

The class of 2020 dedicates this book to Mr. Vitale...

© Chelmsford High School 200 Richardson Rd. North Chelmsford, MA 01863

"He always makes an effort to hear us and fight for us."

"Whether it be improving my swim skill or helping me with school work, Mr. Vitale has been there to help."

"He has been a mentor, a friend, and an overall good person to everyone."

"It truly makes me feel included when he cares for our opinions on different issues within the school and how we feel."



"He has always believed in our class. He thought the best of us, even in bad times. He stood up for us and wanted us to have the best 4 years at CHS."

"He cares greatly about all of his students and you can tell that he loves being a teacher at CHS."

"He will go out of his own way to make his students feel good about themselves, whether it be making them feel comfortable on the first day of school, cracking jokes to make his students laugh, or being willing to give help whenever needed."

"His goal in CHS is to make sure it is a safe and comfortable environment for all of us and to make sure we're all getting a proper education."

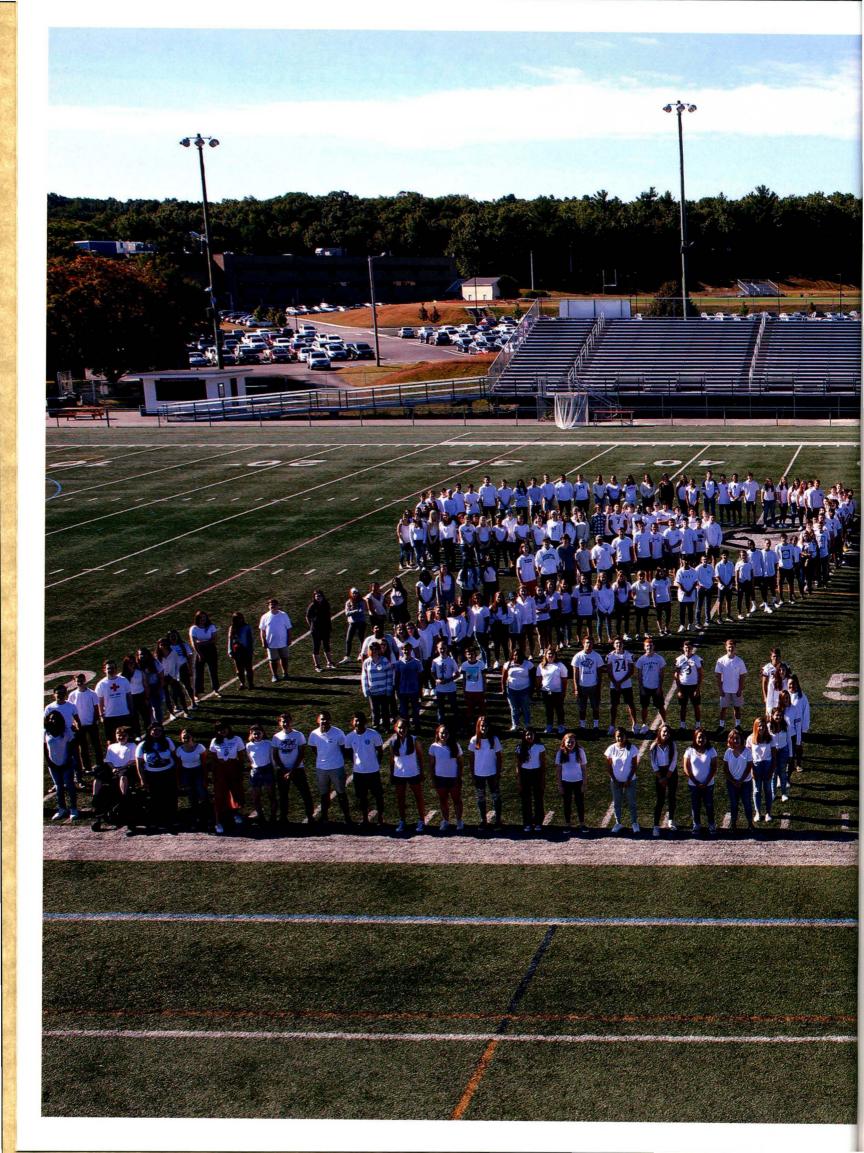
"He is friendly, funny, approachable, and helpful."

"He has been a mentor for many of the students of the class of 2020."

"He is passionate about what he teaches and makes learning about history much more enjoyable."

"Mr. Vitale has been there for our class, either being a teacher in history class or being the person people can go to and talk." "What he's all about is developing some of the world's greatest people."

"What makes Mr. Vitale stand out is that he treats his students as equals, as the brightest and most talented people he has ever met. He will push you to be a better student."





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A LETTER FROM THE EDITORS

A visionary is defined as a person who is thinking about or planning for the future with imagination and wisdom.

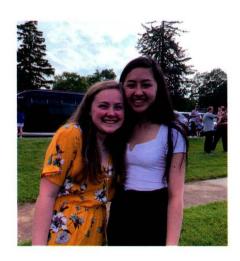
There could not be a better word to describe the class of 2020. When we thought of themes for the yearbook, we knew we wanted to incorporate our unique year of graduation, but we did not want to just go with something as cliche as 20/20 vision. After much deliberation we settled on visionary, a word that encompasses this turning point in our lives, that allows us to reflect on our childhoods while looking to the future. It describes the amount of creativity, individuality, and determination we all possess. As you flip through these pages we hope you see the reflection of this theme. We tried to put our emphasis on pictures rather than words, filling the book with memories of your high school experience— playing sports, going to dances, performing, and everything in between.

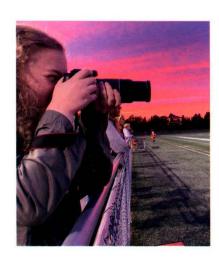
Making this yearbook was a challenge at times, especially when the spring took some unanticipated turns. We appreciated the way our class came together to help us complete the book by sending in so many pictures. Knowing that we will be able to look back on these times pushed us to look forward and make the book the best it could be. We apologize for any imperfections (we are sure there are some) but we are proud of what it has become. We are grateful for the incredible effort of our dedicated staff who worked tirelessly to take pictures, design pages, and meet deadlines.

As we start a new decade and chapter in our lives, we hope that this yearbook helps you keep your time at CHS a part of your vision as you continue to persevere and do great things.

Thank you for everything Class of 2020, Evelyn and Caitlin







A LETTER FROM YOUR PRESIDENT

Dear Class of 2020,

What an amazing journey this has been. As I look back on the countless memories we have formed together, I honestly do not know where to begin. I'm truly grateful for the opportunity to grow with all of you throughout these wonderful 13 years. As our time at CHS comes to a close, it's bittersweet to remember and reminisce. However, it's comforting to know that as we move on to the next chapters of our lives, the relationships we have formed are not left behind; they journey with us.

Personally, I know I will cherish the friendships I've formed here for years to come and they will live on in the memories, lessons, and experiences I have shared with all of you. I am extremely grateful for all of the ways that each of you have impacted me throughout these years. Thank you to the classmates, teammates, and fellow musicians who have journeyed with me through thick and thin. I simply would not be the person I am today without all of you, and I hope that in some way, big or small, I have been a positive part of your lives as well.

Our Senior Year has certainly been unique. It's easy to let ourselves dwell upon the things that we missed due to circumstances out of our control. But I hope that as we look back on our time at CHS we don't let those circumstances overshadow the wonderful times we enjoyed throughout the entirety of our high school career. I hope that instead we can let it serve as a qualifier of the countless experiences that have made us into the fine young adults we are today.

Collectively, we have formed a united community of unique individuals that make up the only Class of 2020 to walk the halls of CHS. We have left our mark on the classrooms, teams, ensembles, clubs, and various other activities we've grown with, and I hope that we all will take pride in how these programs will continue to develop due to our leadership as Seniors.

As we have left our mark on CHS, we know that it has certainly left its mark on us. I hope that what we choose to take away from our own individual time at Chelmsford Public Schools will make each other proud to be members of the Class of 2020.

Wherever your future may take you, I wish you the best of luck, and I'm excited for the opportunities that lay in store for all of us.

Yours truly,

Levi Cass







CHAPTER ONE







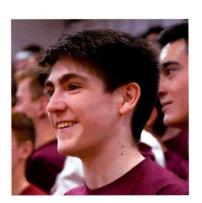












FACULTY

Dawn Aboelsaad Brian Acheson Cynthia Acheson Lisa Adil







Madalena Alves
Caden Anderson
Valerie Angell
Lichtenthal
Mary Antetomaso
Nancy Arena
Matthew Bartos
Eduardo Beato



































Debra Collins Kate Comeau Steven Courtemanche Charles Craig Christopher Cunha Bridget Dascoli Dana Degen













Jonathan Demers
Taryn Dery
Christine DeSilvio
Jorge Devillasante
Matthew Dibble
Abbey Dick
Rebecca DiStasi













Jennifer Doak
John Doherty
Michael Donnell
Katherine Doulamis
Kelley Driscoll
Maura Duah-Asamoah
Julie Durkin

































Aamina Mian Kelley Mikus Deviuma Mohanraj Kelley Moreau Colleen Morrill Jenna Morrissette Shawna Mottram Derek Mousseau Matthew Mulrooney Jeffery Munroe Joan Murphy Stephen Murray Jessica Nollet Michael O'Keefe Mariclare O'Neal John O'Sullivan Debby O'Toole Jennifer Orsini Lisa Parato Ryan Parsons John Pawl John Pecora Denise Pelland Kathleen Peluso Leah Perry Ryan Poisson Holly Prees Susan Regan Justin Reid Carol Reilly Maria Reis Daniel Richter Elizabeth Rick Donna Rivard Patricia Roberts Scott Robillard Amanda Roeder Daniel Rosa Margaret Ruggiero Robert Russo Jennifer Salmon Joanne Salomaa Patricia Sanchez Clayton Sanders Kerry Ann Scarfo Matthew Sexauer Kaitlyn Shea Michael Shea Judith Sheehan Karen Sheehan Lindsey Sheppard Kimberly Sholds Michele Sloan Marian Smith Shealagh Soares Steven Sousa















Thomas Sousa David Steeves Katelyn Sullivan Kathryn Sullivan Alexandra Swanson Kelley Taft Barbara Taha













Linda Tanini Sandra Terranova Gweyn Travers Kristin True Jessica Tylenda Bina Upadhyay Ian Van Blarcom













Erik Varga Craig Vitale Jaclyn Vitale Meagan Walsh Daniel Williams Jason Ward Theresa White









Matthew Witte Jessica Wolfe Peter Zopes David Zukowski

CAMFRA SHY.

Lawrence Agresto Nancy Antolini Jeffrey Argenziano James Aylward Matthew Beyranevand Joshua Blagg Emma Ferreira Nichole Flores Peggy Gump Delilah Huertas Meagan Meegan Jonathan Morris Joanne Nebalski Steven Normandin Tom Peterson

Chris Piscione Stephanie Quinn Amy Reese Kelly Rogers Lauren Schulman Andrew Shupe Dan Silva Kathryn Simes Marilyn Sweeney Becky Tyros Atsumi Warhurst Christina Whittlesey Sandie Windt Lia Zouzas

TEACHER SUPERLATIVES:

Most Likely to Catch You Texting in Class:

Mr. O'Keefe

Most Likely to Fail You With a Smile: Mrs. Collins

Most Likely to be Called Mom: Mrs. Kaverud

Most Likely to be Called Dad: Mr. Bartos

Best Stories: Mr. Dussault

Most Likely to be Mistaken for a Student: Mrs. Sheppard

CLASS OF 123

Jonah Abraham Morgan Acevedo Isaiah Adams



Maya Aggarwal Rishi Ajmera Narissa Aldayaa Dean Allen Emily Allen Mikaya Alto









Victoria Apostolakes Alexander Arakelian Liam Avery Jack Aylward Abby Bailey Cadence Bailey











Tanya Banerjee David Barber Noah Barrio Riley Barry Bryce Batchelder Alison Bates









Aidan Bauer Sophea Bethel Jash Bhut John Blaine Anthony Bognanni Ava Bognanni









Allison Bogyo Andrew Bogyo Owen Boilard Isabelle Boivin Anthony Bongiorno Torrence Borletto-McCray













Alizee Bosch Lea Bosch Caleb Botha Logan Boucher Piper Boudreau Sabrina Boutlane













Amanda Boxx Kartikey Brahmbhatt Jenna Bregoli Jacquelyn Brennan-Barbeau Christopher Brothers Zachary Brown

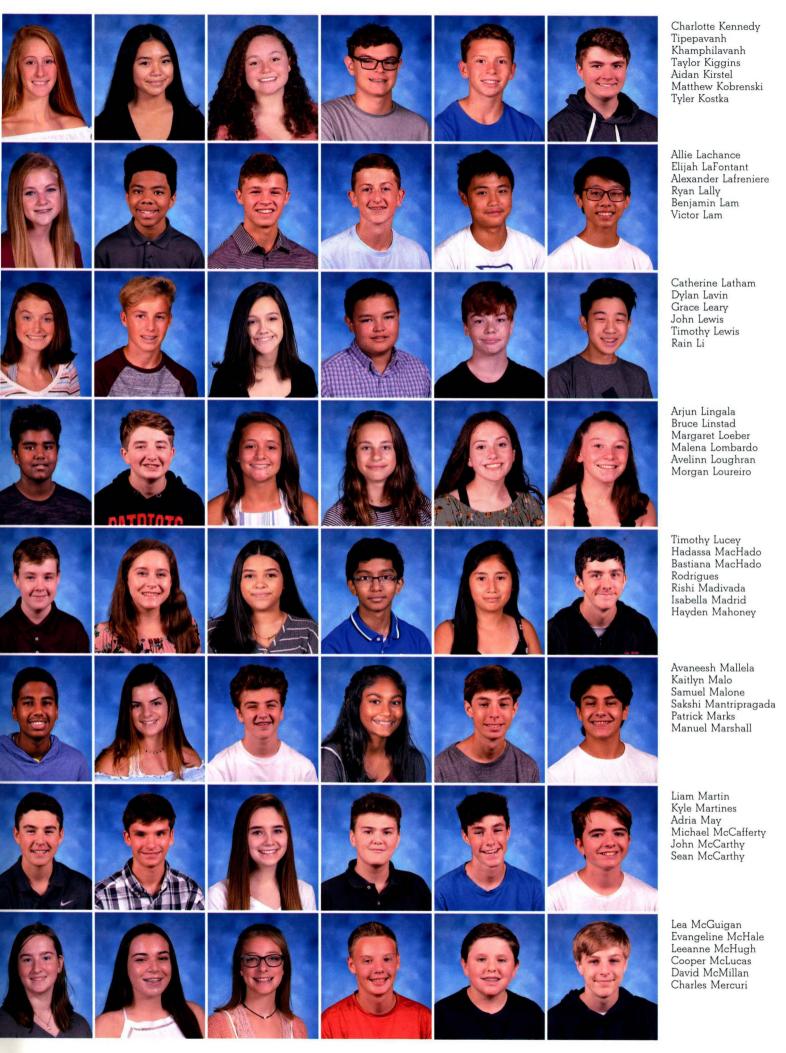








Allesandro Forte Molly Fox Khireddine Gadiri Maddison Gallagher Jamie Garber Akhila Garre Gage Gauntlett Emmanuel Gayyean Dylan George Brenn Gilet Jianna Gomes Joshua Gomez Leticia Goncalves Tyler Goode Janna Goodwin Georges Graney Braydon Gray Logan Green MacKenzie Green Ryan Greene Tara Griffin Emma Grondin Jared Guerin Kevin Ha Olivia Hall Sophia Hanson Aisling Harrington Paul Hayes Samban Healy Robert Hennessey Hope Herbert Emily Hilton Georgia Horan Ava Hubbard Declan Hughes Shealy Hughes Patrique Inoue Kylie Jacobs Dennis Johnson Justin Judd Abigail Kamara Kaitlyn Kaminuma Neakon Kargar Aliah Katz Jordan Kawalya Margaret Keene Amelia Kelley Garrett Kelly



Sydney Michaud Jaime Miele Bryan Miller Alexis Mills Isabella Mirasolo Megan Mitchell Ayush Mitra Joseph Mitri
Benjamin Morgan
Tabor Morin
Prateek Motagi
Brooke Moulton Tate Muir Elizabeth Mukisa Nathaniel Murray Adyot Nigam Abhiram Nisankararao Ruth Njuguna Elizabeth Nolan Issac Ntambwe Danilo Nunes Jessica O'Brien Rachel O'Brien Analia O'Connor-Carinao Reagan O'Leary Shannon O'Leary Maddox O'Meara Dylan O'Riordan Sarah Oakes Elizabeth Onyeabor Tristan Oxley Farheen Palagiri Elias Pamfilis Eliana Parreira Keval Patel Roshni Patel Colby Peal Cole Pelkey Sara Perkins Alexander Perry Koryn Perry Andrew Peterson Alexa Petullo Lia Phillips Brielle Picard William Pierce Jack Poirier Taylor Polley



Emma Taylor Joseph Tays Natalie Thai Sakhi Thakkar Sukhpal Thakkar Arthur Torosyan Ricky Touch Brett Trainor Amanda Tran Lina Tran Caroline Tucker Annemarie Tyros Waka Umaoka Jackson Uttecht Shamoyl Vaid Sophie Van Haren Gabriela Vasilakis Alexa Velazquez Nathan Velazquez Taylor Vella Laasya Vemparala Neel Verma Aidan Wagner Anas Waheed Jahsiah Wainaina Gillian Wairegi Caitlin Walsh John Walsh Jonathan Walsh Ryan Ward Gabriel Weber Tomas Wetzel Julia Williams Keely Wilson Hannah Wolman Alexander Wong Clara Wong Shaylee Wright Sriya Yerasu Connor Young Hope Zhao

Camera Shy: Zachary Butze Guinyver Daros Goncalves Antonio Lamoy Christy Lopez

























CLASS OF 122

Masa Al Horani Isabelle Alagna Zachary Allen



Ananya Anand Ellen Angwin Tanish Araveti Cameron Arsenault Athul Ashok Azan Ashraf

















Mia Beauchesne Hailey Beaudoin Jared Beauregard Caitlyn Bentley Ilana Berkovitz Fabrizio Bernardi









Merna Beshay Shreyci Bhatnagar Vyom Bhatnagar Sankalp Bhoyar Benjamin Blute Sophie Boucher









Ryan Brackett Maxwell Breault Cailean Breuer Campbell Brown Grace Brown Harry Brown









Sophia Bruetsch Aidan Buckley James Buckley Michael Burns Jenna Cabeca Gregory Calderon











Kayla Carlson Nicholas Carmillo Michael Caruso Sarah Caruso Gregory Certain Jonathan Chan















Owen Flanagan Joseph Fleming Devlin Ford Emily Fortier Aisling Frugoli Matthew Gale Abhiram Garre Miranda Garrigan Leah Garvin Lea Gaspar Kendall Gauntlett Alec Giacchetto Natalia Giampa Dante Giles Skylar Giroux Matthew Githae Rohan Gladson Bradley Glasfurd Alyssa Goselin Paul Graham Damara Grand Mia Guaetta Navya Gummidi Siya Gunda Khanh Ha Julia Hamilton Jennica Hamm Samuel Hargett Katie Harper Jordan Harris Griffin Hart Delaney Hayes Meghan Haynes Michael Hennessey Marcos Hernandez Margaret Higgins Sean Higgins Kyra Hoff Grace Hoffman Benjamin Hogan Julia Hogan Maggie Holden Fawad Hussain Jennie Huynh Murad Jamil Katrina Janakos Tyler Jennings Daniel Jeong



Keegan McCarthy Matthew McCarthy Ella McDuffie Mary McMaster Erin McNulty Carolyn Medwar Stephen Melanson Danielle Mello Hannah Michaud Carter Mills Alyson Mireault Lea Mitchell Chloe Molinari Harry Monahan Alyson Moore Kerry Moreno Ella Morin Alyssa Morning Jameson Muldoon Troy Muldoon
Kayleigh Mungovan
Drew Munson
Mallory Murphy
Michelle Mwangi Paul Mwaura Emily Myerson Siddharthan Nazilin Maylin Nguyen Jack Norton Kalliyan Nouv Caitlin O'Brien Nicholas O'Donnell Josephine O'Hare Chase O'Neil Liam O'Neill Thomas O'Neill Samuel Oliveira Laura Oliveri Chidiebere Onyeabor Jaiden Ortiz Nosa Osaretin Karlie Otto Mahamaya Pai Cheyenne Paladini Nikole Palumbo Henry Pancygrau Arya Patel Aum Patel



