club 11 12

GIVE 12





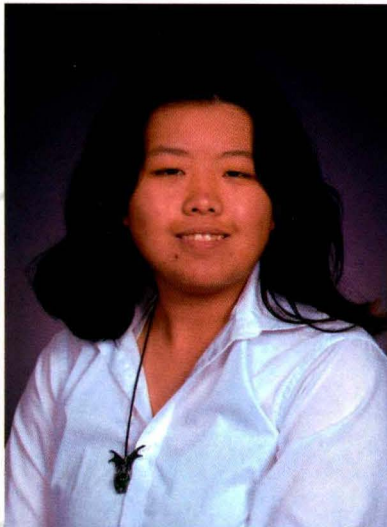
DYLAN WOODALL



LARRY YANG

"Life is a preparation for the future; and the best preparation for the future is to live as if there were none." -Albert Einstein

- Robotics Team 9 10 11 12
- Science Team 11 12
- GIVE 11 12
- LIME 11 12
- Mentor 11 12
- Peer Tutoring 11 12
- NHS 11 12
- NEHS 11 12
- NFHS 11 12
- SNHS 12
- Door Painting Project 11 12



LINDA YU

01011011 01010010 01000101  
 01000100 01000001  
 01000011 01010100 01000101  
 01000100 01011101

- Science Team 9 10 11 12
- Dungeons and Dragons Club 9 10 11 12
- Art Club 10 12
- Robotics Team 12



FAITH ZHAO

enjoying my last year as the final senior on the list

- Lead Like A Girl 10 11 Sec. 12
- CHS Mentor Program 11 12
- GIVE 12
- NHS 12
- NEHS 12

## Abbreviations:

- National Honor Society = NHS
- National English Honor Society = NEHS
- National Spanish Honor Society = NSHS
- National French Honor Society = NFHS
- National World Language Honor Society = NWLHS
- Science National Honor Society = SNHS
- American Sign Language Club = ASL Club
- Leaders in Motion Everywhere Club = LIME
- Swim Team = Swim & Dive
- Class Representatives = Class Reps
- Model United Nations = Model UN
- Outdoor Track = Spring Track
- Indoor Track = Winter Track
- President = Pres.
- Vice President = VP
- Treasurer = Treas.
- Captain = Capt.

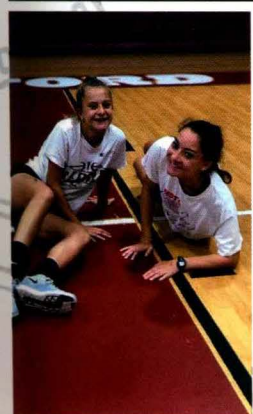
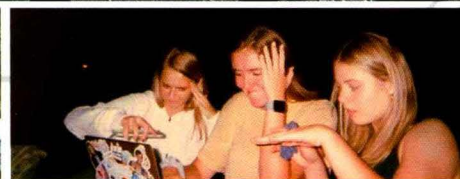
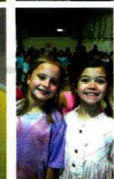
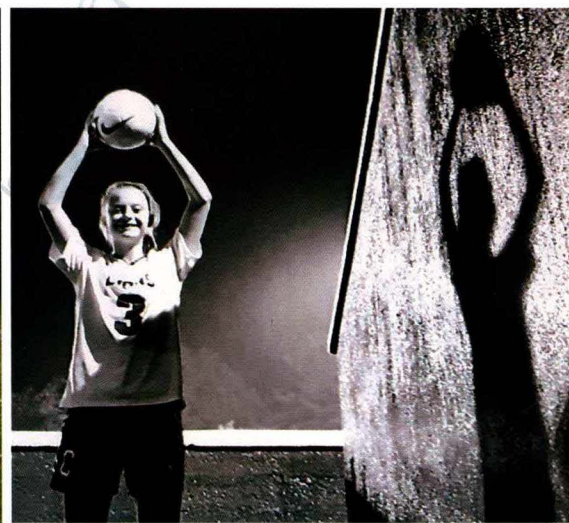




# EMILY MYERSON

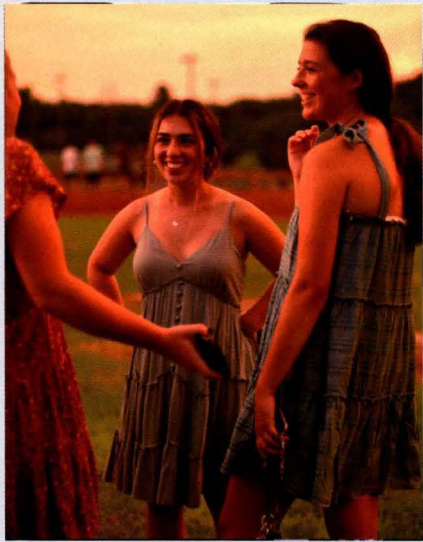


February 15, 2004 - March 9, 2021

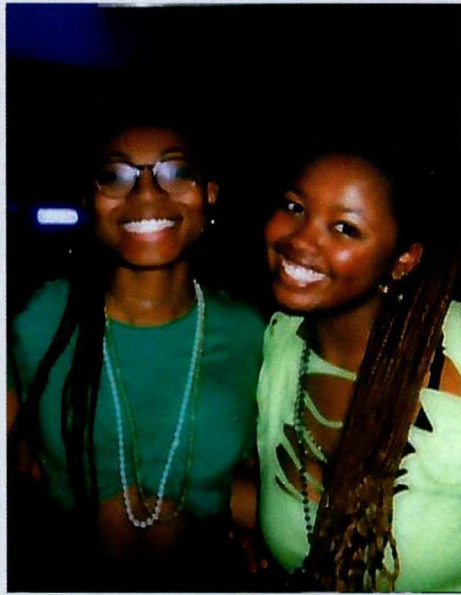




# You know you're the Class of 2022 when...



"22" by Taylor Swift plays at every dance



the only thing keeping you going are the café's bagels



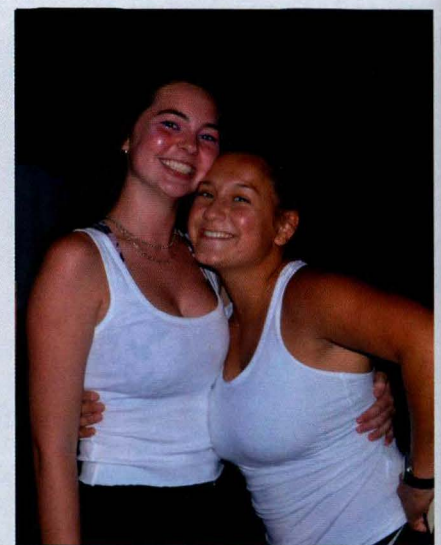
senioritis broke out during the second semester of sophomore year



you only got one normal school year in high school



you waited 3 years for a Shamrock Shakedown



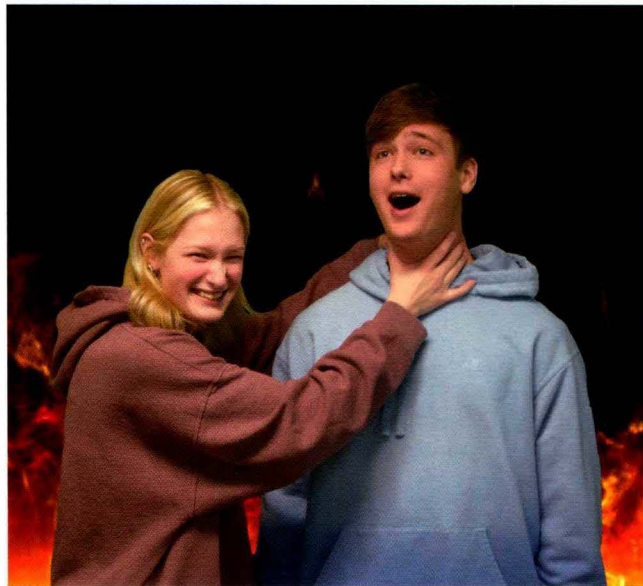
you remember FLEX Block...



# Seeing Double



Elizabeth & Sara Silva



Maddie & Collin Lane



Michael & Sarah Caruso



Jameson & Troy Muldoon



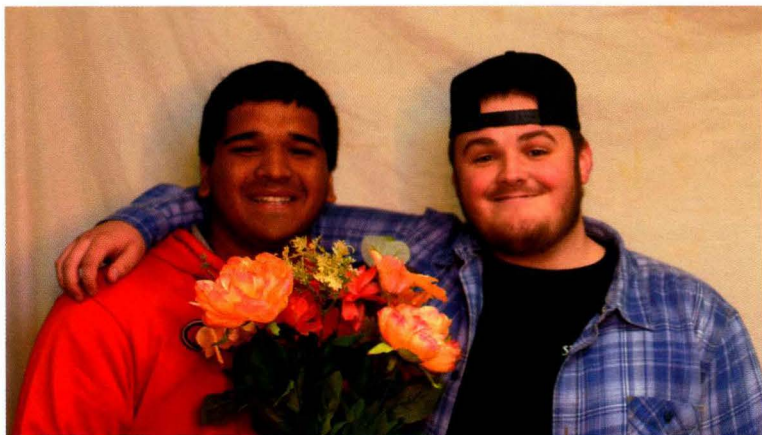
# Superlatives



Soul sisters: Emma DiTavi & Celia Lupoli



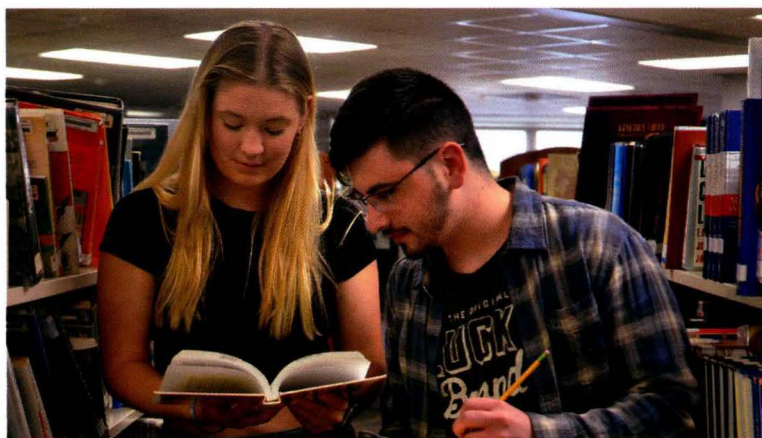
Best to bring home to Mom and Dad: Campbell Brown & Ben Hogan



Class Clowns: Sankalp Bhojar & Harry Dillon



Most likely to have their own art exhibit: Jennie Huynh & Will Lambert



100 Most likely to write a bestseller: Campbell Brown & Carter Mills

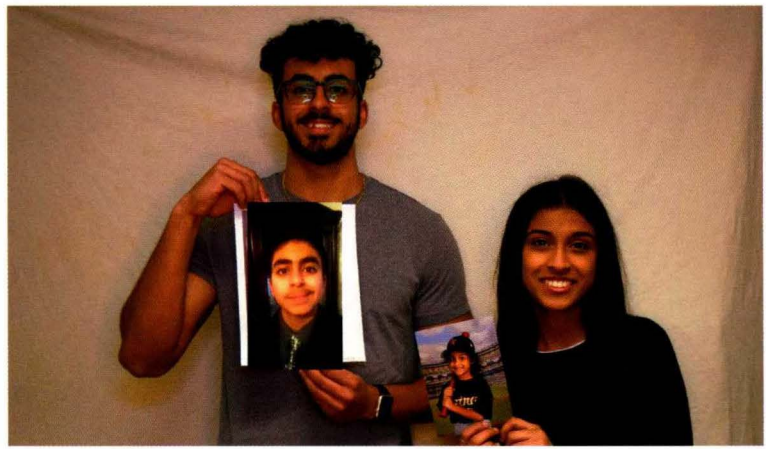


Best bromance: Connor Quirbach & Marcos Hernandez





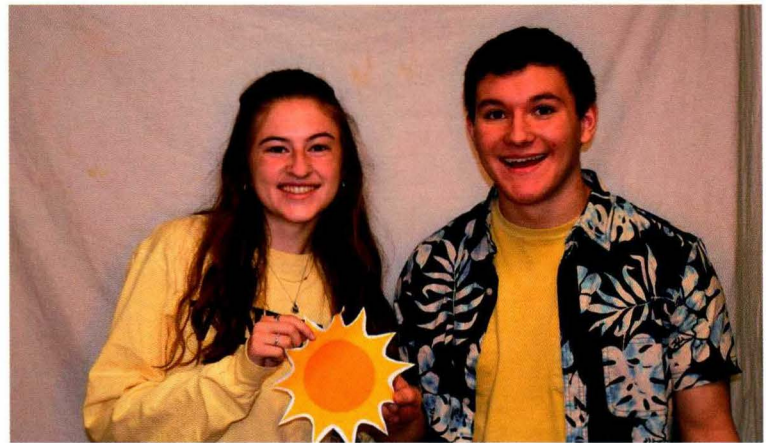
Best hair: Harry Brown & Jennie Huynh



Best glow-up: Theodor Farag & Ananya Anand



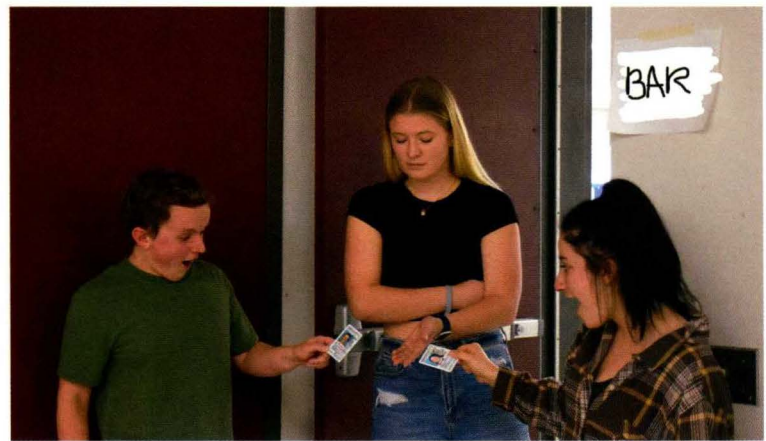
Most likely to make it to the Olympics: Maddie Priestly & Connor Quirbach



Most likely to brighten your day: Allie LoCoco & Sam Hargett



Most likely to be the next Elon Musk: Larry Yang & Ellen Angwin



Most likely to get carded at 30: Chris Bartos & Ilana Berkovitz



Worst case of senioritis: Vienna Li & Owen Rega (not pictured due to senioritis)



Instagram baddies: LJ Robson & Sam Malone 101

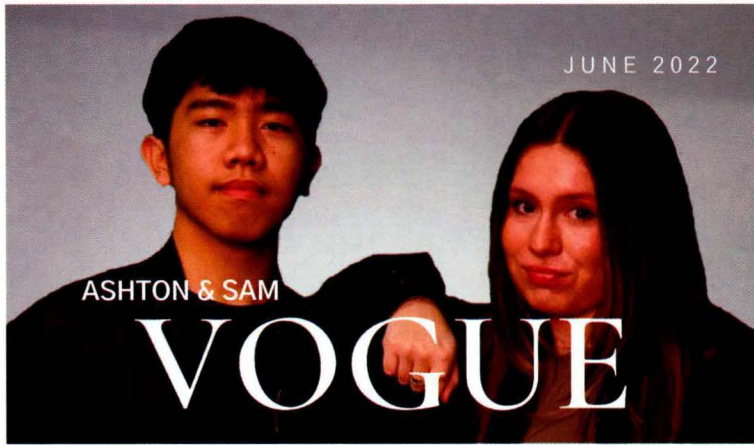




Most stressed: Larry Yang & Sachi Badola



Most likely to be upset for not winning a superlative: Sankalp Bhojar & Mia Guetta



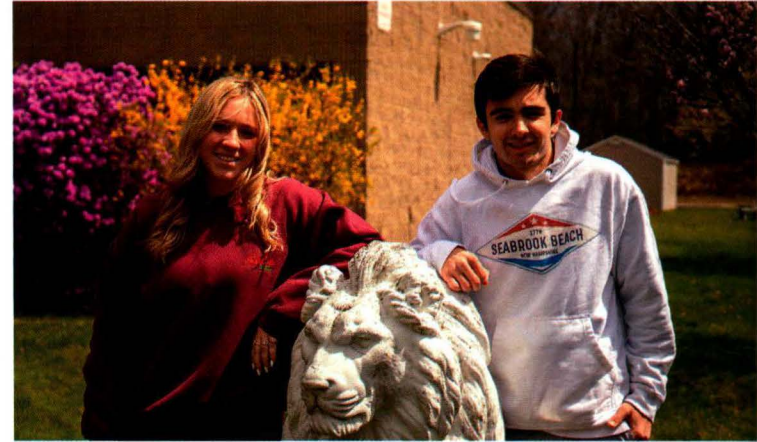
Best dressed: Ashton Roxas & Sam Malone



Most likely to be on Broadway: Darius Sobhian & Sachi Badola



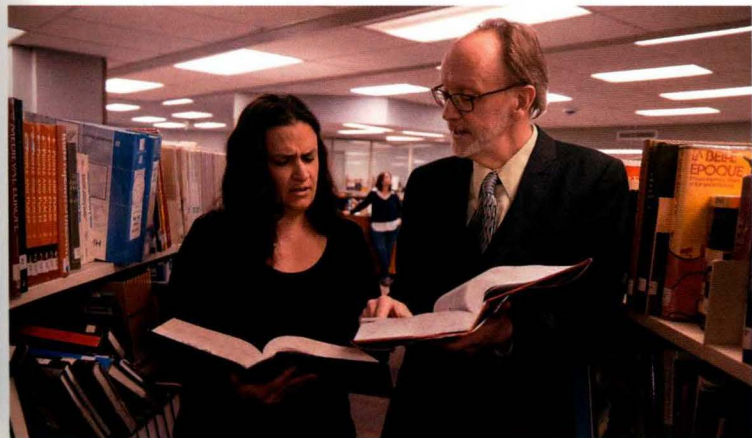
Most likely to look for a pool on the 4th floor: Shivani Patel & James Buckley



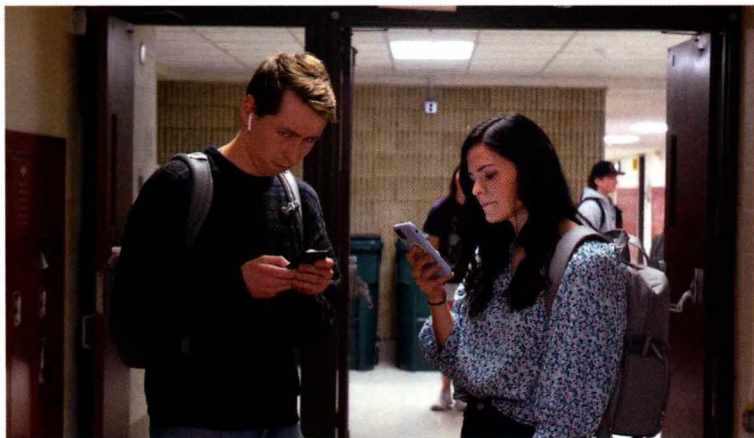
Most likely to stay in Chelmsford forever: Mike Stagnone & Celia Lupoli



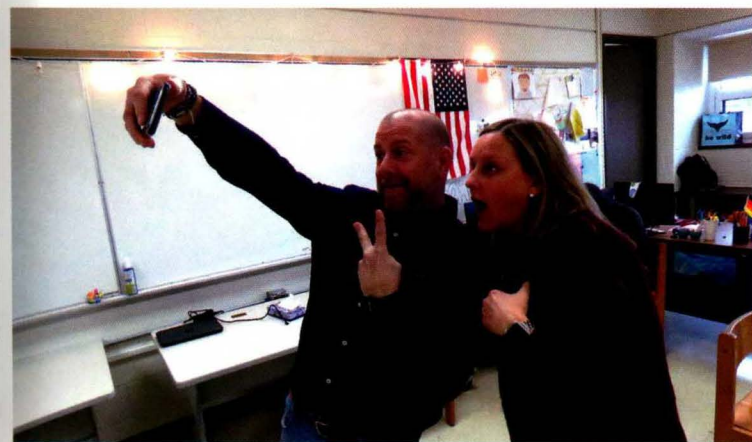




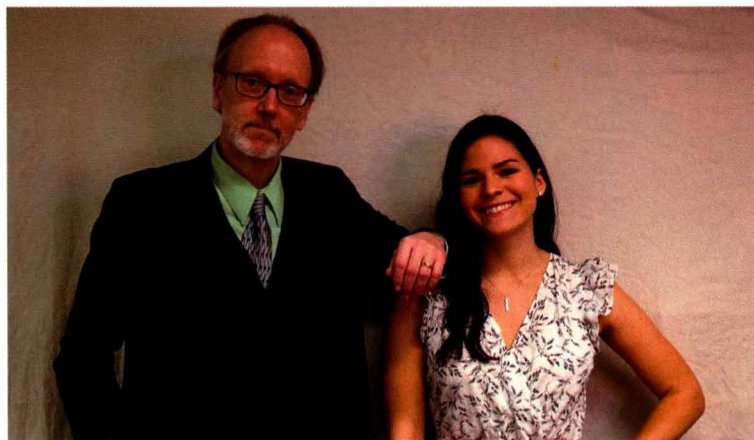
Most intimidating vocabulary: Ms. Kaverud & Mr. Shea



Most likely to be mistaken as a student: Mr. Fleming & Ms. Ingaciola



Most likely to catch you texting in class: Mr. Van Blarcom & Ms. LaFlamme



Best dressed teachers: Mr. Shea & Ms. Ingaciola



Most likely to lead a double life: Mr. Martinez & Dr. Kaikai (not pictured, was living his double life)



Most likely to know the most tea: Mr. Richter and Ms. LaFlamme



Best therapist teacher: Mr. Burland & Ms. Sullivan



Most likely to have their own TV show: Ms. Sullivan & Mr. Richter





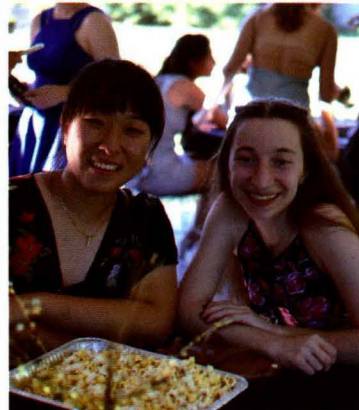
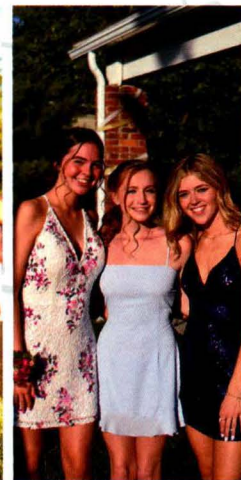




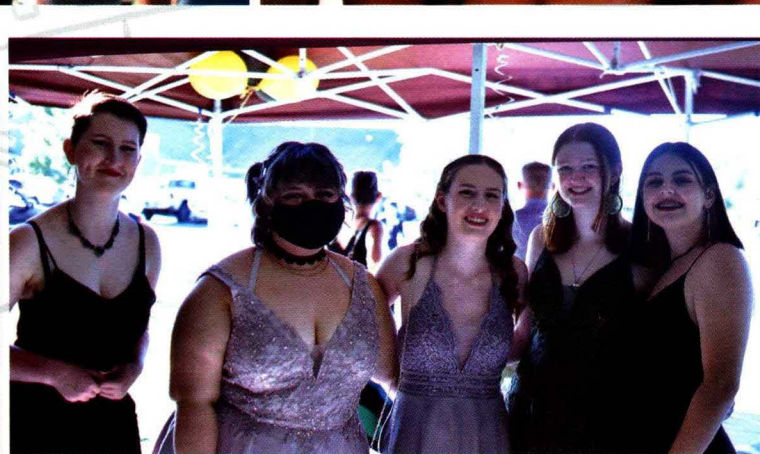
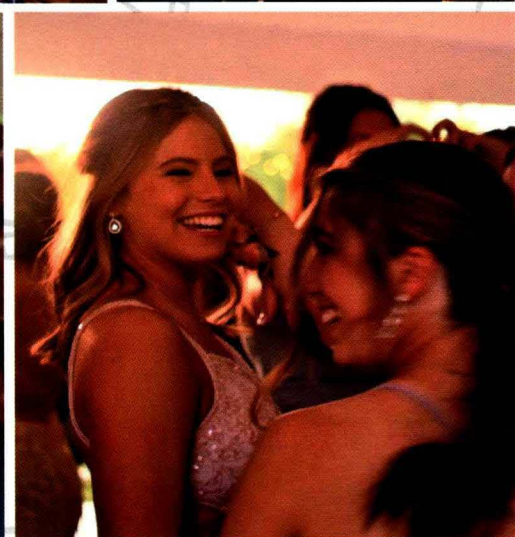
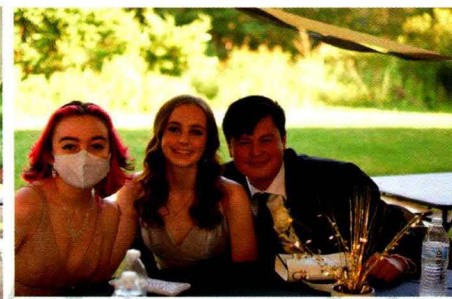
## CHAPTER THREE



# Cotillion



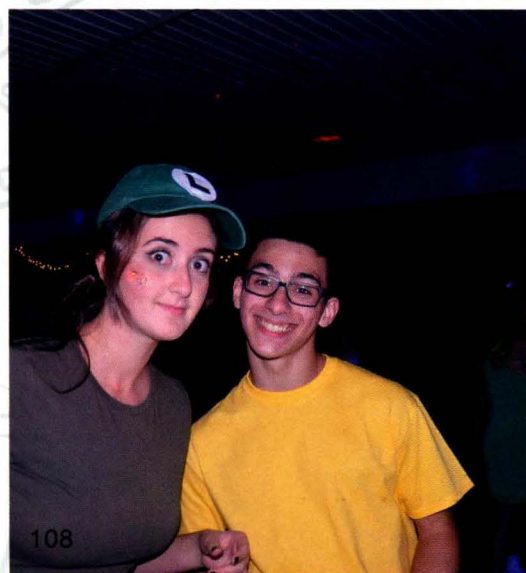
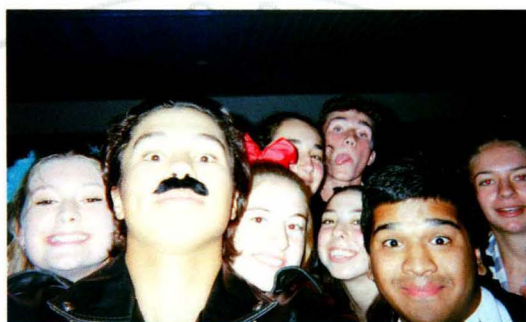
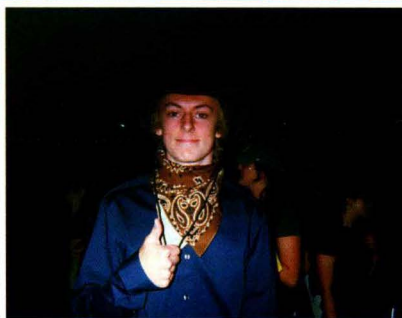
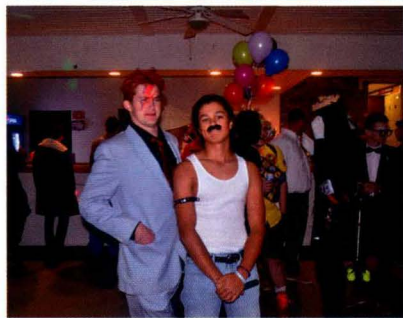




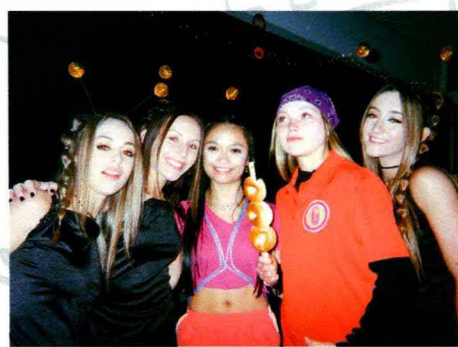
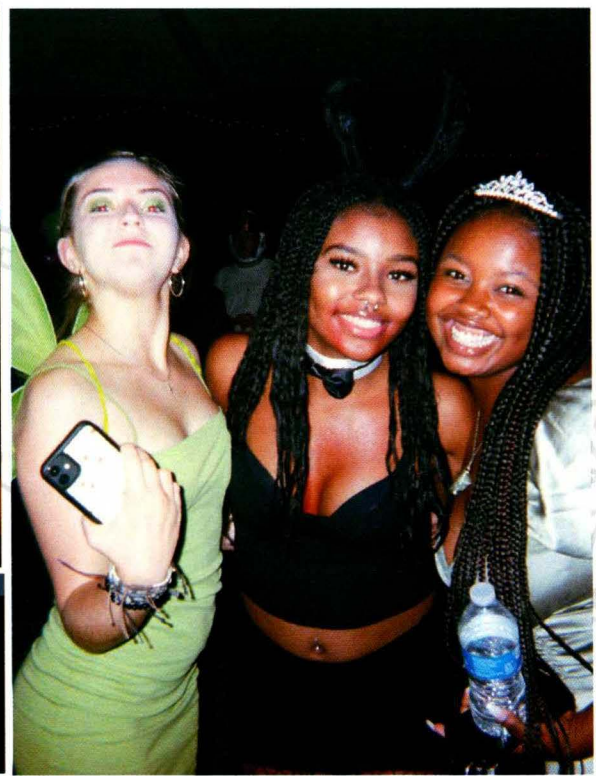


# Halloween Dance

seniors-only

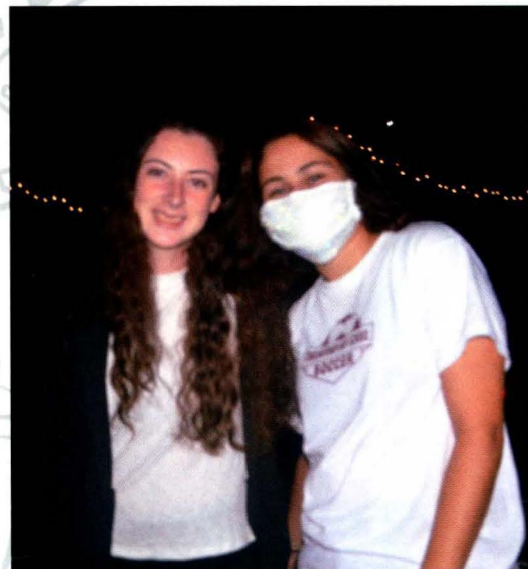
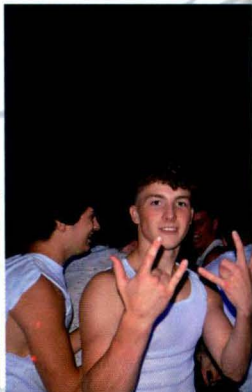






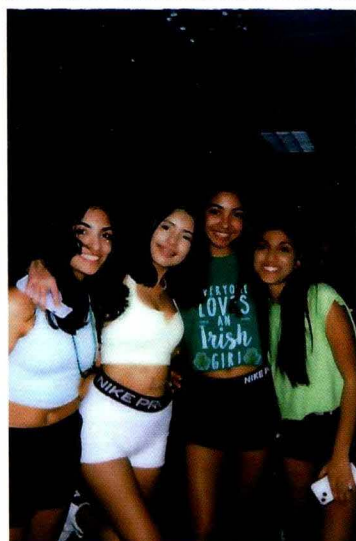


# Tundra Tango



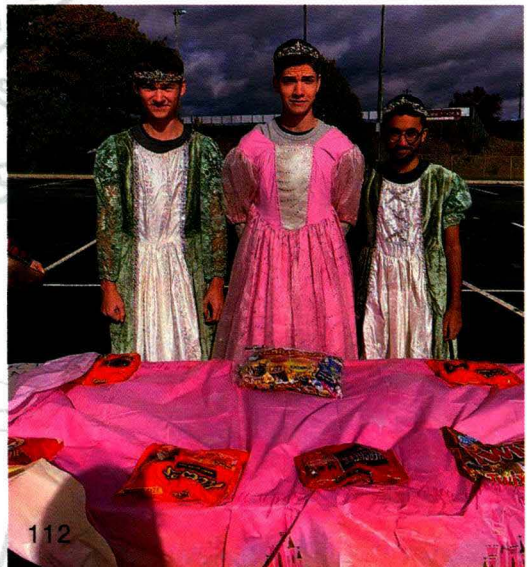


# Shamrock Shakedown



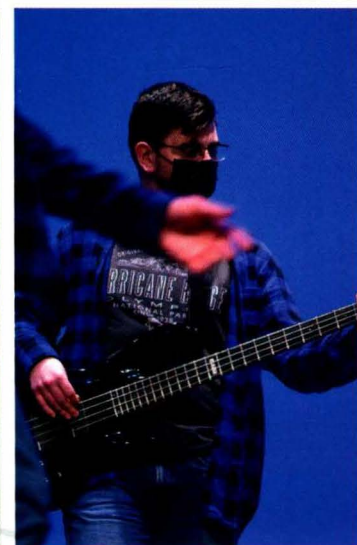
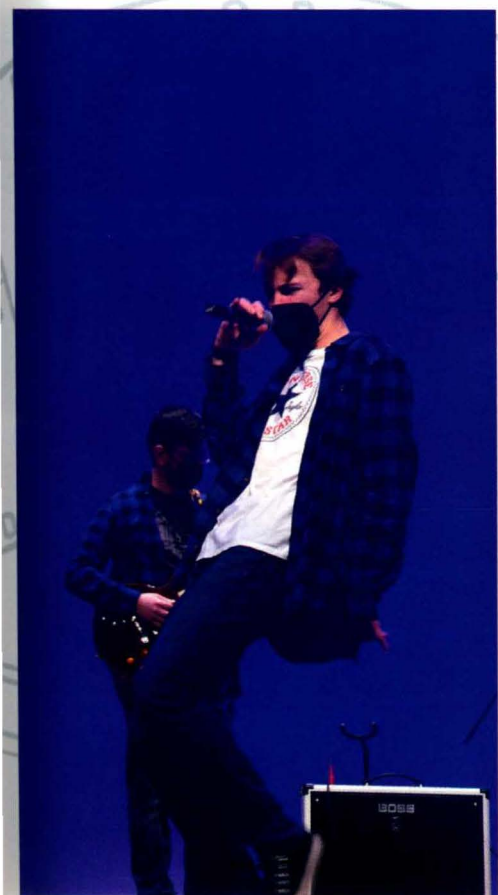