Kathryn Schaefer Jillian Schena Daniel Schiefen Lindsey Sciacca Aidan Scott Allison Shalek Jorgia Shick Madison Shin Elizabeth Silva Sara Silva Vanshika Singh Matthew Smith Megan Smith Nicholas Sneden Darius Sobhian Lara Soliman Aiden Som Gianna Soracco Riley Sovie Charles Spengler Megan Spooner Kyle St Peter Bryce Stacy Michael Stagnone Evan Stover Jennifer Su Aidan Sullivan Owen Sullivan Elizabeth Swansson Aysha Taha Mia Tassinari Emma Thornton Anthony Torrez Sonya Tripp Frank Tsui Cleve Ulanga Brooke Vallerand Nancy Vi Michael Vichot Stephen Villeneuve Paige Vu Aisha Waheed Keegan Walker William Walsh Matthew Washington Dellon White James Wiklund Krista Wilder





Faith Zhao









Omoye Williamson Isabel Windoloski Tegan Wink Dylan Woodall Larry Yang Linda Yu



Camera Shy: Julia Booth Liam Crowley Tyler Gigliotti Blanca Mason Patricia Regan



















CLASS OF 121

Praneeth Abburi Luke Abraham Anna Adinolfi



Zoe Adoniou Madison Agostino Amelia Anderson Marietta Arakelian Michael Arakelian **Emily Arpino**









Marianna Assuncao Amelia Audet Brett Baker Sonit Bandaru Cheyenne Banks Sade Barker











James Barrett Julianna Barry Jake Bartleman Julia Bates Kevin Baxter Jessica Bejar-Garcia













Ayden Berry Matthew Berry Krish Bhut Lily Boilard Nicholas Bonaiuto Kanyah Bone













Bethany Botha Nicholas Bottomley Morgan Boudreau Rachel Boudreau Sean Boudreau Chinmaykumar Brahmbhatt













Jillian Brennan-Barbeau Logan Bruce Marissa Burati Nicholas Burns Eva Byrne Alison Carmel



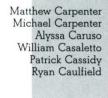


























David Gagnon Jack Gallo Michael Galloway Skyla Garrigan Lucas Gaspar Mia Gaudet Youssef Geris Anthony Ghobrial Nicholas Glennon Benjamin Gomez Yabdiel Gonzalez Cruz Meghan Goode Kenneth Goodwin Jack Gourley Michael Graham Leah Green Sudeep Gubbala Ameer Haidar Mariah Hallion Mary Hamilton Andrew Hampton Sona Hanslia Mckayla Hardy Jeremy Hargett Madison Harper Luke Harrison Alexander Haverty Elliot Hayes Sean Hayes George Haywood Emma Hebert Benjamin Helmar Aidan Hennessey Maya Hensley Jamyl Herold James Higgins Joshua Higgins James Hill Alec Hoag Kylie Hooton Aubrey Horan Lily Hoyt Joseph Hubbard Amelia Hughes Edward Hughes Jackson Hupper Jessica Hussey Erin Johnson



Harsha Mahajan Brendan Malavich Simran Malhotra Gayathri Mantha Sofia Matos Tavares Liam McCafferty Braeden McCall Shane McDermott Sean McHale Steven McKinney Taeshawn McKinney Terry McKinney Katherine McMeniman Donald McNaught Aidan McNeal Zane Meikle Elizabeth Meinhardt Ethan Meltzer DUMAN Sean Mescall James Mieszczanski Aaron Miller Matthew Miner Connor Mitchell Peter Mitchell Philip Miu Socheata Moeung Olivia Molligi Anubhav Mondal Chelsea Moody Alex Moore Ryan Moore Arianna Moreau-Goodwin Jarret Morrill Riley Moulton Noelle Mugwe Brynn Murray Jennifer Murtagh Rayann Mututu Raghav Narula Ethan Nash Hannah Nettikadan John Nickerson Kara Nickerson Ava Nordengren Jemima Ntambwe Rachjana Ny Alysia O'Brien Hannah O'Brien



Renee Romac Jacquelyn Ross Amelia Rubin Haley Ruccio Amanda Russo Gabrielle Sabbouh Omprakash Sahoo Omprakash Sahoo Richy Saing Ryan Saliba Keomonika Sam Anthony Sandelli Cole Schaefer Parker Schaufus Michael Schwamb Aaliyah Scott Rudra Sett Jack Shea Colm Sheerin Niyati Shroff Kaytelan Silva Anirudh Singh Anthony Skinsacos Kathryn Slattery Lindsey Snider Youssef Soliman Daniel Sousa Eliza Speidel Nicholas Spiller Stephen Spofford Cameron Srebnick Sean Stackpole Mackenzie Stacy Gabriel Stafford Tyler Stagnone Luke Stahl Quintin Stuart Joseph Sturzo Shane Sutherland Tarmo Tari Nicholas Tedesco Natasha Thompson Joshua Timmins Rithin Tirumalasetti Leticia Toledo Anthony Tosi Robert Tower Kaela Tracy



Christian Barden-Jo.
Charles Charlesson
Kiara Cuevas
William Gannon
Ethan Lafontant

Luke Macallister Nicholas Mugwe Olivia Roberts Gina Ryder Brendan Viarella

































Giovana Vieira Aditya Vijay Gordon Wachira Liam Wagner Wayne Waliggo Emma Walsh

Lanny Tseng Paul Tucker Drema Uttecht Husain Vaid Ian Van Haren Nicholas Vaz Gabriel



Michael West Hannah Whitten Shane Williams Gracie Wood Katherine Wood Dylan Woodland















CHAPTER TWO



















LOOKING BACK







Karam Al-Kofahi



Sydney Alto



Abigail Angwin



David Arakelian



Kyle Arena



Annabelle Arlin



Lauren Babcock



Shannon Bailey



Christian Barbosa



Chris Barrett



Olivia Beals



Sean Beauregard



Jen Belanger



Evelyn Bernard



Ryan Berry



Justin Berube



Stephanie Bianco



Julia Blair



Chase Boles



Matthew Booth



Bryce Borletto-McCray



Guillaume Bosch



Sara Bourdelais



Darcy Bozek



Hanna Branco



Jacob Briere



Dylan Brotherston



Ben Brown



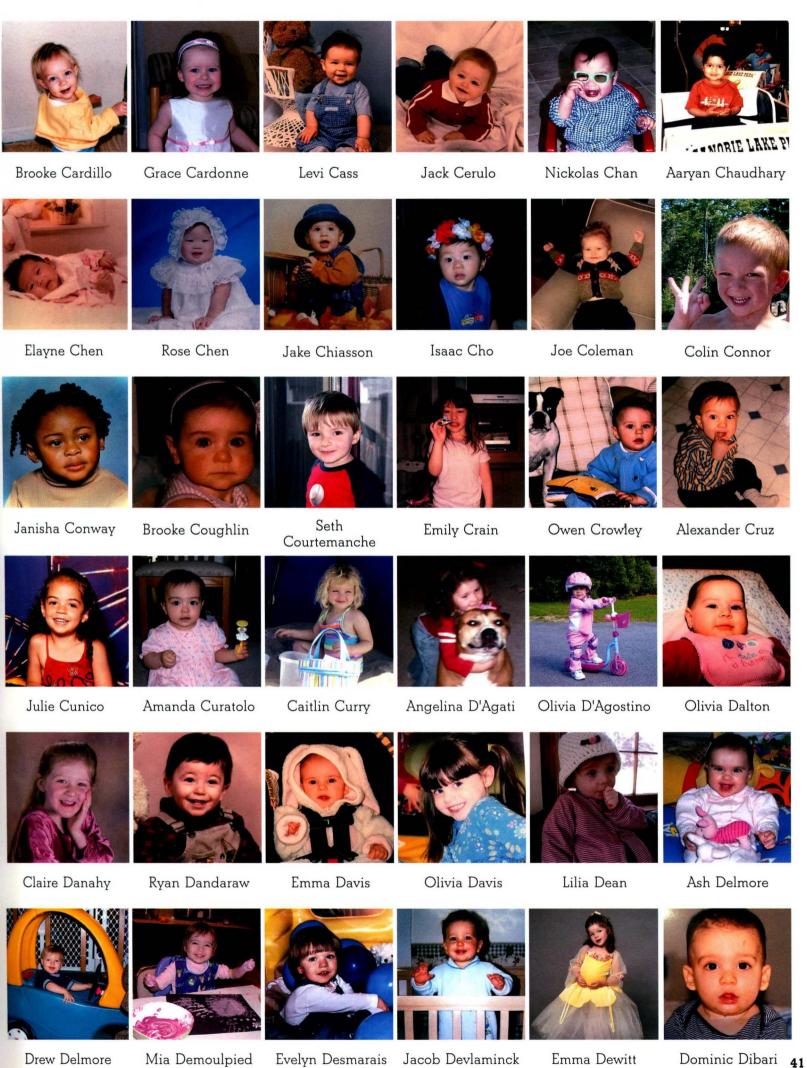
Olivia Buckley

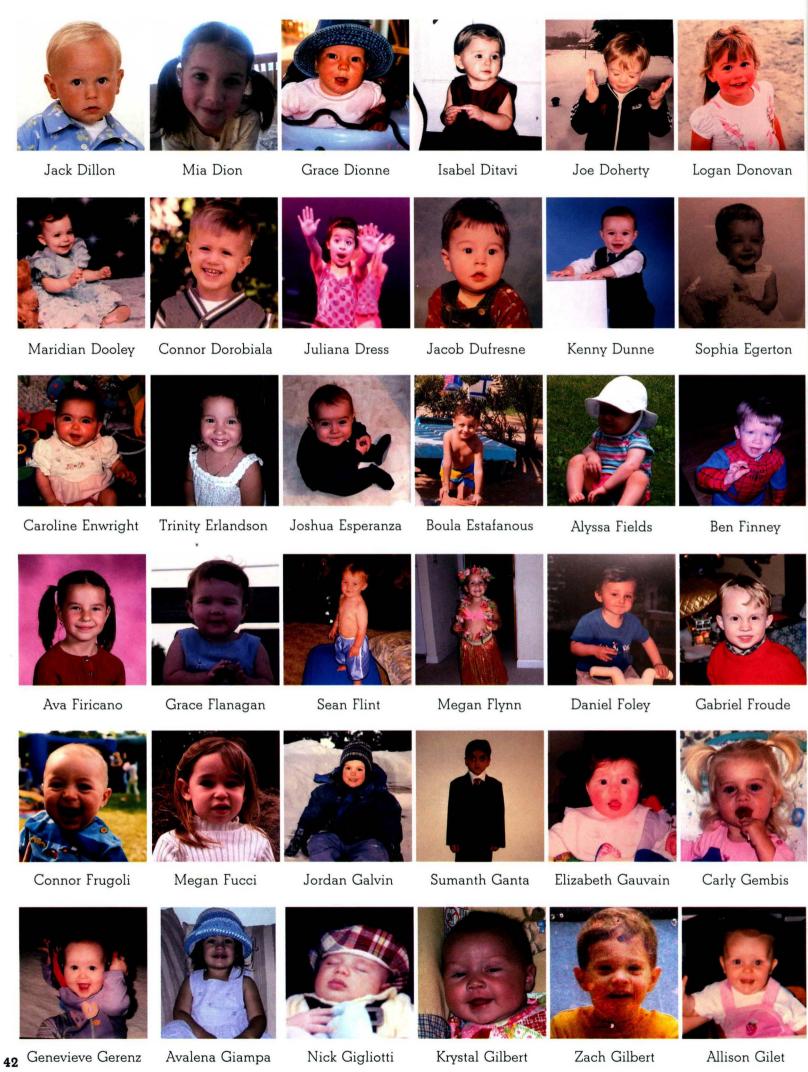


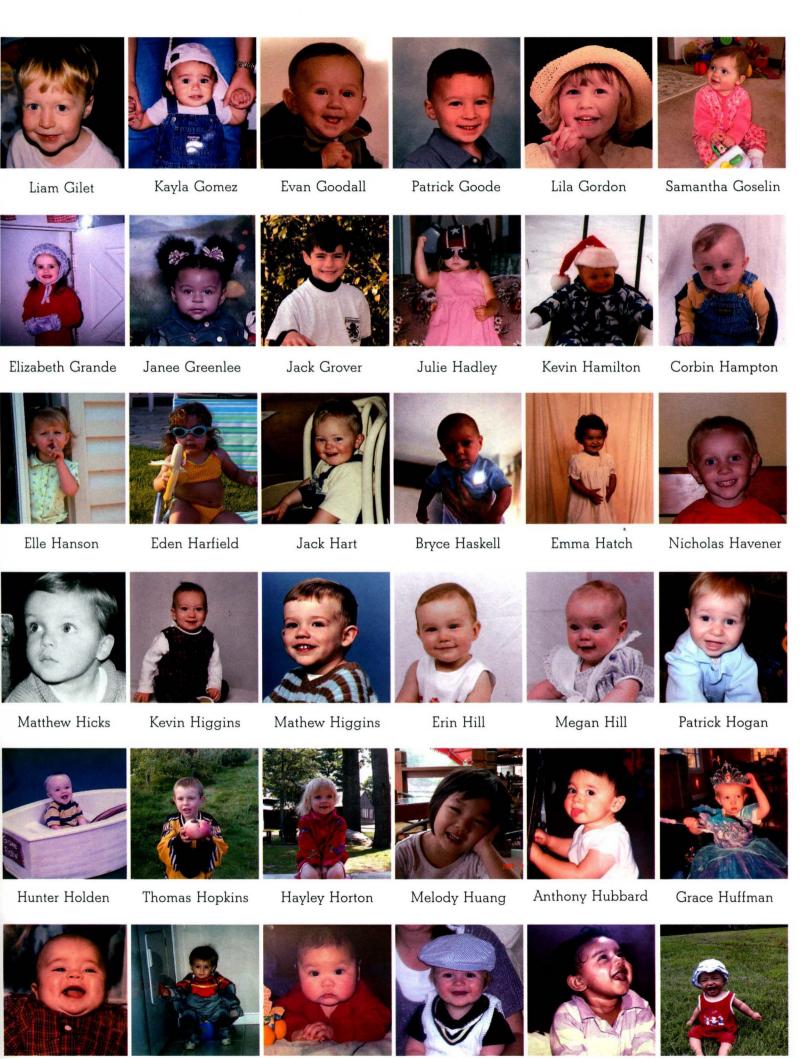
Sarah Cain



Michael Cameron

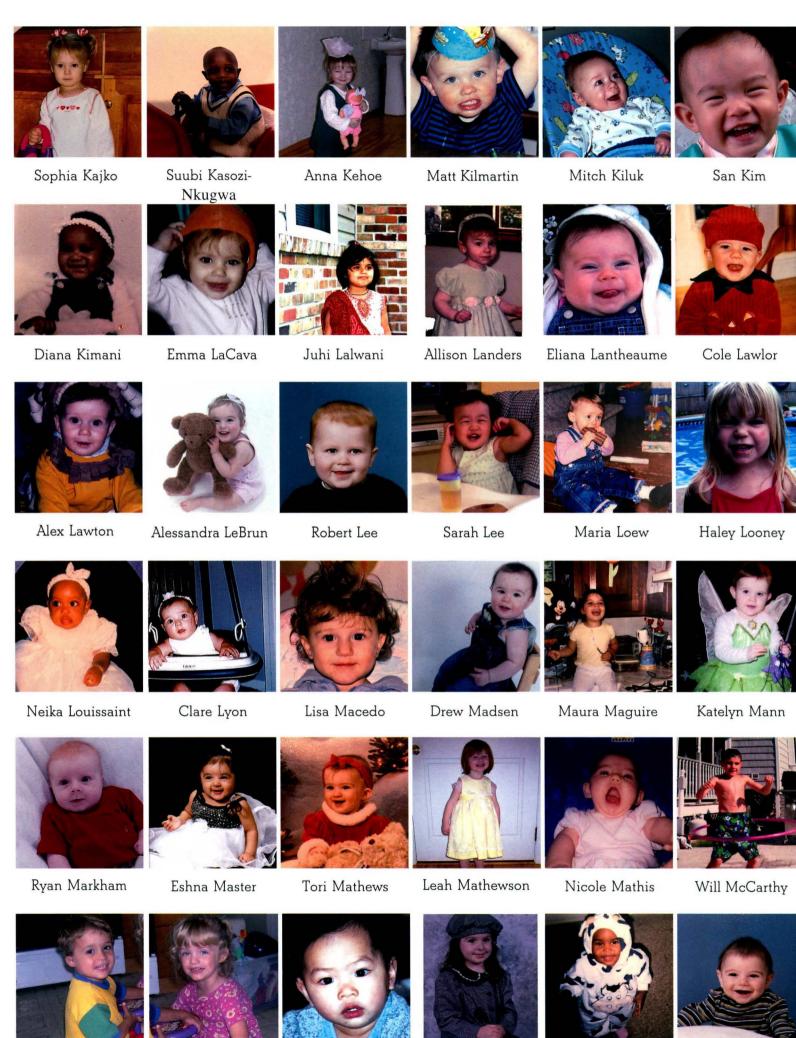






Patrick Hughes Zach Hutchinson Banmai Huynh Sean Inman Janette Jerusal

Kendra Jiang



Liam McGinty

Nicole McGinty

Elise McGowan

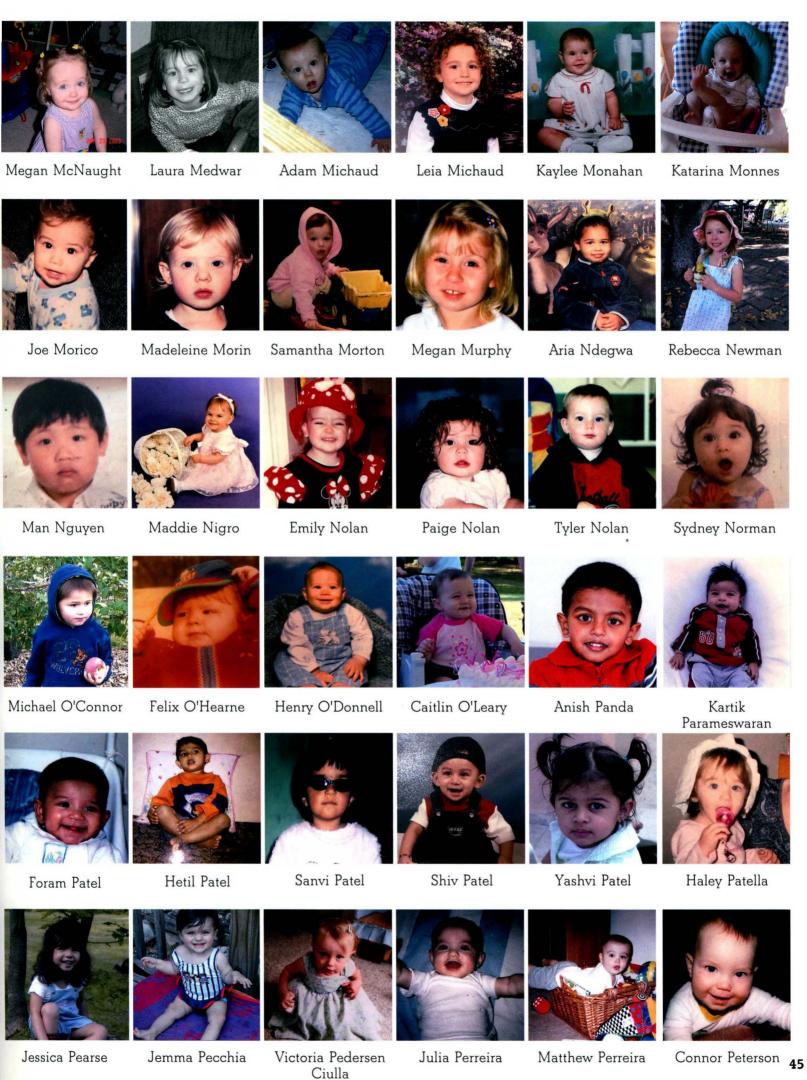
Theresa McGraw



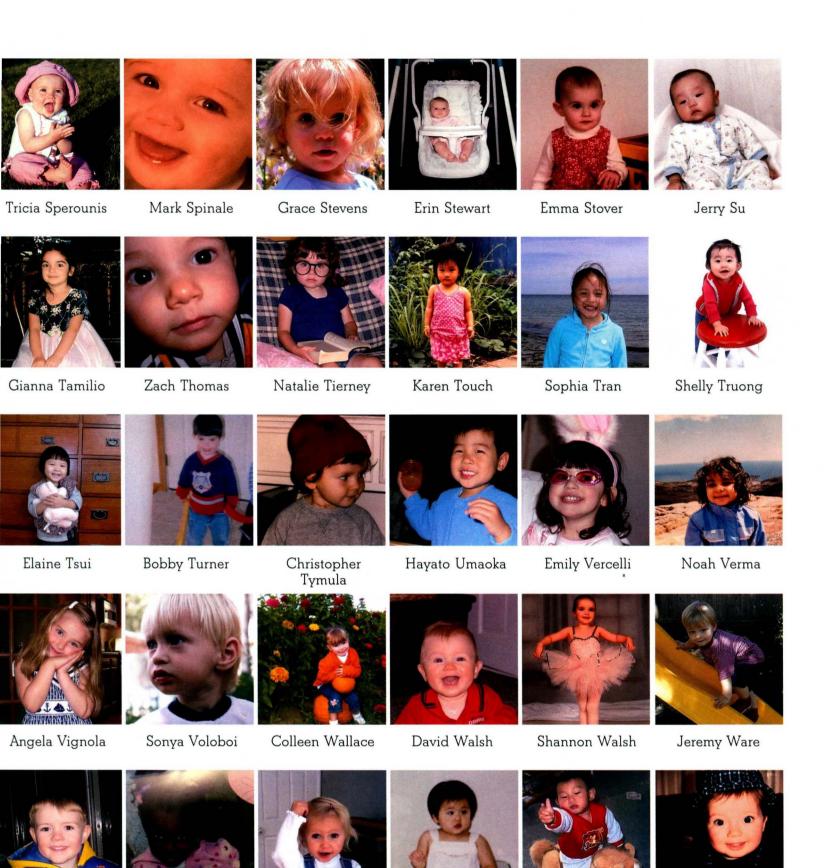
Ahnasia McKinney



Michael McNamara







Ashley Wenning

Fei Lam Wong

Aaron Zhu

Matthew

Waterman

Yvonne Welsh

Cyprian Zulawnik

SENIORS CLASS OF 2020

SYDNEY ALTO

I was here before all of you, just ask my aunt, Sacagawea.