# LIME Drive-Through





# In-Tune





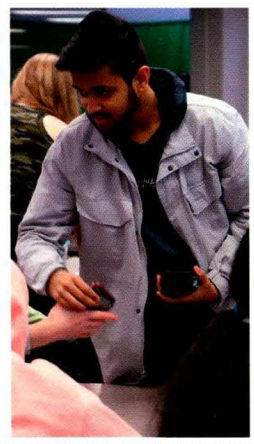
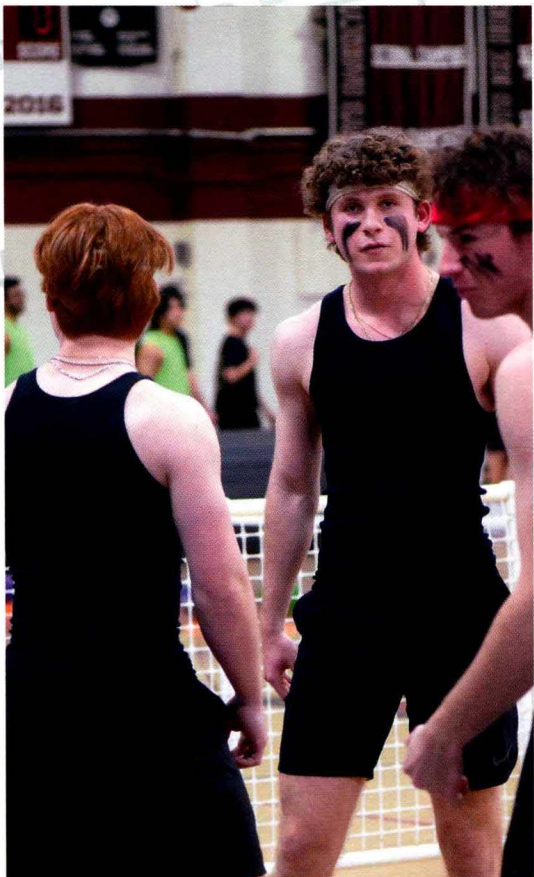
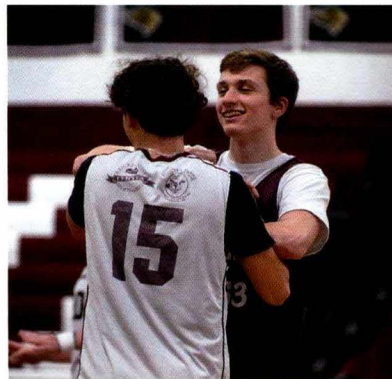
# House Olympics





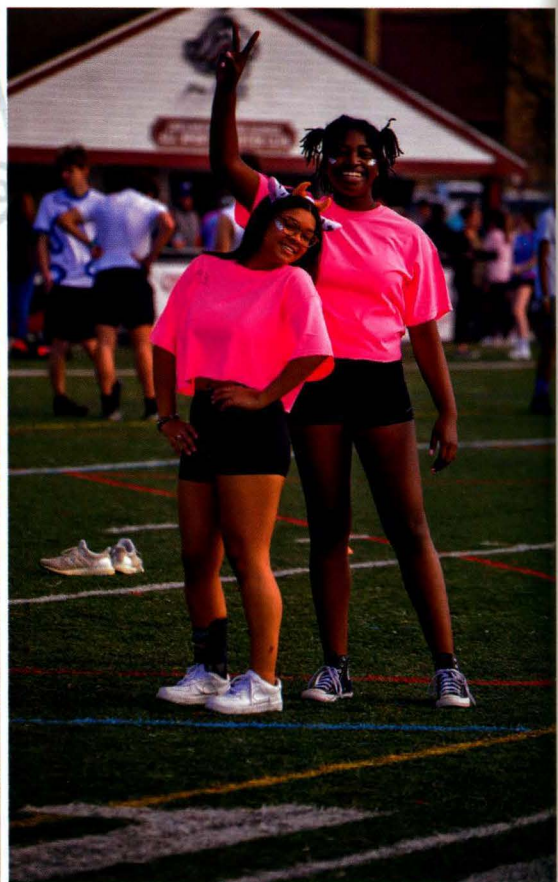
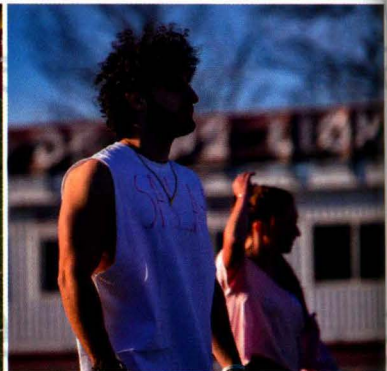
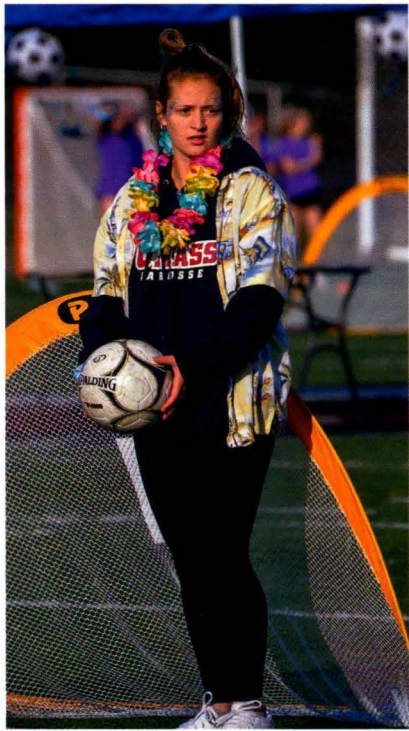


Winner: EMERSON HOUSE

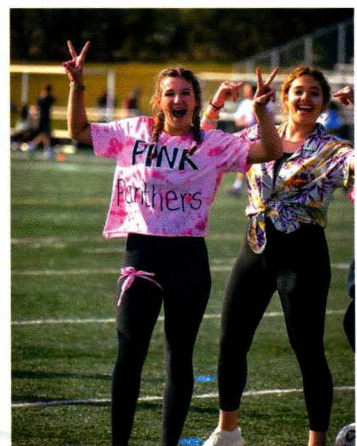
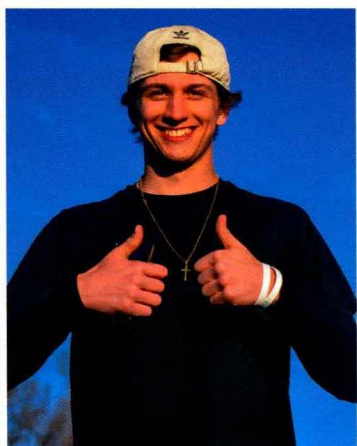
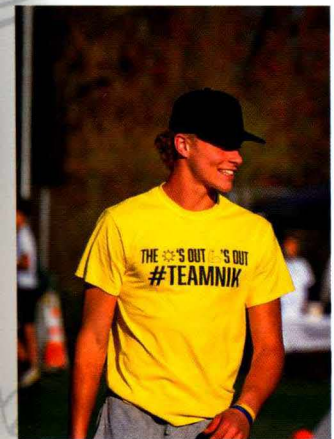




# Ewing Memorial Tournament

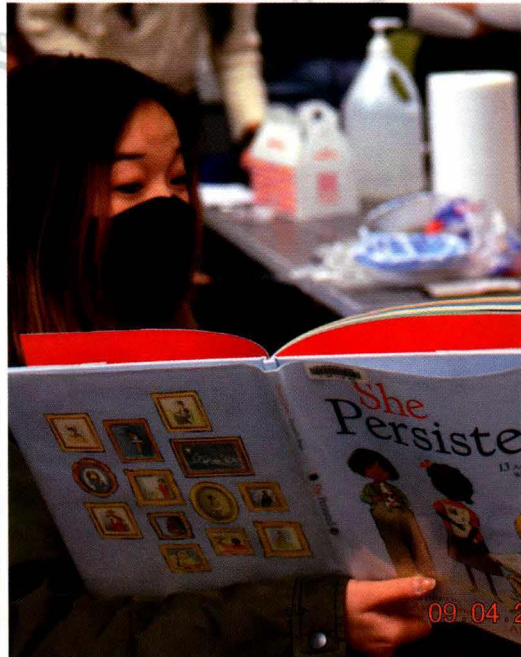






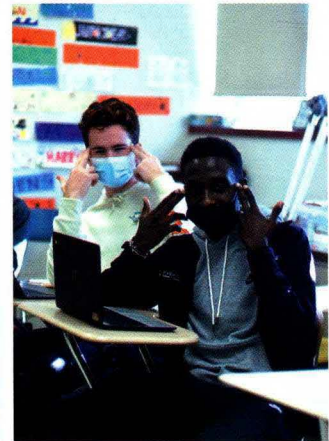
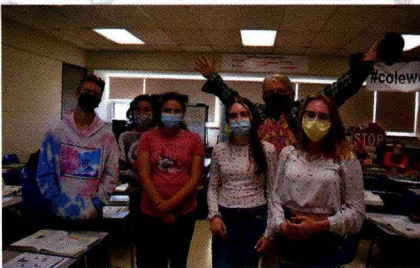
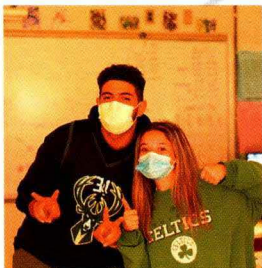
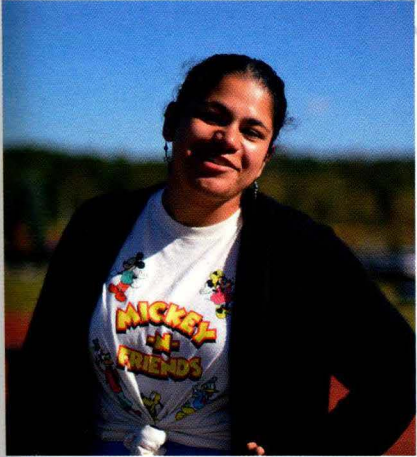


# Lead Like a Girl Workshop



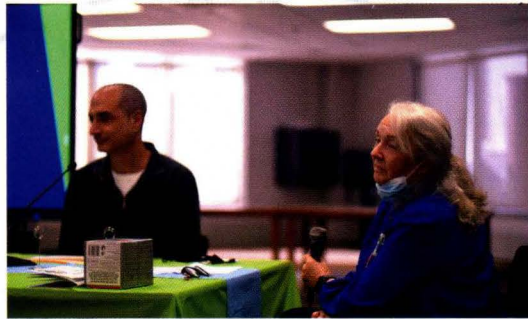


# Spirit Week

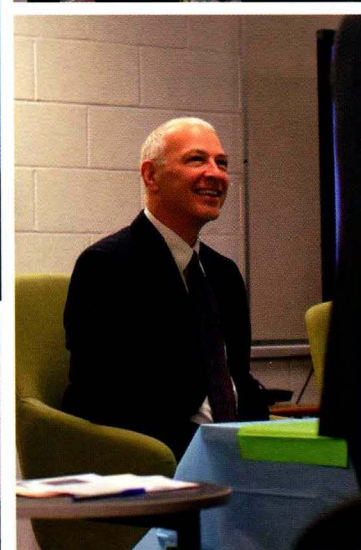
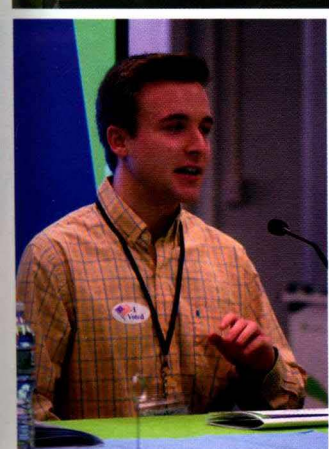




# Student Leadership Conference by: StuCo

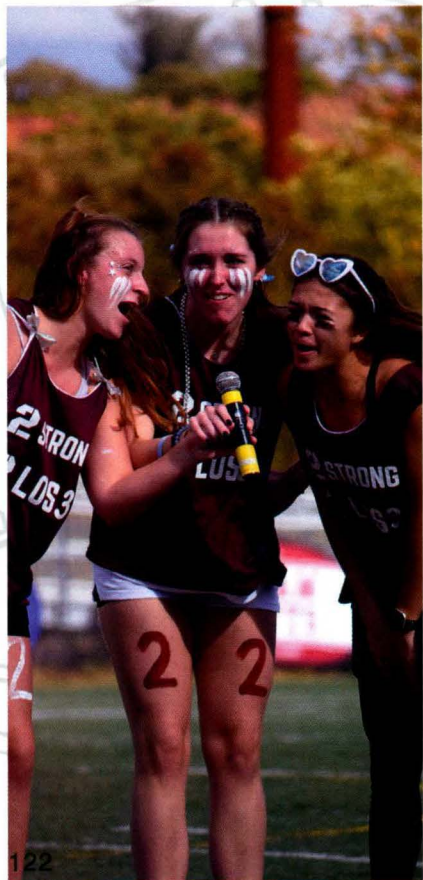
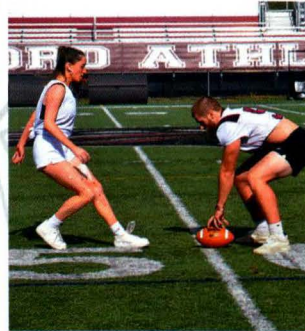
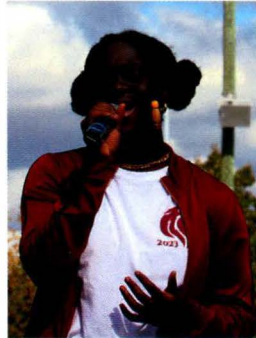
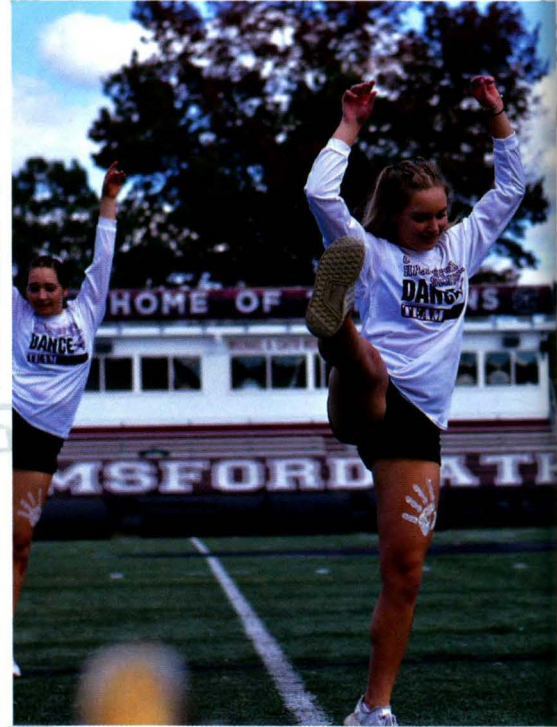




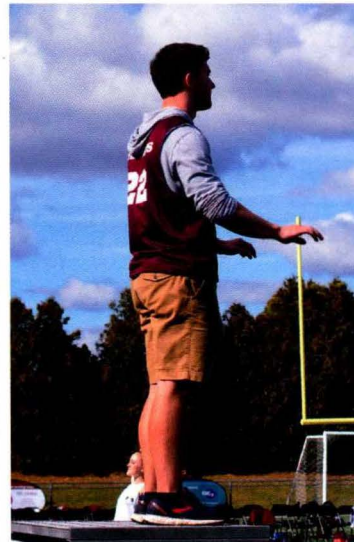
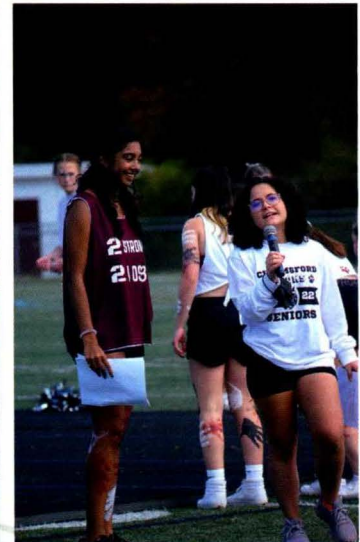
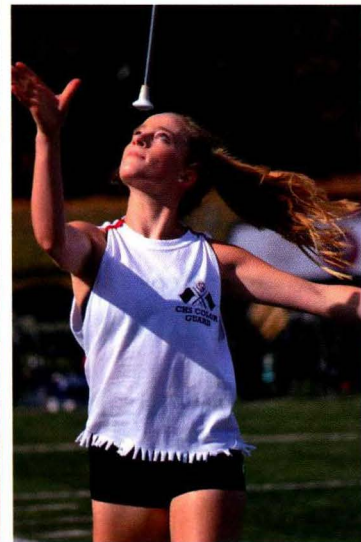
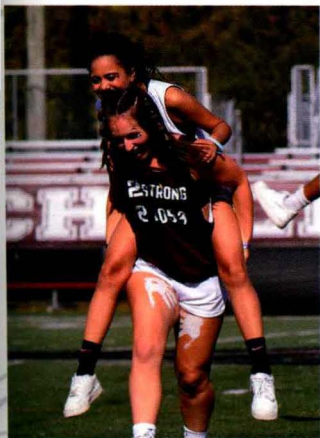




# Pep Rally



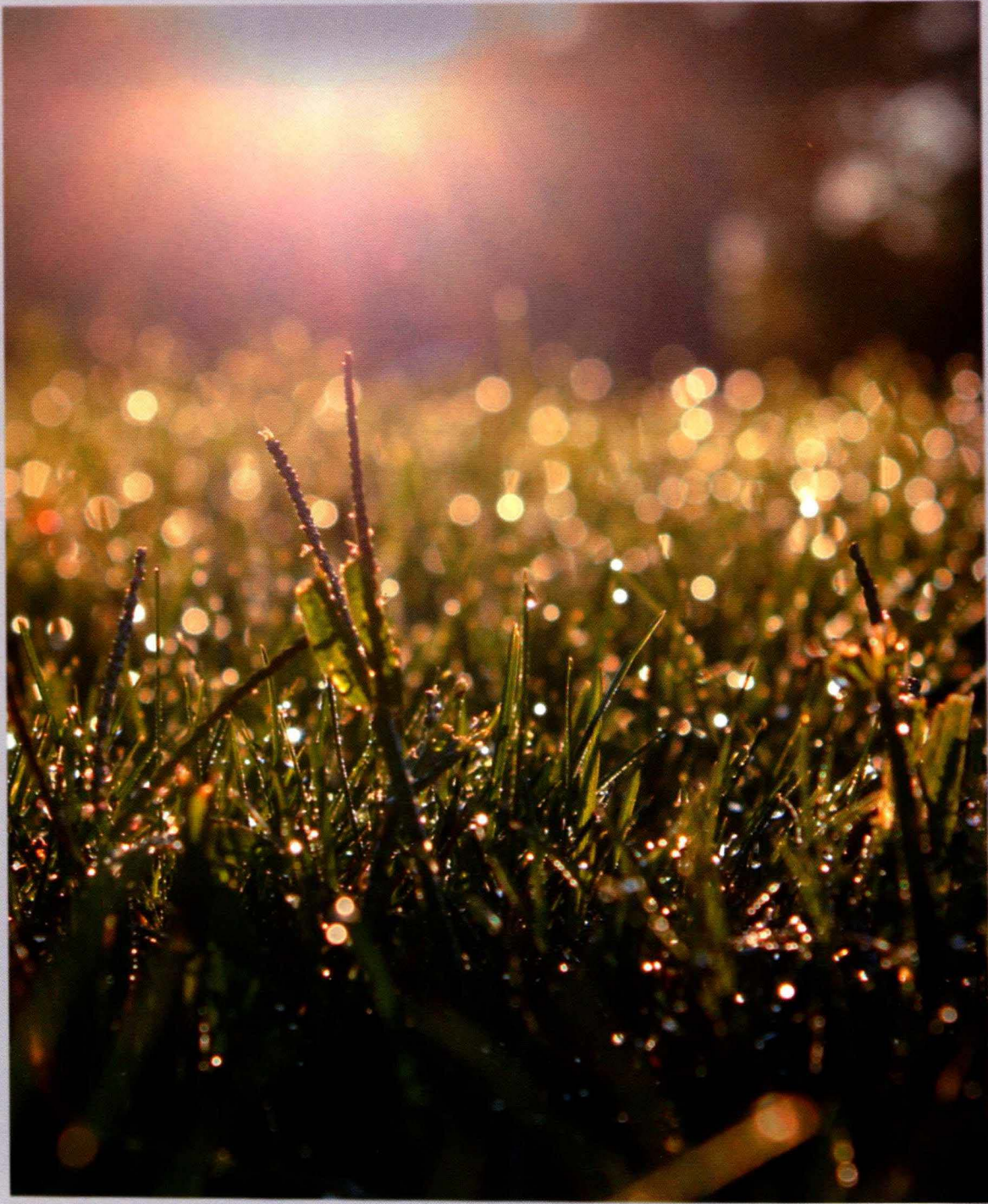












## CHAPTER FOUR



# Girls Soccer



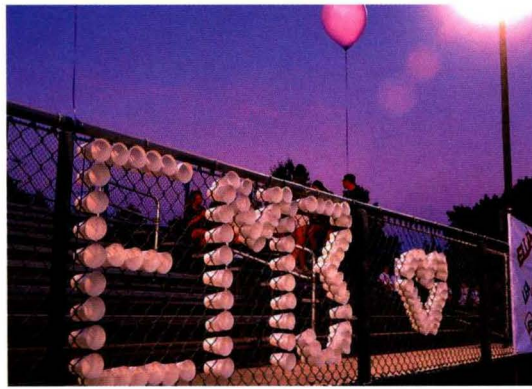
Hey team!

Everything about this year and this season has been different. This includes getting back into the swing of a regular season, gaining a whole new half of a team, and adjusting back to the old lifestyle of a traditional fall season. The bond and companionship that we have formed are what has made us so successful this year. All of the adventures, laughs, and prosperity we had these past few months is what makes us love this 2021 team so much. We wouldn't trade you guys for the world. We were trying to think of some metaphor to represent this season and nothing else sums it up better than comparing us to a married couple. We bicker, fight, and criticize but we also love, care, and stand by each other. We are each other's support systems and we see the potential in each other. We push because we care. To the seniors, we are so grateful to have grown up with you on and off the soccer field and will forever be grateful for the countless memories we made together. High school is a wild ride and it'll go by way too fast. You will change, but this team will always remain a constant in your lives. Don't let it go. We are all so grateful to have been your captains this year, and remember we will always be tog3ther.

Love,

Your captains, Allie, Campbell, and Katrina <3





"Shake the tree!"  
- Lea Gaspar



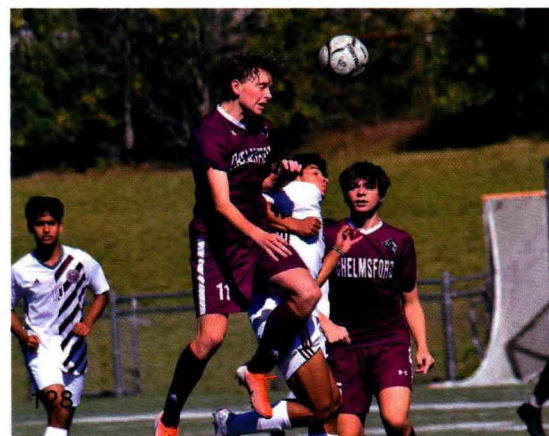
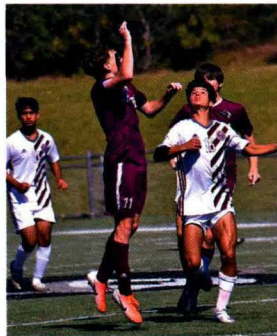
"To my feet!"  
- Gianna Soracco



Tog3ther on three!"  
- Shailagh Corcoran



# Boys Soccer

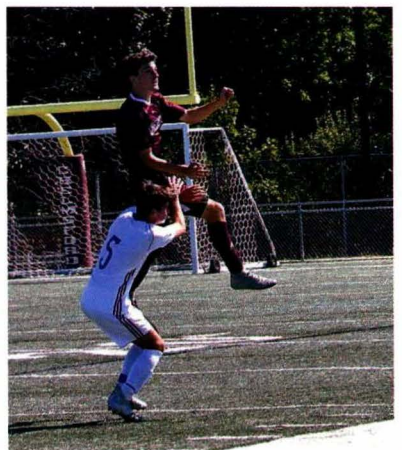
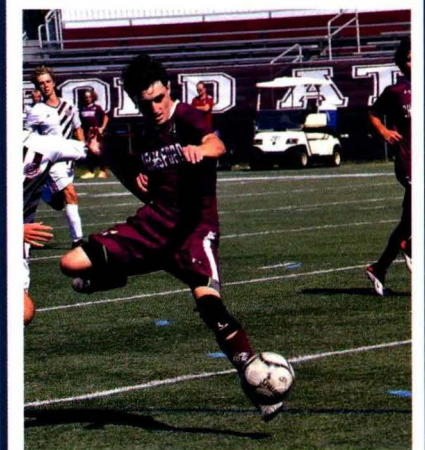
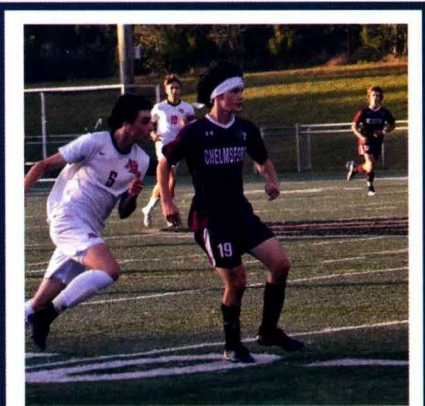


Boys,  
Thank you for a great season. From our first captains practice to our last game, you all gave full effort and did everything you could to help the program. We ended with a record of 6-10-2, but that doesn't accurately represent our quality performances each and every game. We came into the season with an inexperienced squad, but we made the most of what we had. Even if we did not come out with a positive record, we were able to have fun no matter what and make the most of every opportunity. From intense practices to team dinners we always found ways to enjoy ourselves. These past 4 years of soccer have been something we wouldn't trade for anything and we hope you all can have the same experiences as us.

Good luck next year,

Seamus, Nick, and Sean







# Girls XC



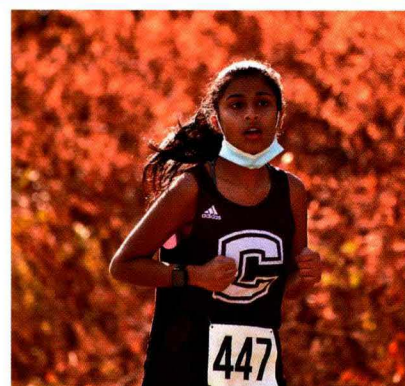
Hey runner girls!

We are so proud of everything that you all have accomplished this season! We couldn't have asked for a better group of girls to make this year so much fun. We feel so lucky that we got to share our last season with all you amazing people and runners! Remember girls: you are all so strong and keep up all the hard work. Remember, sticks in a bundle don't break. You all made this the best season ever and we can't believe that it's already over. You all rock so much!

Love your captains,

Miranda and Ilana





"Does anyone have gum?"  
- Analia O'Connor



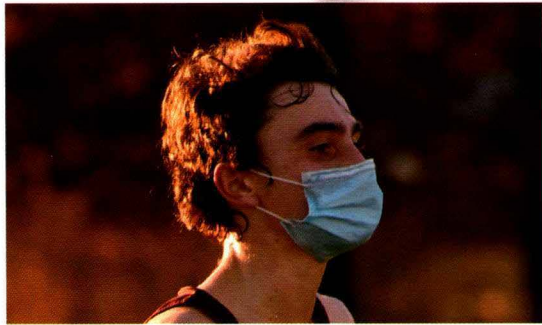
"If this is called a more mental than physical sport, I don't know how we're all still here."  
- Abby Bailey



"Guys guys guys how much are we running today?"  
- Sritha Sithalam



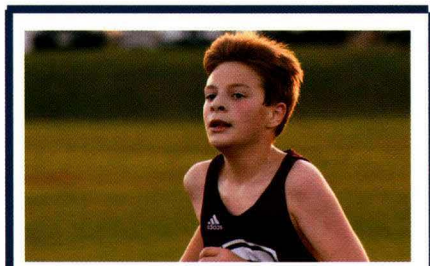
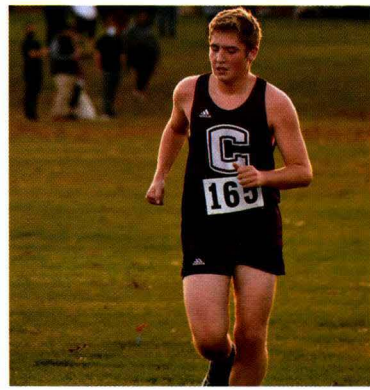
# Boys XC



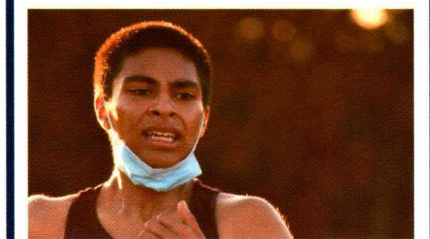
To the boys,  
What a great season! From captains practice every day of the summer to mid-season speed workouts, it sure was a grind, but we all came together and achieved our goal of 5-5. We certainly lost some key runners from last year, but we worked hard and so many stepped up to fill crucial roles. Through team dinners, crazy bus rides, and pushing each other to beat our personal records, we bonded and encouraged each other to be our best. Being Coach Matt's first team, we knew it wasn't going to be easy. It definitely wasn't with all the challenging workouts Coach laid on us, but we wouldn't have it any other way. We are proud to call you guys family and are honored to have been your captains this season. Can't wait to see what you guys do next year.

Colin, Will, and James





"A solid community of upperclassmen that foster a sense of brotherhood and competent athleticism."  
- Adam Foti



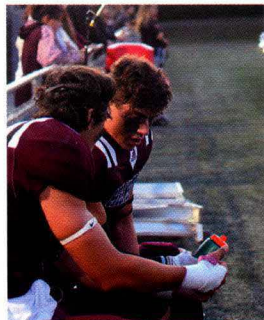
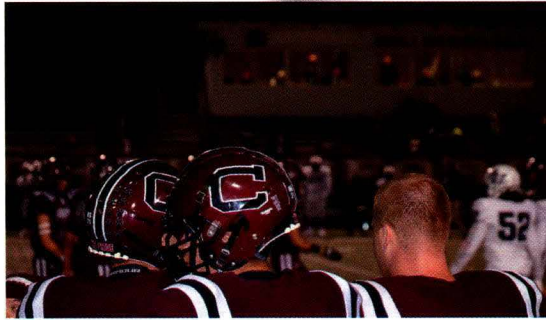
"Regardless of however many times we've been chided for messing around, there is absolutely no doubt in my mind that on the line there is no force capable of slowing us down"  
- Neel Verma



"We practice together, we race together; we win together, we lose together; we are a family, not just a team"  
- Tabor Morin



# Football



Thank you to this team for an incredible year, giving us the opportunity to have a senior season that will be remembered for years to come. We went to war everyday in the off-season and decided to make a change that now will set this program up for even more success in the future. One thing that stood out was the problem at the beginning of the year with sickness and guys being out for multiple games, we held it together and weren't phased. The commitment from our senior class and especially the effort from our underclassmen was unbelievable and we were honored to be leading such a special team. Wouldn't have wanted to be playing with any other group, and we know you boys are gonna ball out next year in 7v7's and bring this program a state championship within the coming years. It's been real, Thank you.

Michael Hennessey, Will Walsh, Jared Beauregard, and Troy Muldoon

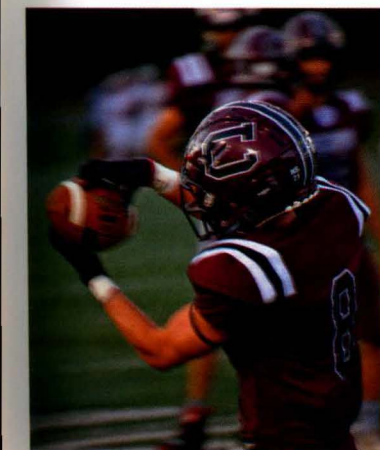




"Our greatest glory is not in never falling, but in rising every time we fall"  
- Manny Marshall



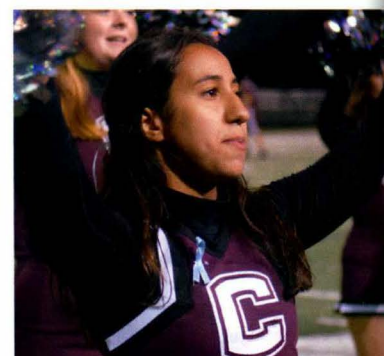
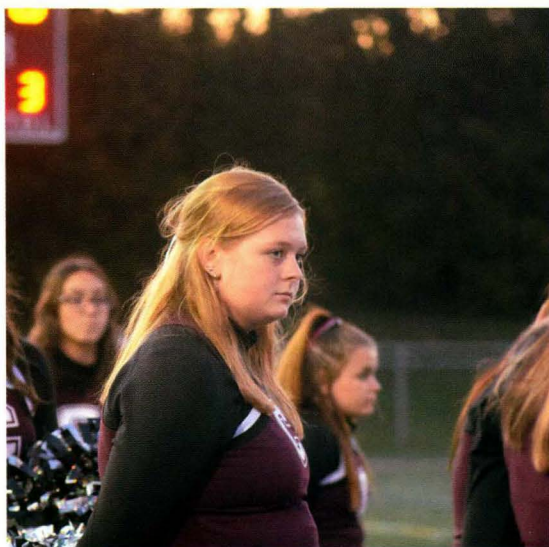
"No one is proud of you, they're just surprised you keep making it happen"  
- Joe Tays



"Be Relentless, be violent"  
- Nik Sperounis



# Cheer



Girls,  
We are so proud of the season we have had this year! Although we did not partake in a competition, we are so proud of you girls for stepping in and working hard to learn and push through stunts and tumbling this year. We also wanted to thank you all for making sideline so fun at the games, it was a blast. Bonds and friendships that will last a lifetime were created this season. You girls always put in 100% effort at each and every game and practice, and you girls all worked hard to reach limits you never thought you'd reach. There was so much improvement and talent in this team, and we are so thankful to be a part of it. Being your captains meant so much to us, and we hope we were able to guide you girls for the rest of your cheerleading years. Learning new stunts with you girls was so fun, and we are gonna miss you all... especially you Mrs.D! Thank you for making our last football season memorable. The football boys had an outstanding record of 8-3, and we are so grateful to have cheered for them this season. Go Lions!  
Love,

Ashley and Rania





"Thank you for a great season, it won't be the same without you! We thank our amazing captains for being such great role models. Looking forward to next year!" - Nawal/Allie



"... fiiiivveeee" - Morgan



"Let's do this"  
"We got this ladies"  
- Georgia Horan



# Golf



For the 2021 season we were really excited that the team was back to normal. It was great not having to worry about masks when playing the return of team dinners made the season a lot more fun. The boys got along really well for the most part and it was overall a fun team to be a part of. We both had a great time this season and are thankful for the opportunity to have played with you guys.

- Stags and Lally







“Rain or shine...”  
coach stone



“Junior prom”  
- Lally



“Oh belaaaaaanger”  
- Munson



# Field Hockey

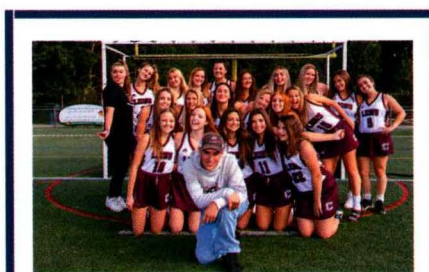
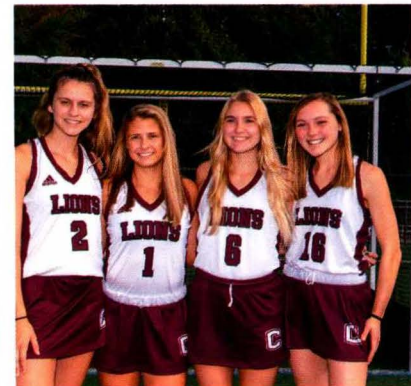


Dear Team,  
We seriously would not want to have spent the past three months of the year with any other team. You have not only made us better players, but better people, and we can't thank you enough for bringing your all every single day no matter what. From learning not to cut corners early on, the countless conditioning sessions, COVID downfalls and more, we truly became a unit from August 23rd and on. Our pregame rituals made this season so special in so many ways: The endless cans of Celsius, speeches, braiding twenty heads of hair, and team dinners (Shoutout to Nina's Mom). We will never forget the many memories this team brought us; thank you all for making it a season to remember. Defense and goalies were a brick wall, forwards put the biscuit in the basket, and mids were gluing that all together. We are so sad that this season has come to an end, but are so happy that it happened and wouldn't have changed a thing. Can't wait to see you kill it next year!