Field Hockey 9 10 11 12 Softball 9 10 11 Capt 12



JASMINE ADAMS

Whoever said "first is the worst" obviously never met me.

Indoor Track 10 11 12
Outdoor Track 9 10 11 12
NHS 11 12
NEHS 11 12
SHS 11 12
Mock Trial 11 12
Mentor 11 12
Interact 10 11 12
GIVE 11



ABIGAIL ANGWIN

"The sun still rises even through the rain"

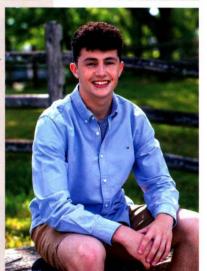
- The Head and the Heart



ANTHONY ADONIOU

"Choose not a life of imitation"
- Anthony Kiedis

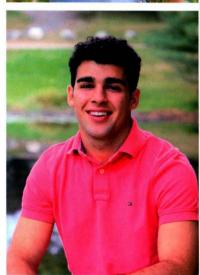
Indoor Track 10 11 Capt 12 Class Reps 9 10 11 12 Volleyball 10 11 12 NHS 11 12



DAVID ARAKELIAN

bruh

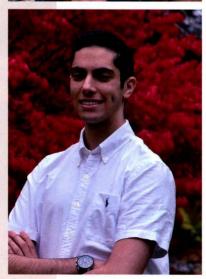
Soccer 9 10 11 12 Indoor Track 9 10 Outdoor Track 11 Interact Club 11 12 Mentor 12



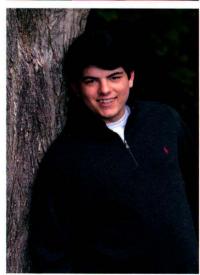
KARAM AL-KOFAHI

Take road the not a travel, make difference all of it.

NHS 11 12 SNHS 12 FHS 11



KYLE ARENA



ANNABELLE ARLIN

The days were long, but the years flew by.

Lacrosse 10 Cheer 11 NHS 11 12 FHS 11 12



LAUREN BABCOCK

Looking forward to not sitting alphabetically in college

Class Reps 10 11 Best Buddies 11 GIVE 12 Softball 9 Basketball 9 NHS 11 12 NEHS 11 12 SHS 11 12 BHS 11 12 SNHS 12



NICK ASHTAR-ZADEH



SHANNON BAILEY

If the music is too loud, you're too old.

Volleyball 9 Art Club 12 ASL Club 12



NIKA ASHTAR-ZADEH

Only true alphas put pineapple on pizza



SARAH BALDWIN

(Insert quote from The Office)

LIME 9 GIVE 9



BEN ATWOOD

"If I'm lucky, a month from now, best case scenario, I'm managing a Cinnabon in Omaha" - Saul Goodman



SAM BARBER

"If you can play something slowly, you can play it quickly."
- Ben Lee

Science Team 9 10 11 12 Tennis 9 10 11 12 Robotics Team 10 11 Capt 12 Pit Orchestra 11 12 NHS 11 12 CHSSO 12



CHRISTIAN BARBOSA

yeah

Indoor Track 9 Outdoor Track 9 Telemedia Crew 9 Marching Band 10 11 SL 12 IR 10 11 Pres 12 Mentor 11 12 The Voice 11 12 Student Council 11 12 NHS 11 12 NEHS 11 12 FHS 11 12

CYBL 9 10 11



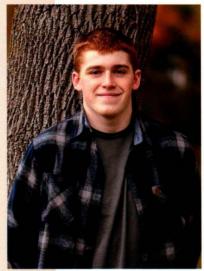
JEN BELANGER

What's so amazing is that our lives are just beginning



CHRIS BARRETT

Keep on keeping on



EVELYN BERNARD

yes my name used to be Lom, like Tom with an L.

Co-Editor In Chief Yearbook 9 10 11 12 Class Reps 9 NHS 11 12 FHS 11 12



OLIVIA BEALS

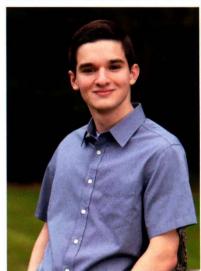
Someday you will find out what you're looking for or maybe you'll find something much greater than that.

Cross Country 9 10 Indoor Track 9 10 Outdoor Track 9 10



RYAN BERRY

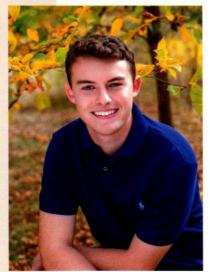
"Failure is simply the opportunity to begin again, this time more intelligently" - Henry Ford



SEAN BEAUREGARD

People always told me I wouldn't amount to anything because I procrastinate. I said, "Just wait".

NHS 11 12 SHS 11 12 Class Reps 11 12 Volleyball 9 10 11 12 Basketball 9 CYBL 10 11 12



JUSTIN BERUBE

C'mon guys who took my microwave I'm serious

NEHS 11 12 Coding Club 12



STEPHANIE BIANCO

"I always get to where I am going by walking from where I have been"

- Winnie the Pooh

"Thank you for always being there mom and dad" ED SE CC

Theatre Guild 9 10 11 12 Theatre Guild Board 11 12

JULIA BLAIR

"All good things are wild & free" - Thoreau

Graphic Design Coordinator



MATTHEW BOOTH



of The Voice 9 10 11 12



BRYCE BORLETTO-MCCRAY

Reality is wrong, dreams are for

Soccer 9 10 11 Capt 12 Basketball 9



BELLA BLUTE

sorry I'm late

Yearbook 9 10 11 12



GUILLAUME BOSCH

Excuse my French

Badminton Pres 10 11 12 DECA 10 11 VP 12 Science Team Sec 11 12 Start School Later Pres 11 12



CHASE BOLES

"The snow goose need not bathe to make itself white. Neither need you do anything but be yourself" - Lao Tzu

Theatre Guild 9 10 11 12 Theatre Guild Board 12 The Thursdays 10 11 12 LIME 11 12 Mock Trial 11 Capt 12 Mentor 12 Jazz Band 9



SARA BOURDELAIS

Some day these will be the good old days

Gymnastics 9 10 11 Capt 12 Mentor/ESL Board 11 12 SHS 11 12 NEHS 11 12



DARCY BOZEK

"And whether or not it is clear to you, no doubt the universe is unfolding as it should" - Max Ehrmann

NEHS 12 FHS 12



BEN BROWN

"Nobody believed in Galileo either"

- Jaden Smith

Cross Country 9 10 11 Capt 12 Outdoor Track 10 11 12 Indoor Track 10 11 12



HANNA BRANCO

"Anyone who's determined and perseveres will get something of value in return. Even if it's not what they expected" - Alphonse Elric, FullMetal Alchemist

Field Hockey 9
ATWE 9 10
Art Club 10 11
Marching Band 9 10 11 12



OLIVIA BUCKLEY

Learn to laugh at yourself and life's a whole lot easier

Theatre Guild 9 10 11 12 Theatre Guild Board 11 12 The Crescendos 10 11 12 Soccer 9



JACOB BRIERE

Small things lead to big things

Football 9



HAYLEY BUONO

Friends, Season 5 Episode 16 17:00 Minutes

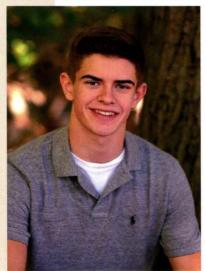
Swim & Dive 9 Athletic Training 12



DYLAN BROTHERSTON

If what you did yesterday seems big, you haven't done anything today.

Football 9 10 11 12 Basketball 9 10 Outdoor Track 9 10 11 12



EDUARDO CABRERA SORRENTINI

"I'm a Weeb, so what?" Smash Club



SARAH CAIN

Life's a windy road, so is my spine.

Costumes/Theatre 11 12 NHS 11 12 SHS 11 12 NEHS 11 12



GRACE CARDONNE

"I say more dumb things before 9am than most people say all day"- Chandler Bing

Field Hockey 9 10 11 12 Indoor Track 9 10 11 12 Outdoor Track 9 10 11 12 DECA 11 12



AVA CAMERON

"But there is more to me than just my name. Give me a chance and I could change the game" - Ethan Slater

The Crescendos 11 12



ANTHONY CASIANO



MICHAEL CAMERON

"Hard work beats talent when talent fails to work hard" - Kevin Durant Student Council 10 Treas 11 12 SHS 11 12 SNHS 12 Indoor Track 10

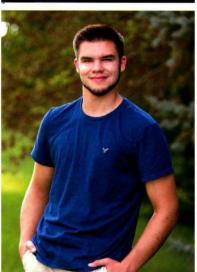
Outdoor Track 10

CYBL 9



LEVI CASS

"Life's a dance you learn as you go, sometimes you lead, sometimes you follow" - John Michael Montgomery Class President
Class Representatives 9 10 11 12
Volleyball 9 10 Capt 11 12
Basketball 9 10 11 Capt 12
Marching Band 9 10 SL. 11 12
Jazz Band 9 10 11 12
Symphony Orchestra 9 10
Wind Ensemble 11 12
LIME 11 12
NHS 11 12
NHS 11 12
SHS 11 12
SNHS 12



BROOKE CARDILLO

Sorry I can't give my presentation I lost my voice at a concert last night

Head Photographer Yearbook 9 10 11 12 NHS 11 12 NEHS 11 12 LHS 10 11 12 NSHS 12 Melting Pot 11 LIME 12



JACK CERULO

"I have an idea so smart that my head would explode if I even began to know what I was talking about"- Peter Griffin

Soccer 9 Varsity Soccer Manager 12 Indoor Track 9 10 11



ELIZABETH CHAN

"If you ever need somebody to come and eat your food, I'm there" - The Flash



ROSE CHEN

I am so blessed and very grateful for teachers, staff and friends at CHS.

Swim & Dive 9 10 11 12



NICKOLAS CHAN

"It's not who you are underneath, it's what you do that defines you" - Batman

Swim & Dive 9 10 11 Capt 12 Volleyball 9 10 11 Mentor 11 12 NHS 11 12



TIFFANY CHEOK

"Isn't an oven just like a giant toaster" - Jakob Markot

Volleyball 9 Outdoor Track 9 Basketball 9 10 LHS 10 11 12



AARYAN CHAUDHARY

Think curiously, work ambitiously.

Soccer 9
Tennis 12
Interact Pres 11 12
Mentor 11 Board 12
DECA Co-Sec 10 11 12
Science Team Treas 9 10 11 12
Math Team 9 10 11
NHS 11 12
NEHS 11 12
FHS 11 12



JAKE CHIASSON

"I think sometimes in life the biggest challenges end up being the best things that happen in your life" - Tom Brady

Football 9 10 11 Capt 12 Ski Team 9 Indoor Track 10 Outdoor Track 11



ELAYNE CHEN

"There wouldn't be a sky full of stars if we were all meant to wish on the same one" - Frances Clark

NHS 11 12 SHS 12 Mentor 11 12 CHSSO 10 11 Pres 12 Swim & Dive 9 10 11 Capt 12 Tri-M 10 11 12



GREGORY CHIPCHAK

Always believe in something greater than yourself

Livesmart 9 10 NEHS 11 12



ISAAC CHO

You're not you when you're in high school. You're becoming better.

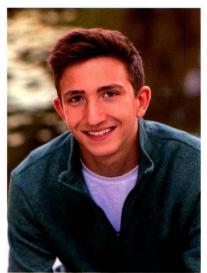
Coding Club 12 Orchestra 9 10 11 12



COLIN CONNOR

"There are no mistakes, only happy accidents" - Bob Ross

Class Reps 9 10 11 12



MAX CODY

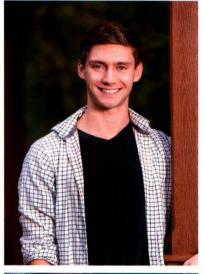


JANISHA CONWAY

Thank you Google for your help, I wouldn't have passed



RYAN COEN



BRIAN CORMIER GONZALEZ GEE



JOE COLEMAN

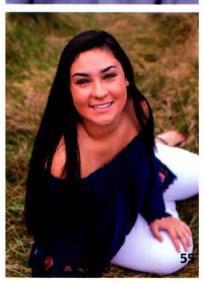
Don't care



BROOKE COUGHLIN

"The best way to predict the future is to create it" - Abraham Lincoln GD JP LG NM

Class Reps 9 10 Volleyball 9 10 11 12 Hockey 10 Mentor 12



CASEY COURTEMANCHE

I don't have a favorite place. I have my favorite people. And, whenever I'm with my favorite people, it becomes my favorite place.



DYLAN CRAWFORD

"Some people feel the rain. Others just get wet"

IR 10 11 Coding Club 12



SETH COURTEMANCHE



OWEN CROWLEY

"If you have a dream and you're not working towards it, then you don't deserve to achieve it" - Shad M. Brooks

Hockey 9 10 11 Mentor 12



SEAN COX

I could either watch it happen or be a part of it

Coding Club Leader 12



ALEXANDER CRUZ

"One day your life will flash before your eyes, make sure it's worth watching" - Nikki Sixx

Lacrosse 9 10 11 12 Hockey 9 10 Winter Track 11 12



EMILY CRAIN

"Stupid is as stupid does"
- Forest Gump

Theatre Guild 10 11 12 NHS 11 LHS 10 11 12 Tri-M 11 12



JULIE CUNICO

Can I change my answer?

Cross Country 9 10 11 12 Softball 9 10 Poets Society 11 12 Student Council 9 10



AMANDA CURATOLO

Tennis 10 11 12 Student Council 10 11 12 CHSSO 9 10 11 12 Orchestra 9 10 11 12



OLIVIA DALTON

"You look like Mia Thermopolis pre-makeover" - Chelsea K Moody

Key Club 10 11 12 Soccer 9 10 Cross Country 11 12 Track 9 10 11 12 NHS 11 Officer 12



CAITLIN CURRY

"Thanks for the adventurenow go have a new one!" - Up

Co-Editor In Chief Yearbook 9 10 11 12 NHS 11 12 NEHS 11 12 BHS 11 12 SHS 11 Pres 12 Mentor 12



CLAIRE DANAHY

"Be somebody who makes everybody feel like a someone"

Field Hockey 9 10 11 Capt 12 Lacrosse 9 10 11 12 Indoor Track 9 10 11 12 DECA 11 12 NHS 11 12 Mock Trial 11 12



ANGELINA D'AGATI

"Put something classy" - Amanda



RYAN DANDARAW

"A wrong decision is better than indecision" - Tony Soprano

Lacrosse 9 10 11 Football 10 Indoor Track 9 12



OLIVIA D'AGOSTINO

"Real G's move in silence like lasagna" - Lil Wayne

Athletic Training 10 11 12



EMMA DAVIS

"The only time I set the bar low is for limbo" - Michael Scott

Outdoor Track 9 10 11 12 Indoor Track 11 12 Class Reps 10 11 12 GIVE 11 12 LIME 11 12 DECA Treas 12 Mentor 11 12 NHS 11 12



OLIVIA DAVIS

Yeet or be yeeted

Mentor 11 12 NEHS 11 12 BHS 11 12 SHS 11 12 Outdoor Track 10



MIA DEMOULPIED

"Keep your face always toward the sun and shadows will fall behind you" - unknown

Color Guard 9 Capt 10 11 12 Outdoor Track 10 11 12 Indoor Track 11 12 Interact 11 12 LIME 11 12 NHS 11 12 SHS 11 12 NEHS 11 12 Mentor 11 12



LILIA DEAN

"It's kind of fun to do the impossible" - Walt Disney

Cross Country 9 10 11 Capt 12 Outdoor Track 9 10 11 12 Mentor Program 11 Pres 12 NHS 11 VP 12 SHS 11 Sec 12 NEHS 11 12 Interact Club 11 12 Class Reps 9 10 11



EVELYN DESMARAIS

"You are enough, you are so enough, it is unbelievable how enough you are" - Sierra Boggess

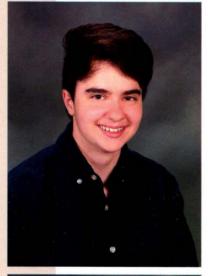
Theatre Guild 9 Art Club 10 11 The Crescendos 9 10 11 12



ASH DELMORE

They say twins think alike, but that isn't true.

IR 9 10 11 12



JACOB DEVLAMINCK



DREW DELMORE

They say twins think alike, but that isn't true.

IR 10 11 12 Band 9 10 11 12



EMMA DEWITT

"Miracles don't take reservations" - Moira Rose

Theatre Guild 9 10 11 12 Theatre Guild Board 11 12 The Thursdays 9 10 11 12 NHS 11 12 NEHS 11 12



DOMINIC DIBARI

"That's life" - Frank Sinatra

Football 9 10 11 Capt 12 Indoor Track 9 10 11 Capt 12



ISABEL DITAVI

Someone play Oh My Dis Side

Field Hockey 9 10 11 Lacrosse 9 Indoor Track 9 Outdoor Track 10 Mentor 12 NHS 11 12



JACK DILLON

"What defines us is how well we rise after falling" - Conor McGregor

Baseball 9 10 11 12 Hockey 9 10 Football 9 Mentor 12 Best Buddies 11 12 STG



JOE DOHERTY

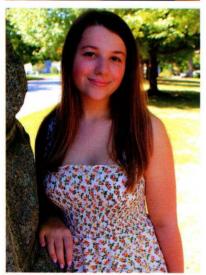
When we put away childish things, we may be closing our eyes instead of opening them, and perhaps our only option is to face reality. To open ourselves to the unknown.

Fishing Club 12 Volleyball 9 10 11



MIA DION

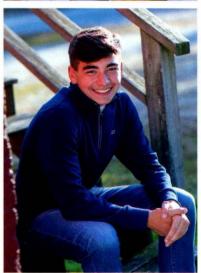
"After my eleventh birthday, I just turned thirteen"



SEAN DOHERTY

"Good judgment comes from experience, and a lot of that comes from bad judgment" - Will Rodgers

Soccer 9 10 11 Capt 12 CYBL 10 11 12



GRACE DIONNE

...In the end we'll all become stories LG NM JP BC

Volleyball 9 10 Capt 11 12 Basketball 9 Mentor 12 NHS 11 12



LOGAN DONOVAN

What's coming will come, and we'll meet it when it comes.

Thank you Mom, Dad, and Mac for everything! Couldn't Have done it without you!

Cheer 9 10 11 Capt 12 Softball 9 10 11 12 Mentor 11 12 Tutor 11 12 LHS 10 11 12 NEHS 11 12

SC, SR, AH, GH, RE, ER, CP, EL



MARIDIAN DOOLEY

I submitted my quote 2 hours before it was due, just like all my other assignments.

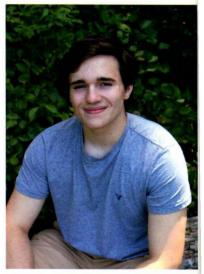
The Crescendos 10 11 12 Concert Choir 9 10 11 12



KENNY DUNNE

Never let success get to your head. Never let failure get to your heart.

Hockey 10 11 12 Volleyball 10 11 12 Mentor 12 NHS 11 12 NEHS 11 12 BHS 11 12



CONNOR DOROBIALA



SOPHIA EGERTON

Sometimes you will never know the value of a moment until its a memory



JULIANA DRESS

Small but mighty

Mentor 12 Dance Team 12



CAROLINE ENWRIGHT

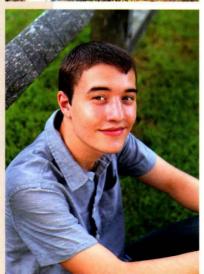
Life is not about who you once were. It's about who you are now, and who you have the potential to be.