Love you all,

Maddie, Remoré, Sarah & Lexi

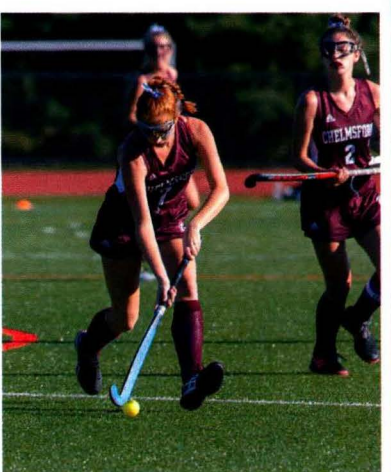




“Never cut corners!!!”- Coach



“Brush that monkey off your shoulder”- Rem



“Put the biskey in the baskey”- Rem



# Girls Swim & Dive



Hey Team!

We've had such a wonderful season and we made some big waves in the pool that reflected all our hard work! We are so proud to be your captains! Go Lady Lions!

Melia, Neva, and Chloe







I'm so amazed about how many memories I made during this season, and I'm so incredibly grateful to be a part of this team!  
- Abby :Lopresti



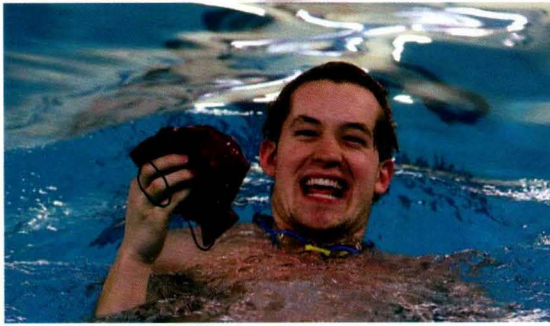
I am so incredibly proud of how hard we all worked this season and how much it paid off! Great job girls! Just keep swimming!  
- Audrey Rice



I'm so lucky to have these girls as teammates, I can't wait to see what our next season brings!  
- Lindsey Downer



# Boys Swim & Dive

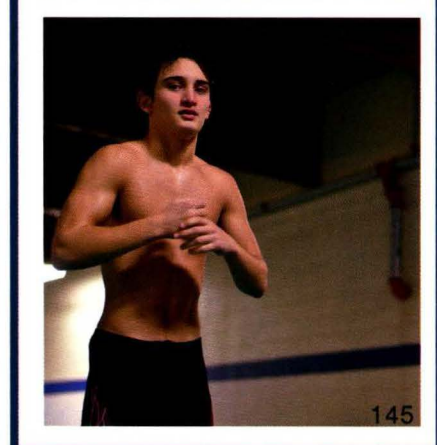
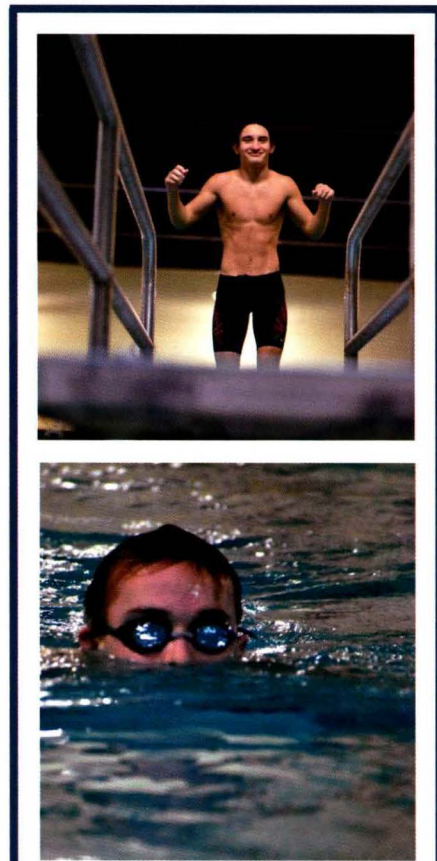


Dear CHS Boy's Swim and Dive,  
As your captains we want to thank you for everything you boys did to make this season a great one. We had a little trouble with an illness that won't be named, but we all kicked some butt anyway. We always put up our best fight and gave it our all. We had a lot of newcomers this year, and we hope that they continue with the program and all it has to offer. We ended with a solid performance at the conference meet, and we couldn't be prouder. Through all the tough times; the 10x100 pace sets, the 10x75 idiot sets, and the like, we stuck together as a team, and that's what matters most. The accomplishments of this team over the past 4 years would have been impossible without you all. Square burgers and showers all around guys. You earned it.

-Matt Gale and Connor Quirbach

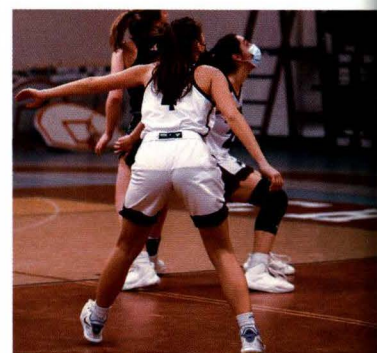
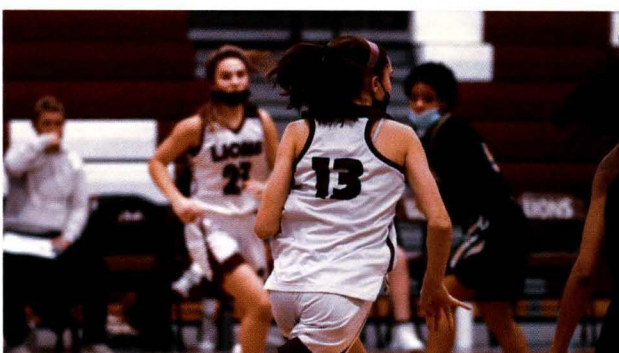
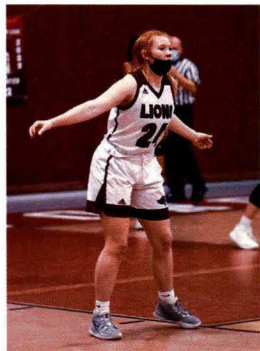









# Girls Basketball



Hey girls! Just wanted to thank you all for an amazing season! We're so proud of all of you, especially all of the new underclassmen who stepped up. Everyone contributed to making it a great season! We will always cherish all of the fun memories and laughs made in the locker room and at team dinners. You guys have all worked extremely hard and it paid off (beating Central was a HUGE accomplishment). We're going to miss you all next year. We wish you the best of luck in the future and we know you guys are going to crush it! Love, your Captains,

Ellen, Emily and Mia



"I quit."  
- Sarah Rivera



"I don't do palm to palm action."  
- Emily Fortier

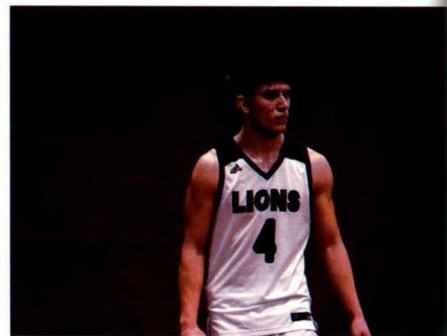


"CHARBUCK!!"  
- Mia Beauchesne





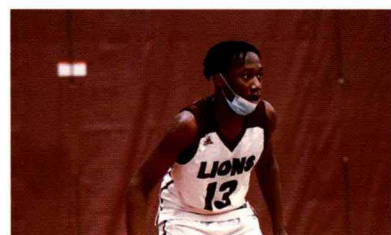
# Boys Basketball



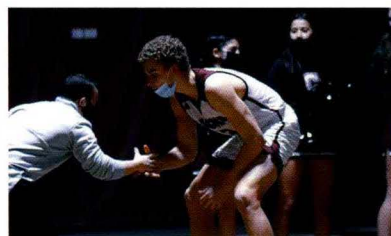
This season was a long fought roller coaster where our emotions were all high. That can be said about any sport season, however ours was more unique. We started from scratch: new players, new starting lineup, and a new team. We obtained a majority of underclassmen on the team and we as captains saw every single one of them develop into not only a better player but a better man. We worked to instill the "no quit" mentality on the whole team, and built each younger guy into a competitive beast. Collectively as a team we never once backed down to anyone. On our days off where a normal player would sleep in, we would go on morning runs to help push our bodies past its limits. Our family was created, however not just from our hard work but the memories that were embarked during our team dinners. Especially when we had a team trip to help get Zach's car out of the snow. Memories like those will never be forgotten by us and our fellow teammates. I hope you all keep the culture that we worked so hard for and out work yourself everyday. LET'S GO LIONS!

- Zach Allen, Matt McCarthy and Theo Farag





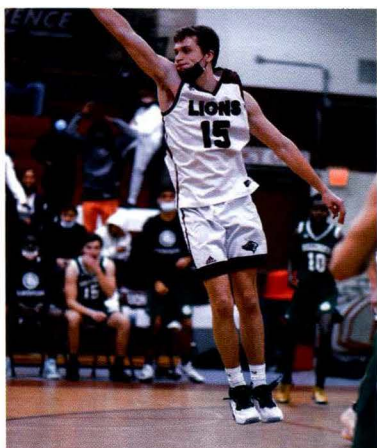
“Why you blanking on me man”  
-Mikey



“Time to let the dawgs off the leash”  
-Big Chrissy

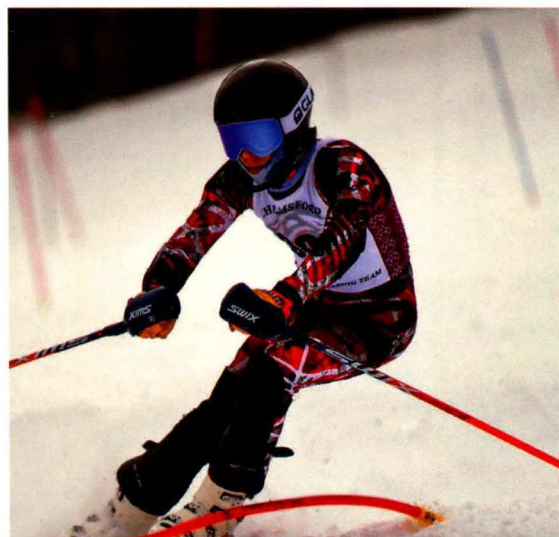


“You’re cringing me out”  
-Momo





# Ski Team



Hey everyone,  
We are extremely grateful for the 2021-2022 season. This year has been amazing! There were so many freshmen who decided to race for their first time! It was incredible to have so many new faces on the team. Although the ages on the team ranged from fourteen to eighteen, everyone came together for team dinners, practices, and races. The team as a whole built one another up even after some of our worst falls. This season the girl's team came in sixth place and the boy's team came in fifth. We are still a very young team, and the future is promising given all the talented skiers that joined this season. As the junior captains of this team, we want to thank everyone for a great three years and hopefully for an even better fourth! We wish the top racers the best at states!

Love,

Sid, Liam, and Logan





"Hazzah on 3!"  
- Neakon Kargar:



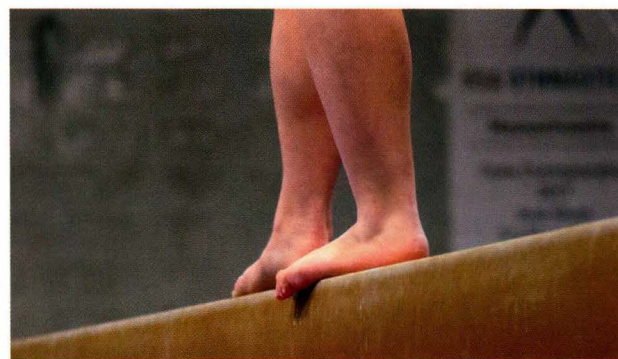
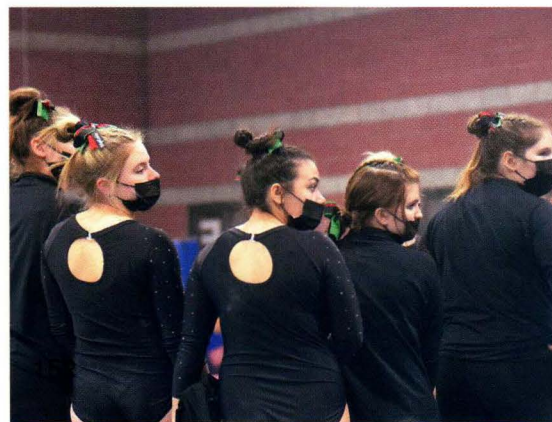
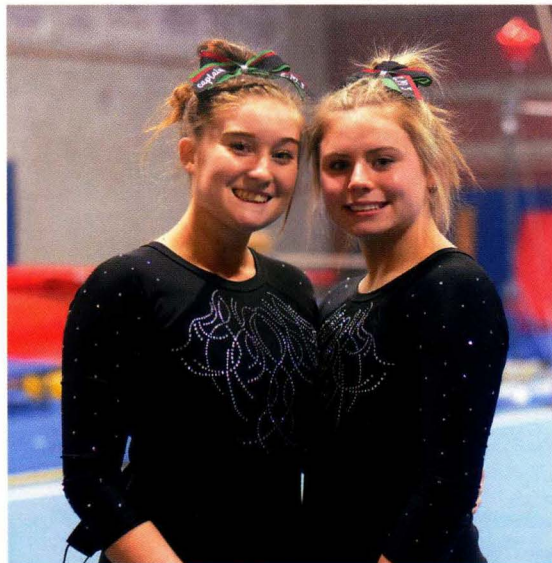
"King can't ski backwards"  
- Matt Craven



"SKI TEAM!"  
- Mr. VB



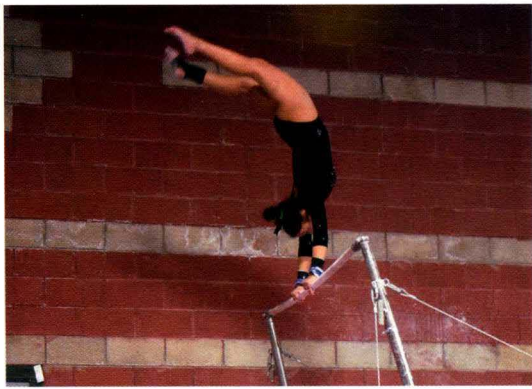
# Gymnastics



What an incredible season CTB had! You are all an unforgettable group of gals and did amazing this season. Gymnastics is not an easy sport and you all stayed positive and persistent though it all. Everyone stepped up and gave it their all on every event. We could not be prouder! We loved being able to get to know everyone and spend time in and out of the gym together. Whether it be cheering us on during a routine or putting a smile on our face though the good times and bad, you all constantly showed love and support towards us and we are so grateful for that. There is no one else we would rather have spent our senior season with. You all were our favorite part of gymnastics. Every single person played an important role on our team and we can't wait to see you all shine in your years to come. Amazing job this season and good luck next year, we will miss you all so much. We love you all to the moon. Thank you for everything CTB nastics.

-Carolyn Medwar and Emma Donovan

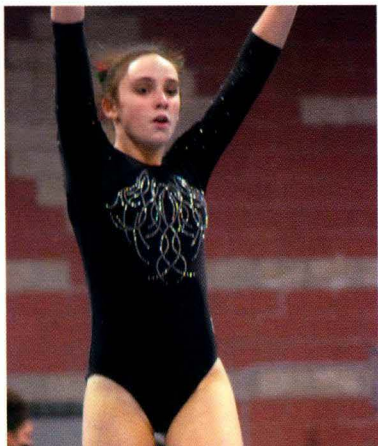




"What an incredible season we had! Great job CTB!  
-Emma Donovan



"Amazing season girls! So many memories and laughs we shared together!"  
-Carolyn Medwar



"CTB forever!"  
-Carolyn Medwar



# Girls Hockey



Hey girls! We just wanted to thank you guys for having a great season and being amazing teammates this year. It's been our pleasure leading this team and that's all because of you. Through the ups and downs this season we have always been there for each other, whether it be picking each other up when something didn't go our way or getting hype before a game. We couldn't have asked for a better group of girls and we are so proud of every single one of you. Love you guys!

Your captains,

Lea Gaspar, Tori Apostolakes, Gina Sciortino





“YEAH TOR”  
-Sofia Balan



“15 miles 15 smiles”  
-Remoré Serra



“Welcome to the circus”  
-Lea Gaspar



# Boys Hockey



Boys,  
First of all we would like to thank you all for the commitment each of you have put forth this season. We couldn't be more proud of you guys and we are confident in the success that you will bring to the program in the next few years. It was a pleasure taking the ice with you every single day and creating memories that will last a lifetime. We wish you the best of luck and can't wait to watch you guys take the ice next year.

- Owen, Jack and Adam







"I would"  
- Lally



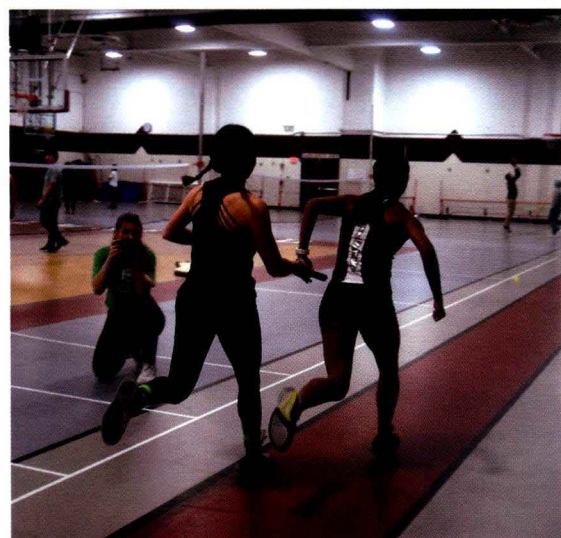
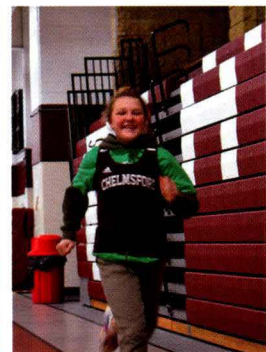
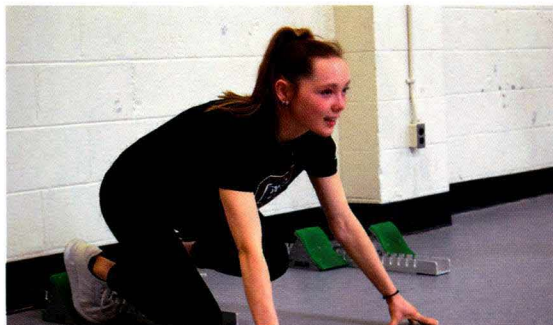
"If anyone wants free money I have a lock"  
- Cole



"Bro am I a beast for that?" - Ben



# Girls Winter Track

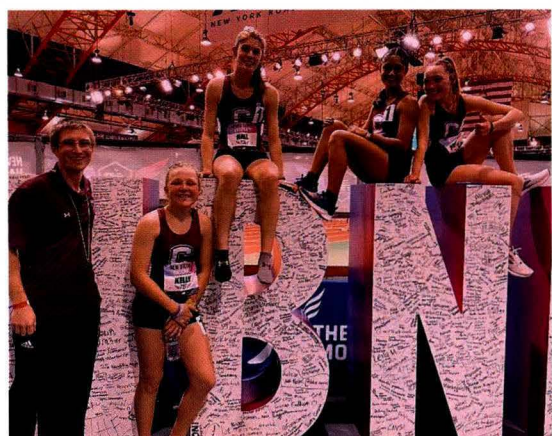


Hey girls! You all did incredible this year, and we couldn't be prouder. It was a tough season with the amount of snow, and covid but you all pulled through and pushed the limits. We wanted to thank you guys for letting us have such a great season; one that is sure to leave lasting memories and friendships between us all. Always keep your heads up and push through – no matter how hard it gets. Much love, your WACKtains, Mary and Liv.

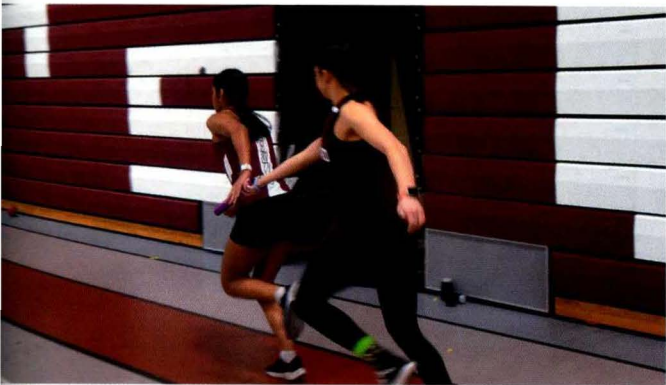
Hi Sprinters! We want to thank everyone for an incredible Wack season! Everyone put in a tremendous amount of work to the team and their events this year, it certainly paid off. There were so many PR'S in the sprinting and field events. We were so happy to see them. Whether the buses were canceled or wandering Boston for dinner, this group was a blast to be with. You never gave up and kept pushing yourself to run faster! So much love, Grace and Megan #ilovetrack

We finally did it! We got through another season of traveling hills, 200 repeats on an icy track, and long runs through Crooked Springs. This group is by FAR the most positive and driven in the entire MVC. From running to Elizabeth the cow to the encouraging yells to push through the last rep of a workout, the memories that we've made and the work that you've all put in has truly made you better people and athletes. Thank you for showing up everyday and being your best selves. And always remember.... run through the line!!!

- Love Always, Maddie



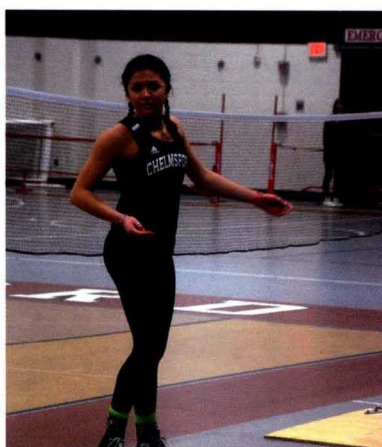




"And Chelmsford dives across the line!" -Reggie Lewis Commentator



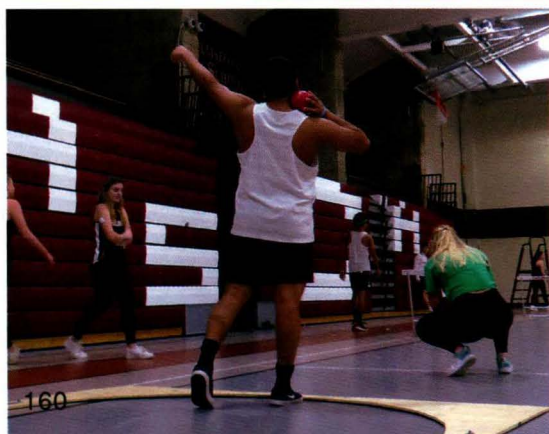
"The only way to get fast is to go fast" -Richter



"How many more warm up laps do we have?" -Everyone



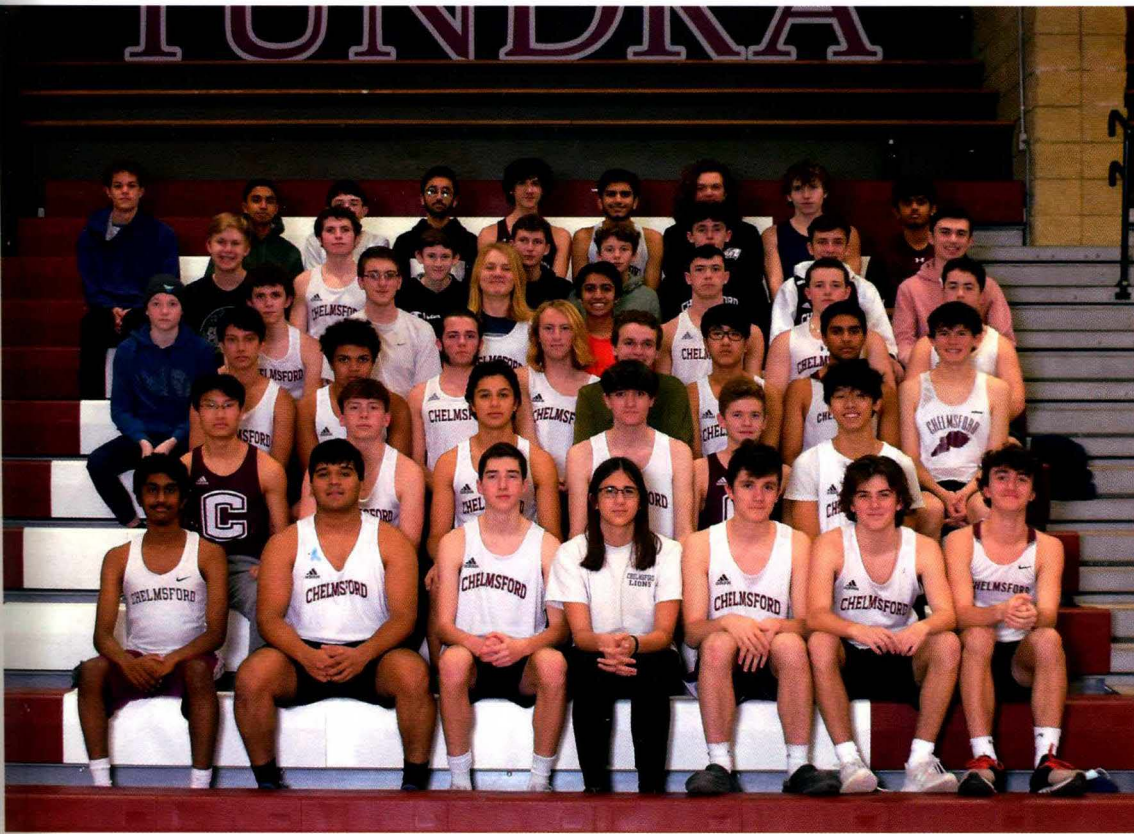
# Boys Winter Track



To our team,  
Track and Field has held a special part in all of our lives. Whether it is our final season, or just the beginning, Track and Field has always provided us with new friendships, opportunities, and most importantly the Reggie air. We compete in many different events, and from the outside, it looks like we are a loosely organized team, but that could not be further from the truth. We are one family. We push each other everyday to beat our personal records and be the best athletes we can. It has been a pleasure to be your captains this winter and I'm looking forward to seeing what you all achieve in the future.

- Sankalp and Will

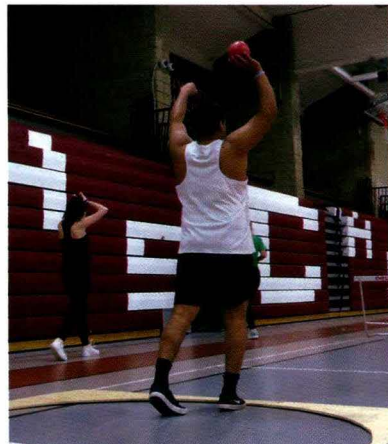




"We run in circles."  
-Dean Allen



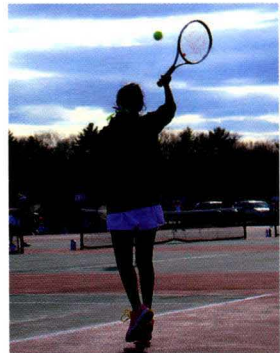
"I throw a heavy ball."  
-Sankalp Bhojar



"You bozos." -Matt Arsenault



# Girls Tennis



Hey girlies!

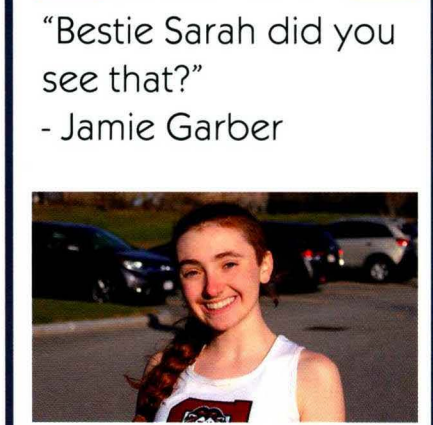
First of all congratulations on a great season! We were so excited to have such a large team this year. We kicked off the season by winning our first match, and since then everyone on this team has grown immensely!! From spilling tea at team dinners to chicky hair bows to having such a large team that we stretched from the net to the fence, we have enjoyed every moment with you girls. We also want to take a moment to thank Coach Kea for being a wonderful leader and mentor. You have helped us improve our skills and we thank you for your time and dedication! Finally, it has been an honor to be captains of such an incredible group of talented young women. We will miss y'all and we'll never forget the memories we made this year. Once again congratulations to all of you: Aurora angel food cake, Sharon starburst, Aysa allspice, Lara lasagna, Shalini strawberry, Abigail avocado, Alyssa apple, Cathy chicken, Jamie jelly, Nora noodles, Mackenzie pizza, Bella bread, Ava applesauce, Trinity tea, Hannah hamburger, Kay kit kat, Amiyah asparagus, Keya key lime pie, Klara kiwi, Sakhi strawberry shortcake, Erin eggplant, and Cynthia cookies! Keep working hard and we wish you the best on the rest of your tennis journey! We're so proud of each and every one of you <3 With love,

Sarah Spaghetti and Emily Egg

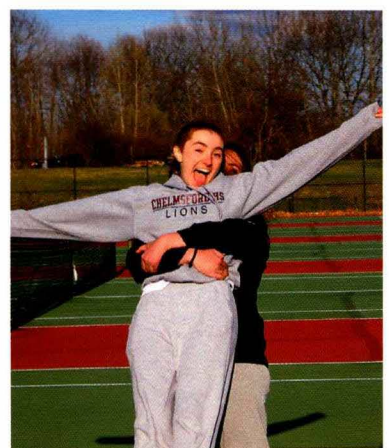




“Bestie Sarah did you see that?”  
- Jamie Garber



“I didn’t see anything bestie Jamie.”  
- Sarah Saliba



“Hustle, hit, never quit!”  
- Lara Soliman



# Boys Tennis



Boys/Fellow Russians/First Ever Pasha Fan Club Members, I couldn't thank you all enough for such an amazing season this year. The odds were heavily against us going into the year, as 5 varsity players last year were seniors and our coach left us right before the season started. But you didn't let any of that affect you. Every practice you gave it your all and it showed during our matches. Those primal roars that you would let out after winning a tough point and supporting each other during difficult games made me really proud as a captain. No matter who the opponent was, you gave it your all, win or lose. Throughout my entire time playing at CHS, I've never seen a team with more chemistry than this one. You all stayed committed to the grind and I couldn't ask for a better season. It's safe to say that tennis is in good hands and I'm incredibly excited to follow the team's progress in the future. The energy has shifted for CHS Boys Tennis.

Your captain,

Rishi Krishnan





"Funny story about the last time I was in Lawrence."  
- Andrew Peterson



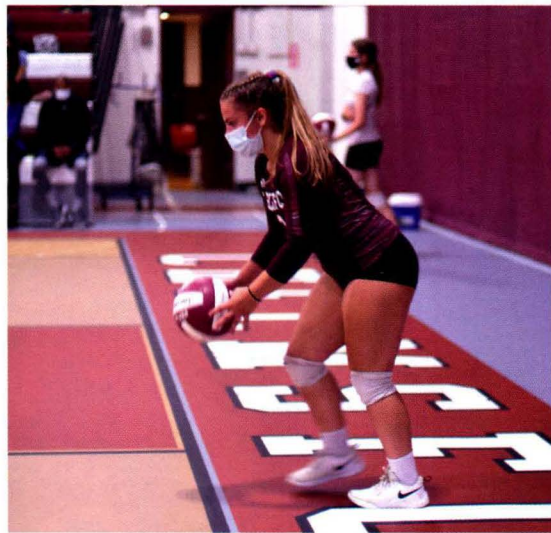
"Your time will come king."  
- Milan Behera



"Hit it down the middle."  
- Anikait Singh



# Girls Volleyball

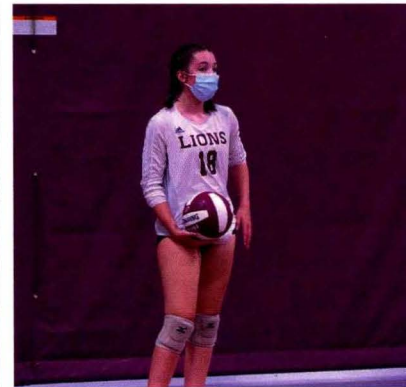


Hey girls,  
Thank you for giving us the best possible season this year. This season was full of fun, laughter, and friendship, and we wouldn't have wanted it any other way. This team has so much potential and we can't wait to see what is accomplished in the years to come. To all the underclassmen, enjoy every single moment that you have on this team. It goes by way too fast.

With Love,

Kelly, Talia, and Emma





"Sammy, chacha slide?"  
-Vivian Stripp



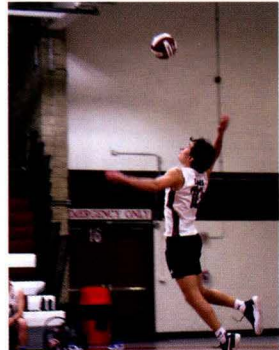
If this team has taught me anything,  
it's that enjoying the game and  
having a fighting spirits matters most.  
Thank you for a wonderful season, I  
love you girls!  
- Lea Bosch



"In the wise words of  
our senior, losing can  
be fun"  
- Sammy Kelepouris



# Boys Volleyball

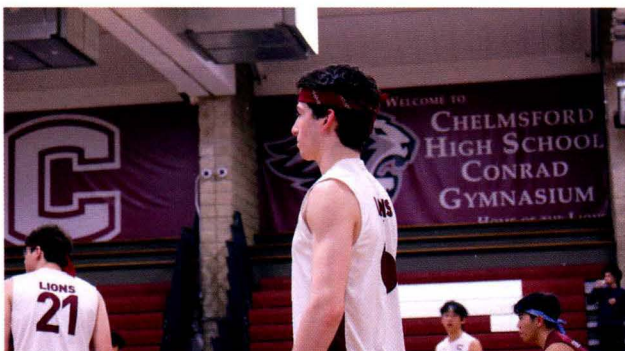


Dear Team,

It's been an honor to play alongside this team. With the season ending last year in a playoff game, we decided to dedicate this year to bouncing back and making our mark on the banner. This was an interesting year with only 5 returning players. Despite the lack of experience and reps at the start of the season, we found ways to succeed on and off the court. This year we were able to host and celebrate team dinners that we missed out on last year. After our first loss, we were humbled and our mentality shifted, not only to win games, but to be feared. Everyone shared the same goal to not only become the best team, but also to become better players. We had a variety of new and returning players who were very talented and dedicated to the sport. Our teammates demonstrated strong effort and had great team comradery outside of the court. We had a young core to help us cheer and keep a high level of energy every game. We can't thank you enough for giving us a season to remember. Every day we can say that we had the best energy in the MVC. This team has a bright future ahead and we wish you guys the best of luck!

From Your Volleyball Captains,

Theodor Farag, Ashton Roxas, Matthew McCarthy



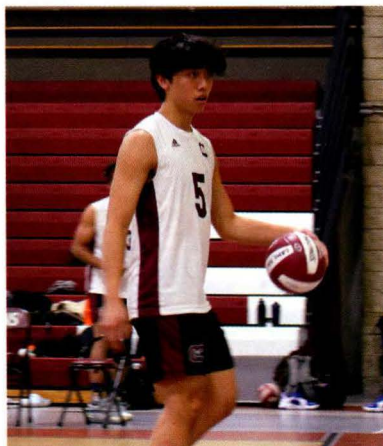




"We talkin about practice. Not a game"  
- Jonah



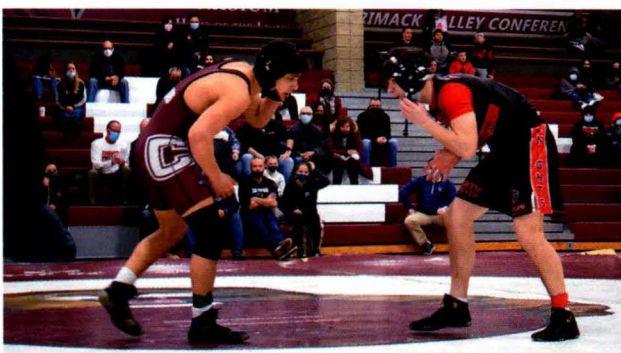
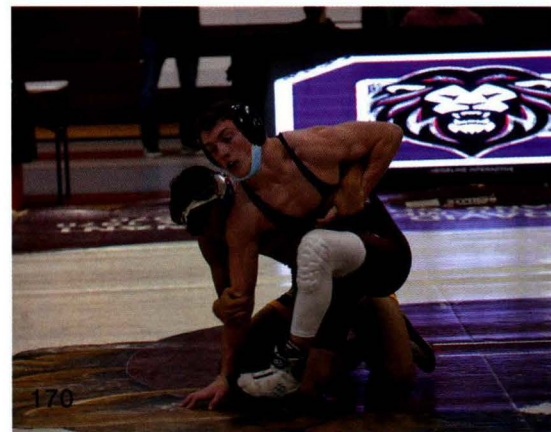
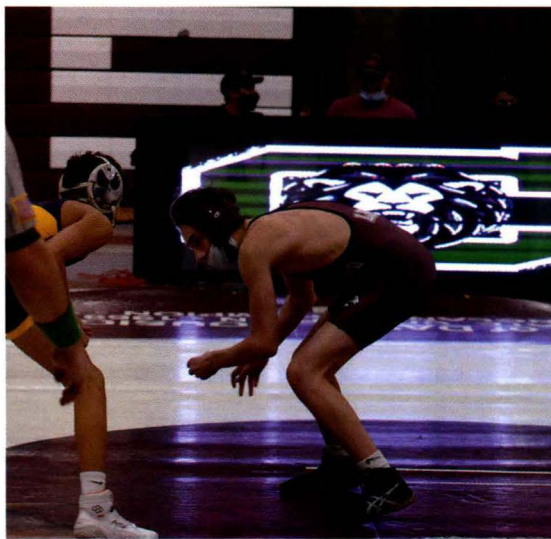
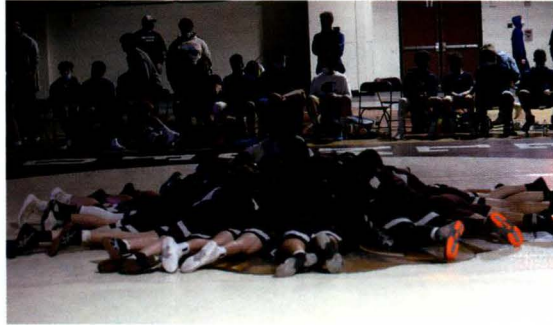
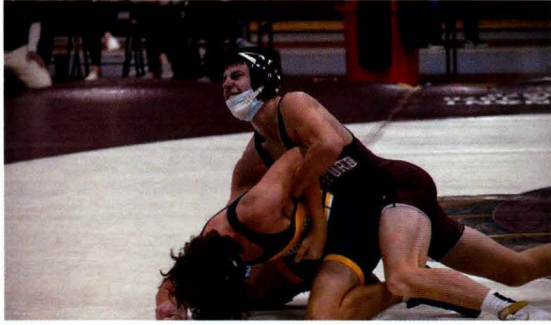
"Scummmmm"  
- Victor Lam



"Danilo Da' Vinci!"  
- Owen Rega



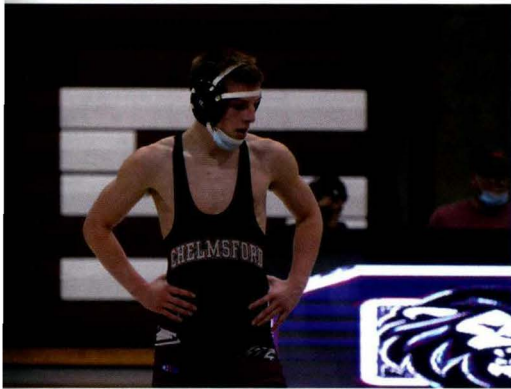
# Wrestling



Going into the season this year, we had a lot of new wrestlers and the first couple weeks were spent grinding the basics. We started off pretty slow because of the lack of experience, but by the middle of the season we became a great team. We knew how much work had to be put in so we could win and we did it. We grind every day. That is how to improve. We'll continue to train during the off-season. We're very proud of you and how far you've come.

Michael Hennessey and Jack Walsh

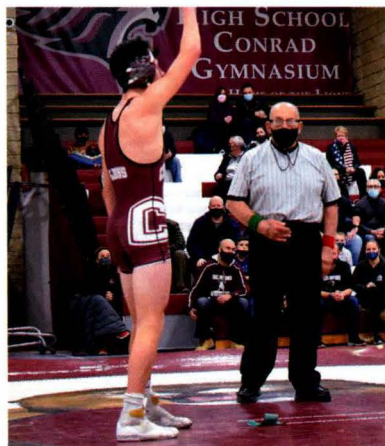
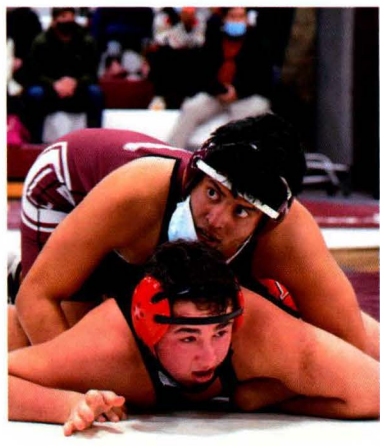
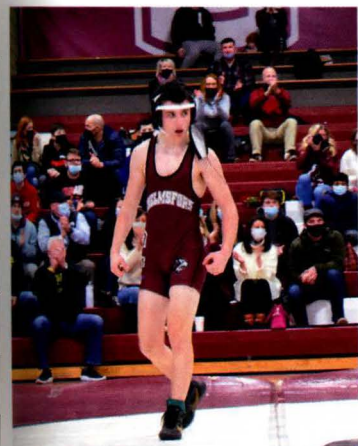




"Every day in this country's an opportunity." -Jose Bethel



"It gets Wicked mmmh mm mmmhh." -Arthur Wareigi



"Just gotta tuff it out." -Thomas Brown



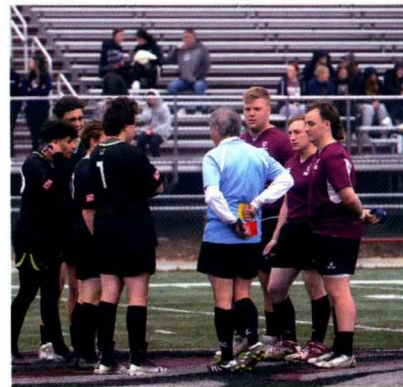
# Rugby



You all have made this season an absolute blast in every sense of the word. What impressed us most is how we all came together as a team. We are a bunch of ragtag misfits who learned to play this sport and extract the best out of each other, whether that meant racing Jose during warm-ups, pushing the pace during our "Soul Searching" runs, or going hard during our practice scrimmages. Some of our most fond memories have been made playing this sport, whether it's relays and sharks and minnows the day after a game, playing whiffle ball at team dinner, or going out to breakfast on Saturdays. These are memories that you're going to hold onto and treasure for a lifetime. Trust us: if you guys commit yourselves to this sport or any challenge in life, you'll come out stronger and more resilient than you entered. We are gonna share a quote that our captains last year shared with us: "Are you gonna step up, or bow out? Only you can decide." You all are our best friends and brothers until the end of time and we're always here if you need anything. To the returners, build on the foundation we made and take this program to new heights.

Ruck, Maul, Pillage, and Burn.  
Griffin, Zack, and Ender





"One Phase at a time."  
- Griffin Hart



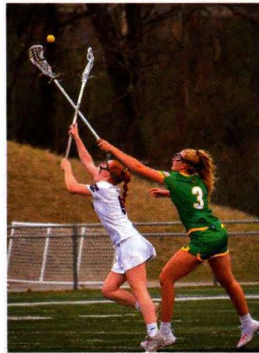
"Keep pushing."  
- Will Petrilli



"Excuses are the nails  
that build the house of  
failure." - Coach G 173



# Girls Lacrosse



Dear CHS Girls Lax,

We couldn't be more proud of you guys for all the hard work you put in this season. We became such a close knit team over the past 3 months and our ability to constantly stay positive and be there for each other was the best part. We finally got to have a normal season and it was the best one we could've asked for. We consistently worked hard and united ourselves to reach our goals. From running 300s to singing riff offs on the bus, we've had so much fun this season. We are so proud of you. Thank you for making this season amazing. Family on 3...

Love you guys,

Julia, Sofia, Amelia

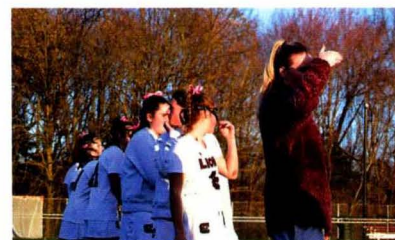




"If I were a..."  
- Grace Campo



"Ciao Bella"  
- Amelia Kelley



"Work, heart, hustle,  
love on 3..."  
- Maggie Loeber 175



# Boys Lacrosse

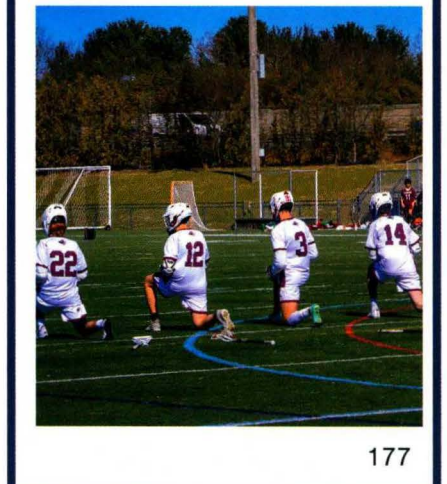


We have a special team this year. The work we put in so far is unmatched and we plan on working just as hard if not harder than we did last year. Lacrosse has taught us many things like dedication. Many of you stayed after practices to put in the extra work. We learned from the captains before us and took note of how they led and played which has turned us into the team we are today. It has taught all of us respect. We aimed to be better than last year. We want more than an MVC championship, we want a state title. All of the memories that we created this year will be missed. To all the young guys: don't take it for granted because it flies by. Enjoy every moment, every game, every team dinner, and spikeball with the lads. Play for that maroon and white. We wouldn't want to lace up with any other team.

From your brothers,

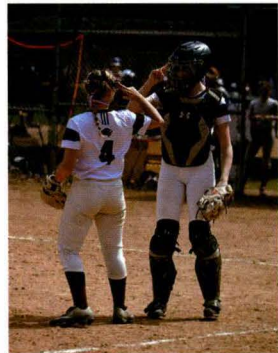
Will Walsh, Dan Craig, Manny Marshall, Ryan Blagg







# Softball



178



Dear CHS Softball,  
We have a tough schedule this year, but our team shows up every day and we play with our hardest effort. Our program has huge potential and as the season continues, we get closer to reaching it. Our underclassmen are promising, and there's no doubt our program will be strong for the next few years. Special thanks to Coach Martin, Coach Degen, Coach Mello, and Coach Gelineau for their guidance and dedication. LIONS ON TOP !!!

Love,  
Mary McMaster, Emilee Sousa, Mikaya Alto, &  
Sid Schwartz





"Put the ladies down."  
-Julia Williams



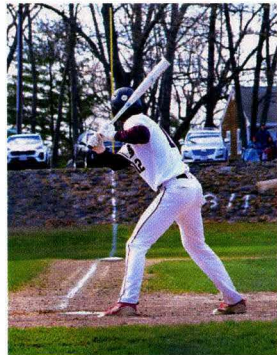
"All gas, no brakes."  
-Kate Harrison



"It's more than a team. It's family."  
-Sammy Kelepouris 179



# Baseball



To our teammates,

We could not think of a better group of young men to have played with in our final season at CHS. Going into the 2022 season we had high expectations for success as a team. We wanted to be the best, no exceptions. We knew we had the talent, but we didn't know how well our team would work together. From experienced seniors to promising freshmen, our team had it all. As captains, we made it our goal to create the most enthusiastic and competitive team atmosphere possible. Our team and individual achievements could not have been made possible without the support from one another and our devoted coaching staff. Special thanks to Coach Distasi and Coach Maloney for everything they do for our team and this program. We can't wait to see the success of CHS baseball in the upcoming years.

-Marcos Hernandez, Colin Ryan, Jonathan Cotta, and Adam Lizine

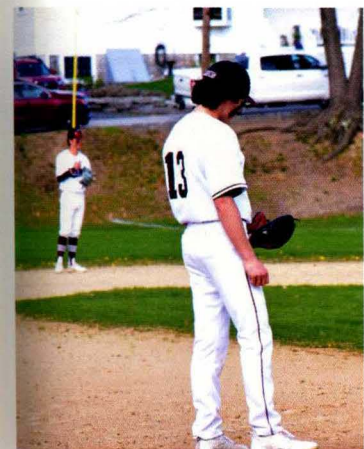




"The past cannot be changed. The future is in your hands."  
- Braydon Gray



"Ship or bust."  
- Jake Faulkenham



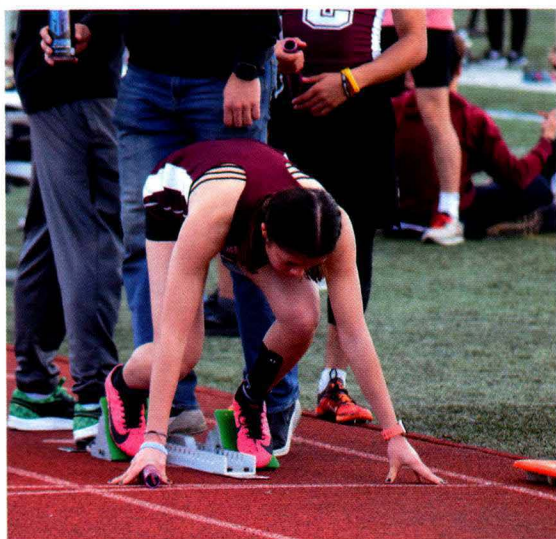
"Do something cool :)"  
- Zack Ly



# Girls Spring Track



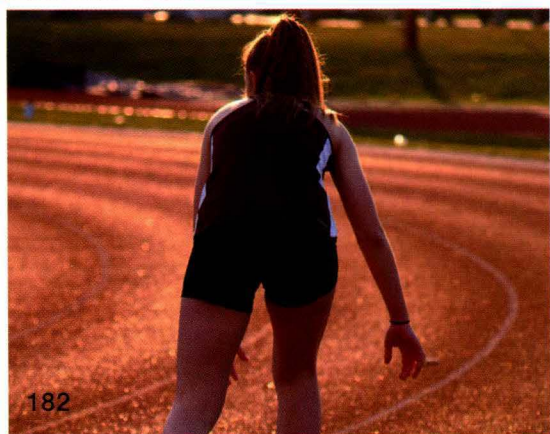
It's so crazy to think that this was our final season of track... ever. We are overwhelmingly grateful for all that this team has done for each other. Through every long run or every workout sprint to the finish line, we have each individually worked so hard to do well for the team. The hard work everyone puts in every day has brought so many PR's to our program. Keep on making Mrs. Blagg proud for us!  
- Mia and Maddie



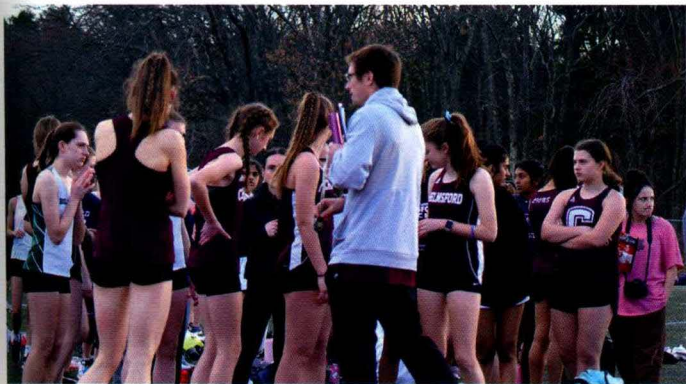
I can't believe how fast time has gone by. I have so much love and respect for this team, and I couldn't be more proud of this incredible group of girls! You've all worked so hard to get where you are today, and I hope you continue to have that fighting spirit in your hearts. Much love, your spracktain, Liv.

It's hard to believe these past 4 years of track are finally coming to an end! We can't thank you enough for all the hard work you've been putting into these past seasons and we can't wait to see you guys kill it next year. We almost beat Billerica this year and we know you guys can win next time! We've made so many memories together as a team from hosting MVC's freshman year to ending senior year hosting it for a second time, coming full circle!

-Megan and Grace







"Riddle me this batman."  
- Mr. Richter



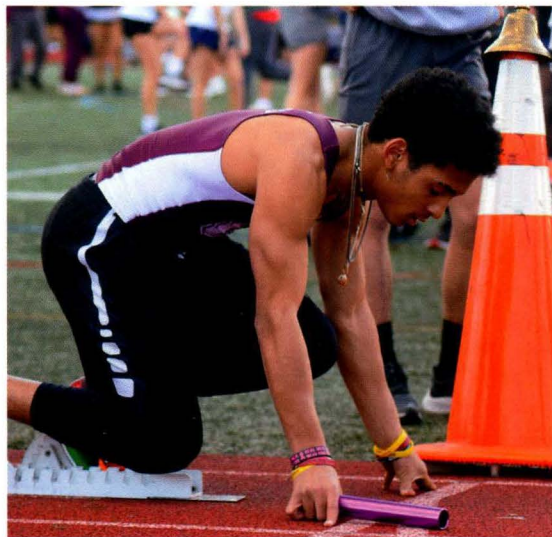
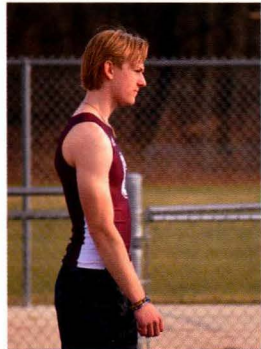
"You're running the 4x400."  
- Mr. Guarente



"Mustard Mentality."  
- Mr. McGrath



# Boys Spring Track



To our team, Track and field takes great skills. Whether it be strength, speed, or endurance, track is a sport that has allowed us to push ourselves and create new memories. Scanning over the track we have made strides everywhere. Our distance squad proved to be the most enduring one in the MVC, while our sprinters and hurdlers were the most athletic. Looking at the incredible field squad, they mixed athleticism and strength to dominate each meet. We proved to be consistent, optimistic, and hard-working throughout the season. We may have not won every event and meet this year, but we pushed ourselves and emphasized the qualities of hard work and dedication. As the season comes to a close, we want to commend you all for making this an amazing and memorable season. We wish you the best and hope that you continue your love for track and field.

Sincerely,

Will, Sankalp, Frank, Troy & Ricky

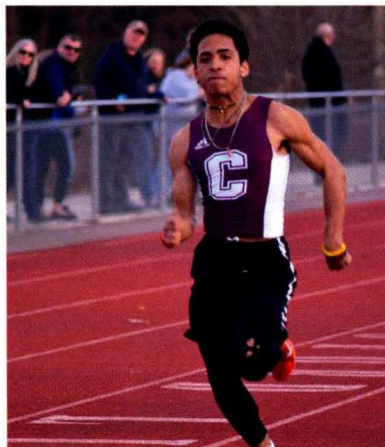
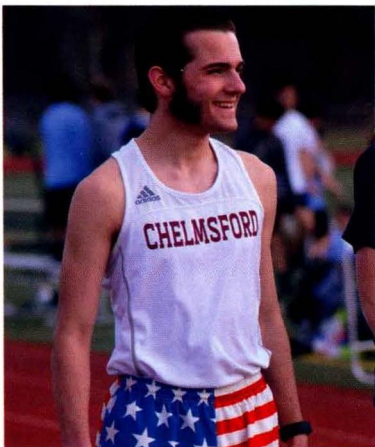




"Don't sleep on the Tarinis."  
- Mr. Richter

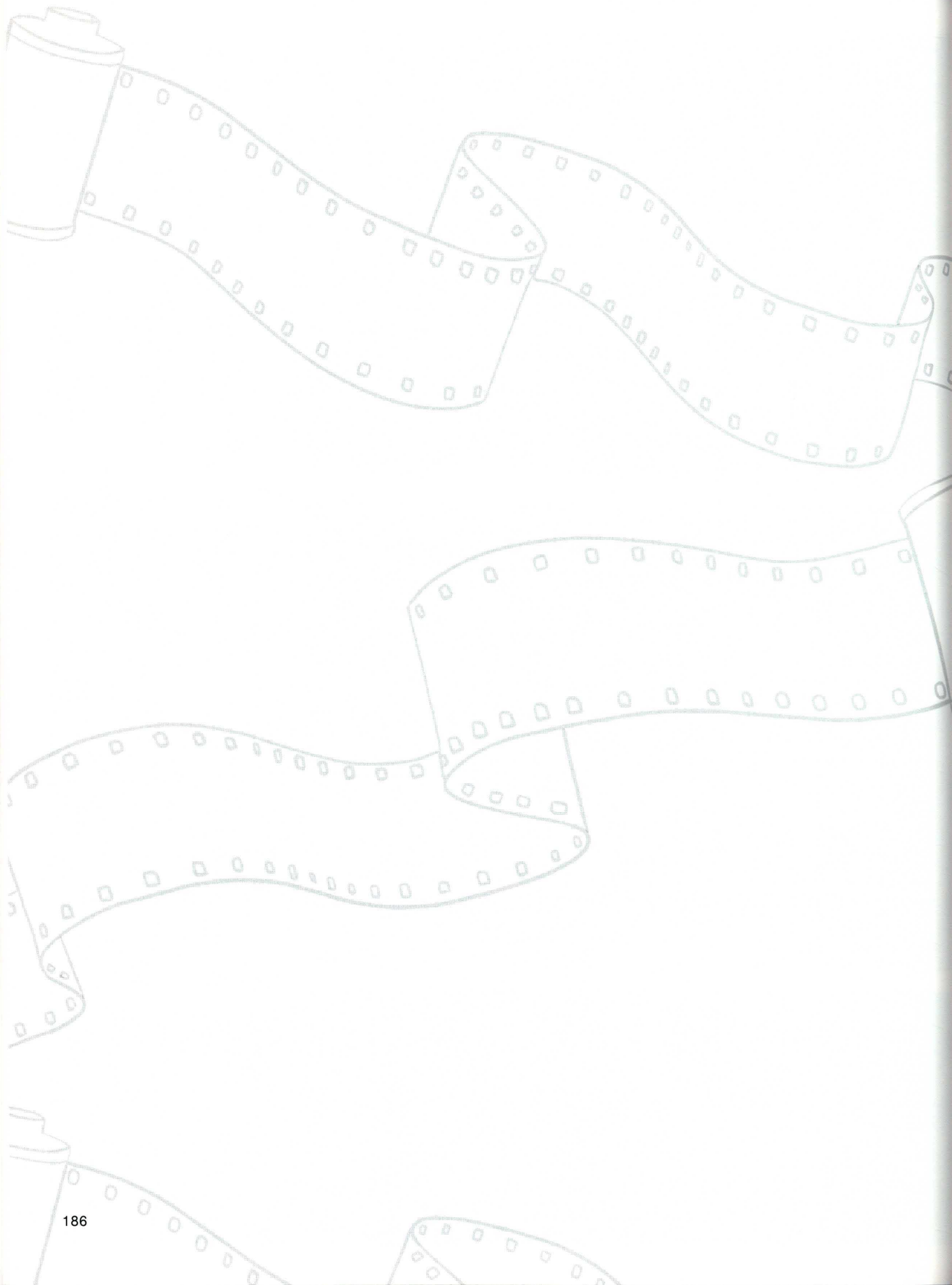


"Throw far and win meets."  
- Sankalp Bhojar

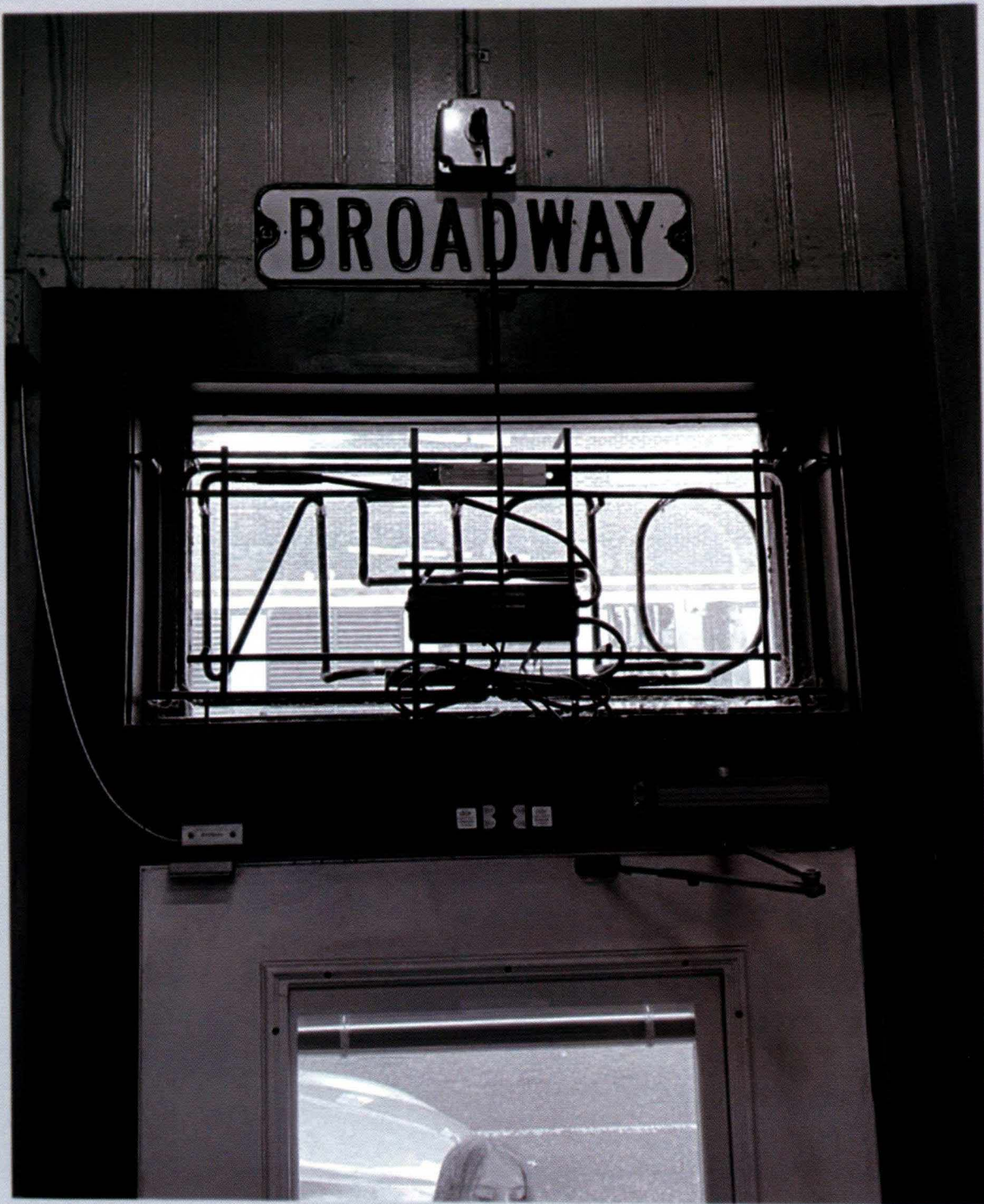


"Can't hide from our 4x1."  
- Ricky Looney





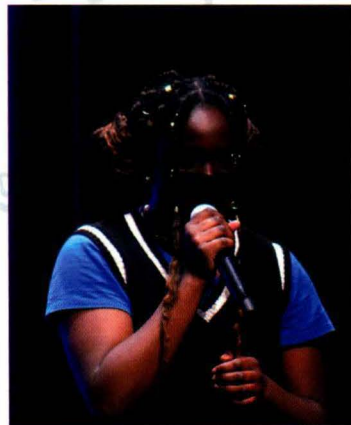




## CHAPTER FIVE



# The Crescendos a cappella







"Boots and cats  
and boots and  
cats!"  
-Kiki Deutschmann



"I love everything  
about this group,  
even the running  
we all hated!" -Jill  
Schna



"I love how when things  
don't go how we hoped,  
our group is able to  
approach the situation  
with a new plan. We  
constantly have student  
arrangers, percussionists,  
styles, and voice parts and  
I can't wait to watch next  
year." -Sophia Bruetsch

Dear Crescendos,

We are so endlessly proud of you all. Being in the group for 4 years, we have experienced this group in many of its iterations. Each of them are so beautiful, but this one is especially exceptional. We have always shown resiliency, but it was especially apparent after coming back to an in-person setting after only making music videos for almost two years. You are all incredible humans and musicians and the effects of our hard work are so apparent on stage; you can tell that we trust each other. In choosing our songs and soloists, arranging, choreographing, and deciphering the meaning of songs, we have bonded and improved both musically and emotionally, always with the thoughtful help of Ms. Roeder. Getting to compete in the NE Voices and International Championship of High School A Cappella competitions has been a crazy journey. Going to semifinals was a dream. To The Thursdays, we are so grateful for your support and for the incredible music you make. Having 18 seniors between the two groups this year means that next year will look quite different, but there is no doubt in either of our minds that the underclassmen will continue these groups in an impressive and ever-changing way. We hope you can always take the group from where it is and accept change with grace as this group has always done. We love you and our music more than words could ever express. We are forever grateful that we had the privilege to sing with you and be your co-presidents this year. As always, get loud!

With infinite love and bumblebee tuna,

Lily & Sachi <





# The Thursdays a cappella







"Hey baby see you  
at a cappella  
rehearsal' -Ben"  
-Liam Quinn



"And Doug, who is  
definitely wearing a  
shirt under this  
blanket"  
-Dan Schiefen



"sorry guys for  
taking up the entire  
hype playlist"

Dear Thursdays,

These past couple of years have been a wild ride to say the least. From rehearsals filled with tears of frustration to tears of joy, we have become a family. To get to sing at events like NE Voices and ICHSA for so many years is indescribable. Of course we've enjoyed the competitions and the gigs we've done, but we'll always remember the special moments in between where we got to just be with each other from bombing at bowling to invading Papa Gino's. We've seen this group meet every challenge head-on. From Blowin' in the Wind to Evergreen, every song we've sung holds a special place in our hearts.

To the Crescendos, we thank you for being our biggest supporters this year and for always putting on an incredible show. You are the epitome of what Chelmsford a cappella should be, and we're so glad that we both got to semi-finals this year.

To Ms. Roeder, we will never be able to thank you enough for everything you have done for us. Without you, there is no Thursdays. The countless hours you've spent arranging and directing us have been noticed and appreciated. Thank you and we will miss you.