Mentor 11 12 Theatre Guild 9 10 11 12 Class Reps 10 11



JACOB DUFRESNE

He is here.



TRINITY ERLANDSON

"If you don't like the road you're walking, start paving another one" - Dolly Parton

Swim & Dive 9 10



JOSHUA ESPERANZA

Crooked? Good times

Football 9 10 11 12 Wrestling 9 10 11 12 Baseball 9 10 Best Buddies 11 12



ALYSSA FIELDS

I completed this quote like everything else I did in high school ... at the last sec-



BOULA ESTAFANOUS

I eat twice as much meat just so one vegan who thinks they're making a difference is making no difference at all

Journey Club 9 10 11 12 GIVE Club 9 10 11 12 Badminton Club 10 11 12 Key Club 10 11 12 Swim & Dive 10 11 Philosophy Club 12 NHS 11 12 SHS11 12 SNHS 12 NEHS11 12 Interact Club 11 12



BEN FINNEY

Sometimes you do the hard work and set the table and somebody else eats the meal.

Hockey 9 10 11 12 Baseball 9 Lacrosse 10 Athletic Training 11 12 Fishing Club 12



KATHERINE FALCONE



AVA FIRICANO

"Oh, damn! Suddenly we're free to fly" - The Greatest Showman

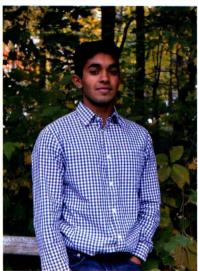
Volleyball 9 10 Basketball 9 10 11 12



KEVIN FERNANDES

"The future belongs to those who prepare for it today" - Malcolm X

Soccer 9 10 11 12



GRACE FLANAGAN

"You're never too old to disappoint everyone you know and love" -Sarah Schauer

Ice Hockey 8 9 10 Capt 11



SEAN FLINT

"When life shuts a door, open it back uo. That's how doors work"

Football 9 10 11 12 Coding Club 12



CONNOR FRUGOLI

I'm not telling you it's going to be easy, I'm telling you it's going to be worth it.

Theatre Guild 9 10 11 12 Musical Choreographer 11 12 The Thursdays 11 12



MEGAN FLYNN

The human body is 90% water so we're basically just cucumbers with anxiety

Soccer 9 10 11 12 Indoor Track 9 10 11 12 Outdoor Track 9 10 11 12 NHS 11 12



MEGAN FUCCI

Does anyone have a coke?

Cheer 9 10 11 Capt 12 Lacrosse 9 10 Outdoor Track 1112 Mentor 11 12



DANIEL FOLEY

"I live for the nights that I can't remember. With the people that I won't forget" - Drake

I'm the new kid

Hockey 12



JORDAN GALVIN



GABRIEL FROUDE

"There are no secrets to success. It is the result of preparation, hard work, and learning from failure" - Gen. Colin Powell

Wrestling 10 11 12



SUMANTH GANTA

You drive a civic? Just put V-TEC in it.

Robotics Team Swim & Dive DECA



ANDREW GARVIN

"Wikipedia is the best thing ever. Anyone in the world can write anything they want about any subject. So you know you are getting the best possible information" - Michael Scott

Marching Band 9 10 11 Swim & Dive 10 11 12



EMMA GELINEAU

"Use your smile to change this world. Don't let this world change your smile" - Unknown

Basketball 9 Volleyball 9 10 Softball 9 10 11 Capt 12



CHRISTIAN GASTONGUAY

"When I started flirting with the hustle, failure became my ex, now I'm engaged to the game and married to success" -Weezy

Golf Manager 11 Lacrosse 9 10 11 12 Hockey 10 11 12



CARLY GEMBIS

"In a gentle way, you can shake the world" - Gandhi

Field Hockey 9 10 Lacrosse 9 Class Reps 10 11 12 NHS 11 12 SHS 11 12



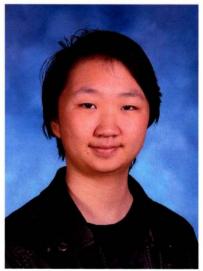
TEAGAN GAUNTLETT

Who said that?!?

Dance Team 9 10 11 Capt 12 Yearbook 10 11 The Voice 11 12



BRITTA BAY GERAGHTY



ELIZABETH GAUVAIN

"There's no time to be bored in a world as beautiful as this"

Class Reps 9 10 11 GIVE 11 12 Softball 9 10 11 NHS 11 12 SHS 11 12 Mentor 11 12



GENEVIEVE GERENZ

"Nancy clutter is always in a hurry, but she always has time. And that is the definition of a lady"

- Truman Capote, "In Cold Blood"

Indoor Track 9
Outdoor Track 9
Key Club 11 12
ELL Mentor 11 12
NHS 11 12
NEHS 11 12
NSHS 12
FHS 11 12
Peer Tutor 11 12



AVALENA GIAMPA

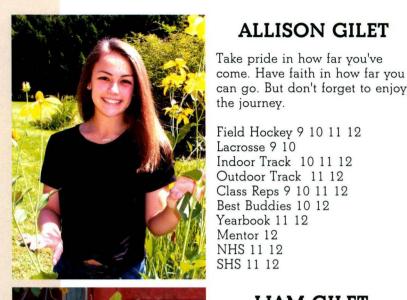
"Life is not the amount of breaths you take. It's the moments that take your breath away" -Alex Hitchens

Softball 9 10 11 12 Indoor Track 9 10 11 12 NHS 11 12 SHS 11 12 Interact Club 11 12 Mentor 12

NICK GIGLIOTTI

The Pessimist Sees Difficulty In Every Opportunity. The Optimist Sees Opportunity In Every Difficulty.

Coding Club 12 Snowboarding Club

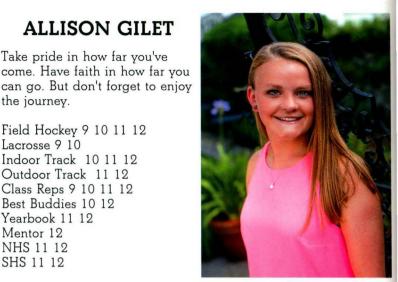


LIAM GILET

ALLISON GILET

"I'm just here so I won't get fined" - Marshawn Lynch

Baseball 9 10 11 12 Football 9 10 11 12 CYBL 9 10 11 12 Ski Team 10



KRYSTAL GILBERT

Live every moment, laugh everyday, love beyond words.

Cheerleading 9 10



KAYLA GOMEZ

They say anything is possible, you gotta dream like you never seen obstacles.

TJF 9 10



ZACH GILBERT

"I have been putting a lot of thought into it, and I just don't think being an adult is going to work for me" - Anonymous

Robotics Club 9 Chelmsford In Tune 11 GIVE 12



EVAN GOODALL

I'm not supersitious but I am little stitious

Wrestling 9 10 Capt 11 12 Athletic Training 10 11 12



PATRICK GOODE

"That's high-end"
- Nestore Polce

Hockey 9 10 11 12 Baseball 9 10 11 12 Football 9 NHS 11 12 NEHS 11 12 BHS 11 12 Mentor 11 12



ABIGAIL GREEN

Life's too short to drive a boring



LILA GORDON

"Sometimes I'll start a sentence and I don't even know where it's going. I just hope I find it along the way" - Michael Scott

Theatre Guild 9 10 11 12 Theatre Guild Board 11 12 Costume Team 9 10 11 12 Head of Costumes 10 11 Makeup Team 9 10 11 12 NHS 11 12



JANEE GREENLEE

"Start where you are. Use what you have. Do what you can" - Arthur Ashe

Outdoor Track 9 10 11 12 Indoor Track 10 11 12 LIME 11 12 NHS 11 12 Basketball 9



SAMANTHA GOSELIN

The best is yet to come

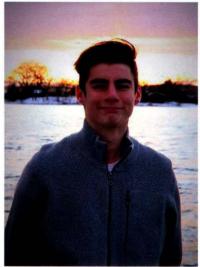
Class Reps 10 11 GIVE 12 Soccer 9 10 11 12 Basketball 9 10 Outdoor Track 9 11 12 Mentor 12



JACK GROVER

I wish there was a way to know you're in "the good old days", before you've actually left them.

Soccer 9 10 11 12



ELIZABETH GRANDE

"It is not the stars to hold our destiny but in ourselves" - Shakespeare

BC GD JP NM

NHS 11 12



JULIE HADLEY

"Wait, how did you pop all four tires?"

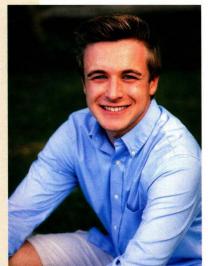
Field Hockey 9 10 11 12



KEVIN HAMILTON

Things work out best for those who make the best of how things work out.

NHS 11 Pres 12
Theatre Guild 9 10 11 12
Theatre Guild Board 11 12
The Thursdays 9 10 11 Pres 12
Mentor 11 Board 12
Outdoor Track 10 11 12
LIME 11 12
Class Reps 11 12
NEHS 11 12
SHS 11 12
Tri-M 11 12



JACK HART

"I'm gonna make you an offer you can't refuse" - Don Vito Corleone

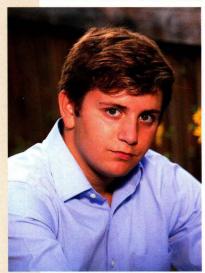
Lacrosse 9 10 11 12 Football 9 Hockey 9 10



CORBIN HAMPTON

It doesn't matter how hard you get hit, It matters how fast you get up.

Soccer 9 10 11 Indoor Track 9 Outdoor Track 9 10 Swim & Dive 10 11 Capt 12



BRYCE HASKELL

No I'm not a burn victim, it's a birthmark.



ELLE HANSON

"The secret to doing anything is believing that you can do it. Anything that you believe you can do strong enough, you can do. Anything. As long as you believe." -Bob Ross

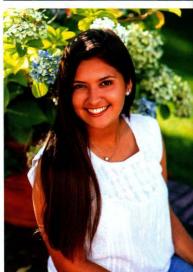
Soccer 9 10 11 12 Outdoor Track 9 10 11 12 Marching Band 9 10 11 12



EMMA HATCH

In a world where you can be anything, be kind.

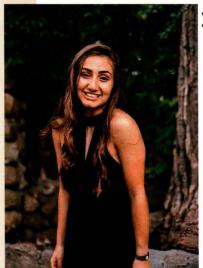
Soccer 9 10 11 12 Basketball 9 10 11 Outdoor Track 9 10 11 12 NHS 11 12 SNHS 12 LIME 11 12 GIVE 12 Mentor 11 Board 12



EDEN HARFIELD

I've been at eight different schools yet I'm still waiting for the same luck Gabriella Montez had as the new girl.

The Thursdays 12 LIME 12 NHS 12



NICHOLAS HAVENER

"How lucky I am to have something that makes saying goodbye so hard" - A. A. Milne

Class Reps 10 11 12 DECA 11 12 NHS 11 12 NEHS 11 12 NSHS 11 12 SHS 12 Mentor 12 Best Buddies 9



MATTHEW HICKS

"I don't know where I'm going from here, but I promise it won't be boring." - David Bowie



MEGAN HILL

"Do whatever makes you happy within the confines of the legal system" - Ellen DeGeneres

Field Hockey 9 10 11 12 Class Reps 9 10 11 12 NHS 11 12 NSHS 11 12 Mentor 11 12



KEVIN HIGGINS

Those that accomplish most make the least noise

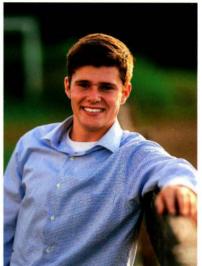
Snowboarding Club 9 10 Coding Club Pres 12



PATRICK HOGAN

"Give me six hours to chop down a tree and I will spend the first four sharpening the axe" - Abraham Lincoln

Lacrosse 9 10 Hockey 9 10 11 Rugby 11 12 Class reps 9 Best Buddies 12



MATHEW HIGGINS

Float like a butterfly, sting like a bee. - Muhammad Ali

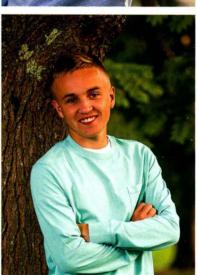
Soccer 9 10 Indoor Track 9 10 11 12 Outdoor Track 9 10 11 12 Cross Country 12



HUNTER HOLDEN

"When the dreams you're dreamin' come to you
When the work you put in is realized
Let yourself feel the pride but
Always stay humble and kind"
- Tim McGraw

Soccer 9 10 11 12 Indoor Track 9 10 Interact Club 11 12 Dean's Council 11 12 Mentor 12 NHS 11 12 NEHS 11 12 SHS 11 12 NSHS12



ERIN HILL

"Let your dreams stay big and worries stay small" - Rascal Flatts

Field Hockey 9 10 11 12 Class Reps 9 10 11 12 Yearbook 11 Best Buddies 10



HALEY HOOD

"I knew exactly what to do. But in a real sense, I had no idea what to do"

- Michael Scott

Outdoor Track 10 11 Cheerleading 11



THOMAS HOPKINS

"Lead me, follow me, or get out of my way"- Gen. George S. Patton Jr.

Lacrosse 9 10 Capt 11 12 Hockey 10 11 12 Golf 9 10 11 Capt 12 Fishing Club 12



GRACE HUFFMAN

"I talk a lot, so I've learned to tune myself out" - Kelly Kapoor, Season 7, "The Office"

Lacrosse 9 10 11 12 Field Hockey 9 10 11 Class Reps 9 10 11 12



HAYLEY HORTON

"While I'm alive, I'll make tiny changes to earth" -Frightened Rabbit

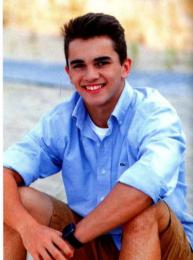
Cross Country 9 10 11 Capt 12 Ski Team 9 10 11 Capt 12 Outdoor Track 9 10 11 12 Marching Band 9 10 NHS 11 12 NEHS 11 12 SHS 11 12 Mentor 12



PATRICK HUGHES

"I think sometimes in life the biggest challenges end up being the best things that happen in your life" - Tom the goat Brady

Wrestling 9 10 11 Capt 12 Baseball 9 10 11 Capt 12 Football 9 10 11 12



MELODY HUANG

"That smile is worth the wait" - Rich Brain

Sports Editor
Yearbook 10 11 12
Swim & Dive 9 10 11 Capt 12
Student Council 9 10
NHS 11 12
SHS 11 12
NEHS 11 12
BHS 11 12



ZACK HUTCHINSON

"I wish there was a way of knowing your living in the good old days before you actually leave them" - "The Office"

Basketball 9 10 12 Outdoor Track 11 12 Football 9



ANTHONY HUBBARD

The journey has just begun.

Baseball 9 10 11 Capt 12 Wrestling 10 11 Capt 12 Best Buddies 12



BANMAI HUYNH

"Think of all the beauty still left around you and be happy" - Anne Frank

Indoor Track 9 10 NEHS 11 12 FHS 11 Treas 12 NHS 11 12 Mentor 11 Sec 12



SEAN INMAN

"Leave a mark they can't erase, neither space nor time" - Jay-Z

CYBL 9 10 11 12 Indoor Track 11 12



SOPHIA KAJKO

"Try to be a rainbow in someone's cloud" - Maya Angelou

Class Reps 9 10 11 12 Best Buddies 9 10 11 12 Mentor 11 12



JANETTE JERUSAL

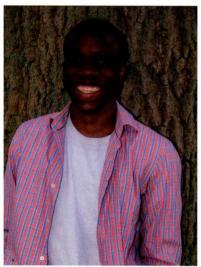
"My wish for you is that this life because all that you want it toyour dreams stay big, your worries stay small" - Rascal Flatts



SUUBI KASOZI-NKUGWA

"I still don't know how to read"

Basketball 9 10 11 Capt. 12 Cross Country 10 11 12 Representative of CHS Alumni Association board of directors 11 12 Tundra Leader 12



KENDRA JIANG

"I think sometimes just being silent and watching can change a person" - Book of a Thousand Days

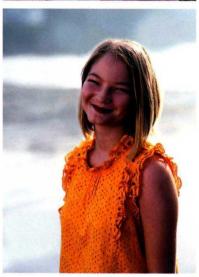
CHSSO 10 11 12 Tri-M 10 11 12 NHS 11 12 NEHS 11 12 SHS 11 12 Chamber Music 9 10 11 12



ANNA KEHOE

"Anyone want cookies?" - Me

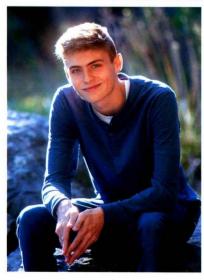
Theatre Guild 9 10 11 12 Head of Costumes 11 12 Tennis 9 10 11 12 GIVE 10 11 LIME 11 12 Mentor 11 12 NHS 11 12 FHS 11 12 NEHS 11 12 SNHS 12



ERIC JOHNSON

P man out

Swim & Dive 9 10 Wrestling 11 12



THOMAS KERKHOVE

"The pursuit of knowledge is more valuable than its possession" - Albert Einstein

IR 9 10 11 Sec 12 Speech and Debate 11 12 Newspaper 11 12 NHS 11 12 NEHS Pres 12 SNHS 12 FHS 12



WILTORD KIBUUKA



DIANA KIMANI

If I ever start referring to these as the best years of my life—



MATT KILMARTIN

What a long strange trip it's been

Wrestling 9 10 11 12 Best Buddies Pres 10 11 12



GRACE KRAS

I'll remember you all in therapy



MITCH KILUK

Everything gets better with time, and time is forever.

Football 9 Baseball 9 10 11 12 Wrestling 10 11 12



EMMA LACAVA

"Don't let what you cannot do interfere with what you can do" - John Wooden

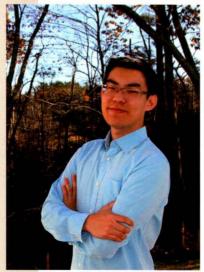
Marching Band 9 10 Drum Major 11 12 Theatre Guild 9 10 11 12 Student Producer 12 LIME 11 Board 12 Jazz Band 9 11 12



SAN KIM

\$5.99

Swim & Dive 9 10 11 12 Student Council 11 12



JUHI LALWANI

"The best thing about the future is that it comes one day at a time" - Abraham Lincoln

NHS 11 12 NEHS 11 12 Tri-M 11 Historian/Publicity Chairperson 12 SHS 11 12 Mentor 12 Crescendos 10 11 Pres 12



BEN LAMADELEINE

Never underestimate the involvement of Nargles

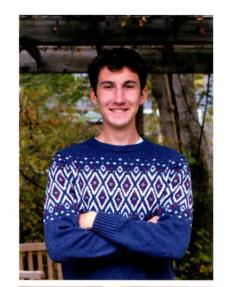
Soccer 9 10 Band 9 10 11



ALEX LAWTON

Better late than never

Class Vice President Soccer 9 10 11 12 Ski Team 9 10 11 Capt 12 Volleyball 9 11 Class Reps 11 12 NEHS 11 12 SHS 11 12 NSHS 12



ALLISON LANDERS

"Don't cry because it's over, smile because it happened" - Dr.Suess

Softball 9 10 11 12 SHS 11 12 Athletic Training 12



AVA LEBLANC

I survived because the fire inside me burned brighter than the flames around me.



ELIANA LANTHEUAME

If not now, when?
- Andre Aciman

Theatre Guild 9 11



ALESSANDRA LEBRUN

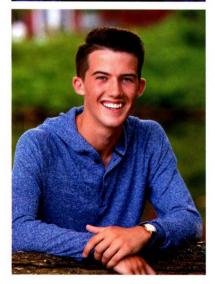
"Life moves pretty fast. If you don't stop and look around once in a while, you could miss it" - Ferris Bueller



COLE LAWLOR

"Build your life on your dreams; because dreams never have bad endings" -M.F. Moonzajer

Golf 9 10 11 Capt 12 Ski 9 10 Baseball 9 10 11 12



ROBERT LEE

I'll tell you what: I'm never eating at Benihana again. I don't care whose birthday it is.

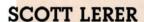
Football 9 10 11 Capt 12 Class Reps 9 10 11 12 DECA 9 11 Treas 12 GIVE 11 Treas 12 LIME 11 12



SARAH LEE

"I don't necessarablee hate being compared to Sara Lee bread"

Ski Team 10 11 12 Tri-M VP 10 11 12 FHS 11 Pres 12 Tutors of Tomorrow Pres 11 12 NHS 11 12 NEHS 12 SNHS 12 Outdoor Track 9 10 11 12 Theatre Guild 11 12 Art Club 12 Mentor 11 12



I haven't decided yet. Ask me in person if you care.

CYBL 9 10 11 12 Speech and Debate 12



HALEY LOONEY

MARIA LOEW

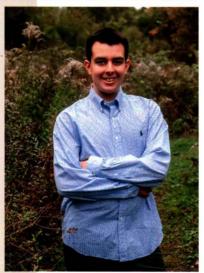
One day you will look back and see that all along you were blooming

Softball 9 10 11 12 Best Buddies 9 10 11 12 Mentor 11 12



JACOB LEVIN

"Don't worry about what others are doing. You must embrace what is special about you"



NEIKA LOUISSAINT

"Do not follow where the path may lead. Go, instead, where there is no path and leave a trail"

- Ralph Waldo Emerson

Soccer 9 Softball 9 Athletic Training 11 12 GIVE 11 12



ANDREA LOEW

You win some you lose most

The Thursdays 11 12 Dance Team 11 Capt 12 Theatre Guild 9 10 11 12 Class Reps 11 12 NHS 11 12 NEHS 11 12 NSHS 11 12



KAYLA LYLE

"I don't know what I'm doing, but I know I'm doing it really well" - Andy Dwyer

Marching Band 11 12 Class Reps 11



CLARE LYON

"The thing about new beginnings is that they require something else to end" - Gossip Girl

Theatre Guild 9 10 11 12 Dance Team 11 12 Mentor 11 12 LIME 11 12 NHS 11 12 NEHS 11 12 SHS 11 12 SNHS 12 GIVE 12

NOAH MACALLISTER

Live life with the glass half

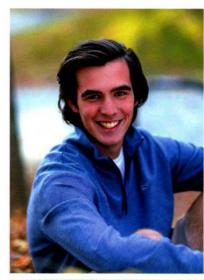


DREW MADSEN

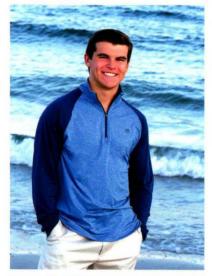
"Every champion was once a contender who refused to give up"

- Rocky Balboa

Cross Country 9 10 11 Capt 12 Indoor Track 9 10 11 12 Outdoor Track 9 10 11 12 Class Reps 11 12 NHS 11 12 SHS 11 12 NEHS 11 12 Mentor 12



full, never half empty:)



MAURA MAGUIRE

"Let your smile change the world, but don't let the world change your smile"

Color Guard 9 Capt 10 11 12 Dance Team 9 10 11 12 Outdoor Track 10 11 12 Indoor Track 11 Capt 12 LIME 11 12



LISA MACEDO



JONATHAN MAHONEY

J\$

Football 9 10 11 12



JULIA MACHADO



KATELYN MANN

"Not bad for a day in the life of a dog food company" - Creed Bratton

Volleyball 9 10 11 12 Boys Volleyball Manager 9 10 11 NEHS 11 12



RYAN MARKHAM

"No matter where life takes me, find me with a smile" - Mac Miller

Basketball 9
Baseball 9
Football 9 11



LEAH MATHEWSON

"Not all who wander are lost" - J.R.R. Tolkien

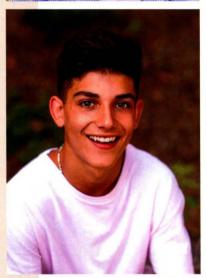
Volleyball 9 10 11 12 NHS 11 12 SNHS 12



JAKE MARSHALL

Do I really need a senior quote?

Lacrosse 9 10 11 12 Football 9 11 12



NICOLE MATHIS

"Sometimes you will never know the value of a moment until it becomes a memory" -Dr. Suess

BC GD LG JP



ESHNA MASTER

"Part of the Journey is the End"
- Tony Stark

Speech and Debate 9 10 11 12 GIVE 11 12 NHS 11 12 NEHS 11 12 NLHS Treasurer 10 11 12



HANNAH MATTSEN

"No act of kindness, no matter how small, is ever wasted" - Aesop

GIVE 11 Pres 12 ELL & Transfer Student Mentor Board 12 ASL Club 12 NHS 11 12 NEHS 11 12 FHS 11 12



TORI MATHEWS



IAN MCCARTHY

And you must change patterns all we trained, or n'er regain peace you seek



WILL MCCARTHY

"Continuous effort - not strength or intelligence - is the key to unlocking our potential" - Winston Churchill

Football 9 10 11 12 Basketball 9 10 Lacrosse 9 10 11

DB RM PH JM BP LG CG MM CL AH MV JD



THERESA MCGRAW

Would it be ironic to die in a living room?

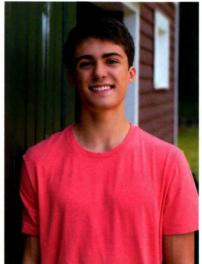


LIAM MCGINTY

"All life is an experiment. The more experiments you make the better"

- Ralph Waldo Emerson

Volleyball 9 10 Capt 11 12 Basketball 9 10 11 Interact Club 11 Treas 12 DECA 12 NHS 11 12 SHS 11 12 Mentor 11 12



AHNASIA MCKINNEY

I want the money, money and the cars, cars and the clothes... I just wanna, I just wanna be successful"

Volleyball 9 10 11 12 Deans Council 11 12 Mentor 11 12



NICOLE MCGINTY

"If you want something you've never had, you have to do something you've never done" - Thomas Jefferson



MICHAEL MCLARNEY

When you look at the dark side, careful you must be. For the dark side looks back.



ELISE MCGOWAN

"Sometimes you will never know the value of a moment until it becomes a memory" - Dr. Seuss

Soccer 9 10 11 12 Indoor Track 9 10 11 12 Outdoor Track 9 10 11 12 Tri-M 10 11 12



ANDREW MCMILLAN

"It's hard to beat a person who never gives up"

- George Herman Ruth

Golf 11 12 Hockey 10 11 GIVE 10



MICHAEL MCNAMARA

"Go confidently in the direction of your dreams! Live the life you've imagined" - Henry David Thoreau

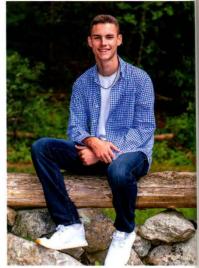
Football 9 Baseball 9 10 11 12 Wrestling 10 11 12



ADAM MICHAUD

Why's the sky the limit when there's footprints on the moon

Lacrosse 9 10 11 12



MEGAN MCNAUGHT

Be who you are and say what you feel, because those who mind don't matter and those who matter don't mind

Volleyball 9 Athletic Training 10 11 12



LEIA MICHAUD

this ones for the fam

Field Hockey 9 10 Outdoor Track 9 10 11 12 Indoor Track 9 LIME 12



LAURA MEDWAR

Don't let yesterday use up too much of today

Softball 9 10 11 GIVE 11 12 NEHS 11 12 NHS 11 12



ASHRAF MOHID

You can't play fetch with a dead dog

IR 10 Coding Club 12



ALLISON MERRILL



KAYLEE MONAHAN

My friends- "Kaylee were you even listening " Me- "wait no what"



KATARINA MONNES

Look up "Katarina Monnes turtle girl"

Dance Team 9 10 11 12 TJF 10 11 12 LIME 11 12 Mentor 12



NATHAN MORRISSEY

"Don't play the butter notes" - Miles Davis

Marching Band 9 10 11 SL 12 Jazz Ensemble 9 10 11 12 Pit Orchestra 9 10 11 12 Wind Ensemble 9 10 11 12 CHSSO 10 11 12 Tri-M 11 12 NHS 11 12



AIDAN MOORE



SAM MORTON

If you have the power to make someone happy, do it. The world needs more of that

Softball 9 10 11 12 Indoor Track 10 11 12 Class Reps 9 10 11 12 LIME 11 12 NHS 11 12



JOE MORICO

"We got turned down, we failed, had set backs, had to start over a lot of times. But we kept going at it. In anybody's case that's always the distinguishing factor" – Nipsey Hussle

Football 9 10 11 12 Wrestling 9 10



MEGAN MURPHY

"I did meet some of the most insufferable people. But, they also met me" - Shane Madej



MADDIE MORIN

Encourage one another daily

Class Reps 9 10 11 12



ARIA NDEGWA

Girls Volleyball 9 10 11 Boys Volleyball Manager 9 10 11 12

Girls Volleyball Manager 12



REBECCA NEWMAN

"I'm going to make everything around me beautiful - that will be my life" - Elsie de Wolfe



PAIGE NOLAN

Somewhere inside all of us is the power to change the world

Tennis 9 10 Capt 11 12 Field Hockey 9 10 11 12 Mock Trial 11 12 NHS 11 12 NEHS 11 12 SHS 11 12 Mentor 12



MAN NGUYEN

I don't do sarcasm. Cute senior pic by the way.

GIVE 12 Tutoring 12 FHS 11 12 Tennis 11 Volleyball 10

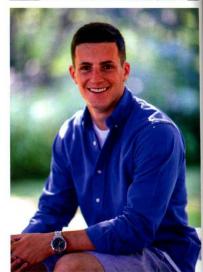


TYLER NOLAN

"Success is walking from failure to failure with no loss of enthusiasm"

- Winston Churchill

Football 9 10 11 Capt 12 Basketball 9 10 11 Capt 12 Outdoor Track 11 Capt 12 Class Reps 9 10 11 12 Mentor 11 Board 12 NHS 11 12 SHS 11 12



MADDIE NIGRO

Only look back to see how far you've come.

Basketball 9 Outdoor Track 9 10 11 12



SYDNEY NORMAN

Difficult roads often lead to beautiful destinations

Class Reps 9 10 12



EMILY NOLAN

Chase your dreams but always know the road that will lead you home again

- Tim McGraw



DAN NTAMBWE



KELSEY NUNNERY

"We don't make mistakes, just happy little accidents" - Bob Ross

Volleyball 9 Softball 9 10 11 12



vibing rn

Student Council President The Voice 11 12 Key Club 11 12

MICHAEL O'CONNOR



CAITLIN O'LEARY

"Life's a dance you learn as you go, sometimes you lead sometimes you follow, don't worry about what you don't know"

- John Michael Montgomery

Lacrosse 9 10 11 12 Field Hockey 9 10 11 12 Class Reps 10 11 12 Mentor 11 12 NHS 11 12 SHS 11 12 NEHS 11 12



ANISH PANDA

"Pursue your passion, and everything else will fall into place."

- Gabby Giffords

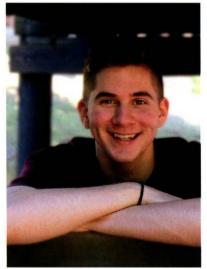
Tennis 9 10 11 12 DECA 12 Interact Club VP 11 12 Science Team 9



HENRY O'DONNELL

"Don't make me go hit the bank and take out a hunnid to show that our pockets is different"

- DaBaby



KARTIK **PARAMESWARAN**

"If by okay, you mean that my life is a meaningless, black cauldron of swirling failure, then yes, everything is groovy" - Baljeet Tjinder

Math Team 9 10 Sec 11 Pres 12 Science Team 9 10 11 Pres 12 Marching Band 9 10 11 12 Speech & Debate 9 10 11 12



FELIX O'HEARNE

"The me of yesterday, the me of today, the me of tomorrow: with no exceptions, it's all me"

- Answer: Love Myself

Theatre Guild 9 10 11 12 The Voice 9 12 Editor 10 11 The Crescendos 12 GSA 11 Outdoor Track 9 10 11 12 Improv Troupe 10 NHS 11 12 NEHS 11 12 FHS 11 VP 12 SNHS 12



DEV PATEL

"Born too late to explore the earth, born too early to explore the galaxy, born just in time to explore dank memes."

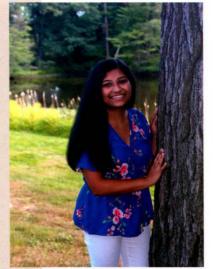
GIVE VP 10 11 12



FORAM PATEL

"And though she be but little, she is fierce" - Shakespeare

Speech & Debate 9 10 11 Capt 12 Key Club 9 10 11 Sec 12 NHS 11 Officer 12



SHIV PATEL

No I'm not related to any of the other Patels in the school

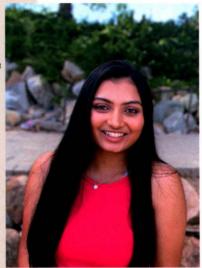
Soccer 9 Cross Country 10 11 12 Indoor Track 9 10 11 12 Outdoor Track 9 10 11 12 Mentor 12



HAIYA PATEL

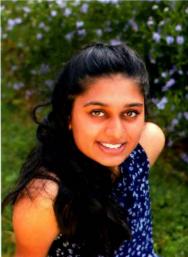
The final destination for this journey is the beginning for the next journey

TJF 9 10 11 12 Key club 10 11 Student Council 10 IR 10



YASHVI PATEL

I might not be the only Patel at this school, but I'm one of a kind!



HETIL PATEL

okay cool ... *rolling eyes*

Key Club Sec 9 10 VP 11 Pres 12 The Voice Pres 9 10 11 12 NHS 11 Officer 12 Outdoor Track 9 10 Indoor Track 9 10



HALEY PATELLA

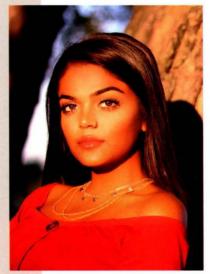
"I don't like it when people call me a dumb blonde. It gets on my pet peeves"

Theatre Guild 9 10 11 12 GIVE 12 ASL 12 SHS 11 12



SANVI PATEL

issa happy vibe



JESSICA PEARSE

"Loving yourself means being your own best friend, standing by yourself at all times, including times of failure; being there for yourself no matter what"

Marching Band 9 10 Drum Major 11 12 Jazz Band 9 10 11 12 Pit Orchestra 9 10 11 12 LIME 12 Mentor 11 12



JEMMA PECCHIA

"You're not done with a history assignment until you brush it with a tea bag and singe the edges" - me

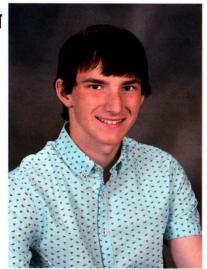
Dance Team 9 10 11 Capt 12 Melting Pot 10 11 Pres 12 GIVE 12 NHS 11 12 NEHS 12 FHS 12 Mentor 11 12



CONNOR PETERSON

"My name's not Rick" - Patrick Star

Soccer 9 Indoor Track 9 10 11 12



VICTORIA PEDERSEN CIULLA

Living to love

Volleyball 9 10 11 12 Outdoor Track 9 10 11 12 NHS 11 12 NEHS 11 12 SHS 11 12 Mentor 11 ELL Mentor Board 12 Interact Club Board 11 12



SHELBY PETERSON

Only look back to see how far you've come

Best Buddies 9 Theatre Guild 9 10 11 12 Stage Crew 9 10 11 12 NHS 11 12 SHS 11 12 NEHS 11 12



JULIA PERREIRA

"The best way to predict the future is to create it"
- Abraham Lincoln

BC GD NM LG

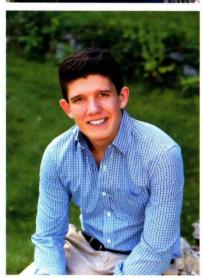
Basketball 9 Volleyball 9 10 11 12 NHS 11 12



ZACH PICARD

I'm trying to do better than good enough

Soccer 9 10



MATTHEW PERREIRA

"I'm a light eater, when it gets light out I start eating"



SOPHIA PIPER

We had no idea we were creating memories. We thought we were just having fun.

Field Hockey 9 10 11 12 Softball 9 10 Class Reps 9 10 11 12 Key Club 11 12 Mentor 11 12 NHS 11 12 SHS 11, 12 NEHS 11, 12 SNHS 12



BEN PITTS

"Look left, shoot right"
- Bubba

Hockey 9 10 11 12 Lacrosse 9 10 11 12 Mentor 11 Board 12 Fishing Club 12 (Founder)



NATHAN POOR

"I think goals should never be easy, they should force you to work, even if they are uncomfortable at the time" - Michael Phelps

Soccer 9 10 11 Indoor Track 9 10 11 12 Outdoor Track 9 10 Class Reps 12



PAULINA PIZZOCHERO

Yeah I was the horse girl

Class Reps 11 12 LIME 11 12 GIVE 12 Dance Team 11 12 NHS 11 12 NEHS 11 12 NSHS 11 12



RAINE JUSTIN DELA CRUZ PORTACION

Don't stress too much about the future. Don't dwell too much on the past. You only have one life to live, might as well focus on what really matters: now.

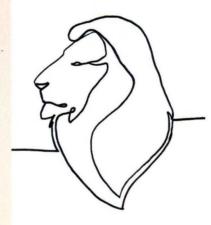
CYBL 9 Theatre Guild 11 In-Tune 11 12 CPS Technology Internship 11 GIVE 12



LORELEI PLUNKETT

If I don't submit a picture, can anyone say if I was ever here?

NHS 11 NEHS 11 12



HAROLD POST

"Whatever you have learned or received or heard from me, or seen in me—put it into practice"

- Philippians 4:9

Theatre Guild 9 10 11 12 Student Help Desk 12



HANNAH POLCE

Take pride in how far you have come and have faith in how far you can go

Soccer 9 10 11 Capt 12 Basketball 9 Capt 10 11 12



CHRISTOPHER POULIN

You can do anything you put your mind to. It is named garbage can instead of garbage can not for a reason.

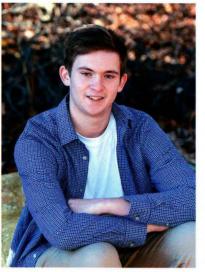
Swim & Dive 9 10 11 Capt 12



JON PROIA

Don't regret the past, just learn from it.

Football 9 10 11 12 Lacrosse 9 10 11 12



ABBEY QUIRBACH

"Guess what, I have flaws. What are they? Oh I don't know. I sing in the shower. Sometimes I spend too much time volunteering. Occasionally I'll hit somebody with my car. So sue me" - Michael Scott

Soccer 9 10 11 Capt 12 Basketball 9 10 11 12 Outdoor track 9 12 Class Reps 9 NHS 11 12 LHS 10 11 12



KRYSTAL QIAO

"The future depends on what you do today"

- Mahatma Gandhi

Orchestra 9 SL 10 Pres 11 12 CHSSO 9 10 11 12 Art Club 12 Speech and Debate 11 12 NHS 11 12 NEHS 11 12 FHS 11 Sec 12



SYDNEY REED

"I'm surprised I made it too"

Cheer 9 10 11 Capt 12



ALEX QUADROS

"When something is important enough, you do it even if the odds are not in your favor" - Elon Musk

Class Reps 9 10 DECA 10 Basketball 9 Volleyball 9 10 Mentor 11 12 Best Buddies 12 NEHS 11 12 NSHS 12 SHS₁₂



MICHAEL REGAN

"If you don't believe in yourself why is anyone else going to believe in you?"

- Tom Brady

Hockey 9 10 11 12 Lacrosse 9 10 11 Capt 12 Fishing Club 12



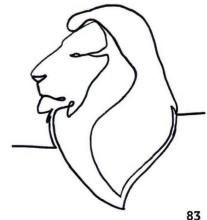
REILLY QUINN

If you see me without a coffee...RUN!

Hockey 9 10 11 12



MILES REYNOLDS



EMILY RICE

Don't hmu

Business Editor Yearbook 11 12 The Voice 11 12 NEHS 11 12



JULIA ROSE

"Don't be pushed around by the fears in your mind. Be led by the dreams in your heart" - Roy T. Bennet

Art Club 9 10 11 Crew 9



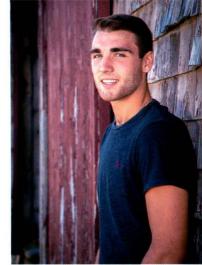
TREVOR RICE

"Some people dream of success, while others wake up and work hard at it"

- Winston Churchill



JOSEPH ROSS



ED RIGNEY

big fish

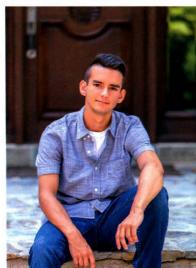
Football 9 10 11 12 Swim & Dive 9 10 11 12 Band 9 10 11 12



ERIK RUHMANN

Don't believe in kings, believe in the Kingdom.