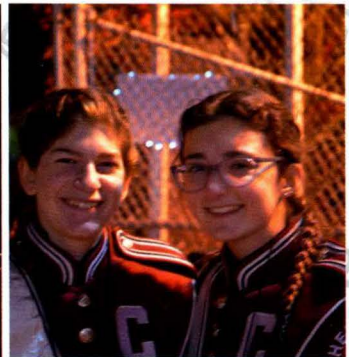
To the underclassmen who will carry on our group's legacy next year, we know you'll do an amazing job and we can't wait to come back and see the music you've created together. You've made us infinitely proud this year, especially coming back from the pandemic. It has been a privilege to be your co-presidents, and we love you guys so much. Don't forget your paper airplanes and Hum-Ma-Ma's next year!  
Yeahhhhhhhh,

Jackie & Doug





# Marching Band



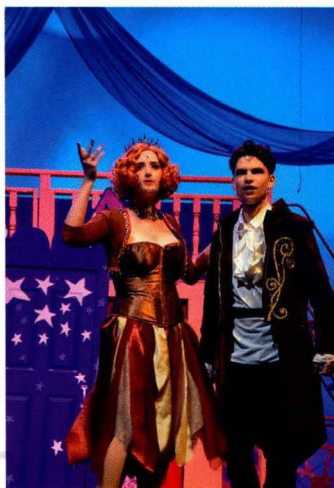
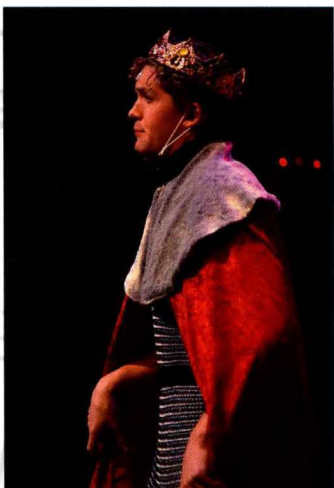
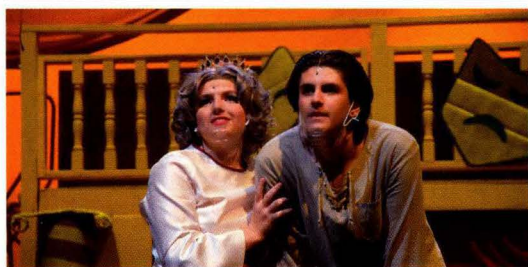
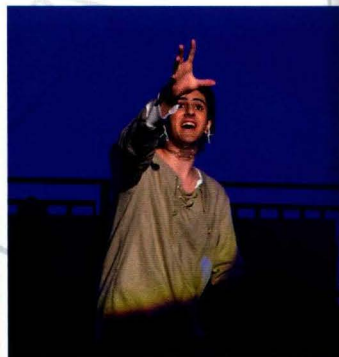


# Color Guard



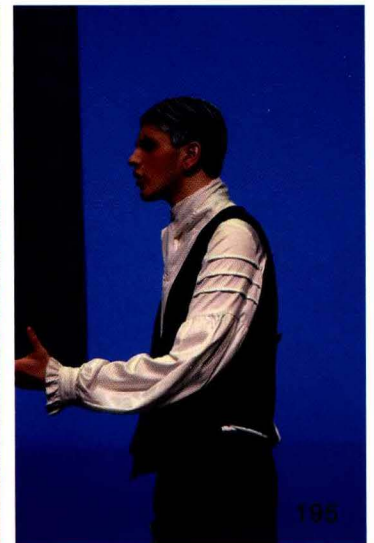
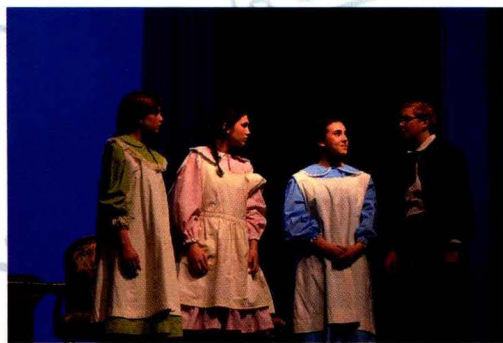
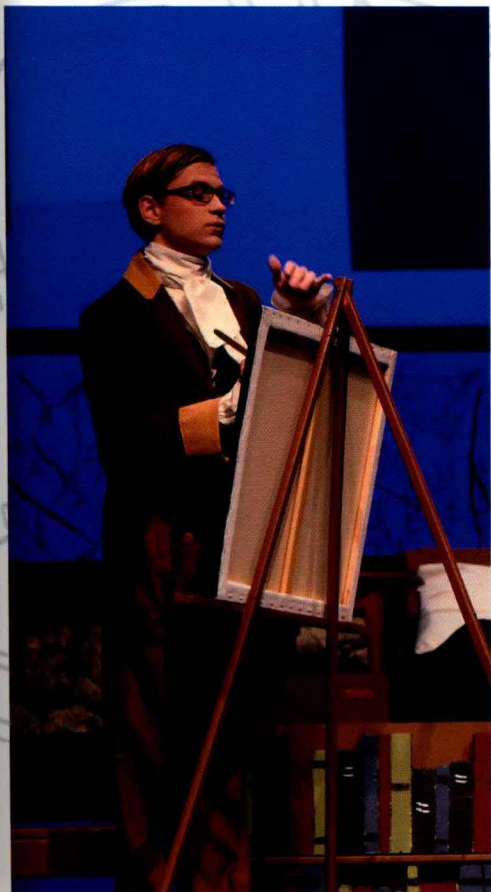
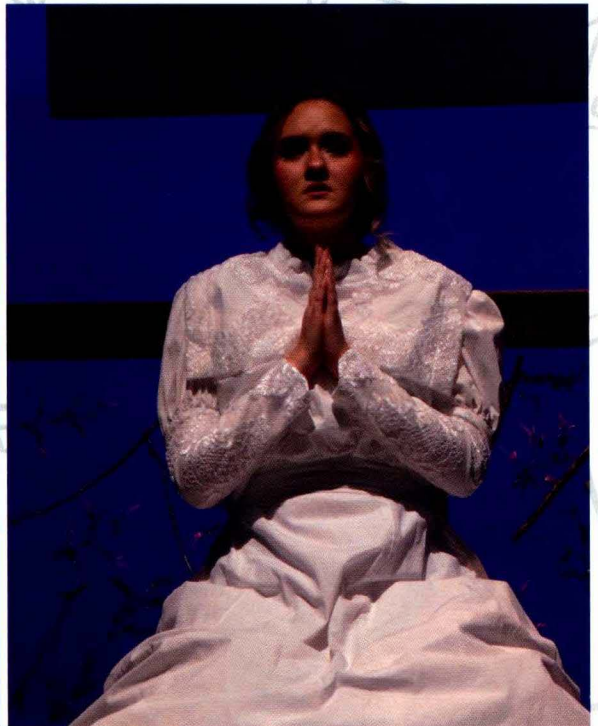


# Pippin





# Faith and Despondency

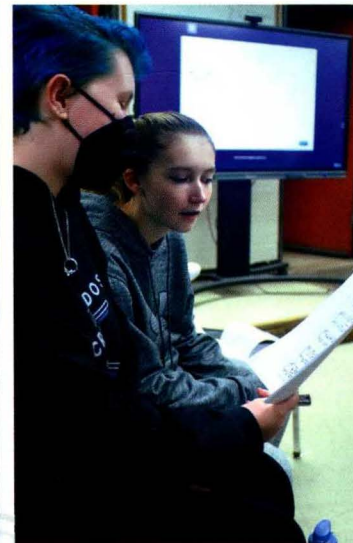




# Band, Chorus, & Orchestra

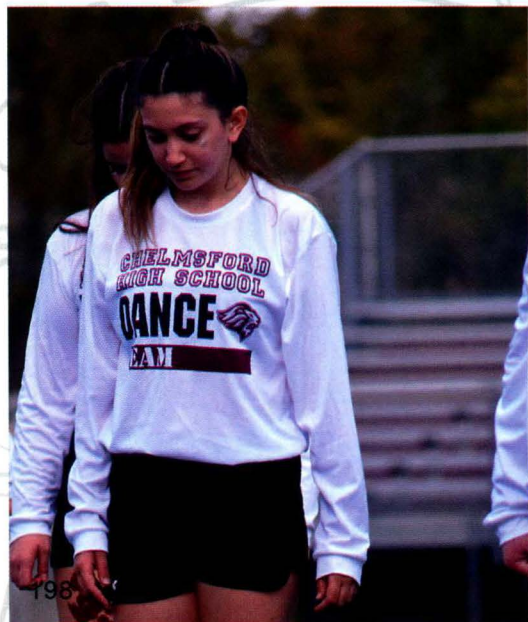
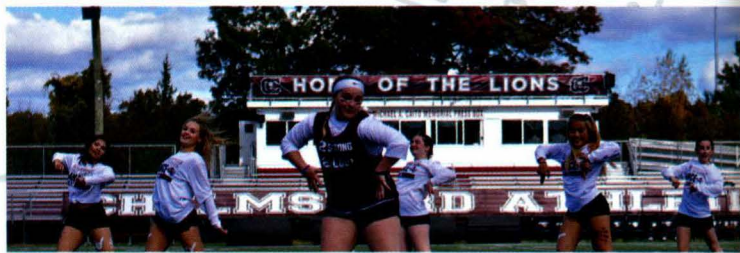








# Dance Team







"Gimme me a minute" -Brianna



"I can't go full out today" -Maggie



"Did someone bring a speaker?" -LJ

Dear Dance Team,

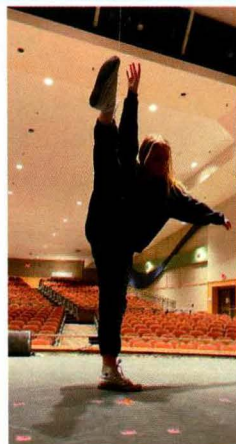
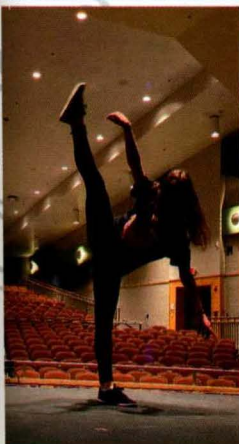
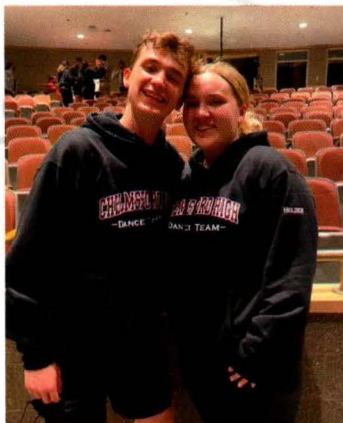
We are so proud of everyone and how close we have become as a team. The captains went into this year hoping to create a fun and carefree environment, and we are happy to see that come true. We will always cherish the memories that we've created with all of you and the laughs along the way. Especially witnessing some epic falls, and cracking jokes whenever we could. Thank you for trusting us and letting us use our creativity.

We love y'all so much, and we will miss each and every one of you <3

P.S... #DT4L

Love,  
your Captains

Bri, Mags, and LJ

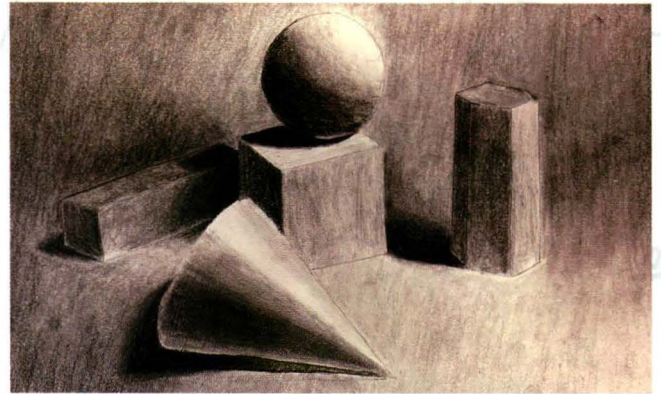




# Spotlight on the Arts



Daniel Jeong



Erin McNulty



Meghan Haynes



Owen Sullivan



William Lambert

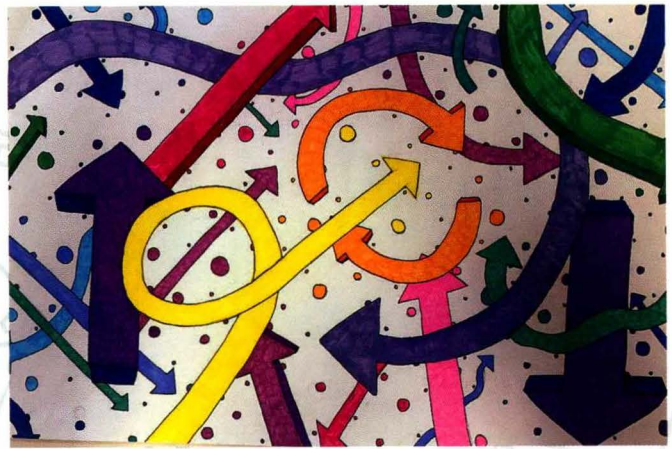


Josaphine LeBrun

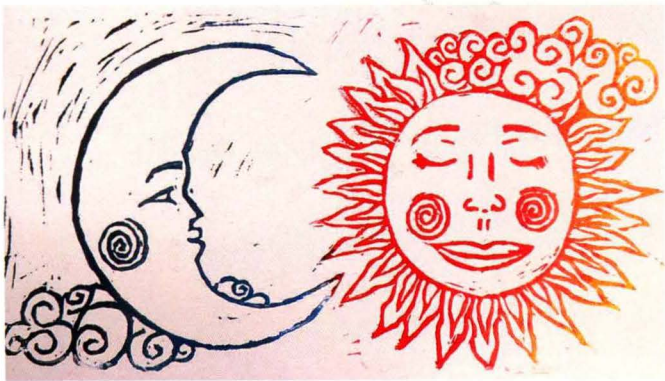




BeeBee Khamphilavanh



Jennifer Su



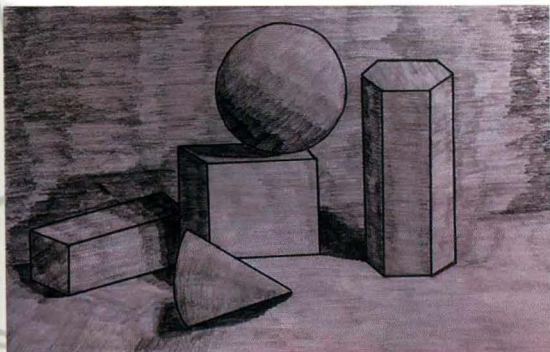
Ella Morin



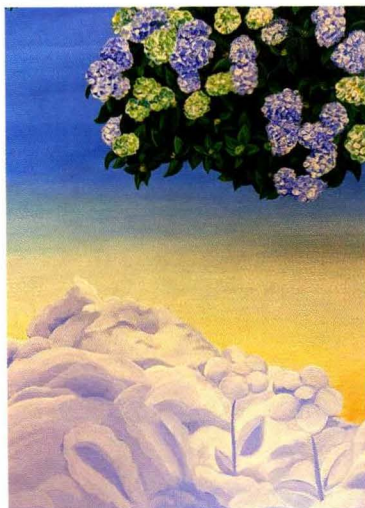
Avery Marr



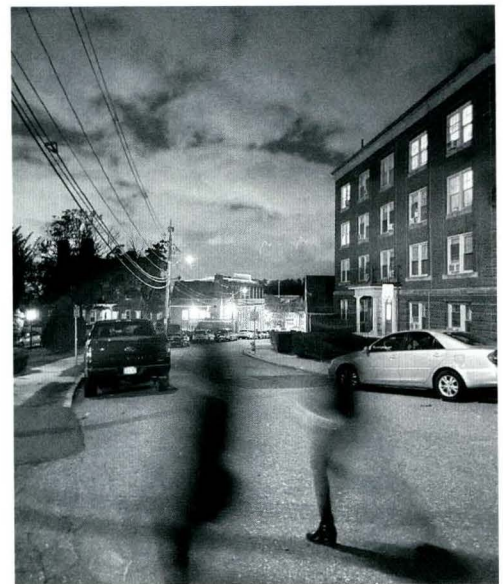
Lily Daigle



Rohan Gladson

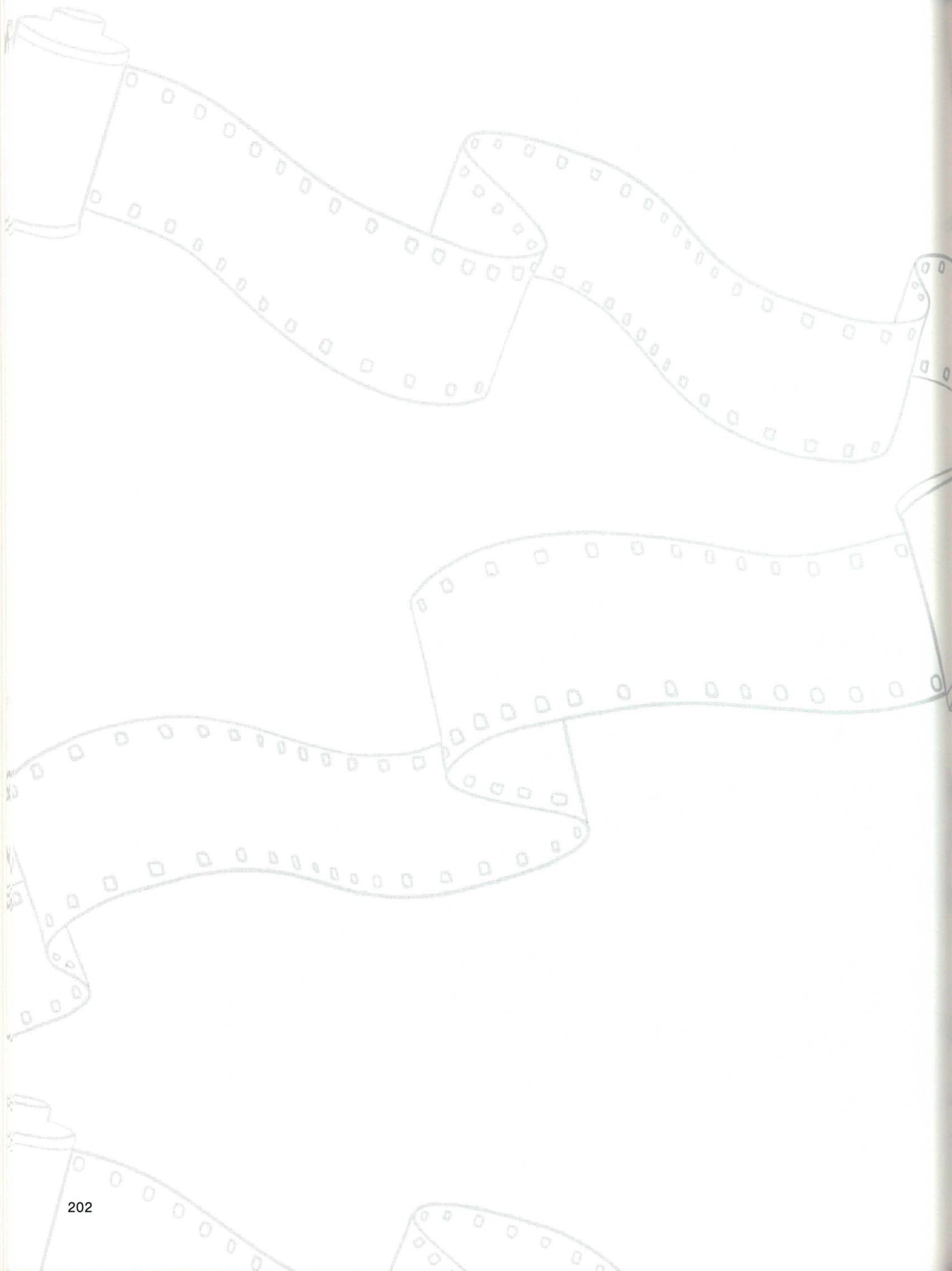


Krista Wilder

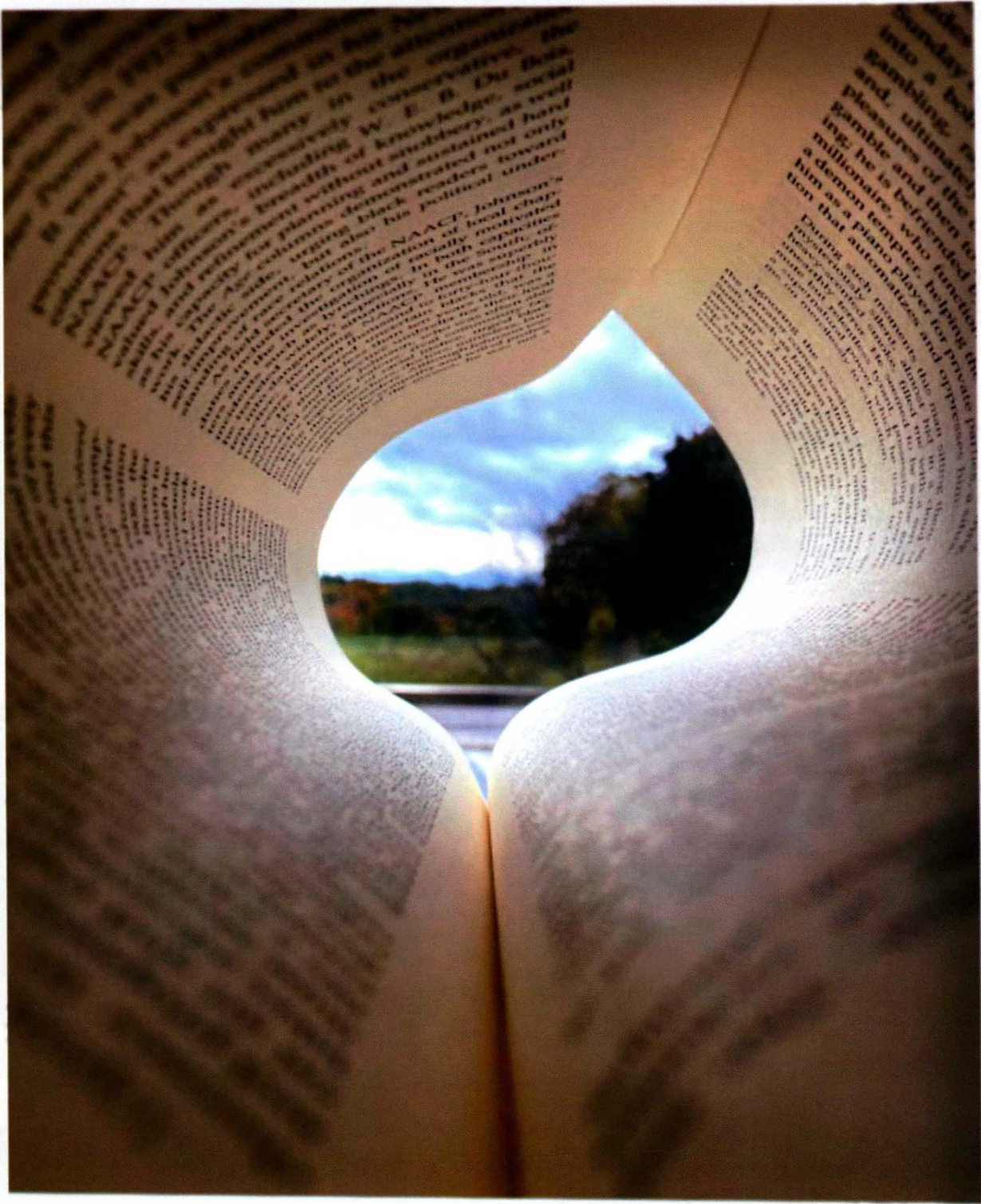


Siya Gunda









## CHAPTER SIX



# Clubs & Activities



Civic Action Club



Student Council



Speech & Debate



Lead Like a Girl

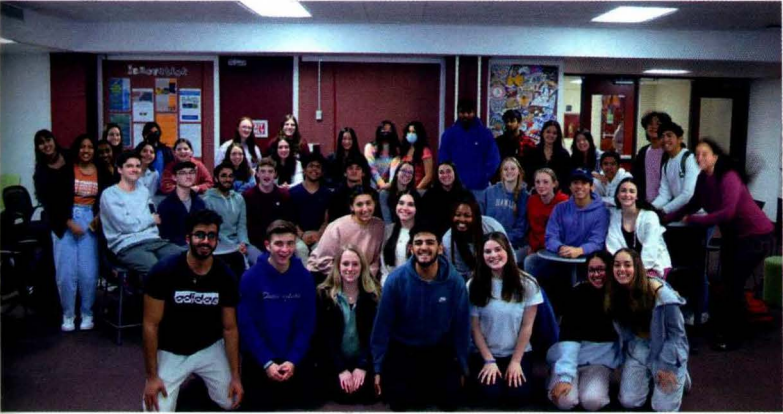


Math Team



Dungeons & Dragons Club





GIVE Club



Jazz Band



Melting Pot



Mentor Program



Poetry Club



TED-Ed Club



ASL Club



Science Team





National English Honor Society



National Honor Society



World Language Honor Society



National Science Honor Society



Tri-M Music Honor Society



Door Painting Project



DECA



LIME





CHSTv



Robotics Team



Best Buddies



Writing and Literature Club



Ecology Club



2025 Class Reps



2023 Class Reps



2022 Class Reps



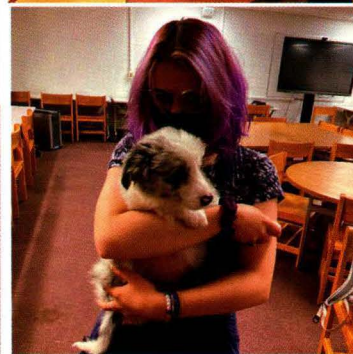
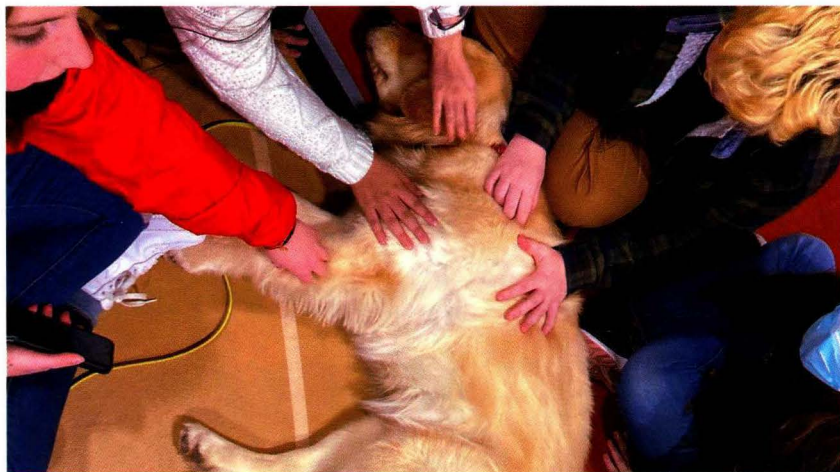


Black Student Union



Frisbee Team

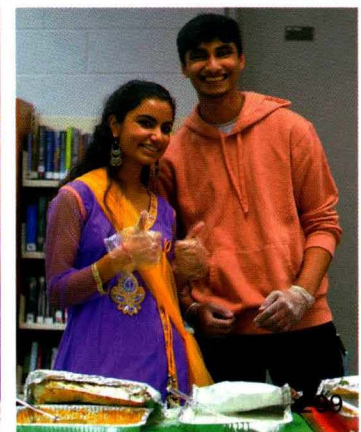
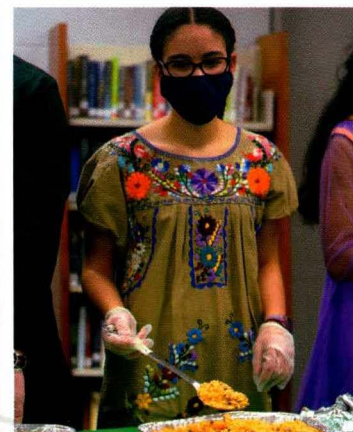
# Therapy Dogs by Mindfulness Matters



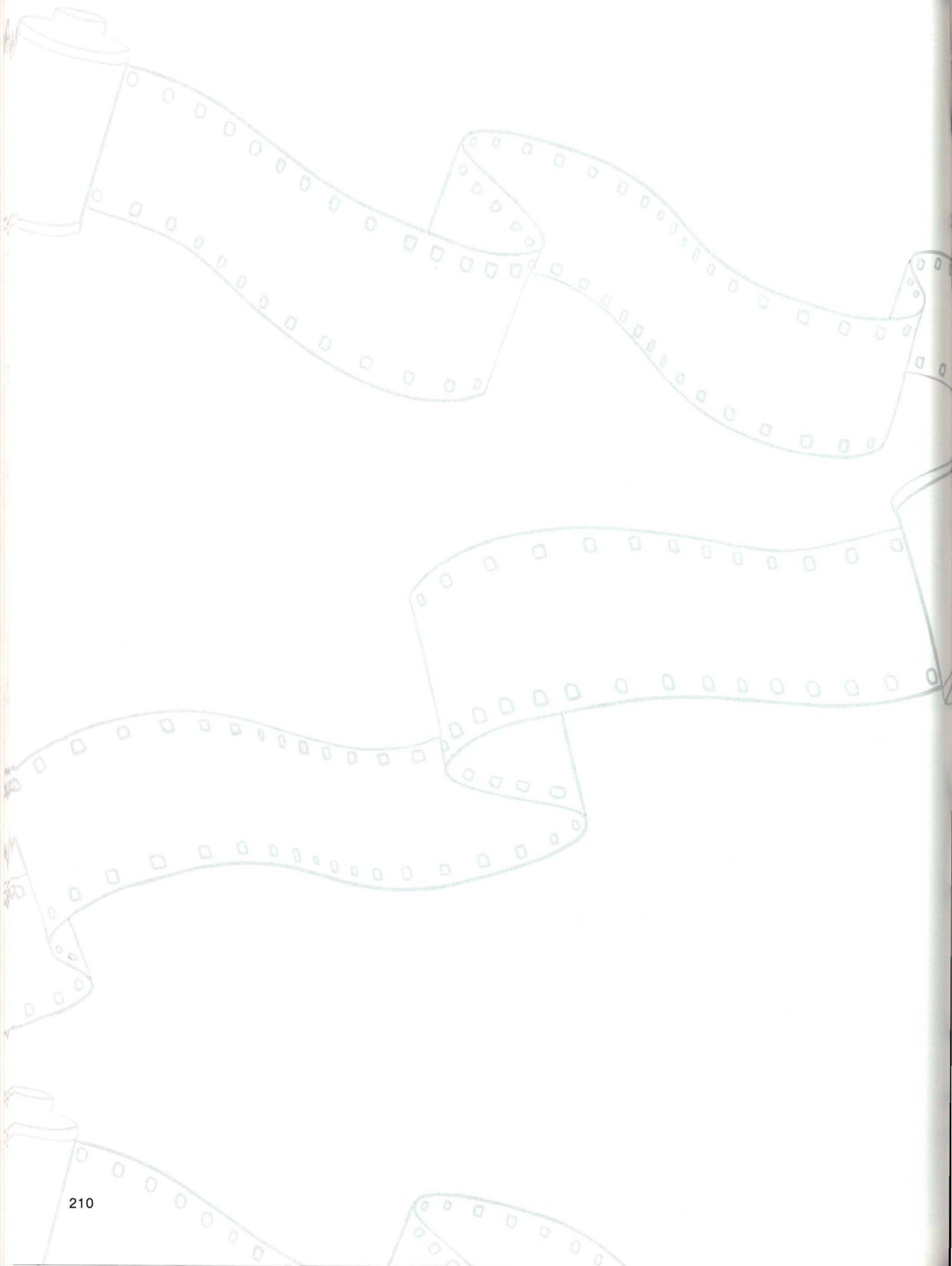


# International Lunch

by: Melting Pot







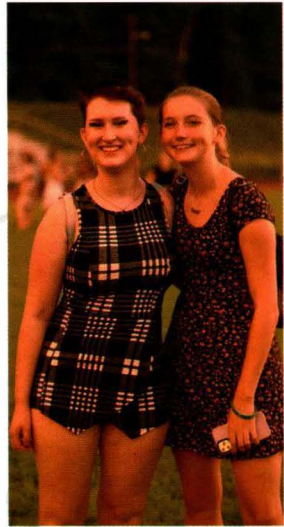




# CHAPTER SEVEN

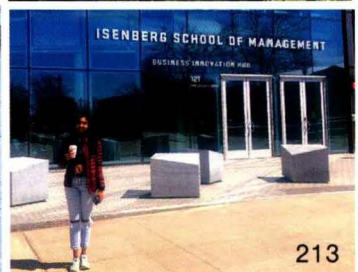
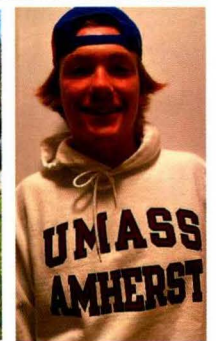
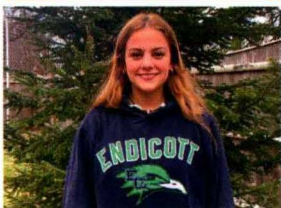
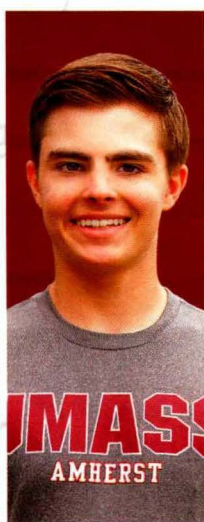


# From day 1...





# To now...





UMass Amherst  
 Carnegie Mellon University  
 Dartmouth College  
 University of New Hampshire  
 High Point University  
 Assumption University  
 University of Maine  
 Boston University  
 Simmons University  
 University of Rhode Island  
 Worcester State University  
 Stonehill College  
 Paramedic Trade School  
 Merrimack College  
 Southern Connecticut State Univ.  
 Hampshire College  
 Norwich University  
 Pennsylvania State University  
 Rensselaer Polytechnic Institute  
 Temple University  
 Salve Regina University  
 Clark University  
 Northeastern University  
 UMass Lowell  
 Pace University  
 Worcester Polytechnic Institute  
 Endicott College  
 Siena College  
 George Mason University  
 Cornell University  
 Massachusetts Maritime Academy  
 Gordon College  
 Western Michigan University  
 Wentworth Institute of Technology  
 Tufts University  
 Saint Michael's College

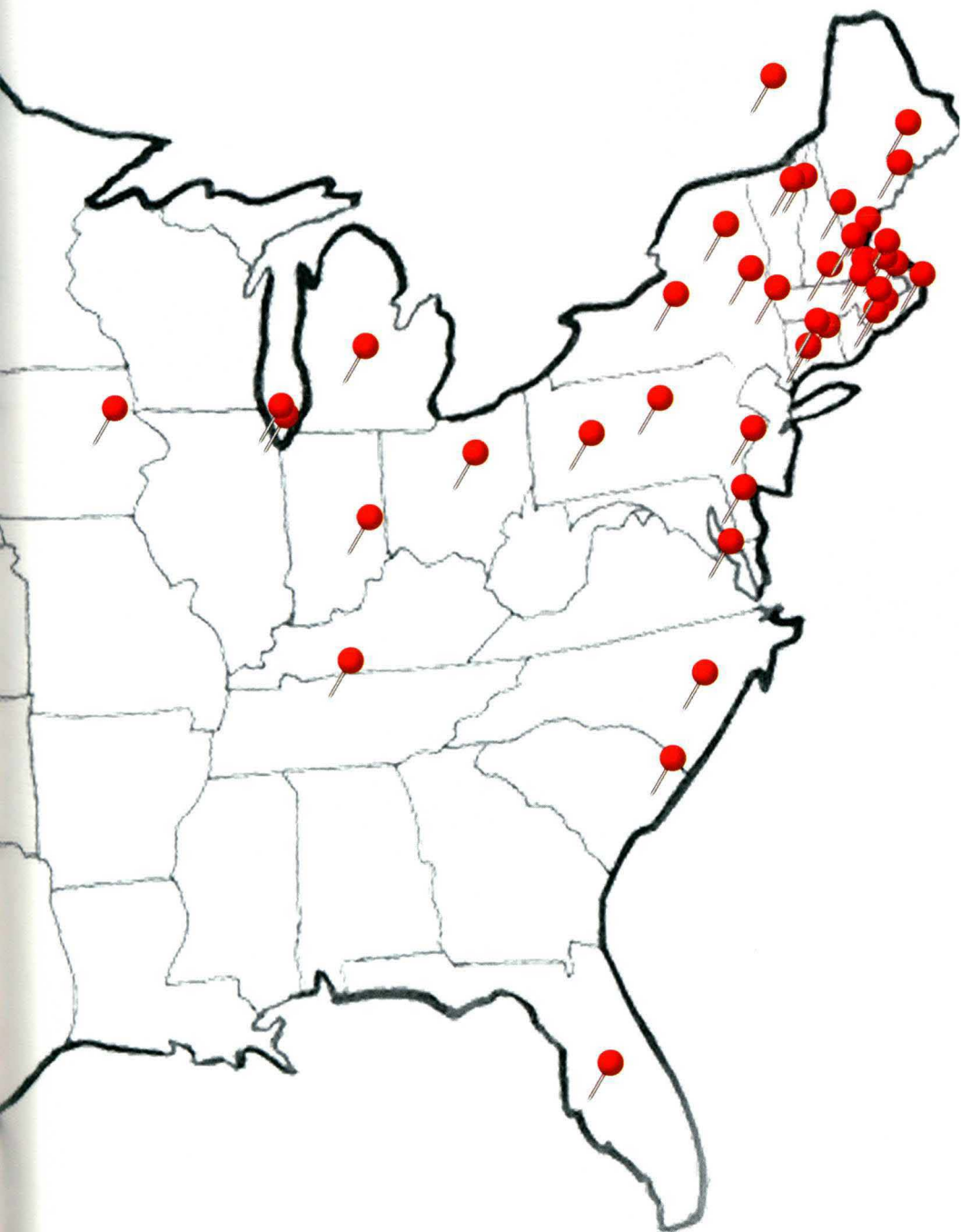
# Where Are



University of British Columbia  
 Roger Williams University  
 Curry College  
 Howard University  
 Emerson College