Soccer 9 10 11 Capt 12 Class Reps 9 10 DECA 9 10



SHANE ROGERS

Veni, vidi, vici

Basketball 9



EDDY RUSSELL



LILIANA SAMPIERI

"Wait you're a twin?!" - Everyone

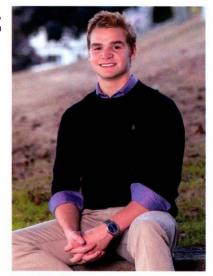
Color Guard 9 10 11 12 Dance Team 11 12 LIME 9 11 12 Class Reps 9 11 12 Mentor 11 12 SNHS 11 12



ALEXANDER SCHULZ

I wear pants now

Swim & Dive 11 12 Indoor Track 9 10 Interact club 11 Key Club 11 12 Student Council 11 12



SOFIA SAMPIERI

"Yep"

Color Guard 9 10 11 12 LIME 9 11 12 Art Club 10 Interact 12



ASHLEY SCIACCA

Marching Band 9 10 11 12 Librarian 12 Theater Guild 9 Art Club 11 Pres 12 Ultimate Frisbee Club 11 Pres 12



LILY SCHEIPERS

(Slow ride by foghat begins playing)

The Voice 9 VP 10 11 12



SANJANA SEERAM

"One day your life will flash before your eyes. Make sure it's worth watching" - Unknown



DELANEY SCHIEFEN

"To live will be an awfully big adventure" - Peter Pan

The Crescendos 9 10 11 Pres 12
Mentor 11 VP 12
International Relations 11 Treas 12
LIME 11 12
Class Reps 10 11
Theatre Guild 9 10 11 12
NHS 11 Sec 12
Tri-M 10 Sec 11 Pres 12
NEHS 11 12
SHS 11 12



ANGELINA SERRA

Yes Nardina is my sister, and yes Mario is my brother.

Field Hockey 9 10 11 12 Lacrosse 9 10 Mentor 11 12 Best Buddies 10 11 12 Class Reps 9 10 11 12



ANISH SHAH

Fish don't do well out of water

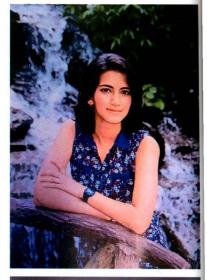
Tennis 9 10 11 Capt 12 Class Reps 9 10 11 12 Key Club 9 10 11 12 NHS 11 Officer 12 Mentor 11 12



SAMEEKSHA SHARMA

Live less out of habit and more out of intent

Speech & Debate 9 11 12 SNHS Pres 12 NEHS 11 Sec 12 FHS 11 12 NHS 11 12 The Voice 12 Cross Country 12



DEVANSHI SHAH

"living a good life full of good vibes" - Khalid

Speech & Debate 10 11
Capt 12
Key Club 9 10 11 VP 12
ELL/Student Transfer Board 12
Melting Pot 11 12
Class Reps 9 10 11 12



CARL SHAW

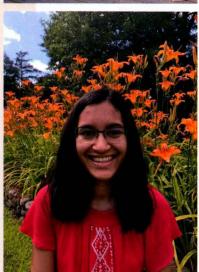
"Who's Joe" ~[Redacted]



NISHI SHAH

"Believe you can and you're halfway there" - Theodore Roosevelt

GIVE 9 10 11 12 Lead Like a Girl 11 Sec 12 Robotics Team 11 Treas 12 Key Club 10 11 12 Mentor 12 NHS 11 12 SHS 11 12 SNHS 12

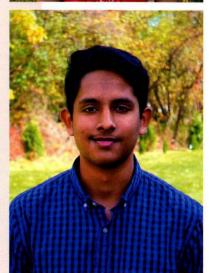


CORY SHEA



AHMED SHAHEEN

Aw snap, time for some chill lofi beats



JOSEPH SHEA

Confidence isn't "will they like me". Confidence is "I will be fine if they don't".



BRIDGET SHEEHAN

"Whatever you are, be a good one" - Abraham Lincoln

Field Hockey 9 10 GIVE 11 Pres 12 NHS 11 12 NEHS 11 12 SHS 11 12



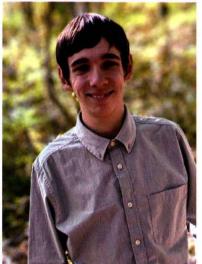
BRYAN SMITH

Snowboarding 10



ROY SHERMAN

"The Dude Abides"
- Jeffery Lebowski



RACHEL SOAVE

"I wish there was a way to know you're in the good old days, before you've actually left them" - Andy Bernard

GIVE 9 10 11 12 Best Buddies 10 11 VP 12 Field Hockey 9 10 11 Hockey 10 Outdoor Track 10 11 12 Cross Country 12



MATTHEW SHOUP

Whatever floats your boat

Soccer 9 10 11 12 Indoor Track 9 10 11 12 NHS 11 12 NEHS 11 12 SNHS 12



BAILEY SOCHA

"I made such a mess of my life that it turned into art" - Matt Baker



ALEXANDRA SIOPES

"Do you wear pink everyday?" - Everyone

Outdoor Track 10 NEHS 11 12 SHS 11 12 Mentor 12



FRANK SORACCO IV

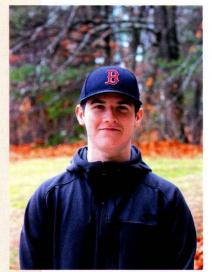
"Life's tough, but it's tougher if you're stupid"- John Wayne

Football 9 10 11 Baseball 9 10 Indoor track 11 12 Outdoor track 11 12 Mentor 12



JAMES SOSTILIO

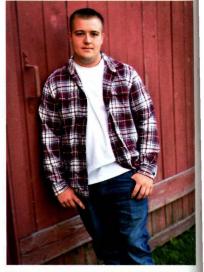
This concludes our tour of L City



MARK SPINALE

Bigs Up

Football 9 10 11 12 Rugby 11 12



JENNA SOUZA

"Goodbye? Oh no, please. Can't we just go back to page one and start all over again?" - Winnie the Pooh

Volleyball 9 10 11 Capt 12 NHS 11 12 NEHS 11 12 SHS 11 12 Class Reps 11 12



GRACE STEVENS

"It's not always the straightest way home" - My Mom

Soccer 9 10 LIME 10 Pres 11 Board 12 Melting Pot 10 11 Pres 12 Mentor 11 12 NHS 11 12 FHS 11 12 Robotics 12 SNHS 12

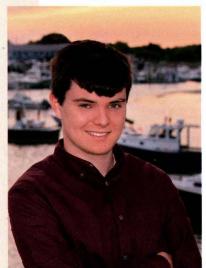


CAMERON SOVIE

"I'm not superstitious, but I am a little stitious"

- Micheal Scott

Coding Club



ERIN STEWART

"Every man is happy until happiness is suddenly a goal" - Tame Impala

Softball 9 Ski Team 9 10 11 Capt 12 NHS 11 12



TRICIA SPEROUNIS

Enjoy every moment

SE OB



EMMA STOVER

"Life is waiting" - The Terminal

Class Secretary
Class Reps 10 11 12
Theatre Guild 9 10 11 12
Theatre Guilde Board 11 12
LIME 11 12
Outdoor Track 9 10 11 12
Indoor Track 10
Yearbook 11 12
NHS 11 12
SHS 11 12
NEHS 11 12
SNHS 12
Mentor 11 12
Basketball 9



JERRY SU

Did I Stutter



ZACH THOMAS

"For as long as I can remember, I've had memories." - Colin Mochrie

Hockey 9 10 LHS 11 12 GIVE 12



E.J. TALBOT

"I will not lose, for even in defeat there's a valuable lesson learned, so it evens up for me." - JAY-Z



NATALIE TIERNEY

"Life's short, talk fast" - Lorelei Gilmore

Marching Band (section leader) 9 10 11 12 Pit Orchestra 11 12 Mentor 11 12 Basketball 9 10 11 12 Softball 9 10 11 12 NHS 11 12 NEHS 11 12 SHS 11 Treas 12 LIME 12



GIANNA TAMILIO

"Dwell in possibility"
- Emily Dickinson

Cross Country 9 10 11 12 Indoor Track 11 12 Outdoor Track 10 11 12



ANDREW TONG

"Short cuts make long delays" - J.R.R Tolkien

Soccer 9 Class Reps 9 10 11 12 NHS 11 Sec 12 Key Club 9 10 11 12 Mentor 11 12



RUDRA THAKKAR

"The future belongs to those who believe in the beauty of their dreams"

- Eleanor Roosevelt

GIVE 11 12 Soccer 9 Robotics Team 9 10 Tennis 9 10 11 12 Table Tennis 9 Interact 12 NHS 11 12 Mentor 12



KAREN TOUCH

"Put TYB on my resume" - Lil Tjay

Key Club 10 11 12 NHS 11 12 SHS 11 12 NEHS 11 12



SOPHIA TRAN

Time waits for no one.

Robotics 11 Publicist 12 GIVE 10 11 12 NEHS 11 12

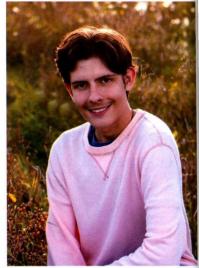


CHRISTOPHER CHARLES TYMULA

"Don't worry, be happy" - Bobby McFerrin

Thank you to all my friends I have made along this journey. I will never forget you.

NEHS 11 12 NSHS 12 The Voice 10 11 12



SHELLY TRUONG

I have places to be, people to see, things to do.



HAYATO UMAOKA

I've learned to say "here" when the teacher starts hesitating while taking attendance.

Badminton 9 10 Pres 11 12 DECA 11 Pres 12 Interact Club 11 Board 12 NEHS 11 12 SHS 11 12 Mentor 12



ELAINE TSUI

"The reason why people give up so fast is because they tend to look at how far they still have to go, instead of how far they have gotten"

Cross Country 9 10 11 12 CHSSO 11 Sec 12 Tri-M 11 12 NHS 11 12 LHS 10 11 NEHS 12



EMILY VERCELLI

"Part of the journey is the end" - Tony Stark, Avengers: Endgame

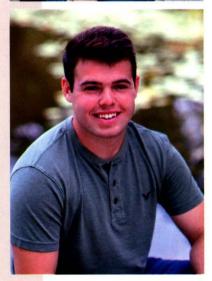
Best Buddies 9 Yearbook 11 GIVE 9 12 NHS 11 12 SHS 11 12



BOBBY TURNER

"Do work son!"
- Christopher "Big Black"
Boykin

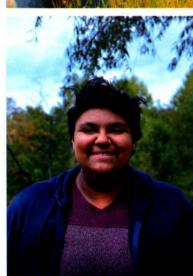
Hockey 9 10 11 12 Lacrosse 9 10 11 Capt 12 Fishing Club 12



NOAH VERMA

"The real voyage of discovery consists not in seeking new lands but seeing with new eyes" - Proust

Art Club 9 10 VP 11 GSA 9 10



ANGELA VIGNOLA

"Sometimes good things fall apart so better things can fall together" - Marilyn Monroe

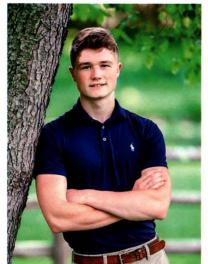
Softball 9 10 11 Capt 12 Field Hockey 9 10 Mock Trial 11 12 NHS 11 12 Mentor 12



DAVID WALSH

The Metal

Lacrosse 9 10 11 12 Cross Country 12 Indoor Track 10 11 12 Soccer 9



EILEEN VILLENEUVE

Its later than you know

Marching Band 9 10 QM 11 Pres 12 Jazz Band 9 10 11 12 Pit Orchestra 9 10 11 12 Mock Trial 11 Capt 12 Wind Ensemble 9 10 11 Mentor 11 12 NHS 11 12



SHANNON WALSH

Remember there's no such thing as a small act of kindness. Every act creates a ripple with no logical end

Field Hockey 9 10 11 Capt 12 Lacrosse 9 10 11 12 NHS 11 12 SNHS 12 SHS 11 12 Class Reps 9 10 11 12 Mentor 12



SONYA VOLOBOI

This is a shoes off household

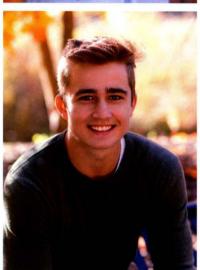
Cross Country 10 11 Capt 12 Indoor Track 9 10 11 12 The Voice 9 Pres 10 11 12



JEREMY WARE

I hate being late but I'm so good at it

Football 10 11 12 Wrestling 9 10 11 12 Baseball 9 10 11 12 Best Buddies 9 10 11 Sec 12 Class Reps 9 10 11 12 Student Council 9 10 11 Treas 12 DECA 11 Sec 12 Mentor 12 NHS 11 12 FHS 11 12



COLLEEN WALLACE

"Do not follow where the path may lead. Go, instead, where there is no path and leave a trail"

- Ralph Waldo Emerson

Volleyball 9 10 11 12 Softball 9 10 11 GIVE 11 Sec 12 NHS 11 12 NEHS 11 12 LHS 10 11 12



MATTHEW WATERMAN

"What's that thing that makes internet go?" - sv

IR 11 Pres 12 Student Council 11 VP 12 Coding Team Board 11 The Voice 11 12 Badminton Club 10 11



YVONNE WELSH

Don't mistake silence for weakness. Smart people don't plan big moves out loud.

Cheer 11 12



SHANNON WINK

"Pursuit of happiness" - Kid Cudi



ASHLEY WENNING

"We didn't realize we were making memories, we just thought we were having fun" - Pooh Bear

Outdoor Track 9 10 11 12 Indoor Track 10 11 12 Mentor 12



FEI LAM WONG

"Shoot for the moon. Even if you miss, you'll land among the stars"

- Norman Vincent Peale

General Editor Yearbook 11 12 NHS 11 12 Tri-M 11 12 Outdoor Track 9 Orchestra 9 10 11 12 NEHS 11 12 SNHS 12 SHS 11 12



SKYE WHITLOW

Best Buddies 11



HANNAH WOOD

"Life is too important to be taken seriously" - Oscar Wilde



ZACHARY WILLIAMS

Your move

Robotics Club 9 Badminton Club 10 11



HANGYUJIE YANG



CONNOR YOUNG

"The measure of who we are is what we do with what we have." - Vince Lombardi

Swim & Dive 9 10 11 12 Band 9 10 11 12



AARON ZHU

"Yesterday is a history, tomorrow is a mystery, but today is a gift. That's why we call it the present" - Winnie The Pooh

Class Treasurer
Class Reps 10 11 12
Swim & Dive 9 10 11 Capt 12
NHS 11 12
SHS 11 12
NEHS 11 12
SNHS 11 12
Mentor 11 12



HANSEL ZEISSIG

"A goal is just a dream with a deadline" - Drake

Cross Country 9 10 11 Capt 12 Indoor Track 9 10 11 12 Outdoor Track 9 10 11 12



CYPRIAN JULIUS ZULAWNIK

Disregard females, acquire currency.

Football 9 10 12 Mentor 11 12



SEEING DOUBLE







Megan & Erin Hill

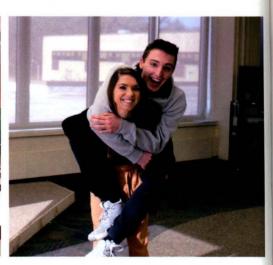
Emma & Olivia Davis







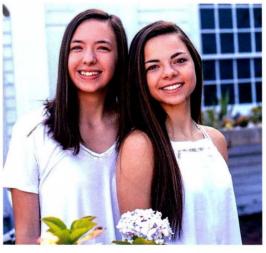
Andrea & Maria Loew



Julia & Matt Perreira



Liam & Nicole McGinty



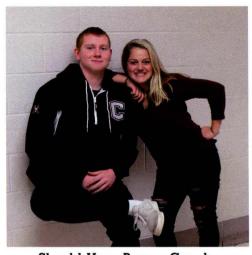
Liliana & Sofia Sampieri

SUPERLATIVES



Cutest Couple: Paige Nolan & Dylan Brotherston Runners-up:

Caitlin O'Leary & Anthony Adoniou



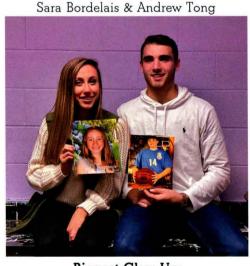
Should Have Been a Couple: Rachel Soave & Michael Regan Runners-up:



Best Person to Get Stuck in an Elevator With: Emily Rice & Cyprian Zulawnik



Most Likely to Brighten Your Day: Rosie Chen & Matt Booth Runners-up:



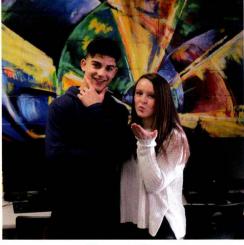
Biggest Glow Up: Jen Belanger & Joe Ross Runners-up: Maridian Dooley & Jack Hart



Most Likely to Become a Professional Athlete: Claire Danahy & Suubi Nkugwa

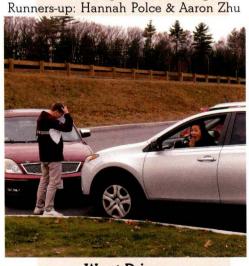


Most Likely to Become the Next Picasso: Anna Kehoe & Matt Kilmartin Runners-up: Sydney Norman & Christian Barbosa



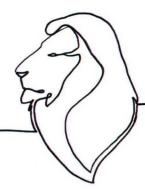
Biggest Flirt: Grace Cardonne & Jake Marshall Runners-up:

Emma Stover & Christian Gastonguay



Worst Driver: Banmai Huynh & Jack Hart Runners-up: Brooke Coughlin & Joe Doherty

SUPERLATIVES-

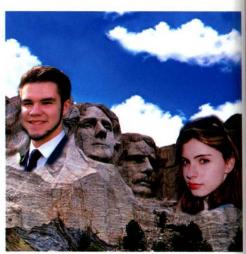




Soul Sisters:
Ava Firicano & Angela Vignola
Runners-up:
Brooke Coughlin & Grace Dionne



Best Bromance: Jack Dillon & Jack Hart Runners-up: Anthony Adoniou & Levi Cass



Most Likely to Become President: Emma Stover & Levi Cass Runners-up: Emma LaCava & Kevin Hamilton



Most Likely to Perform on Broadway: Emma DeWitt & Kevin Hamilton Runners-up:



Most Likely to Look for the Pool on the 4th Floor:



Most Successful Slacker: Grace Flanagan & Ed Rigney Runners-up:

Julia Perreira & Jerry Su

Grace Cardonne & Man Nguyen Runners-up: Maura Maguire & Jake Briere

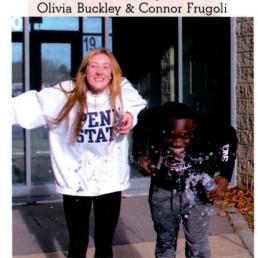


Best Eyes: Natalie Tierney & Bobby Turner Runners-up: Angela Vignola & Connor Frugoli

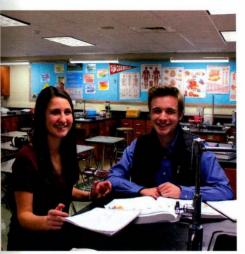


Best to Bring Home to Mom and Dad: Paige Nolan & Ben Pitts Runners-up:

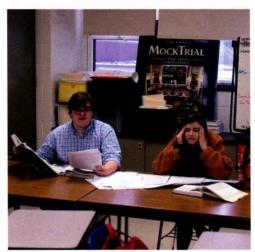
Delaney Schiefen & Kevin Hamilton



Best Laugh:
Claire Danahy & Suubi Nkugwa
Runners-up:
Teagan Gauntlett & Kevin Hamilton



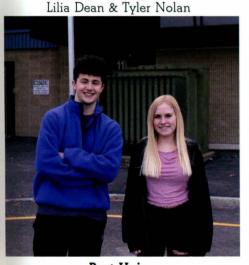
Best Combo of Brains and Looks: Paige Nolan & Kevin Hamilton Runners-up:



Most Stressed: Isabel DiTavi & Chase Boles Runners-up:



Worst Case of Senioritis: Shannon Wink & Jake Marshall Runners-up: Sydney Norman & Ed Rigney



Best Hair: Carly Gembis & Anthony Adoniou Runners-up: Brooke Cardillo & Jake Marshall



Sydney Norman & Ben Pitts
Runners-up:
Paige Nolan & Patrick Hughes



Best Dressed: Anna Kehoe & Kevin Hamilton Runners-up: Sophia Kajko & Ben Pitts



Most Likely to Leave Chelmsford Forever: Grace Huffman & Joe Doherty Runners-up: Eliana Lantheaume & Chase Boles



Most Likely to Stay in Chelmsford Forever: Logan Donovan & Pat Goode Runners-up: Emma LaCava & Tyler Nolan



Most Likely to be Upset they Didn't
Win a Superlative:
Isabel DiTavi & Bobby Turner
Runners-up: Rachel Soave & Joe Doherty

ROARING 120s























CHADTER

























ROARING 120s









































ROARING 120s



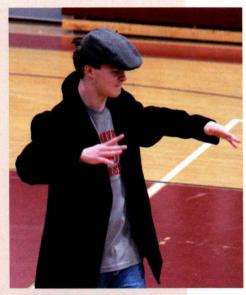




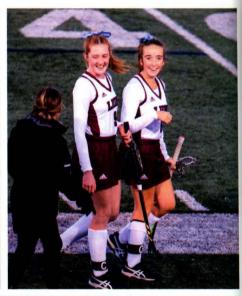




































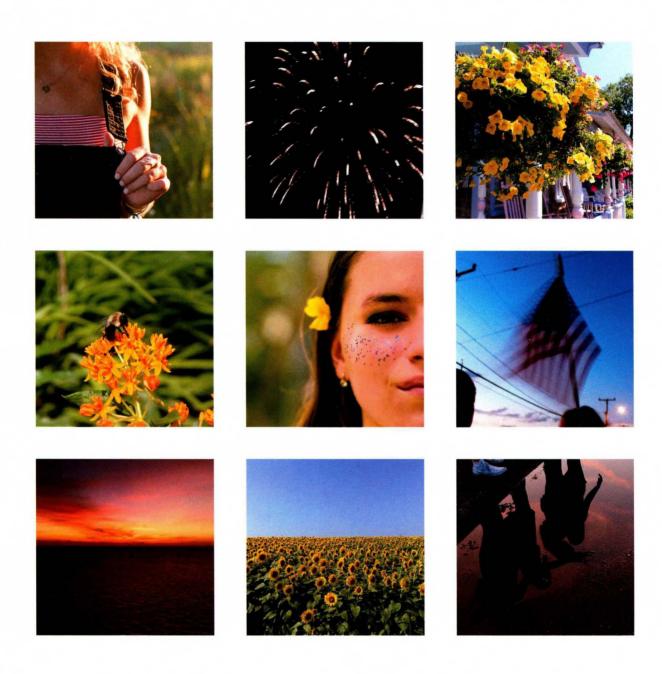








CHAPTER THREE



COTILLION







































24-HOUR RELAY











































SENIOR KICKOFF





















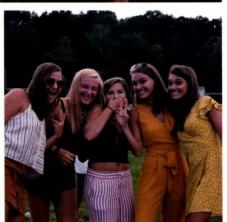






















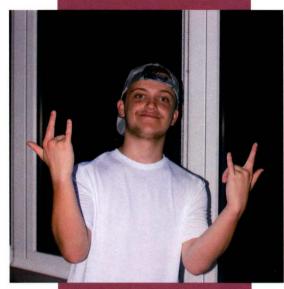


CHAPTER FOUR



TUNDRA TANGO-























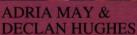
HOMECOMING

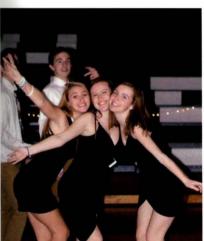












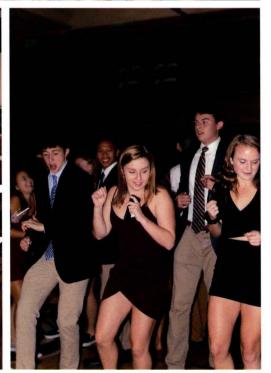




MADISON LANE & KEEGAN MCCARTHY









CHELSEA MOODY & DANNY SOUSA



CAITLIN CURRY & KEVIN HAMILTON

HALLOWEEN DANCE





BEST GROUP COSTUME







MOST CREATIVE COSTUME



MONA LISA







SCARIEST COSTUME



THE JOKER



























CHICAGO













































SPIRIT WEEK





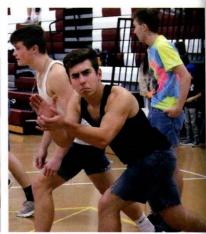










































DED RALLY













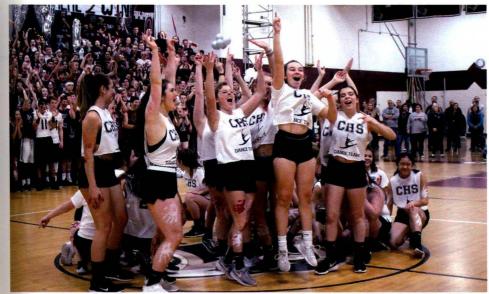














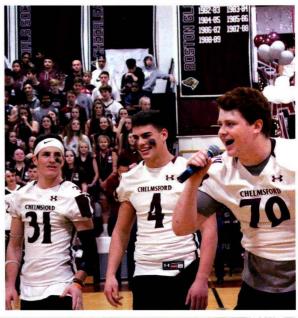


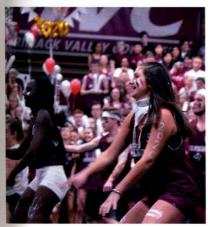
















THANKSGIVING GAME









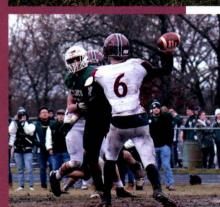




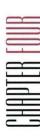
























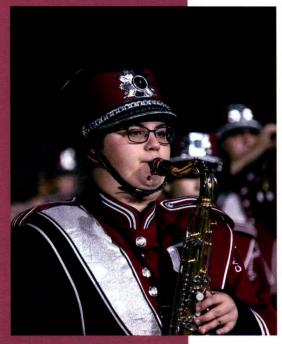






MARCHING BAND











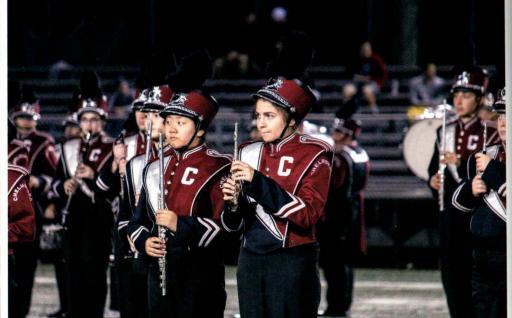












COLOR GUARD





















CHEER



"We're all crowd pleasing, stunt building, cheer yelling, short-skirt wearing, hand clapping, toe touching, big smiling, kick booty cheerleaders!" - Yvonne Welsh



"It was a great season with great girls and so many injuries." - Maiti Fucci













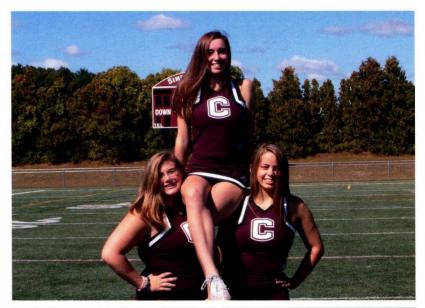




Girls,

Thank you all for an amazing senior season! We know it hasn't been easy; with lots of ups and downs, injuries and tears; there was always someone there to make us laugh and overall, it was so much fun. We couldn't be more proud of you, new girls and returners, for stepping up and doing something you weren't super comfortable with. Thank you for being open and willing to do whatever we asked, and we know we asked a lot. We can't wait to see what comes in the winter season and beyond. We are excited to hit the mat with you. We are so proud to be your captains, and we love you all!

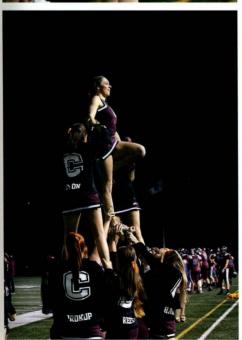
Love, Logan, Meg, and Syd



















FOOTBALL-



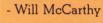


"No other team I'd rather almost lose my life with. The boys turned it around to make yoffs after a disappointing season last year" - Liam Gilet





"Most unforgettable season filled with memories that will last a lifetime. Wishing best of luck to my teammates next season"















To our brothers,

Coming into the year there was a lot for us to overcome. Between a new coaching staff and new system, we had a great deal of adversity from day one. So we went to work, grinding for mornings, afternoons, and nights through the heat and cold. It was all worth it after beating Haverhill for our first win, and coming back to beat Westford on senior night. We grew together as a family and we'll never forget this team, this school, or the times we spent under the Friday Night Lights. Together we took the first steps towards the future, and we can't wait to see where you go next. We are proud and thankful to have led this team.

Your Teammates and Captains, Bobby Lee, Dom DiBari, Jake Chiasson, and Tyler Nolan



















GIRLS XC-





"So (sister) proud of these ladies! I'm going to miss you all so much!" - Gianna Tamilio





"The faster you run, the faster you're done" - Elaine Tsui













Hey girls!

We are so proud of everyone on this team. There's a reason our sport is so unphotogenic - running is often just pure pain. But you girls make the most difficult part fun. We have all grown so close as a team this year whether it was slaying Parker Woods or the team sleepover (RIP Rachel 10/12/19). We know that it takes a special kind of crazy to willingly put yourself through Chambo, traveling hills, and all those field loops. XC has given us best friends for life and that will never change no matter where we end up. Whether a freshman doing her first sport or a senior who guit soccer to join our running family, it has been an honor to run beside all of you. Although 20 minute Tuesdays saw us divided by aura, Friends characters or zodiac signs, we raced and overdosed on mac and cheese as a team. We might have come in last at the Foss triathlon (no, we did not get lost), but in our hearts, Chelmsford Girls XC will always be the winners! We are gonna miss you guys sooo much next year but we know that you are going to continue to be stronger runners and have bright futures (as long as you pray to you know who, you know where).

Love your caps, Lil, Son and Hay





















BOYS XC





"Omg Tom is that the girl" - Shiv Patel





"I think we had a great season overall and everyone put forth their best effort. I know that for the rest of my days I will 'touch the truck'" - Noah Macallister







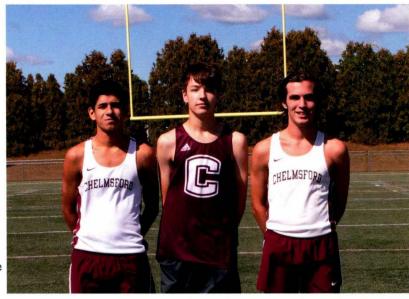




To the boys,

This season was unlike any we've been a part of throughout our time here. It was clear from the start that people were ready to work, and we were certainly going to have to. The league was strong this year, and we visited the three toughest courses in the conference for our away meets. So we worked. Summer long runs, P Woods' hills, field loops, track workouts, front lean and rest, Chambo, and everything in between pushed us to our absolute limits. We didn't break, and the work paid off resulting in the deepest XC team CHS has seen in years. We had fun in between the pain, namely feasting at team dins, hitting up our private beach, dominating the gaga pit at FOSS, and chilling on the sixteenth floor balcony in Stamford, CT. We learned to stay tough, not to get pushed around, and most importantly, that classic rock and roll will never die. Throughout our time we developed a unique brotherhood that is inexplicable to anyone outside of XC. We'd like to give a sincere thank you to all the boys. You made this season one to remember and the experience wouldn't have been the same without each and every one of you. We're proud to call you our teammates and it's a privilege to be your captains.

Sincerely, Drew, Ben, and Hansel



















GIRLS SWIM-





"Perhaps not" - Lily Boilard





"I am so proud of being a part of the swim team. I love you, my friends and coaches. You are the best!" - Rose Chen















Hey Girls,

This season has been incredible and we are so proud of each and every one of you. Whether it was tears of joy or tears of frustration, we made it through together as a team and improved beyond imagination. Thank you for making this season so memorable!
From car washes to MVCs
Egg rolls to mac and cheese,
This season has been like no other
Goal sets without you we cannot muster,
Up the pool, down the pool,
This season was wicked cool.
We look forward to seeing and hearing about your successes in the future seasons!

Love your captains,

Mello, Elayne and Laura



















GIRLS SOCCER-





"Put the water down!" - Alessandra LeBrun





"The team has never been closer, we all have each other's backs this year" - Megan Flynn













Hey team!

We just wanted to say thank you for all the unforgettable memories we've had together over the years and this amazing season. The girls soccer program has continued to grow and improve each year and this season was definitely a great one for the seniors to end on. We truly have become a family and we'll miss the singing and dancing together before games and all of the craziness. After so many hours spent together at team dinners, practices, and games; it'll be weird next fall without you guys by our sides. We'll miss all of you so much. We wish the best of luck to all the seniors in their college decisions and futures. And for you underclassmen, remember that high school flies by and before you know it, it will be your own last first home game, senior night, and last team dinner. Cherish these moments. Play hard and continue to be better than the day before. We believe this team can and will do incredible things. One last time:

One team, one goal on three...

Love, Ginty, Polce, Abbey Q

















BOYS SOCCER





"A great season with a great group of kids. Definitely learned a thing or two about the art of time warping"

- Hunter Holden



"Habibi" - David Arakelian











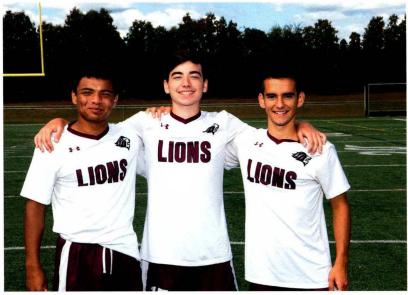




Dear fellow teammates,

We had a great season this year with a winning record and a lot of talent on the team. We have played with each other for so long that we are like family. We all know each other too well. We want to thank each and every one of you for being the fantastic players and people we know you to be. This season has been full of fun, excitement, and seriousness. The hilarious team dinners, the tactical practices, and the games where we found the win even when it seemed impossible will stay with us forever. Especially those hard fought games. We didn't have division one commits or one kid that carried our team this year. We won games by motivating each other and giving a hundred times more effort than the other team. We lived and died as a team, not as individuals, and that's what made the season so great. These were valuable lessons we would not have learned elsewhere. Don't just leave these lessons on the soccer field, we want you to take them to heart and never forget them. We will always remember the glorious and beautiful moments that we had this year as a team and hope you will too. We wish we could play with you guys forever.

We love you guys, Erik, Sean and Bryce

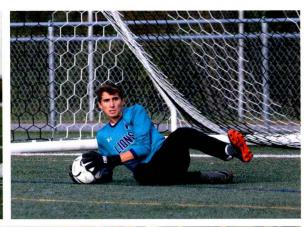




















GIRLS VOLLEYBALE



"This was our strongest season in years and we missed tourney by one game! I'll love this team and this sport forever" - Julia Perreira





"It has been a good season, loved playing with you all!" - Leah Mathewson













Hey fam,

We just wanna say thank you for all the memories this past season. It's been a crazy four years and to all of the other seniors, we wish you luck in college! To all of the underclassmen who are fortunate enough to have more years in the program; good luck to you and cherish those moments. Remember not to walk into the wrong classes, don't let anyone on the team hide your hydroflask, and try not to get pantsed. Keep up the traditions and pass them on. Always hit the champion sign before leaving.

Good vibes on 3....

Love, Grace and Jenna, 4 and 13 out <3

















GOLF



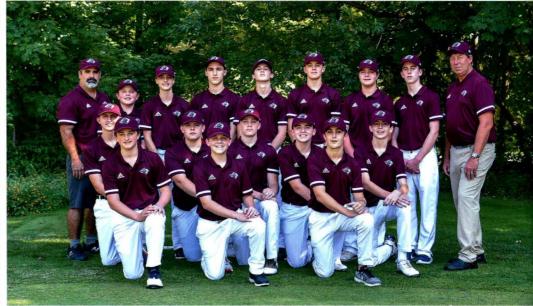
"It was a good season and we performed well as a team"

- Mike Dube



"It was a great season and I'm gonna miss it. Something I'll never forget!" - Andrew McMillan











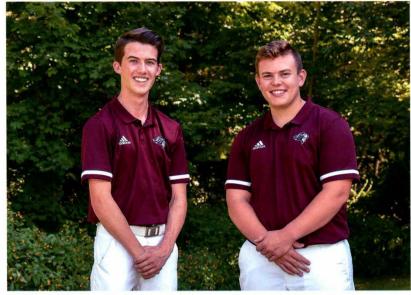




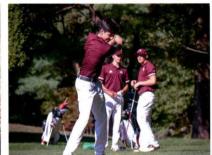
To the boys,

Golf was our first sport at Chelmsford High School. We couldn't be more thankful for Coach Stone and Coach Ervin, the leaders we had over the years, and the underclassmen. This season was the best experience we have ever had. Golf gave us a first look at what high school was truly like during practices, team dinners, and rides from matches. We can say that we have followed in the footsteps of the exemplary student-athletes we were surrounded by. Their positive influence is something we hope we passed on. We tied for first place in the MVC small league, something that has never happened in our four years here. This year has been one to remember and we are going to miss it. Once again, thanks to the coaches and all the boys that gave us special memories over the years.

- Tommy Hopkins & Colman Lawlor













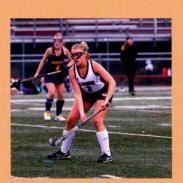






FIELD HOCKEY





"Dairy" - Allison Gilet





"Elmo" - Caitlin O'Leary













Dear CHSFH19,

Thank you guys for the countless memories this season. Having 12 seniors, we were able to become a family. Most of us have played together and become best friends over the past 4 years. We wouldn't have wanted it any other way. From dance parties on the bus to blasting music at Alli's and team dinners; there was never a dull moment with you crazy people. Although our time at CHS has come to an end, we will always be a family. No matter where you go, know you will always have CHSFH by your side.

#ALL IN

With all our love, Shannon and Claire









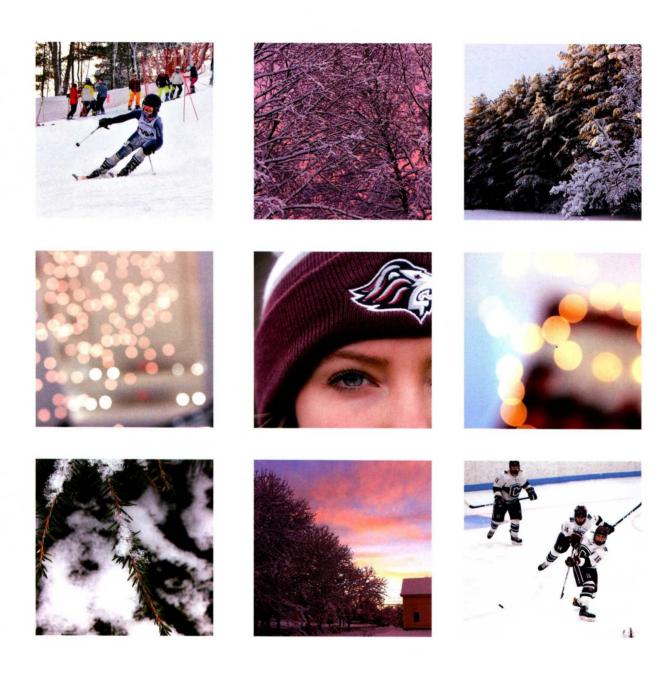








CHAPTER FIVE



HOUSE OLYMPICS















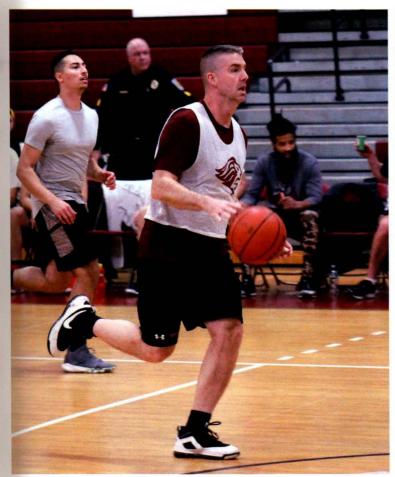








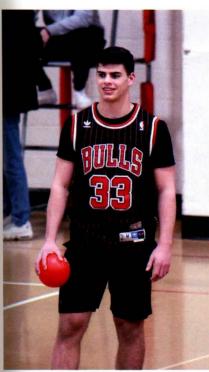
























HOUSE OLYMPICS

















































THE THURSDAYS























THE CRESCENDOS



















THE BIG TOP























AN DREOLIN

















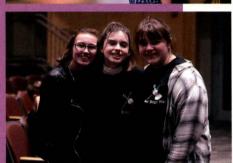


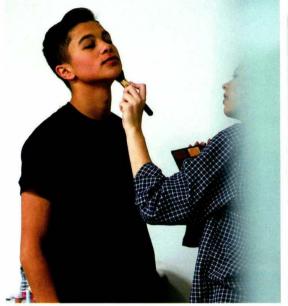


BEHIND THE SCENES



















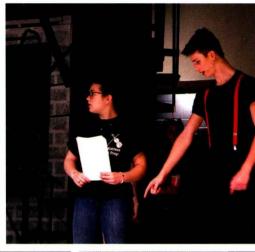




































GIRLS BASKETBALL





"Fastest start to our season, qualifying for tourney within our first 11 games!! Never forget team dins, talking on defense and workout Wednesdays, and remember to make your layups!"