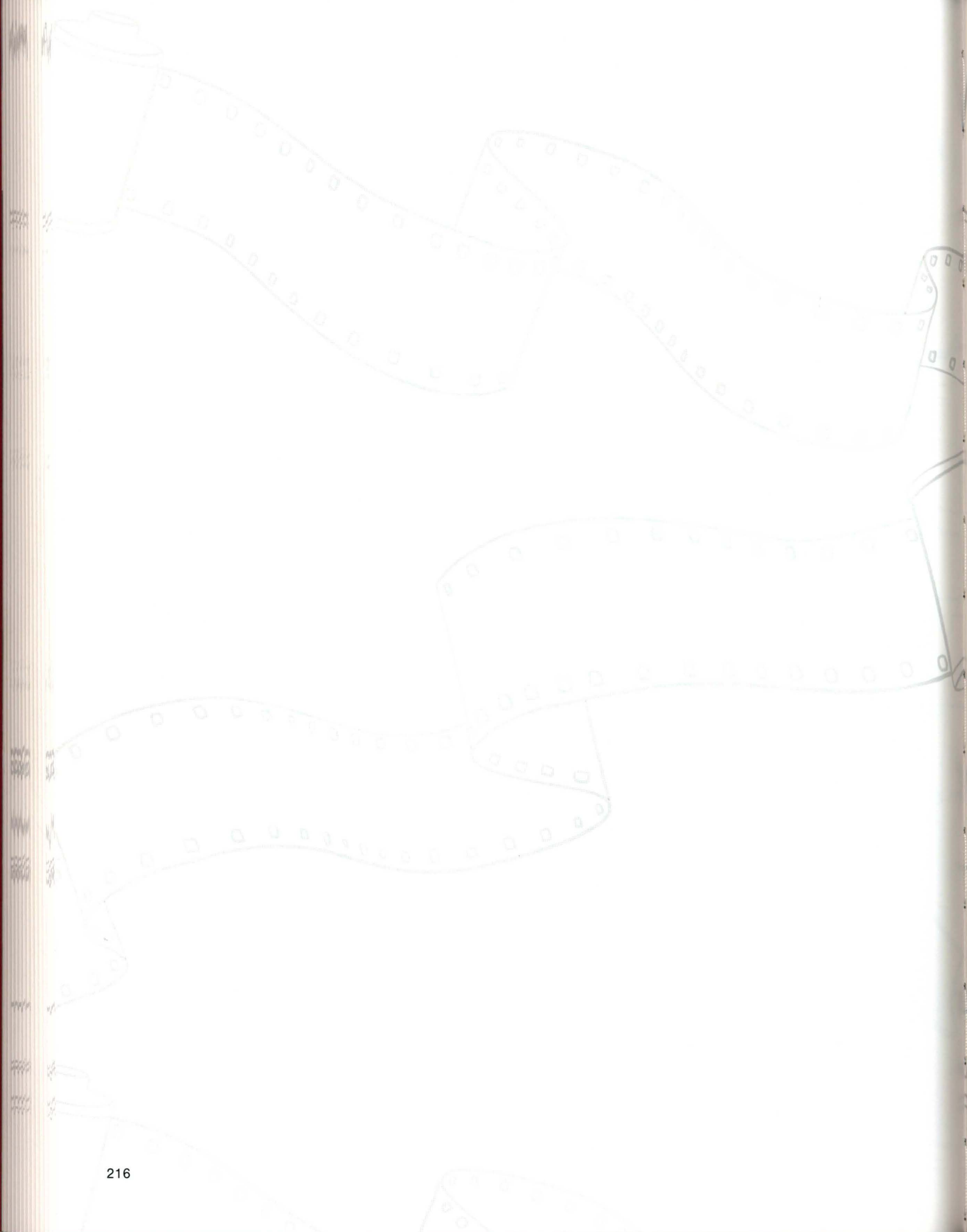


# We Headed?

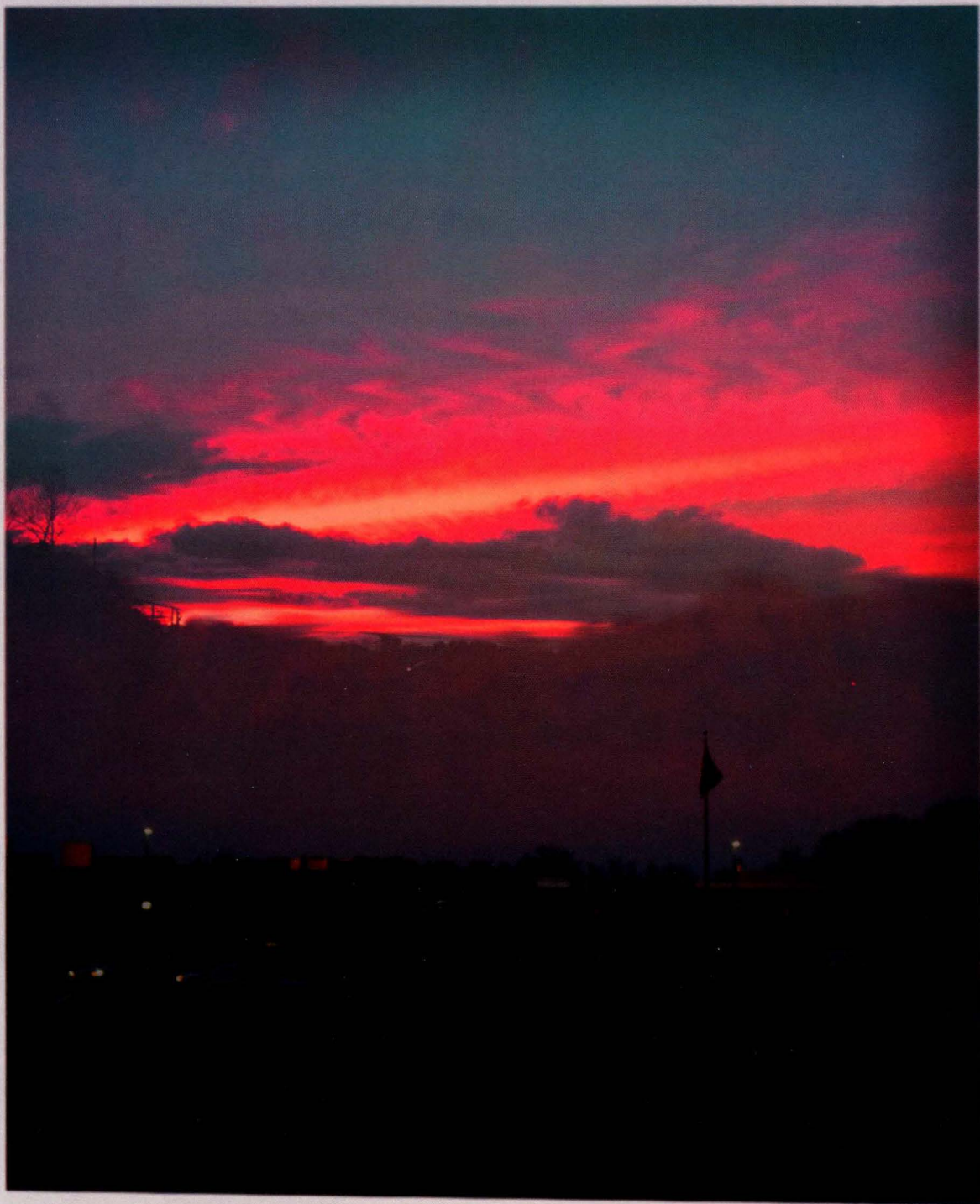


- Mass College of Art & Design
- Nashua Community College
- College of the Holy Cross
- Rivier University
- Sacred Heart University
- Springfield College
- Quinnipiac University
- Syracuse University
- University of Connecticut
- Bentley University
- Belmont University
- Western New England University
- Ohio State University
- Coastal Carolina University
- Westfield State University
- Champlain College
- Providence College
- Franklin Pierce University
- University of New England
- Boston College
- University of California Irvine
- University of Colorado Boulder
- University of New England
- University of Hartford
- Columbia College Chicago
- New York University
- Grinnell College
- Northern Essex Community College
- Plymouth State University
- University of Tampa
- Indiana University
- McGill University
- University of Illinois
- United States Navy
- Fashion Institute of Technology
- Fairfield University









## CHAPTER EIGHT



# Yearbook Staff

Chief Editor: Siya Gunda

Head Photographer: Lily Daigle



I am super proud and relieved we finally finished this yearbook. As Head Photographer, I took lots of pictures (sorry for lurking so much), designed pages, sent lots of emails, and coordinated people to take photos. In making this yearbook and ones from years past, I learned that nobody can do anything fully on their own; anything and everything we do is a group effort, whether we think so or not. Thank you for always being willing to pose for photos and send in your own, and we as editors and a club are looking forward to this book being something to immortalize our extremely weird yet beautiful time at Chelmsford High. I am grateful for our advisors, Mr. Cole and Mr. Van Blarcom (affectionately known as Veebs) for always doing so much behind the scenes. Thank you to Aly, Siya, and Campbell for being a great editorial board, especially since we are all super different and bring different things to the table. Thanks so much to the staff for everything! We hope you look at this yearbook with nostalgia for our shared CHS memes (you know the ones), memories, and reminders of all of the times, good and bad. Best wishes to everyone!

Sports Editor: Campbell Brown



Being able to capture our last year at CHS has been a fun and challenging honor that has presented multiple trials for the yearbook staff and I to overcome. Going from sports games to constantly pestering the captains and learning to take photos this year has been a wild journey. I hope this yearbook is everything you have hoped for and that we captured every moment. From tryouts to stepping off the field for the last time, and everything in between, this year has been a whirlwind of events. Through this book we have created, I hope these memories will be looked back on fondly for years to come. Thank you to Mr. Cole, Mr. VB, Lily, Siya, and Aly for being by my side during it all. Most importantly, thank you Class of 2022 for trusting us to capture such a momentous and important year in our lives.

Business Editor: Alyson Mireault



The past four years have been nothing short of unique. We have made it to the end of our time in high school with only one normal year under our belt, but we have made the most of our time together. The members of the yearbook and I have worked to make a book that was totally Class of 22. From senior kickoff to our college commitments, we did our best to capture our best moments. I want to thank Mr. Cole and Mr. VB for keeping us on track and making sure everything ran smoothly. I want to thank Siya for being such an amazing creative genius when it came to making this book. I want to thank Lily for being so chill, artsy, and putting up with my stubborn nature. I want to thank Campbell for being the relaxed and organized one of the group as well as always making sure that things were done properly. Lastly, I want to thank the Class of 2022 for growing up alongside me and making memories to last a lifetime. We sincerely hope you enjoy the book and I wish you all the best in the next chapter of your lives.

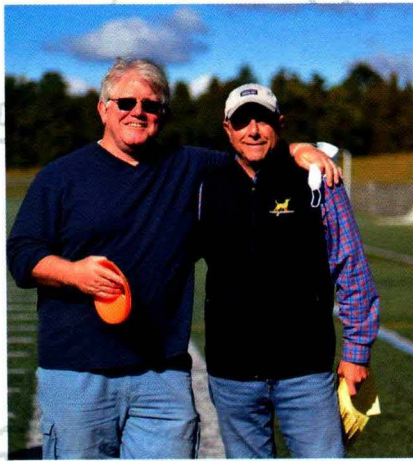




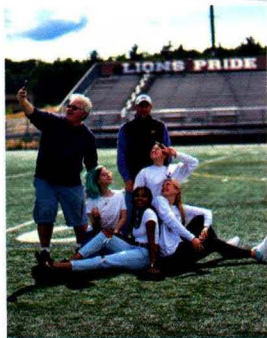
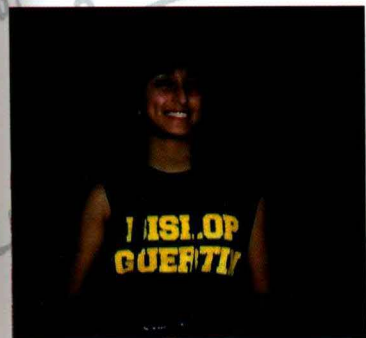
Advisors: Mr. Cole and Mr. Van Blarcom

Assembling a yearbook is not an easy task. It's a 12-month, almost 24 hour, 7-day-a-week siege of commitment. Taking and collecting excellent photographs, gathering and proofreading appropriate blocks of text, designing and blocking 250 pages, selling advertising - all of it is an exhausting but very worthwhile pursuit. It has been our distinct pleasure to work with such a fantastic board of editors and creative minds like Siya, Lily, Aly and Cam. They have taken a blank canvas and filled it with wonderful memories, great humor, sentiment, enduring and awesome photos, and an immeasurable amount of heart. They are to be congratulated for assembling and leading such a wonderful staff and putting together a marvelous book from absolute scratch. We consider ourselves fortunate to be associated with such driven and talented young artists. Thank you all for amazing efforts.

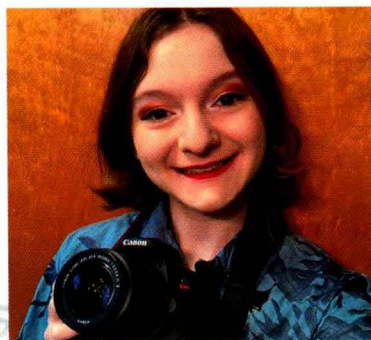
All the best,  
Mr. Cole and Mr. V.B.



**Photographers:** Sriya Yerasu, Nhyira Nkansah, Miranda Crawford, Revati Mahurkar, Lindsey Sciacca, Avery Marr, Allyse Miller, Katherine Lesire, Beebee Khamphilavanh



**General Staff:** Akhila Garre, Deekshitha Kasagani, Ananya Anand, Karina Salazar, Kriti Singh, Lara Soliman, Aysha Taha, Janslyn Williams, Koliyanei Seng-Ty





# Letter from Class Advisors

To the Class of 2022

There is a recurring theme heard by seniors upon graduating from high school which we can summarize into the following. "You have overcome great challenges, employed resiliency, worked diligently, and achieved much, earning the walk up the ramp onto the stage to receive your diploma." These words make sense in that they describe the culmination of 12 years of public education where challenges do occur. Resilience is necessary and hard work is a must to get to that stage. However, when you, a member of the Class of 2022, hear these words from teachers, family members, or graduation speakers, it's not just prose meant to amplify this crowning moment.

As members of the Class of 2022, you can honestly boast that you truly have overcome great challenges, in fact, one of the greatest challenges to ever befall humankind. Imagine the stories you will tell in 20, 30, or even 50 years from now. "They shut down school. We had to learn by staring at a computer screen with our teachers in front of a camera. They told us to stay at home." The list goes on and in the wake of what you experienced you have become the definition of resiliency. You had no choice but to work hard and redefine the ways you learned. You have absolutely earned the walk up that ramp.

So now what? Where do you go from here? Allow us to offer you our thoughts. Take the experiences you've lived, the lessons you have learned, the resiliency you have gained, and go succeed! Surely when you look back, you must realize that you have the tools and the will to achieve...so go do it. Work hard, enjoy life every chance you get, and be kind to yourself and others. It is definitely up to you. We will close with the words of Dr. Theodor Geisel:

"You have brains in your head.  
You have feet in your shoes.  
You can steer yourself  
any direction you choose.  
You're on your own. And you know what you know.  
And YOU are the one who'll decide where to go."

So go...with our sincerest wishes for continued happiness and success!

Mr. King and Mr. Russo





# Class Officers

Sankalp Bhoyar: Vice President



Where do I begin? First off, I would like to say thank you. Thank you for being the best class ever. The memories we all created are unmatched. We, as a class, have been through so much, and despite all the challenges, we rose above and accomplished so many incredible things. We are a special class; we stood together and became united in the face of a global pandemic. We kept pushing the limits despite these challenges, and brought back so many amazing things that allowed us to create new memories. We were able to bring back House Olympics, Senior Week, and dances that we missed so dearly. This all occurred because of you guys, the best class ever to walk the halls of Chelmsford High School. Again, thank you guys for making these the best 4 years of my life. I cannot wait to see all the things you guys will accomplish, and I wish everyone the best in their future plans. Until then, thank you Class of 2022, it's been a pleasure.

Allie LoCoco: Secretary



Our class definitely had a non-traditional high school career. We have faced many obstacles and gone through ups and downs. However, I feel as though our class has grown closer and stronger because of everything we have been through. I have been amazed by our class's strength, perseverance and determination. I have loved growing up with everyone for the past four years. The memories we have all made together, I will never forget. You all have truly made it special! Keep doing great things Class of 2022! I have had a blast being your secretary. Thank you for everything!

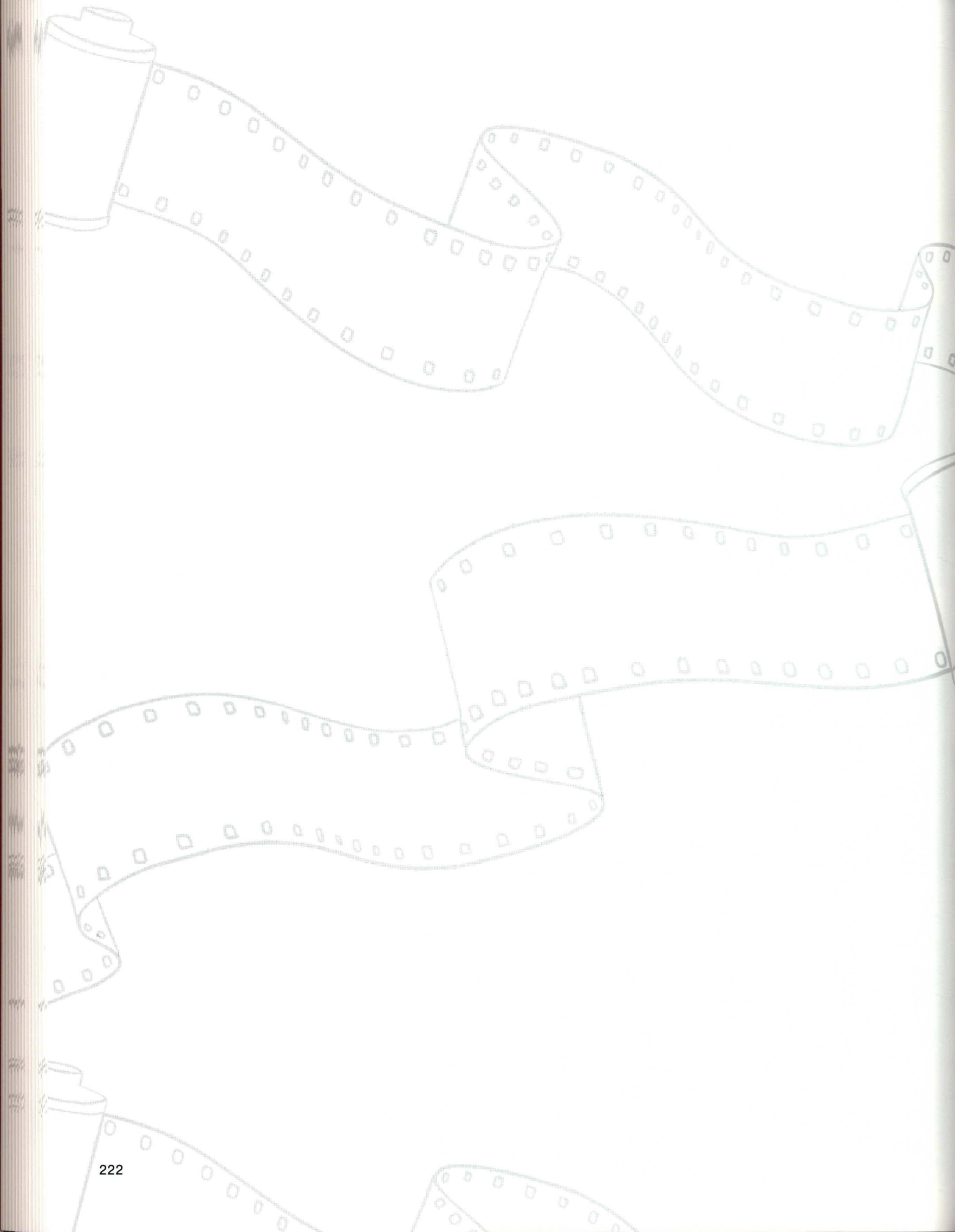


Ellen Angwin: Treasurer

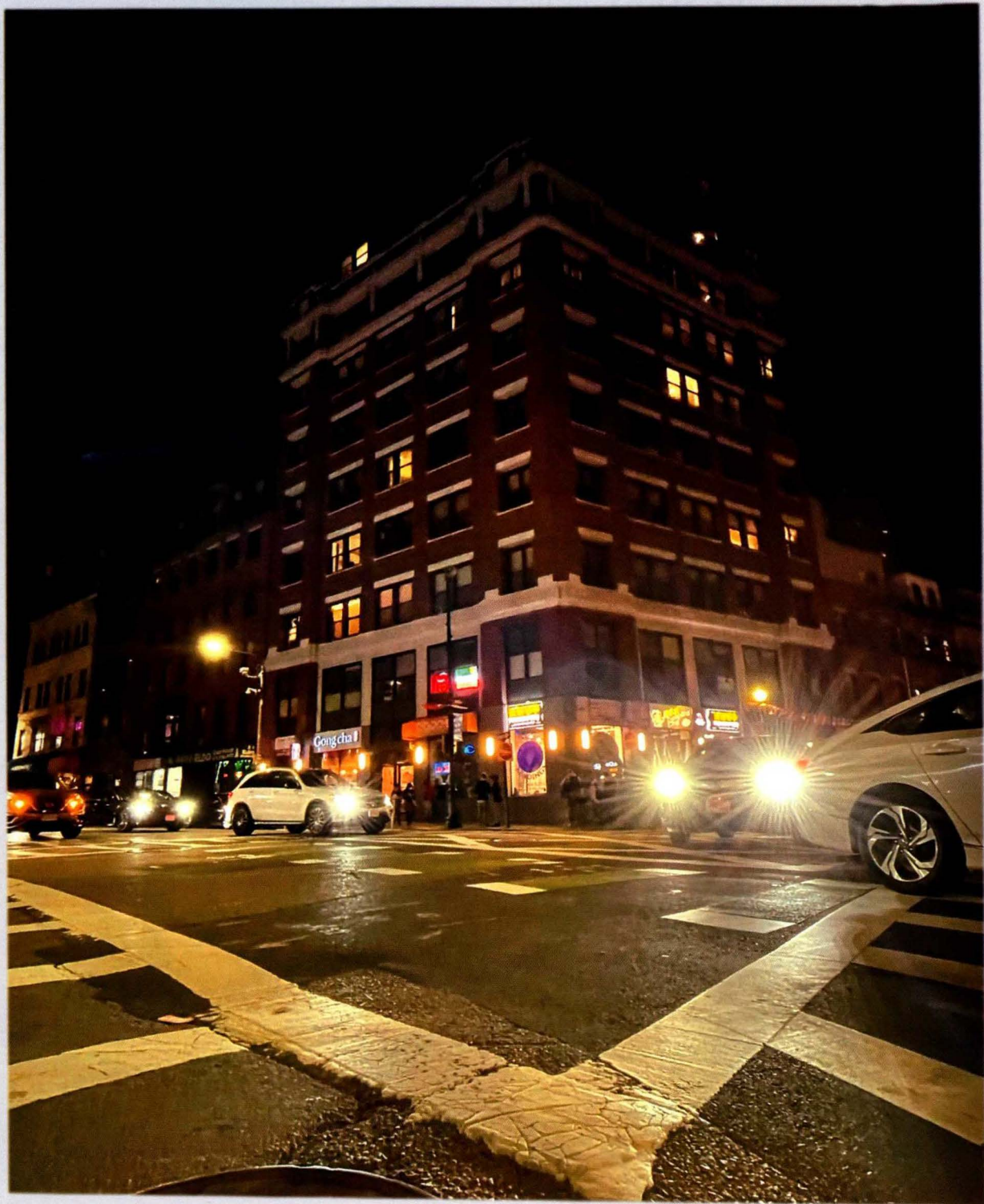


Hey Class of 2022! I can't believe how the past four years have flown by. From walking into the school with all of you as freshmen to now, the last few years have been so much fun. I hope you all have enjoyed them as much as I have! I want to thank all of you for an amazing high school experience. There is no other group of people that I would've wanted to spend the last four years with. Even though they weren't the four years we imagined they would be, we got through it together. I hope none of us forget the friendships we made and the bonds we formed with each other. These last four years have been so special and I can't wait to see what you all do!









## CHAPTER NINE



# Signatures







# Chelmsford High School Alumni Association

**Congratulations  
Class of 2022  
Welcome to your  
Alumni Association**

## **Board of Directors**

### **President**

Terry A. McSheehy – '64

### **Vice President**

Louis A. DiStasi, Jr. – '97

### **Treasurer**

Elisa Simonian Ouellette – '87

### **Clerk**

Nancy Delmore Hughes – '65

### **Recording Secretary**

Michelle Hamel Maybury – '82

### **Executive Director**

George Simonian – *Principal Emeritus*

Dennis J. Hunt – '64

John MacIsaac – '01

Kirk D. Marshall – '82

Cynthia Judge Sandholm – '69

Jerelyn Rondeau Serra – '98

W. Allen Thomas, Jr. – *Principal Emeritus*

Stephen D. Murray – '88 – *Ex Officio*

### **Student Representative**

Kayleigh Duncan – '22

Ken Damon – '23

### **Administrative Assistant**

Lynne Marshall McSheehy – '64







# THANK YOU

## FROM THE GESKUS TEAM

### **At Geskus, we know it's more than school pictures.**

We know that capturing a real smile is about providing the best product and experience for everyone involved.

We know that being local matters. We love being involved with the schools and the communities we service.

We know what it takes to achieve awesome. We abide by our core values of high quality pictures, affordable prices, constant innovation, and superior customer support.

— *We know that without you, we cannot be our best.* —

Thank you for recently allowing us to introduce ourselves. We look forward to seeing your smiling faces again!

**We appreciate your partnership.**







# Caffè

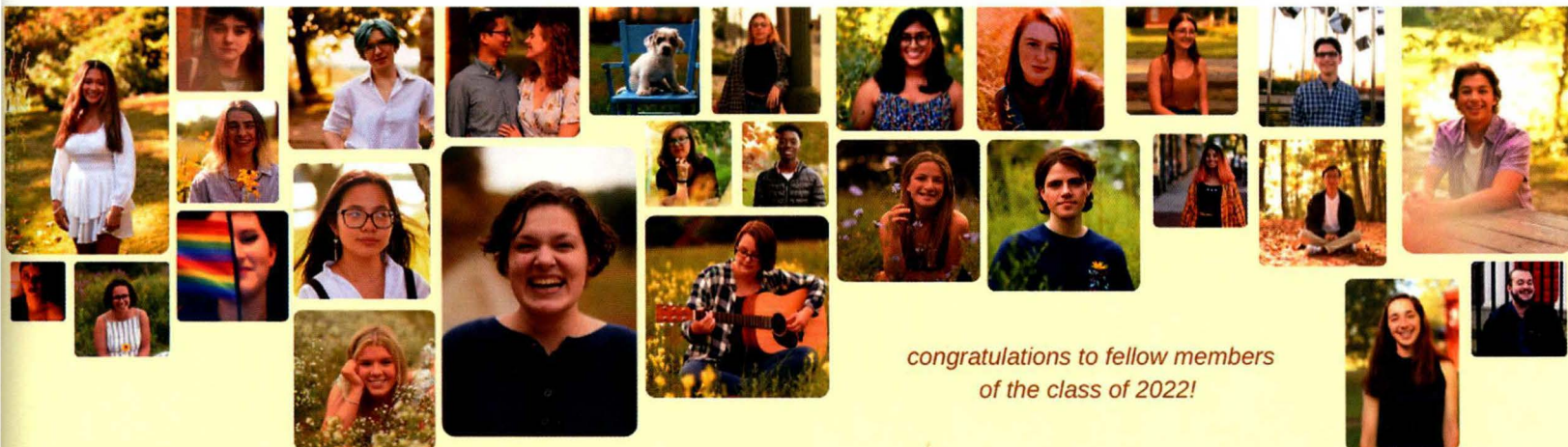
Coffee  
Muffins  
Bagels  
Paninis  
Wraps

***Catering Available***

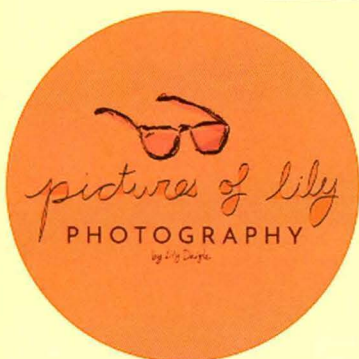
118 Chelmsford Street  
Chelmsford, MA 01824

[www.kjscaffe.com](http://www.kjscaffe.com)








*congratulations to fellow members  
of the class of 2022!*



**need senior photos? engagement, family, professional headshots?**

*contact for booking/questions:*



 @picturesoflilyphotography  

 picturesoflilyd@gmail.com

We will work together to pick a perfect location, overall vibe, and playlist for your session. Lily makes sure each one of her clients is comfortable and see their authentic selves in their photos!

- affordable
- comfortable setting w/ music
- colorful
- local business- photographer of the class of 2022!

Siya is very flexible and will make sure to meet every client's needs! She strives to capture everyone's individuality and is willing to work hard to make sure her clients are satisfied!  
Visit my website: [www.isgvidsi.wixsite.com/photography](http://www.isgvidsi.wixsite.com/photography)



## Nicholas Racioppi

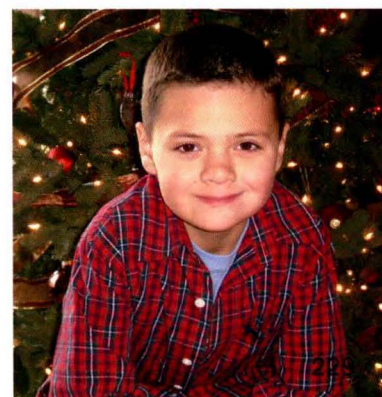
To our last of three! We are so proud of the young man you have become and for always staying true to yourself. We can't wait to see what the next chapter in your life will be, it's a journey we are excited to be part of.  
Love, Mom, Dad, Alec, Julia & Bentley



## Collin Reid

Congratulations Collin!  
You did it! You can accomplish anything you set your mind to and never forget you have amazing potential! Enjoy this next chapter in your life. We love you so much and are so proud of you.

Love Mom, Dad, Gavin and Colton





# Matt Kunze

Congrats Matt!

The last four years have been an adventure for you and your classmates. Still, you have accomplished a lot and have even more to look forward to. Nothing will stop you and the rest of the class of 2022! Life awaits!

We Are So Proud of You!

As the lyrics say:

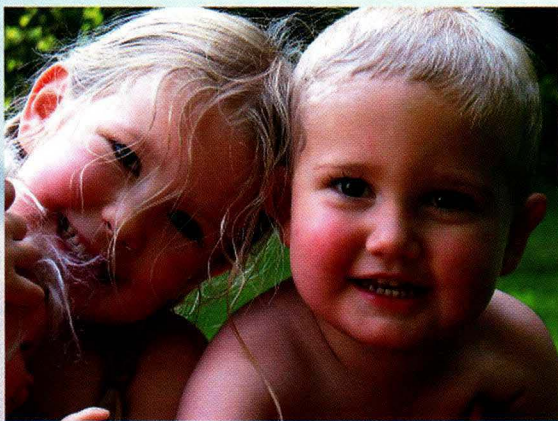
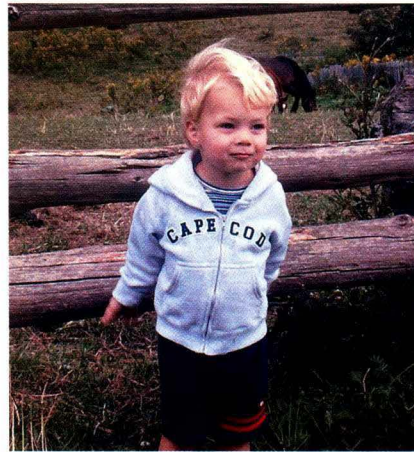
“From the heart...

All of these dreams that you made true...

We're Proud of U, Proud of U, Proud of U, U, U, U...”

With Love Now and Forever,

Mom, Dad, Hannah and Erin



*Campbell Brown*



Fearless is having fears & jumping anyway. Go be fearless.

We all love you to pieces Campbell!!!  
Love Mom, Dad, Bobby, Becca,  
Willy, Jill, & Thomas



## Krista Wilder



Congratulations Lulu,  
Class of 2022!

We are so proud of you for all you have accomplished and for all the hard work you put in during your HS years. The world is out there, you can be anything you want to be. We need more people like you: smart, caring, passionate, artistic, and such a beautiful all around young lady. Go get them Luv Bug, the next chapter begins.....we can't wait!

WE LOVE YOU!

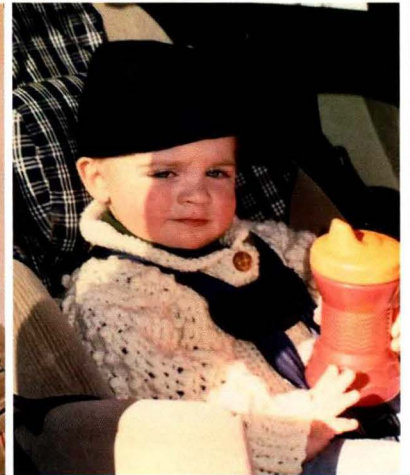
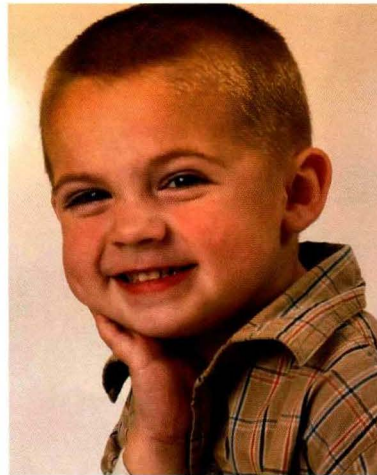
Mom, Dad, Kyle & Mocha

## Liam Crowley

Congratulations, Liam!

We are so proud of you and all you have accomplished. We are so happy for you, and look forward to seeing all the future holds for you. Always remember to enjoy the journey, and keep reaching for the stars

We love you!  
Dad, Mom, Owen, & Declan

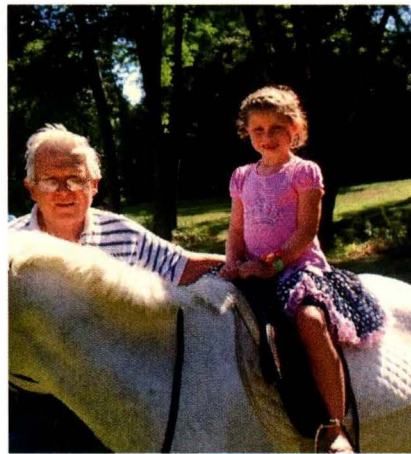


## Samantha Malone

Congratulations Samantha!

So proud of you! We are excited for the next chapter and adventures in your life!! Dream big, live big, study hard, play hard, challenge yourself, make mistakes and learn from them, be not afraid to fail or succeed, and most importantly - be yourself!!  
Life - The Experience - is yours for the taking!!

Love, Mom and Dad





## Ashley Clark



Congratulations!

We are so proud of you. You have brought us so much joy and happiness over the years as we have watched you mature into a beautiful young woman. As you journey through life, work hard, listen to your heart, and follow your dreams. We love you and will always be here for you. We look forward to your future and the amazing success you will achieve.

Love,  
Mom, Dad, Ryan, and Colin

## Ashley Clark

I remember the day you were born.  
Our first grandchild. Grandpa and I were so happy to welcome you into our family. It's been wonderful watching you grow into a beautiful young woman, and I wish you happiness and success in the future.

I love you,  
Grandma Kay





# Chloe Molinari

Congratulations Chloe!

"you just do what you can and have as much fun as possible" - Frank Ocean

We are so proud of you!

Love you more,  
Mom, Dad, and Alex



# Alexandra Lococo

We are so proud of you and all of your accomplishments!

You continue to amaze us every day!

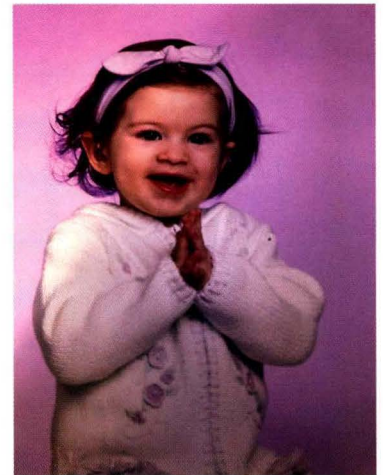
You are smart, hardworking, funny, kind, and beautiful inside and out!

You have kept us smiling since the day you were born!

There is nothing you can't do!

We look forward to watching you shine in all your future endeavors!

Love you so much,  
Mom and Dad

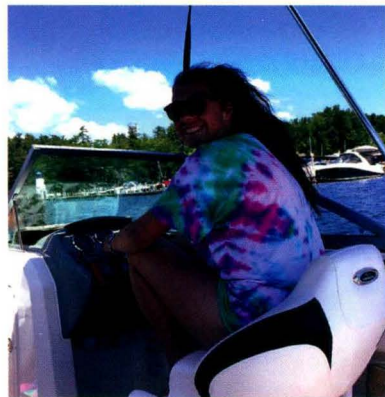


# Julia Pitts

Congratulations Julia!

We are so proud of you and all of your accomplishments.

Much love,  
Mom, Dad, Ben, and  
Caroline



# Keegan Walker

Keegan,

We are so proud of you!  
You are #8 on the ice  
and #1 in our hearts. We  
love you!

Love,  
Mom, Dad, Jillian, and  
Cullen



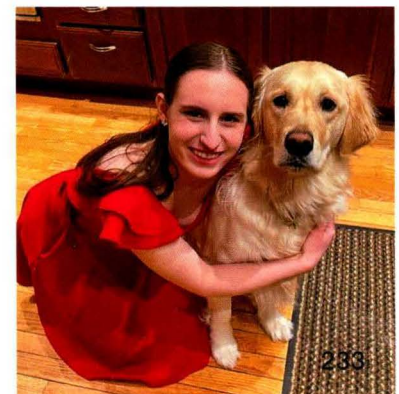
# Mia Guaetta

Mia, we are so proud of your accomplishments!

We can't wait to see what the next chapter holds for you.

We love & support you always,

Mom & Dad



*Congratulations  
Kara!*



*So very proud of you!  
Love, Mom, Dad, & Mia*



## Emily Magnant



Congratulations  
E M I L and Y, that spells  
Emily! Wishing you lots of  
fun and learning at  
UMASS and beyond. We  
are so proud of you!

Love always,  
Mom, Dad, Pierce, &  
Grant xo xo xo xo



## Matthew McCarthy



Matthew,

We have loved our time on the fields and courts  
cheering on you and your friends! You have done  
amazing adapting to all the extra challenges during your  
upside-down years of High School. We wish you a  
happy, challenging, and fulfilling next chapter. May you  
always be as proud of yourself as we are of you.

We love you,  
Mom, Dad, Michael, Christopher, and Nike xoxoxo

## Gianna Soracco

We've watched you silently  
and persistently accomplish  
your goals.

Wherever the journey leads  
you, we are confident that  
you will succeed!

We are very proud of you.

Congratulations Gianna!

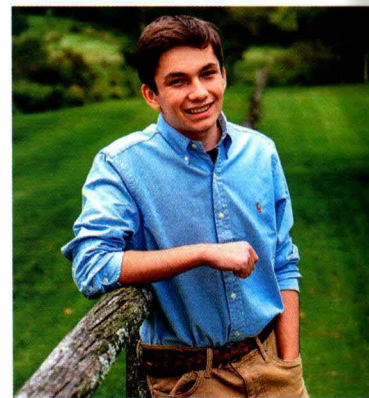
Love,  
Mom, Dad, and Frank



## Nicholas Carmillo

Congratulations on your  
achievement Nicholas.

Love,  
all of your family



## Talia Giampa

CONGRATULATIONS  
TALIA!!!

Your high school years were  
anything but normal, but you  
made it and we are so proud  
of you! We know you will do  
great at Endicott.  
We love you!

Love, Mom & Dad





# Olivia Pellegrino

*"Don't wait until you reach your goal to be proud of yourself. be proud of every step you take."*  
-Karen Salmansohn

Olivia - reach for the stars, pursue your dreams. We are so proud of your accomplishments and excited for your future. Be fierce and embrace every experience

With Love,  
Dad, Mom, Abbey, & Elliot



# Ellen Angwin

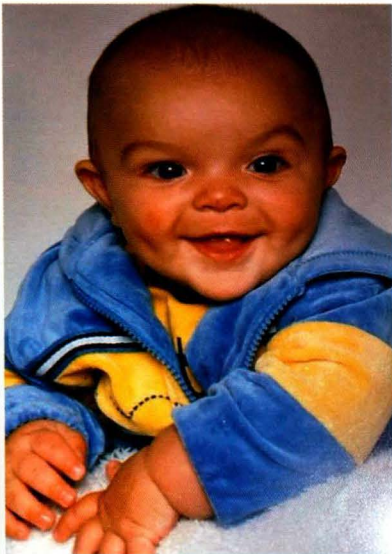


Congratulations Ellen!

We are proud of all you have accomplished and are looking forward to your next adventure

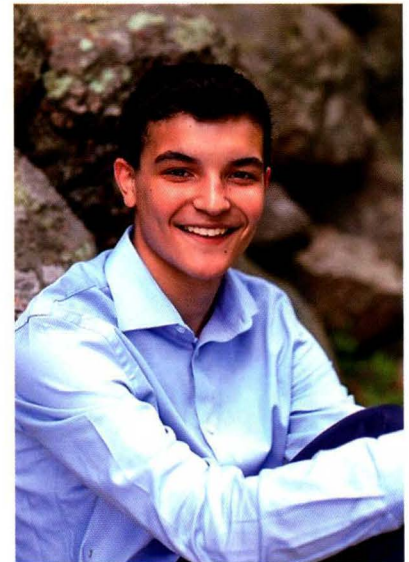
Love,  
Mom, Dad, & Abigail

# Michael Vichot



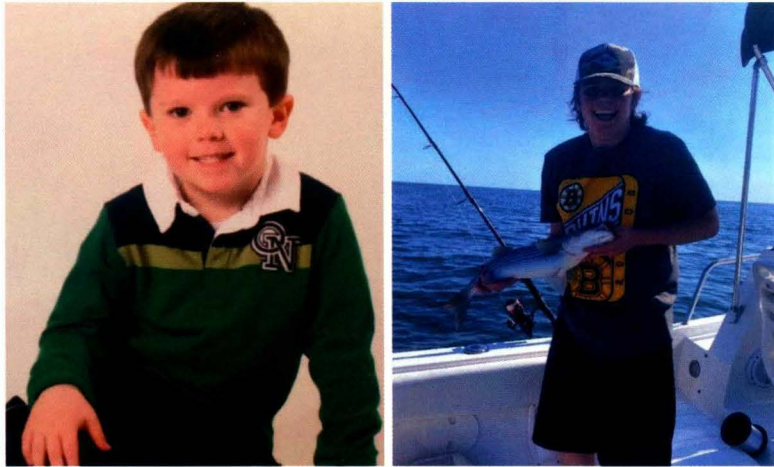
You are such a special young man, kind, thoughtful, and caring. We are very lucky to have you as our son, grandson, and brother. You have made us so proud. We are excited for what the future holds for you.

Love,  
Mom, Grandma, Papa, and Matthew





## JOEY BAKER



CONGRATULATIONS!

YOU PERSEVERED THROUGH IT ALL ...  
AND EMERGED THE BETTER MAN!

You amaze us every day and we could not be prouder of you if we tried! Thank you for being you!

LUV YA! MOM & DAD

## Chase Spengler

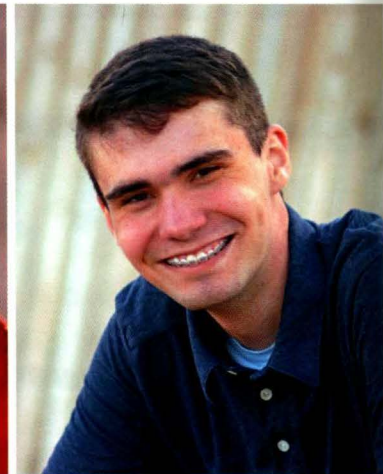
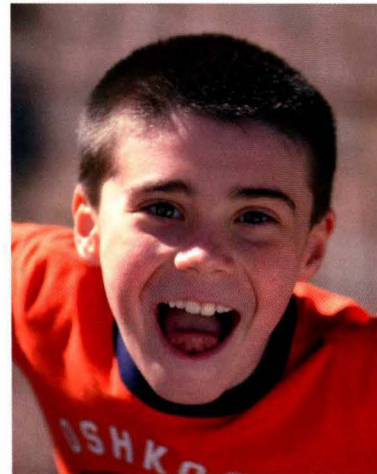


Congratulations, Chase!

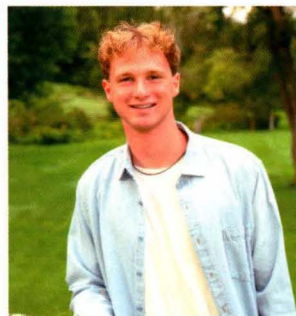
We are so deeply proud of who you are and who you are becoming. We can't wait to see where God takes you.

"For I know the plans I have for you...plans to give you hope and a future." Jeremiah 29:11

Love, Mom and Dad

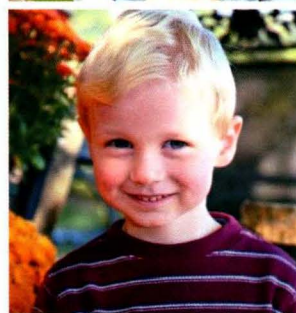


## Nicholas Perron



Seems like only yesterday you were our baby and here you are becoming a man. Not sure we're quite ready for that but we are excited for what's to come!

You are headed for the best years of your life, the days you will look back on forever, and we want you to live each moment.



Always remember that you are braver than you believe, stronger than you seem, smarter than you think, and loved more than you will ever know.

You have given us so many reasons to be proud and we can't wait to see where your journey will take you.

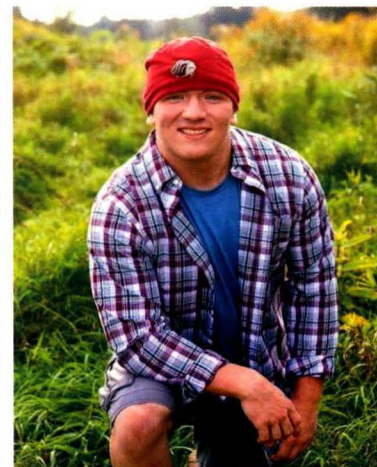


Shoot for the moon because even if you miss it, you will land amongst the stars.

Congratulations on your graduation!

We love you always,  
Mom and Dad

## Sean Higgins



Congratulations Sean!

We are so proud of you and can't wait to see what the future holds for you!

Love,  
Mom, Dad, Kevin & Ryan





## Colin Robinson

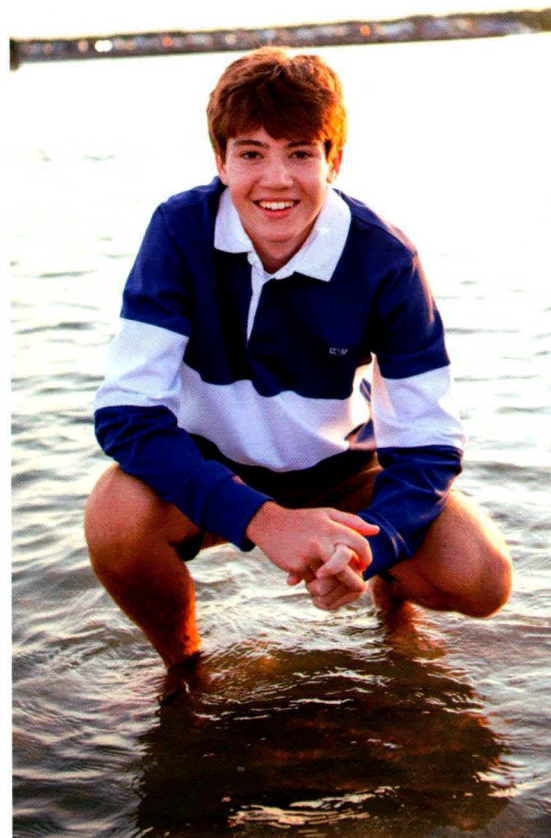
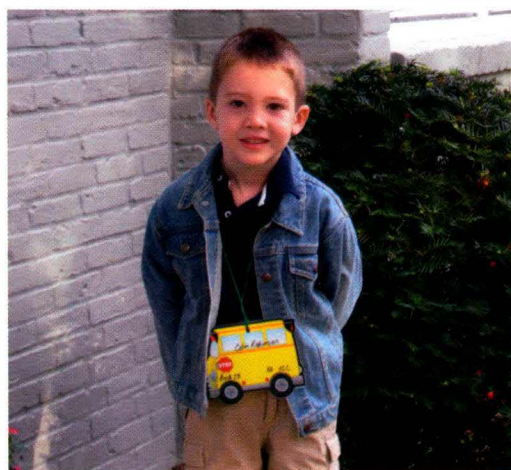
Congratulations Colin!

We are so proud of all you have accomplished and the person you are. Watching you grow into such a confident, determined, and thoughtful young man has been an absolute joy. You never cease to amaze us and always keep us laughing and smiling with your creativity and wit. Just keep being you and we know you will do great things!

On to Friartown, we can't wait to see what your next chapter holds.

We love you, Col!

Always and forever your biggest fans, Mom, Dad and Carly



## Kelly Enwright

You have always been so adventurous, determined, caring, beautiful and talented. You pour your heart into everything you do, and it has been such a pleasure watching you grow into a beautiful young woman, incredible dancer, and an amazing volleyball player.

We are so very proud of you and look forward to seeing what your next adventure and bright future holds in store.

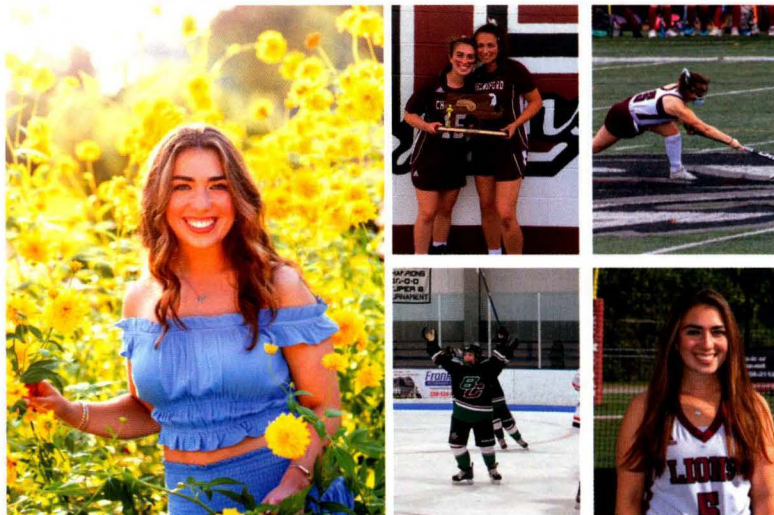
Follow your heart and your dreams and know that you are loved every step of the way!

Love you,  
Mom, Dad, Caroline, and Steve





## Sofia Balan



Dear Sofia,

We are incredibly proud of you! It has been a joy being part of your journey. Your hard work, commitment and determination will carry you through life. Let your heart be your guide, trust your instincts and believe in yourself as you begin this new adventure. We love you and will always be your biggest fans.

We are excited for the next chapter.

All Our Love,

Mom, Dad & Ava

## Dante Giles



Congratulations!  
We are so proud in the man you have become and all that you accomplished. Your future awaits, believe in yourself, and follow your dreams!

Love, Mom & Dad  
*"From a little spark, may burst a flame"*

## Lea Mitchell



Congratulations, Lea! We are so proud of you and all your accomplishments! You are a beautiful, kind, thoughtful and intelligent young woman who has brought us endless amounts of joy. There is no limit to what you can do so keep being you! We love you so much!

Love,  
Mom, Dad & Christopher



## Jenna Cabeca



I am so proud of you and can't wait to see where the next part of your journey takes you! Dream big! The world is lucky to have you! Love, Mom

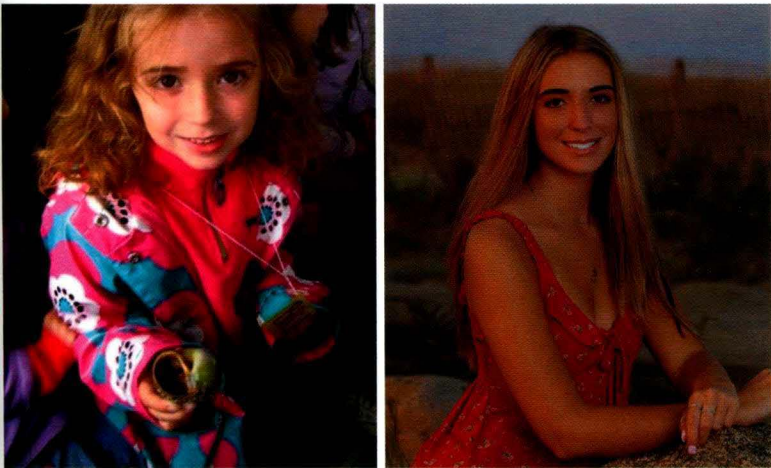
Congrats on graduating! I'm so happy and excited for you! Love, Krista

So happy and proud of you! Aim for the stars. Everything is within your reach! Love, Grandma

WOOF! WOOF! Love, George



# Bella Mahoney



Congratulations Bella!!  
 We have watched you grow into the beautiful girl you are today and cannot wait to see what the future holds for you. We are so proud of you!! Your journey begins...

Love, Mom and Dad



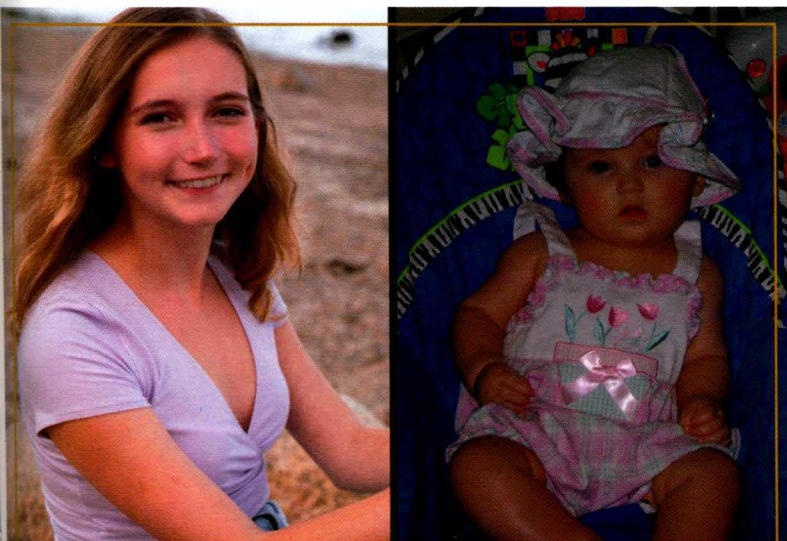
# Mia Tassinari

"Behind you,  
 All your memories  
 Before you,  
 All your dreams  
 Around you,  
 All who love you,  
 Within you,  
 All you need."

- L. Vaihere

Mia,  
 We are so proud of you! Stay true to yourself, spread kindness, and work as hard as you can to make all your future dreams come true.

Love Always,  
 Mom, Joe, Marissa, Miranda, Pippa and Rosie



# Kayleigh Mungovan

CONGRATULATIONS!

It seems like only a short time ago you were starting school at South Row. At McCarthy, I watched in awe as you performed in McCarthy Idol! Then in high school, listening to you sing in chorus, perform in Chicago and the Children's Play. Now here you are, in what feels like a blink of an eye, graduating from high school!

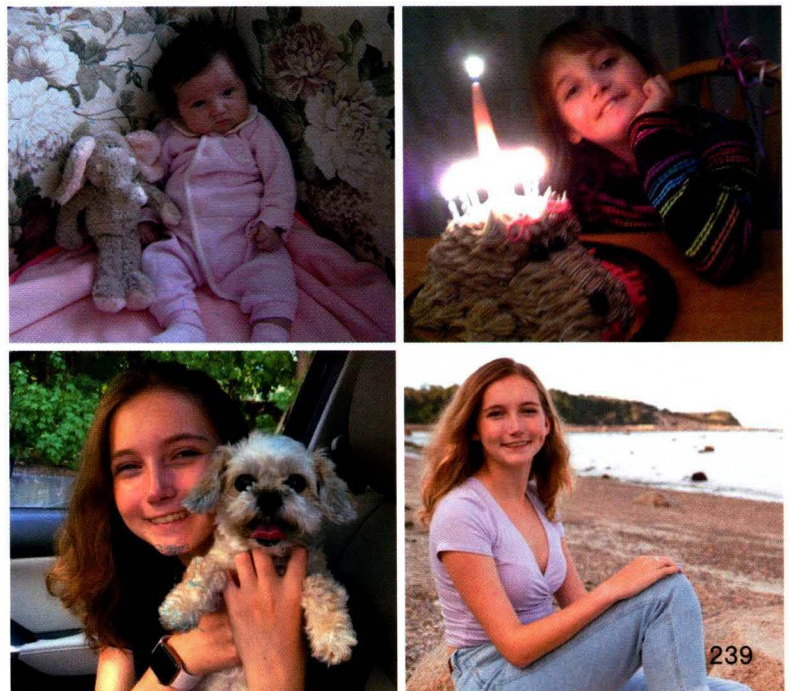
I'M SO PROUD OF YOU!

All my love, Dad

# Kayleigh Mungovan

Congratulations on your graduation Kayleigh! We are so proud of all that you've accomplished so far and we know that you will succeed in all that you put your mind to. Best of luck in college! We love you to the moon and back and back again!

Always, Mom, Peepa, Uncle Dave & Buddy





## Celia Lupoli



We love you & we are so proud of you, Cece Bug

"We are always with you.  
Be brave, have courage &  
always love life"  
xoxo



## Khanh Mai Ha



Congratulation!

We are so very proud of everything you have accomplished. We want you to believe deep in your heart that you are capable of achieving anything you put your mind to, that you will never lose.

Go confidently in the direction of your dreams and live the life you have imagined!

Love, Mom and Dad



## Sonya Tripp



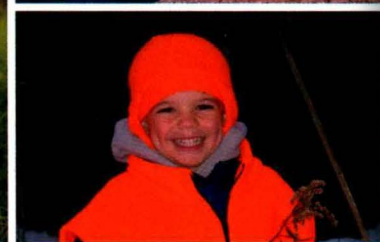
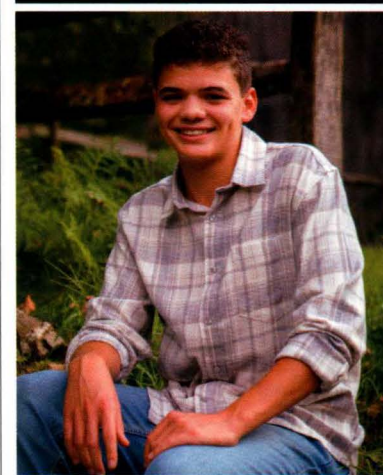
Congratulations Lady Bug,

We are so proud of all you have accomplished and the amazing young lady you have become. The world is in your grasp so go conquer it.

Love you to the moon and back,  
Mom, Dad, CJ  
Grampie & Grammie

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## Alex Chiasson



"A warm smile is the universal language of kindness."

-William Arthur Ward

You brighten up any room you walk into with your infectious smile. We are so proud of you Alex, keep on shining!

Love,  
Mom, Dad, Jake and Jenna

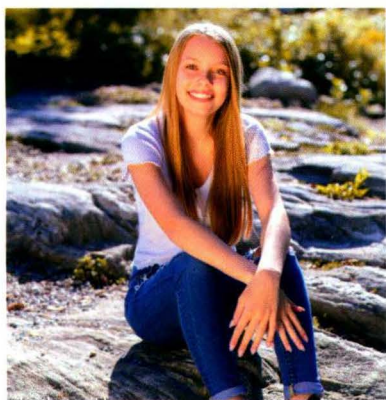


## Delaney Hayes

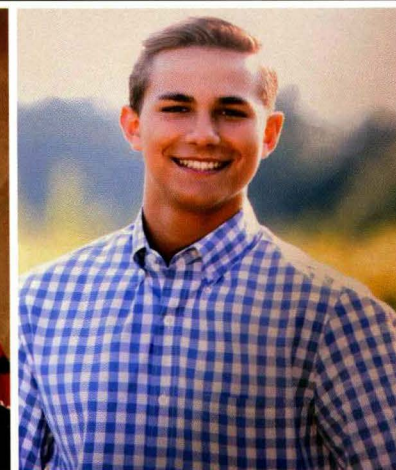
Congratulations!

We are so proud of you! You are on a journey to explore, find yourself, your purpose and your path. You are right where you are supposed to be. You are more courageous than most. We love you!!

Love, Mom and Dad



## Matthew Smith



*Congratulations!*

*Matt, We are so proud of you! Always go after what you want in life and never give up! Your determination will get you far and we will be here for you every step of the way.*

*Love, Mom, Dad, Kaitlyn and Nolan*

## Laura Oliveri

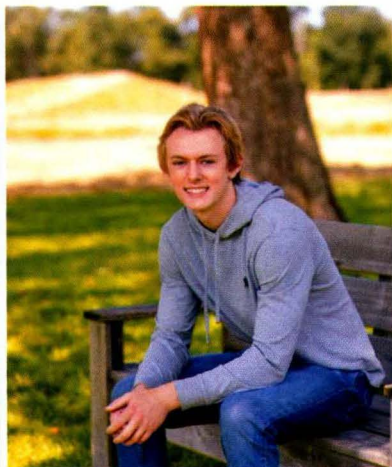
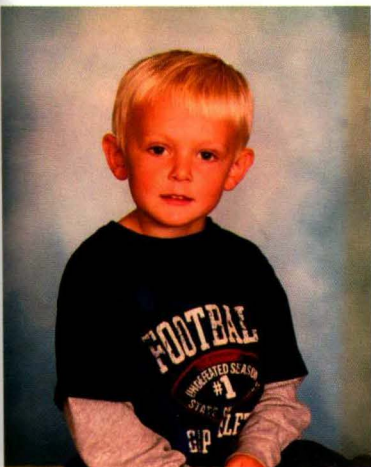
Congratulations!

So proud of you! We love you

Love,  
Mom and Scott



## Richard Looney



Congratulations Ricky!!

We are so proud of you and all your accomplishments. You are smart, strong and an amazing person! Can't wait to see what's next!

Love, Mom and Dad and Haley

## Nikki Palumbo



Congratulations Nikki!

We are so proud of you & your accomplishments! We can't wait to see what is next for you as we know you will have great success!

Love, Mom, Dad & Sam





## Abigail Rice



*Abby,*

*It has been such a joy to be part of your journey. You amaze us everyday with your kind, caring and thoughtful ways. We are so impressed with all your hard work and dedication to doing your best.*

*Congratulations on all of your accomplishments!*

*We are so proud of you.*

*Love,*

*Dad, Mom, and Audrey*

*"Promise me you'll always remember:  
You are braver than you believe, and  
stronger than you seem, and  
smarter than you think, and  
loved more than you will ever know."*

*A.A. Milne*



## Melía Marshall



Congratulations Melia!

Your determination sets you apart from everyone else, especially with anything and everything that you set your mind and heart to!

We are so proud of you and all of your accomplishments! We know the sky's the limit for you, and we can't wait to see all that you'll achieve in your next chapter!

Love you,  
Mom, Dad, and Kelly



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## Brooke Kelley



*Behind you, all your memories  
Before you, all your dreams  
Around you, all who love you  
Within you, all you need  
Unknown  
We love you so much!  
Love, Mama, Daddy & Moy*

## Nathan Jones

Congratulations Nathan!

We're so proud of you!  
We've always believed in  
you and your future looks  
bright! Your mom is smiling  
down on you. We love you!

Love, Grammy, Auntie  
Lynne and Auntie Mary



## Megan Dunn

Congratulations  
Peanut!

I'm so proud of all you  
have accomplished  
and I look forward to  
seeing you achieve all  
your dreams! Never let  
anyone dull your  
sparkle!

Love, Mom



## Alyson Mireault

Congratulations!

Alyson we are so proud  
of your accomplishments!  
We can't wait for you to  
make your mark on the  
world. You've got this!!

Love, Mom, Dad and Tyler



## Damara Grand

Damara,

It is hard to believe  
that you're  
graduating high  
school and getting  
ready to move on to  
new adventures. I am  
so proud of all your  
accomplishments  
this year and  
throughout your life.  
Keep reaching for  
the stars and your  
dreams will come  
true!

I love you from the  
moon and back,  
Mom

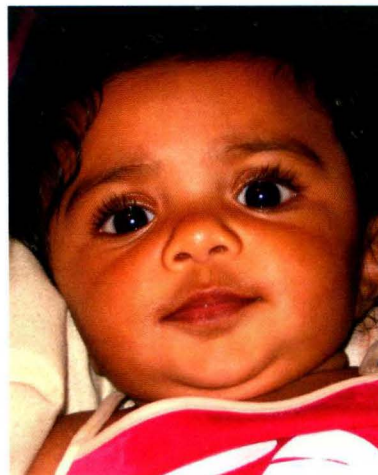


## Siya Gunda

Congratulations Silu!

We are so proud of you  
and all that you have  
achieved with your hard  
work and perseverance.  
Continue to reach great  
heights and strive to  
make the world a better  
place. Best of luck to you  
in your future studies. We  
love you.

-Papa, Mom, and Didi





## Avery Marr



It is impossible to list the ways you amaze us each and everyday. Your creativity, enthusiasm, and love of the arts has shown through since you could pick up your first crayon!

From your academics to your artistic skill in everything, from graphic design and drawing to dance, you have shown so much talent and dedication. We are so very proud of you and everything you have accomplished, and we can't wait to see what the future holds.

We love you, goose!

Mom, Dad, and Caden

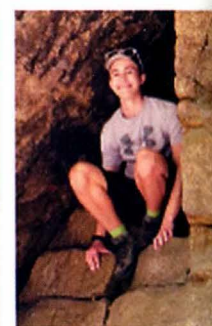
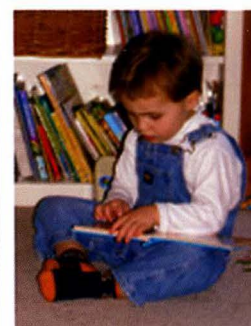


## Dan Schiefen

"SUCCESS IS NOT THE KEY TO HAPPINESS.  
HAPPINESS IS THE KEY TO SUCCESS.  
IF YOU LOVE WHAT YOU ARE DOING, YOU  
WILL BE SUCCESSFUL." — ALBERT SCHWEITZER



TODAY AND ALWAYS,  
MOM, DAD,  
DELANEY & DELIA

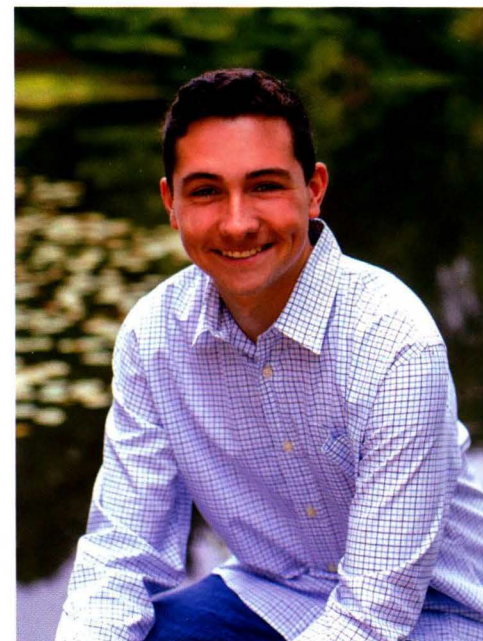
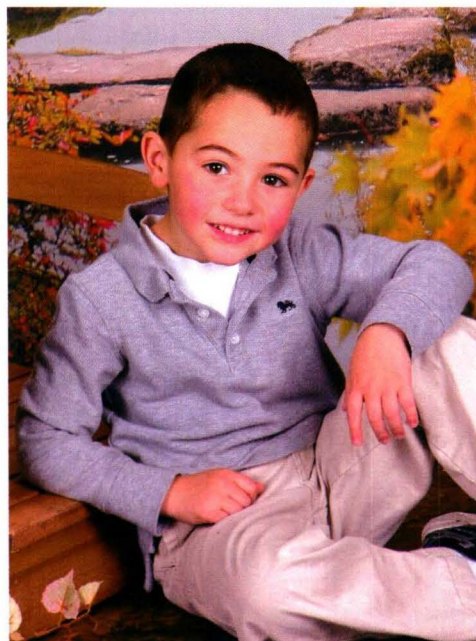
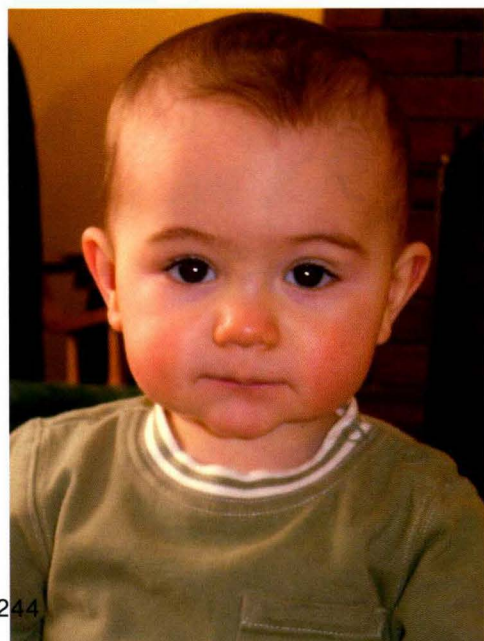


## Dan Pinto

Congratulations Dan!

We are so incredibly proud of you. You have worked so hard and have already accomplished so much! We wish you happiness and friendship as you start your next adventure. Keep following your dreams and remember that we will always be here for you, cheering you on as loud as we can!

All our love,  
Mom, Dad, Kyle, and Adam



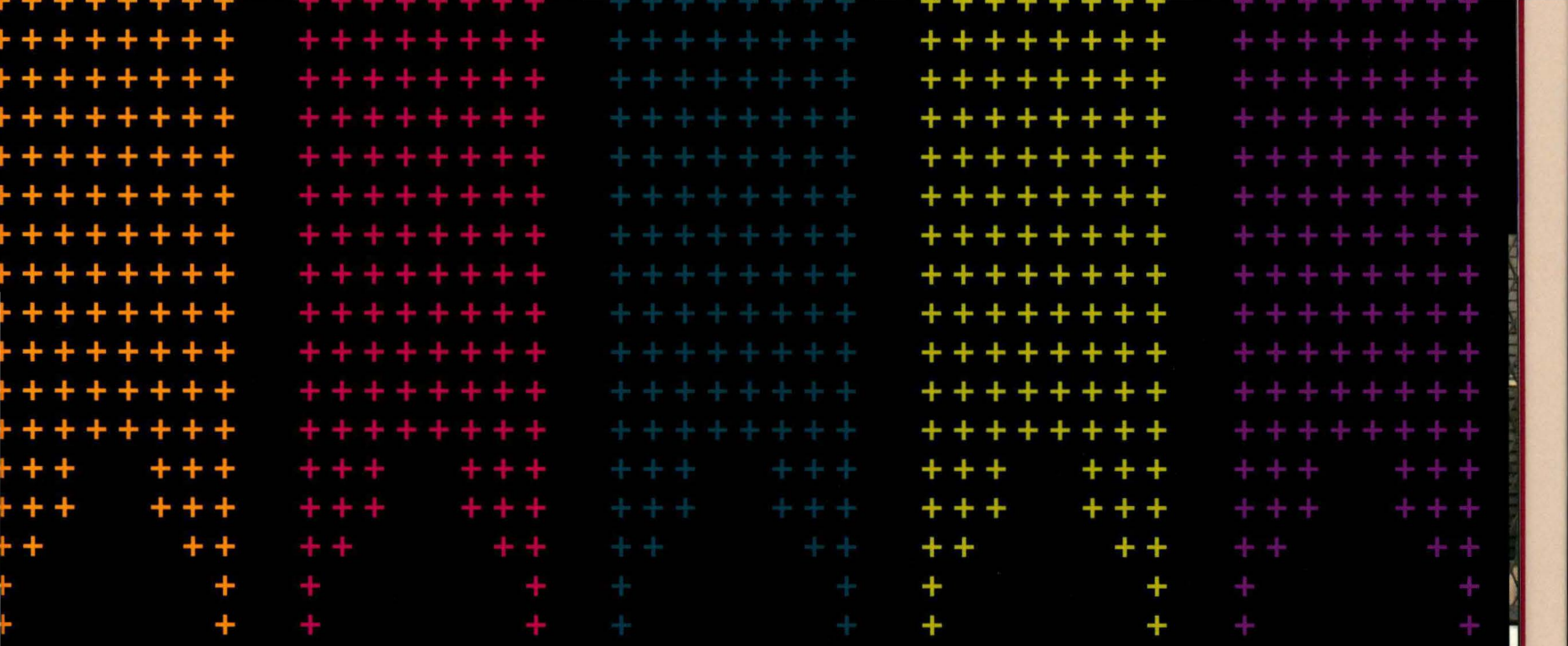






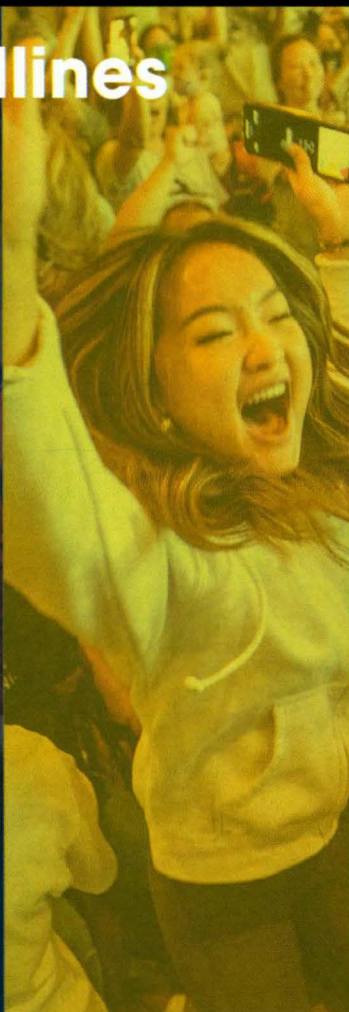






**2021-2022**

# **WORLD BEAT**



**This year's top headlines**

- sports**
- music**
- movies**
- pop trends**
- tech & trends**



# + PANDEMIC





# YEAR TWO



As the COVID-19 pandemic continued into year two, it offered unexpected challenges. Businesses found ways to innovate and stay afloat. Schools, many of which lost students to homeschooling, developed creative solutions to keep students enrolled and engaged. And while approved vaccines brought the promise of a return to normal, virus variants Delta and Omicron challenged an already-stressed health care system. Even so, 99% of students remained in school full time at the end of 2021.



# + HEADLINES +

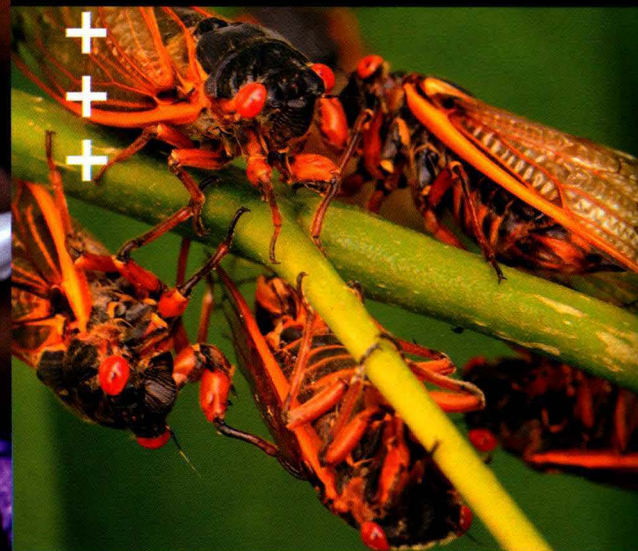
## MALARIA VACCINE SUCCESS

A century of research finally led to the creation of an effective malaria vaccine approved by the World Health Organization (WHO) in October. A study estimated that the GlaxoSmithKline vaccine, Mosquirix, could prevent 5.4 million cases and 23,000 deaths in children under five annually.



## + BROOD X RETURNS

Billions of Brood X cicadas, the largest group of 17-year periodical cicadas, emerged from their underground habitat after almost two decades, both delighting and annoying human observers. Periodical cicadas are famous for being a noisy member of the natural world.



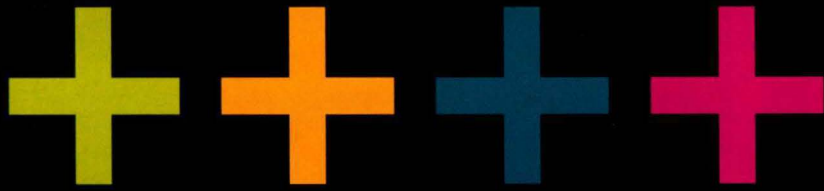
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## HURRICANE IDA HAVOC

On the 16th anniversary of Hurricane Katrina, Ida hit the coast of Louisiana as a Category 4 hurricane with 150 mph winds. Ida knocked out power for 1 million in Louisiana and caused food, water and fuel shortages. The storm also hit the Northeast U.S., bringing tornados, flooding and record rainfall.

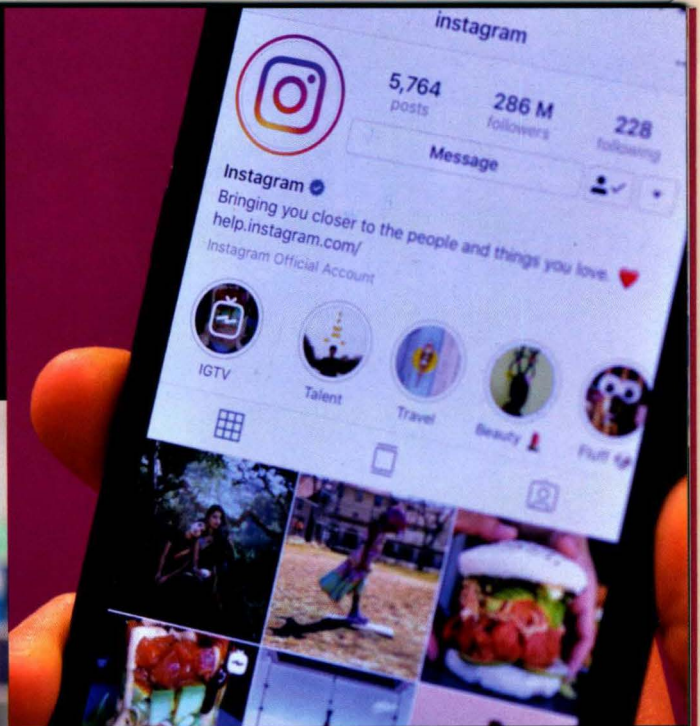






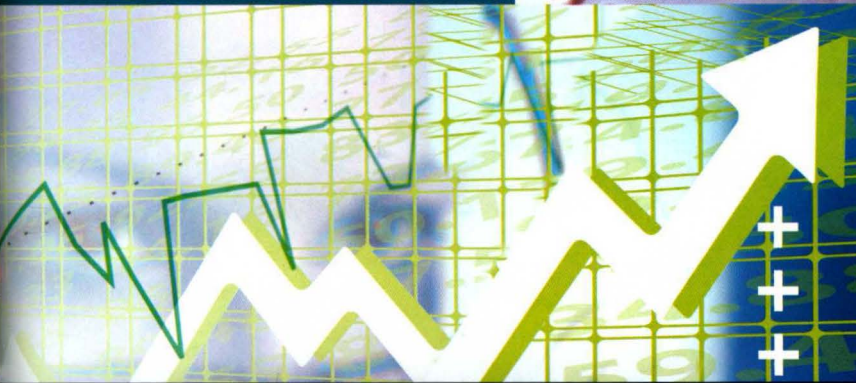
## THE GREAT RESIGNATION

Workers quit their jobs in record numbers, a phenomenon that Texas A&M Associate Professor Anthony Klotz named "The Great Resignation." School disruptions, COVID-19 risks, and work-from-home arrangements left workers reexamining their priorities, often leaving jobs to make long-desired career changes, leaving employers struggling to run viable businesses.



## SOCIAL MEDIA RISKS

Facebook, Instagram and TikTok were found to use algorithms that directed users toward unhealthy weight loss videos or filters that could negatively impact body image, leading to feelings of inadequacy or self-harming behaviors in some users.



## INFLATION RATE

The end of 2021 saw demand outpacing supply, heating the U.S. economy to a 7% inflation rate, the highest in 40 years. Even though pandemic government aid and higher wages increased consumer demand, supply shortages led to rising prices for food, fuel, automobiles and other consumer goods.

## NOBEL PEACE PRIZE

Two journalists, Filipino Maria Ressa and Russian Dmitry Muratov, won the 2021 Nobel Peace Prize for fighting to maintain freedom of expression while facing censorship, legal charges and threats of violence.





# + HEADLINES



## CHILDREN'S PEACE PRIZE

17-year-old Vihaan Agarwal and his 14-year-old brother Nav won the 2021 International Children's Peace Prize for their pollution-fighting project One Step Greener, which picks up and separates garbage and recycling from over 1,500 schools, offices and homes in Delhi, India, one of the most polluted cities in the world.

## HOME FROM AFGHANISTAN

The last U.S. troops flew out of Kabul on August 30, 2021, 20 years after George W. Bush sent soldiers to Afghanistan with the mission of overthrowing the Taliban and fighting Al Qaeda. After Taliban forces occupied Afghanistan's capital on August 15th, U.S. forces and their allies helped evacuate 123,000 civilians, including American citizens and Afghan allies, amidst chaos at Hamid Karzai airport.



## COLIN POWELL

Colin Powell, who during his military career received 11 military decorations, served as chairman of the Joint Chiefs of Staff during the Gulf War and then as secretary of state under President George W. Bush, died on October 18, 2021 at age 84. Powell was one of the most admired and respected U.S. statesmen.

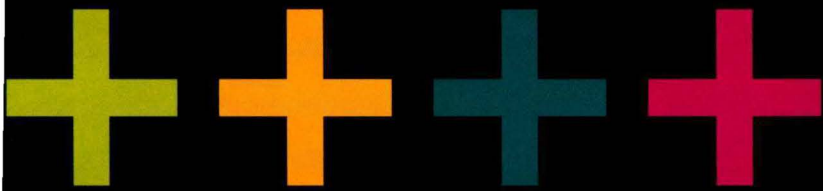


## DESMOND TUTU

Archbishop Desmond Tutu, who along with Nelson Mandela helped end the South African policy of apartheid (forced racial segregation), died on December 26, 2021 at age 90. The first Black South African archbishop, Tutu won the Nobel Peace Prize for his advocacy to end the apartheid system.







## TIME'S PERSON OF THE YEAR

*Time* magazine named billionaire Elon Musk, chief executive of electric car manufacturer Tesla and space exploration company SpaceX, the 2021 Person of the Year. The designation is given to the person or people that *Time* considers most influential, whether positive or negative, during the year.



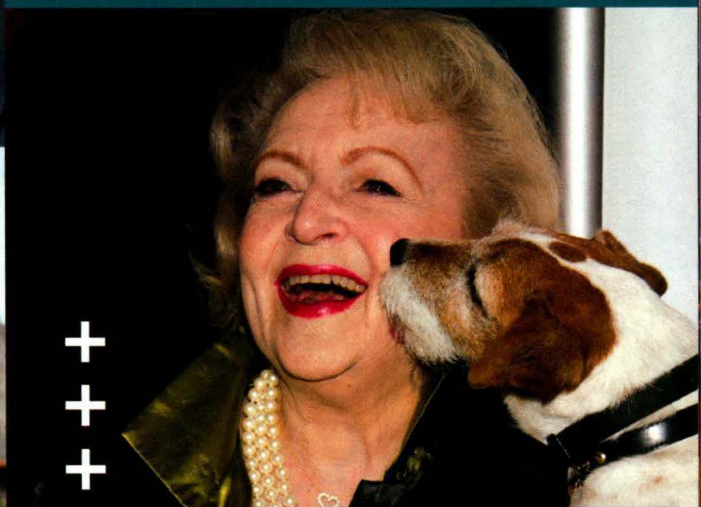
## SURFSIDE COLLAPSE

Early on June 24, 2021, Champlain Towers South, a 40-year-old once elegant condominium building in Surfside, Fla. partially collapsed, killing 98 — one of the worst building failures in U.S. history. Emergency workers pulled 37 survivors from the rubble, including a 16-year-old girl who fell five stories and a 15-year-old boy found under a mattress.



## CLIMATE SUMMIT

Nearly 200 nations signed an agreement to drastically cut carbon emissions in the next decade but failed to achieve the Paris Accord's goal of limiting global warming to 1.5 degrees Celsius by the year 2050. Outside, tens of thousands activists gathered, many of them young people.



## BETTY WHITE

Recognized by *Guinness World Records* as the woman with the longest acting career, Betty White died December 31, 2021. White won three Emmy awards and a Screen Actors Guild Life Achievement Award. Fans honored White by donating \$12.7 million to animal shelters weeks later on what would have been her 100th birthday.



# + COVID-19 +



## KIDS' VACCINES GREENLIGHTED

After authorizing emergency use of the Pfizer-BioNTech COVID-19 vaccine for those 16 and older, the FDA amended the order in May 2021 to include 12–17 year olds. In October, this approval was extended to 5–11 year olds. As of December 8, 2021, the CDC reported that 61% of 12–17 year olds and 18% of 5–11 year olds had received at least one dose.



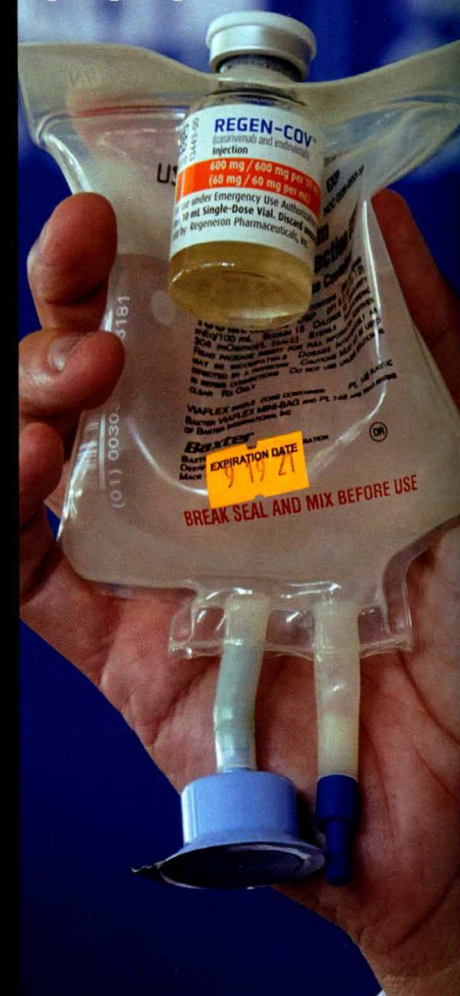
## ZOOM FATIGUE

Virtual learning and work during COVID-19 contributed to Zoom fatigue. A Stanford University study concluded that virtual communication requires more mental work than in person. In Zoom, your brain may be working harder to compensate for lost nonvisual cues and body language.

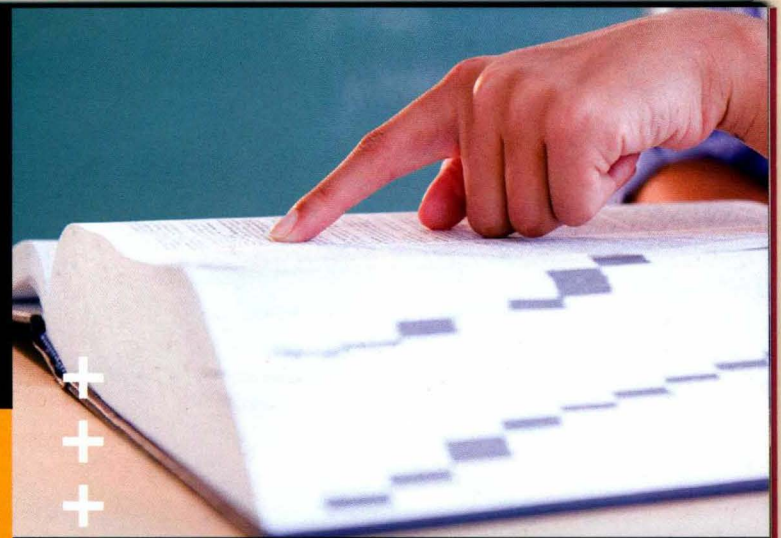
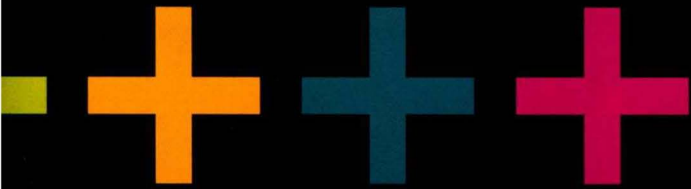


## PROMISING TREATMENTS

Several treatments emerged to help COVID-19 sufferers at increased risk of serious illness avoid hospitalization or reduce complications. In December 2021, the FDA authorized emergency use of Paxlovid, a prescription-only oral antiviral pill, as well as several monoclonal antibody treatments that work by interfering with virus replication.







## mRNA VACCINE SCIENTIST

Decades of research led Hungarian American biochemist Katalin Karikó to the creation of messenger RNA (mRNA) vaccines, like those used against COVID-19. Karikó's research with immunologist Drew Weissman led to their success. Karikó continues to study and refine the BioNTech vaccine.



## NEW FOR 2021

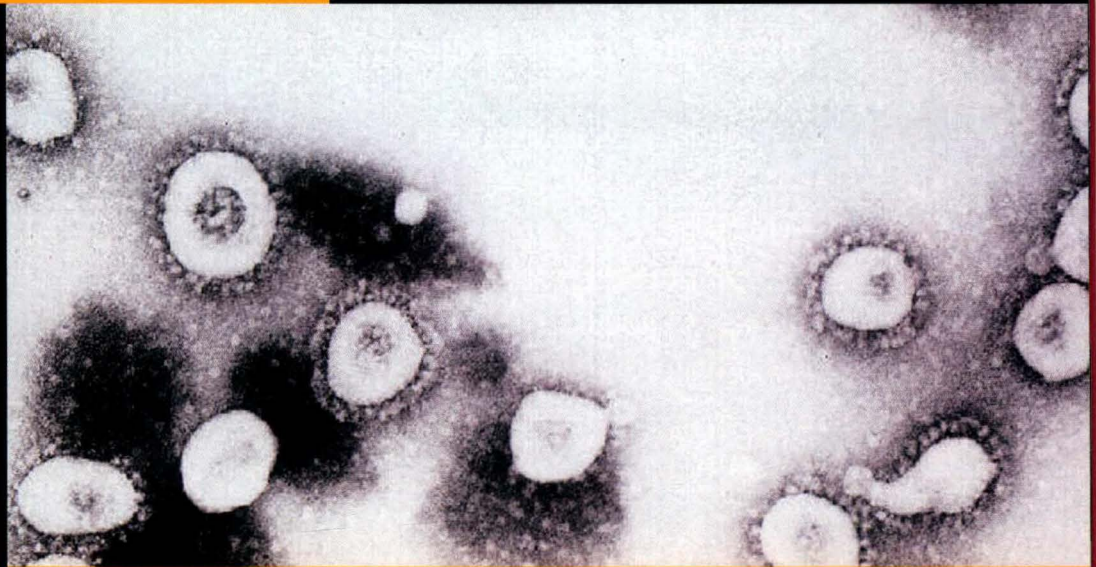
In October, Merriam-Webster's dictionary added 455 new words, including the following COVID-19 references:



1. breakthrough - an infection in someone who has been fully vaccinated
2. long COVID - condition with symptoms that continue after COVID-19 recovery
3. vaccine passport - digital or hard-copy proof of vaccination

## WEAK SUPPLY CHAIN

Multiple factors, including COVID-19 quarantines, led to massiveshippingdelays. Shortages of goods like cars, computers, toys and bicycles were seen across the globe. Companies and governments scrambled to build production plants and calm frantic customers in advance of the winter holidays.



## DELTA WAVE,OMICRON TSUNAMI

By the summer of 2021, things were starting to return to normal, then the Delta variant of COVID-19 arrived. By December, the newest variant, Omicron, a highly contagious form of the virus, replaced Delta's position as the most common type of COVID-19 infection being diagnosed.



# + SPORTS + + +



## ATHLETES CHOOSE MENTAL HEALTH

In May 2021, top-ranked tennis star Naomi Osaka dropped out of the French Open. Only months later, Olympic gold-medalist Simone Biles withdrew from the gymnastics competition in Tokyo. Osaka reported suffering bouts of depression while Biles cited a dangerous phenomenon called “the twisties,” where a gymnast, midair, cannot remember what to do next.



## LEE'S OLYMPIC FIRST

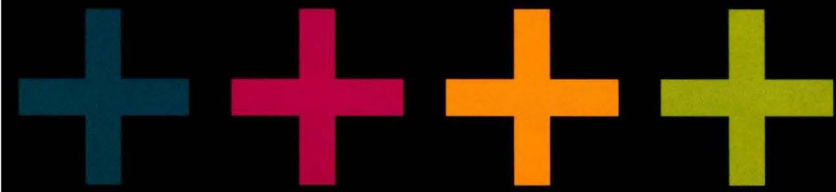
Sunisa (“Suni”) Lee, the first Hmong American to qualify for the Olympics, became the first Asian American to earn a gold medal in the women’s gymnastics all-around competition. While COVID-19 restrictions kept her family from attending, family and community members watched remotely. The video of their wild cheers when Lee won went viral.



## CHICAGO'S WNBA FIRST

October 2021 saw the Chicago WNBA franchise, Sky, win its first championship series, defeating the Phoenix Mercury in four games. Playing to a sold-out arena, the Chicago Sky scored 80 points to the Mercury’s 74 in the final game.





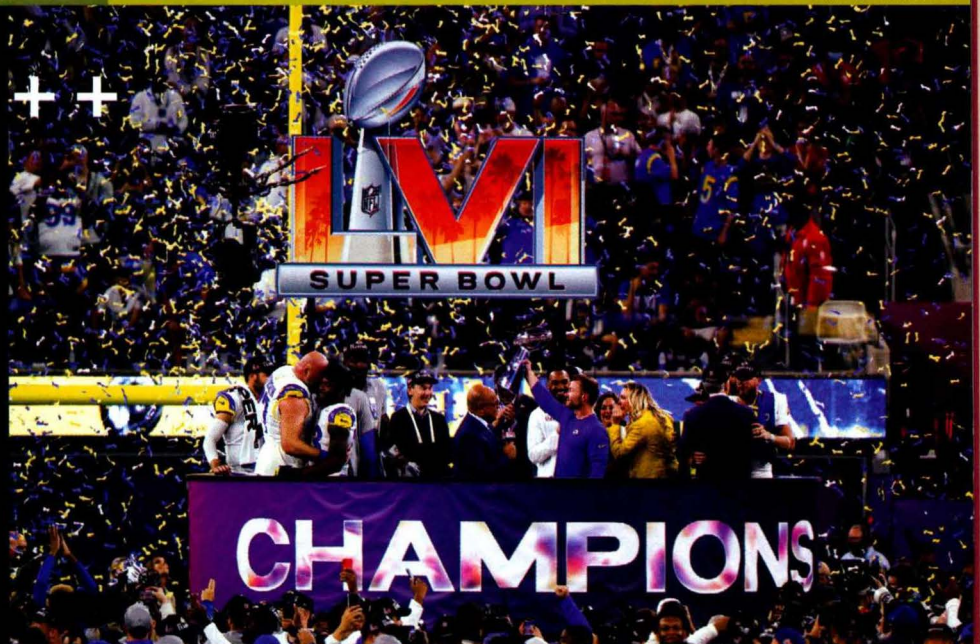
## ATLANTA WINS

The Atlanta Braves took the World Series with a 7-0 Game 6 shutout of the Houston Astros in November 2021, the franchise's first World Series victory in 26 years. In July, manager Brian Snitker acquired four players in late-season trades, including Jorge Solera, who was chosen Series MVP.



## SUPER BOWL LVI

The Cincinnati Bengals and Los Angeles Rams battled it out in an exciting game with the Rams winning 23-20. The Rams were only the second team in NFL history to play in the Super Bowl at their home stadium. For the first time, the halftime show featured hip-hop and rap artists singing recognizable hits from the past.



## BATTLE OF THE TEENS

Two teens, 18-year-old British player Emma Raducanu and 19-year-old Canadian player Leylah Fernandez, became the first unseeded pair to meet at the U.S. Open Women's Final. Raducanu beat Fernandez in straight sets, 6-4, 6-3, to become the youngest woman to win a major tennis tournament since the 2004 Wimbledon final.



# + SPORTS + + +



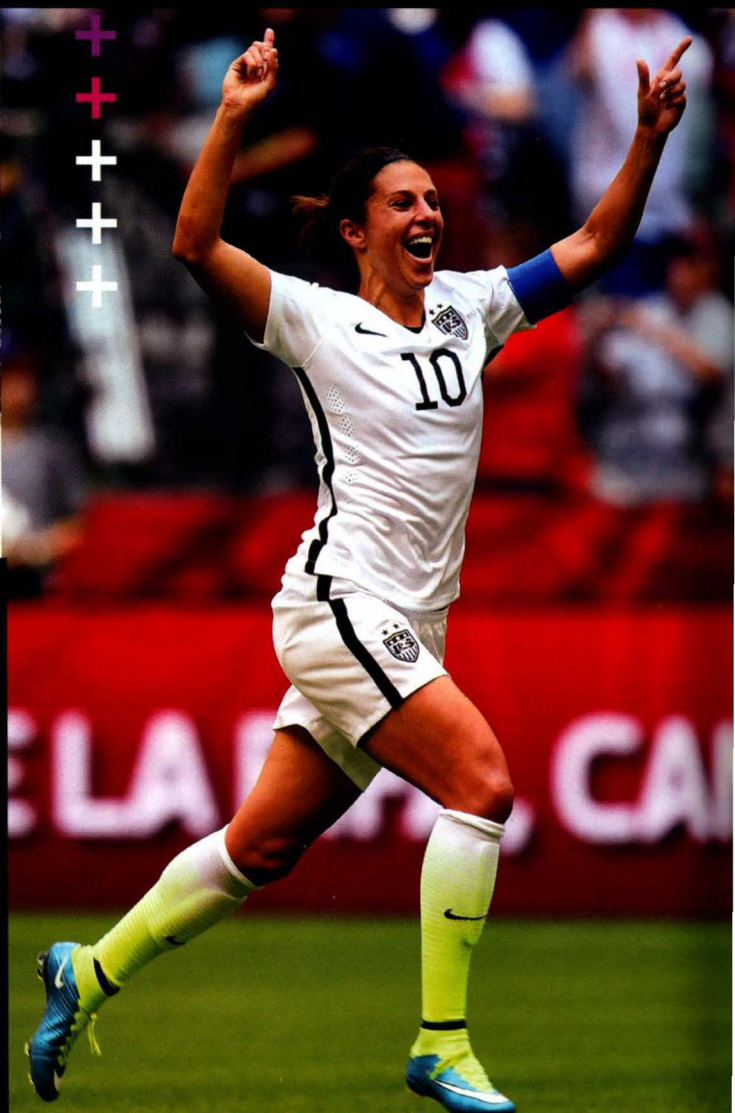
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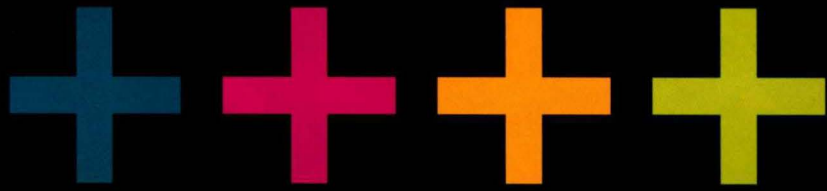
+ The Tampa Bay Lightning beat the Montreal Canadiens 4 games to 1 in a 7-game playoff series, winning their second Stanley Cup title in nine months. This time they played in front of a full-capacity home crowd, unlike the previous victory over Dallas in an empty Edmonton arena.

## + CARLI LLOYD RETIRES

+ Carli Lloyd left the field to a standing ovation in her 316th and final game with the U.S. Women's Soccer Team, a 6-0 win over South Korea. The 39-year-old New Jersey native retired with two World Cup titles and two Olympic gold medals. Lloyd passed her no. 10 jersey to Lindsay Horan, who will wear the number starting with the 2022 season.







## THE BUCKS ARE BACK

The last time the Milwaukee Bucks won the NBA Finals, in 1971, powerhouse Kareem Abdul-Jabbar, then known as Lew Alcindor, led them to victory. This year, the Bucks beat the Phoenix Suns in six games, 4-2, with MVP Giannis Antetokounmpo scoring 50 points in the final game of the 2021 championship.



## NYCFC CLAIM FIRST CUP

New York City Football Club captured their first Major League Soccer Cup in franchise history. They defeated the Portland Timbers 4-2 in a penalty shootout. This was the Timbers second consecutive defeat, having reached MLS Cup three times in seven years.

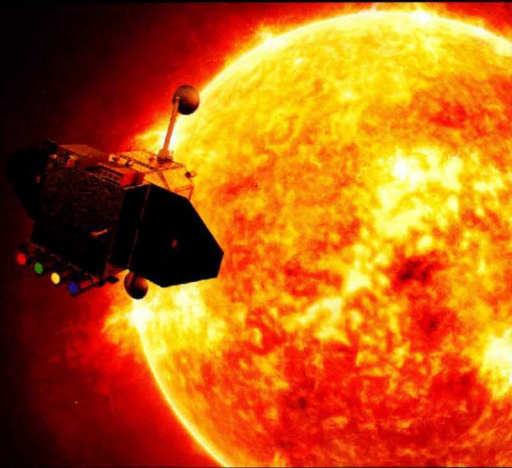
## SCHOOL MAKES HISTORY

For seven years, the football team at California School for the Deaf in Riverside didn't win a single game. Then, in 2021, the Cubs, whose players and coaches are all completely deaf, averaged 65.6 points per game in a 12-1 storybook season. Cubs wide receiver Enos Zornova pointed out that communicating in ASL, their native language, gave the Cubs an advantage, making team huddles unnecessary.





# + TECH & TREN



## POWERFUL SOLAR FLARE

In October 2021, a Class X solar flare, the most powerful category of flares, erupted, and powerful NASA cameras captured the activity from the closest point ever. The flare caused the aurora borealis, or Northern Lights, to be visible in the U.S. as far south as Utah. Powerful flares can disrupt atmospheric activity such as GPS and communications signals.



## ELECTRIC CARS

Ford announced an \$11.4 billion plan to build new battery plants and set goals for battery-powered pickup trucks. In addition, Ford announced an electric version of the F-150, the F-150 Lightning, by spring 2022. GM also planned new battery-production plants, and Toyota switched its focus from hybrid to fully electric vehicles.



## BILLIONAIRE SPACE RACE

In July 2021, NASA announced the Entrepreneurs Challenge, calling on private companies and individuals to help develop space technology. Challenge accepted by British billionaire Sir Richard Branson and crew. Nine days later, Jeff Bezos took a 10-minute trip into space on his crewed Blue Origin spacecraft, New Shepard. Elon Musk's September SpaceX mission, Inspiration 4, was the first with an all-civilian crew and a previously used rocket.

## THE METAVERSE

Mark Zuckerberg rebranded Facebook as Meta in October 2021, signaling his intent to dominate the immersive 3-D virtual world. As already seen in 3-D games such as Fortnite, a *metaverse* is a virtual world with avatars that lead exciting alternate lives on behalf of their human counterparts.





# DS +++



## TIKTOK TOPS GOOGLE

TikTok surpassed Google as the most-visited site in 2021, first eclipsing the search engine in February and clearly dominating by summer. As of July 2021, users had downloaded the TikTok app over three billion times.

## WEBB TELESCOPE

Twenty years of development culminated in the launch of the James Webb Space Telescope, a U.S.-Canadian-European mission to explore the universe, search for life beyond our solar system and understand black holes.



## DISNEY TURNS 50

On October 1, 1971, Orlando's Disney World opened for business. This year, it kicked off its 50-year anniversary with sold-out hotels, long waiting lines, and confetti cannons. The 22-month celebration will include new rides, a new luxury hotel, and a wearable "MagicBand+" for interactive experiences. Disney World now employs 700,000 and sees over 50 million visitors each year.



## THE NFT BOOM

Unlike cryptocurrencies and stocks, anyone can create and sell one-of-a-kind digital creations called non-fungible tokens or NFTs. 18-year-old Victor Langlois, known as FEWOCIOUS, sold five lots of his work for \$2.16 million.



## SPIDER-MAN IS BACK

The latest in the eight-movie Spider-Man franchise, *No Way Home* broke records and warmed the hearts of Hollywood executives, despite its theater-only release. *No Way Home* pulled together storylines and characters from several previous Spider-Man films. On opening weekend, 20 million fans saw *No Way Home*, which earned \$253 million in North America.



# + MUSIC + + +



## 40 YEARS OF MTV

The MTV Video Music Awards ceremony was back on a New York City stage in 2021 after a virtual event in 2020. This event celebrated the network's milestone 40th year. Big winners for the year included Lil Nas X, Justin Bieber and Olivia Rodrigo.

## SPOTIFY WRAPPED 2021

For two years running, Spotify's most-streamed artist globally was Puerto Rican reggae performer Bad Bunny. Rounding out the Top 5, in order, were Taylor Swift, BTS, Drake and Justin Bieber.



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## COUNTRY MUSIC AWARDS

Chris Stapleton swept the 2021 Country Music Awards, winning six categories, and Luke Combs took home entertainer of the year. The Brothers Osborne, including lead T.J. Osborne, who came out as gay during the year, won best vocal duo. Jimmie Allen won New Artist of the Year, the second Black performer to do so.



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