- Natalie Tierney



"Defense wins games. Family forever." - Ava Firicano















Hey team,

We wanted to thank you all for the unbelievable season we have had this year. Having only one loss this season, so far, is a huge accomplishment and as your captains we are extremely proud. We have had some huge wins this season. Beating Andover, NA, Lowell, and Tewksbury were just a few of the big wins we earned. We are extremely proud of you guys and all of the effort that you put in day after day. Thank you for all you do for us, we wouldn't want to play with any other people this season!

Love you, Your Captains Hannah, Kat, and Meg















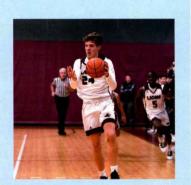






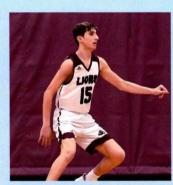
BOYS BASKETBALI





"NF" - Tarmo Tari





"Through everything, team together" - Joe Sturzo









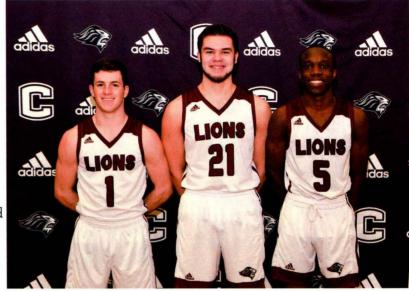




Dear CHS Ball,

Our season did not go as planned, but we rallied and enjoyed the game together. We made a lot of great memories and had lots of fun. Through practices, some great games, and plenty of trips to brick, we made friendships that can last a lifetime. We ran up Monte's highlight tapes like real teammates. Murphy should have beat Tarmo for Week 7 MVC MVP, but don't worry you had our vote. Showtime we don't know where to start, but at least you can change the playlist next year. We're still waiting on our custom sweatshirts. Matt, watch your ankles and that's not funny, but nice shots we guess. Nick, actually watch your ankles. Ben, don't worry we'll all see Juice one day. Joey, we'll buy you a gym membership if you promise to go at least once. Cam drew up some great plays too. Vote Noah for MVP. We'll never forget Suubi's hairline. Boys, its been a ride. Giddy up.

Your Captains, Levi, Suubi and Ty

















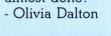


GIRLS INDOOR TRACK



"'Alright we have a 40 minute run inside' *2 minutes later* 'Are we almost done?"







"Hey guys, thanks for a great season! You all made senior year so special!" - Mia deMoulpied











Hey team,

We want to thank everybody for such an awesome season! We are happy to see that so many people have improved this year from the hard work you've put into every practice. You girls ran fast, jumped high, and threw far! We all came together to be a really strong team, and we're so proud of everybody! Your positivity and encouragement has helped the team get to where it is, and we hope you keep it up through the rest of your seasons. There is no one we would rather overdose on spaghetti with in cafe 1! We are so thankful to have been your captains, and we wish you so much luck with the rest of your high school careers!

Sonya, Grace, Jasmine, Megan and Maura <3





















BOYS INDOOR TRACK





"We fast" - Matt Shoup





"Winter was track was a fun season full of spine shattering triple-bons and momies."















To our teammates,

From our first meet back in December, it was clear that we had a solid group of athletes to work with that were ready to strive for improvement. Being a part of the winter track team is not an easy thing to do, especially when it comes to pushing through grueling workouts and dealing with the weather; but our boys did not back down from the challenge. From sprinters to distance runners, hurdlers, throwers and jumpers, we pushed ourselves to the limit at practice, and when the time to compete came at the meets, we did not hesitate to seize the opportunity to succeed. Our team was happy to see several outstanding individual performances throughout the season as a result of this hard work, as well as the strong support of our teammates and guidance of our coaches. So thank you to everyone who was a part of this experience with us and who pushed us all the way through. It's been a great journey, and we're looking forward to seeing what the future holds for you.

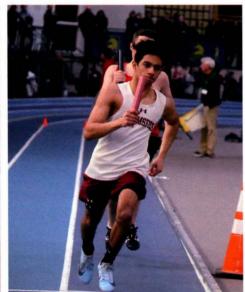
Sincerely, Drew, Matt, Anthony, and Dom





















GIRLS HOCKEY





"dad." - Remoré Serra





"Let's get that tostada" - Sarah Caruso















WINTER CHEER





"Everyone on the team worked hard for what they wanted. The coaches are amazing and push us to work harder." - Sydney Reed













"AAAAAARRREEEE YOUUUUUU REEEADDAAAAYYY" - Aubrey Horan

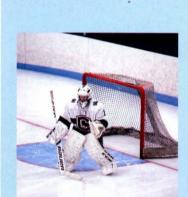
BOYS HOCKEY





"Puck deep, jack sticks" - Christian Gastonguay





"Leonard's army" - Ben Finney











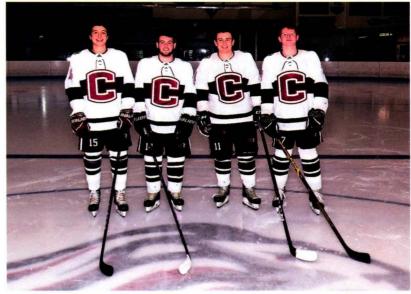


Hey boys,

Though our record doesn't show the work and effort we put in this season, we're proud of everyone in that locker room. We battled day in and day out no matter the adversity thrown at us. The record isn't what we're going to remember from this season, it's the family tight bond we've created with one another. We were honored to be a part of such a great group of kids.

We wish you underclassmen luck next year, keep hunting boys.

Your Captains, Mike, Bobby, Tommy, and Ben

























SKI TEAM-





"We have had a solid season with a bunch of underclassmen this year. With a lot of improvement this season I'm really looking forward to next year." - Zach LaRochelle



"Ski team girls for the win." - Sarah Lee















Dear team,

While this is maybe not the most successful season, our team is definitely showing signs of an incredible season to come! Each practice, we are excited to see how much effort and dedication our teammates put into getting better. And no injuries (so far)!

Your Captains, Alex, Hayley, and Erin















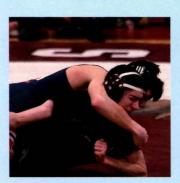






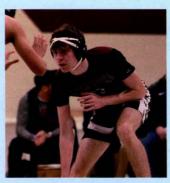
WRESTLING-





"Hard work is money in the bank" - Michael Mclarney





"Where's the rest of this deer?"

- Eric Johnson













Dear Wrestlers,

We would like to congratulate you on yet another consecutive winning season (20-5). As the season progressed, we pushed each other daily to become the most dominant team in our conference (MVC Champs). Memorable moments include thrashing Lowell and Central in our gym. Never forget the crooked runs and plugging away daily. Keep making deposits in the bank and overcoming adversity, and you will all find success in life. Good luck next year Chelmsford wrestlers, make us proud! Shout out to the squirrel's speeches, Stinky Masky on time Ware, our 3 team managers, and the star family, couldn't have done it without you!

Sincerely, Your Captains Matthew Kilmartin, Anthony Hubbard, Patrick Hughes, Evan Goodall, and Jermey Ware.



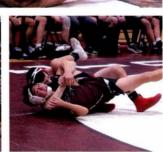








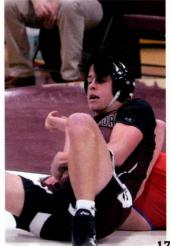












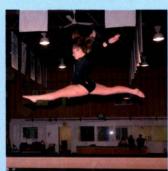
GYMNASTICS-





"We really pulled through in MVCS!!!" - Lily Hoyt





"We had an incredible season!! It was such a fun experience being part of this team and building friendships with my girls! Go CTB!" - Kat Wood













Hey Girls,

I am so proud of the entire team for being undefeated and having the highest score in the MVC. A huge thank you to all the girls for working their hardest and always bringing good energy to practices and meets. I'm so happy we could still be combined with Billerica and Tyngsboro (ChelmsRicaBoro) and be able to make more friendships this year. I'll never forget the reactions that we get at meets for being the most obnoxious team in the MVC. One of the best moments of this season was the Haverhill meet; it was supposed to be very tough competition so it was stressful from the start. It only got more stressful when Emma yuked on the door in warmup lol and then the judge was almost an hour late. But we pulled it together and got the highest score that gymnastics has gotten in ages. I'll miss auxing on the bus rides after big wins with all of you and Dawn telling us how bad our singing voices are. Thank you for making my senior season the best that I've had, I will miss CTB gymnastics so much. I hope you guys play Killshot for Jamie and I before every meet for good luck and I can't wait to see what you guys accomplish next year. Thank you for all the great years, CHS gymnastics and all the memories that came with it.

- Sara Bourdelais









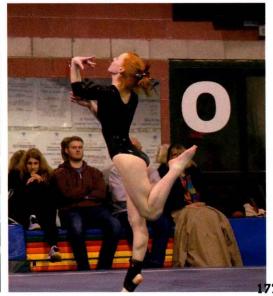






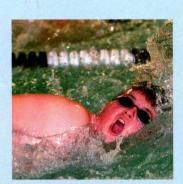




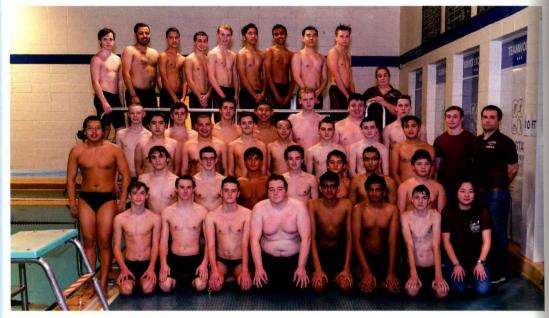


BOYS SWIM-





"There's a Garv in a trunk." - Andrew Garvin





"Mike Tyson's Peace Out" - Edward Rigney













Dear Boys,

We survived it all. All the chess matches and all the dogfights. We survived through all the times Craig yelled at us about winter hats and coats, to hydrate hydrate hydrate, and to hit the vitamin C. We survived each and every practice together. The endless sets of 100s pace, the 20x150s, and USRPT 25s that challenged us every second of the season. And throughout it all, we emerged as a family. Each day we spent making sacrifices for each other in the pool and sharing laughs with each other day in and day out helped build the foundations of our family. That's why today we look back and we'll remember our 9-2 record. We'll remember beating Andover, defending our MVC Regular Season Title for the second straight year. We'll remember jumping into the pool as MVC Conference Meet Champs for the third time in the last four years. But most importantly, we'll remember the family we've built over these weeks. We couldn't have asked for a better group of boys, who gave it their all for this team. We are so incredibly proud of each and every one of you. Thank you for sending us off with one of the best seasons that we could have ever wanted. End of story. Period.

We love you. #vivaitalia

Nick, Chris, Corbin, and Aaron















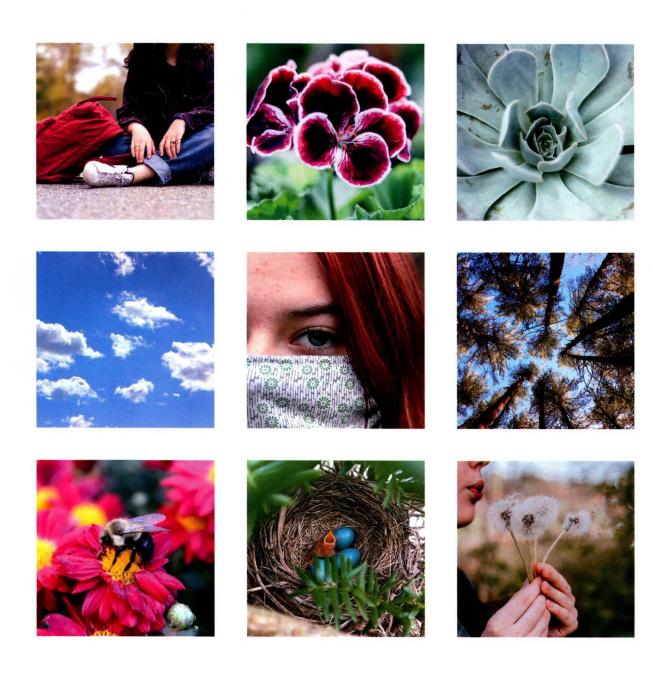








CHAPTER SIX



DANCE TEAM























"The Chelmsford High School Band faced many challenges during the 2019-2020 school year. Through hard work, determination, and the love of making music, we exceeded our goals and set the bar even higher, while always keeping our sights on the most important thing: the music. I am extremely proud of the CHS Band program. The seniors that are graduating from the Band are certainly leaving it better than they found it!" - Mr. Sexauer

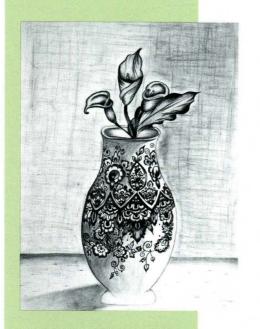
MUSIC GROUPS

"This group of CHS orchestra students has been one of the strongest and most dedicated students I've worked with. I'm so proud of you, every day." - Mrs. Comeau "They say the only constant in life is change, and this is certainly true for the CHS choral program this year. We began the year with divided class sections and learned how to perform as a cohesive ensemble while practicing separately. The students rose to the challenge and found ways to maintain connection while also taking advantage of the smaller class size to dig deeper into the repertoire. Little did we know that this would prepare us for the ultimate challenge of staying connected through distance learning. From the isolation of our homes we have continued to reach out, support one another, and lift our voices in unified song. I could not be prouder of the way these students have embraced change as it comes." - Ms. Roeder

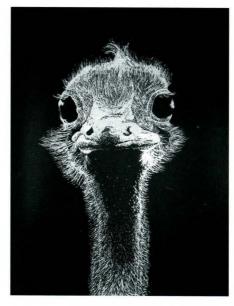




SPOTLIGHT ON THE ARTS



Yashvi Patel



Victoria Pedersen Ciulla



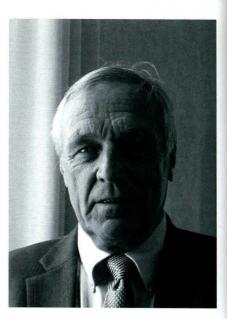
Krystal Qiao



Katarina Monnes



Sameeksha Sharma



Brooke Cardillo





Julia Rose



Anna Kehoe



Devanshi Shah



Sameeksha Sharma



Anna Kehoe



Matt Kilmartin



Katherine Falcone



Hanna Branco

SPOTLIGHT ON THE ARTS



Victoria Pedersen Ciulla



Noah Verma



Brooke Cardillo



Victoria Pedersen Ciulla



Sydney Norman





Anna Kehoe



Julia Rose



Yashvi Patel



Yashvi Patel



Matt Kilmartin

CORONAVIRUS



As we headed into 2020 with the excitement of finishing out senior year, more and more news loomed of a deadly virus that was spreading rapidly overseas. Unaware that it would soon come to the U.S., we continued living our lives.

On the week of March 9th, as we began showing our spirit for the house olympics, news of cases in Massachusetts and across the United States became prominent. What should have been a week of dressing up and competing in events or cheering our friends on turned into a time of worry and stress. Every day conversations in classes focused around the threat that was quickly approaching our town: Covid-19.

On Friday March 13th, the school was emptier than usual and there was a sense of unease. At the end of the day we received the announcement: no school for two weeks. Little did we know, this would be the last day in the building.

Healthcare workers and essential employees have worked tirelessly to take care of our community. They have risked their health and put themselves in danger. We are grateful for the work they do every day.

This break brought some good things to our community including more time to spend with our families, time to focus on ourselves, and improvements in the environment. Many people got creative with ways to stay connected with friends and family, teachers and administrators put in so much effort to support a transition to online learning, and friends found ways to celebrate birthdays and milestones with parades and socially distant events.

Despite the good it brought, it also took a toll on our community. Too many people have had to deal with the loss of family members. Some people lost jobs, some had to make incredible sacrifices to work on the front line, and many missed out on important events that should have taken place in the spring of 2020.

As a staff, we were faced with the challenge of including this pandemic in our yearbook and had to consider how to make up for all that we lost. Our hearts go out to the seniors who lost their last season of a sport, those who lost their final opportunities to perform on stage, those who have had to miss the traditional events the seniors would have, those who are losing the last time they have to spend with friends before heading off to future endeavors, and those who missed out on saying goodbye to the building and staff who have supported them for the last four years. In light of these losses our senior class has had to deal with, we have made an effort to create an end to our book that highlights the impact of the coronavirus.















BOYS VOLLEYBALI



Dear Volleyball Seniors,

I just wanted to say I'm sorry that I didn't get a chance to coach you this season. I wish we could have had the opportunity to see you evolve as players, as teammates, and as leaders. I think together this season we would've achieved a lot of personal goals and a lot of team goals, and it would've been a fun ride.

Just because I don't get to coach you anymore doesn't mean you're not one of my players. I want to congratulate you and wish you the best on your next journey, and let you know you'll always be a part of the team in some shape or form. I always like to say when you play for me that you are not just on a sports team, but that you become a part of the family, and I mean it. By leaving the team you don't just stop being a part of the family but you become a part of my extended family. If you need anything and you feel like I can help just let me know. I guess I just wanted to say thank you and that you will be missed by the school, by the team, and by me.

Liam McGinty

Sean Beauregaurd

Sincerely,

- Coach Valdez

Colin Connor

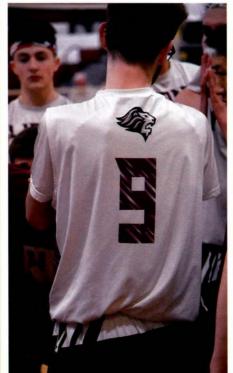
Levi Cass

Joe Doherty

Anthony Adoniou













RUGBY

Rugby Seniors,

Congratulations on making it to this point in your academic career! I am hopeful that you will continue your learning journey as you move on from Chelmsford High School. As a proud CHS alum, I know that your experience has been full of success, challenge, and lifelong memories. There is no doubt that you are well prepared for a successful future. Please know that it is my honor to have worked with you and I am hopeful that I have made a positive impact in some way. There is no doubt that the courage you've displayed to take on the sport of rugby will serve you well in your future endeavors. It is with complete confidence that I share with you the profoundly positive impact that rugby has had on my life. The camaraderie, sportsmanship, and mental and physical toughness that it takes to play this sport are unmatched by any other. I encourage you to stay involved in the sport whenever possible. You never know...we may be coaching together, or against each other, as this amazing sport grows in the U.S.! Rugby is one of the rare sports that is played by people of all ages, and is truly a welcoming family on and off the pitch. Rugby is not for everyone...but it IS for US. Whether you were heading into your second season, or picking it up for the first time, you will always be a part of CHS history as you answered the call to put rugby on the map in the Merrimack Valley. Best wishes moving forward and never forget you are a lion for life. #NoQuit.

Sincerely, - Coach Parks











Patrick Hogan

Mark Spinale

Ryan Dandawraw

Wiltord Kibuuka

David Walsh

Cyprian Zulawnik

BUYS LACRINSSE



Dear CHS Lacrosse Seniors,

What you have experienced these past months is both heartbreaking and historical. However, it gives us a moment to reflect on the past, live in the present, and renew our appreciation for what lies ahead. Personally, I have reflected on the impact that you have made to both our lacrosse culture and the town of Chelmsford. Having been a part of this community for 10 years and seasons, I am proud of the men that you have become.

Some of you will continue to play at the next level, but all of you will use the experiences from CHS to shape your lives. You will always have the cherished memories and experiences of your lacrosse family. Your athletic ability on the field will always be a footnote to the character that you have demonstrated to those around you. I have admired your bond and appreciated the friendships that you have solidified through this game. Your impact on our lacrosse program will be felt for many

As you move forward to your new moments and memories that are yet to be formed, the first steps may not be traditional ones as we have known in past senior classes. However, you will shape our movement into a better future. Your ability to evolve will transcend. This moment is not simply about survival, but perseverance. I am proud that this group of young men will weather this challenge and persist to great heights. This moment defines you. Remember your past fondly, cherish the present like never before, and impact the future by being your best selves.

I will miss you all.

- Coach Wright

Tommy Hopkins **Bobby Turner**

Jack Hart

Ben Pitts

Michael Regan

Christian

Gastonguay

Alexander Cruz

Adam Michaud

Jon Proia

Will McCarthy

Jake Marshall

Suubi Nkugwa

Kyle Arena











GIRLS LACROSSE

Dear 2020 Team,

Here's the thing... even though you never got that moment "under the lights" this year, with the bleachers packed (lol) and your parents cheering in support, all the work you put in wasn't for nothing. Even if nobody else ever gets to see the results of your hard work, let me tell you on behalf of all the coaches, we saw you. We saw you in the weight room, doing turf workouts, and wall ball. This was just a bump in the road, something else for us to overcome. We will never know what this season had in store for us but for one more year we are the reigning North Sectional CHAMPIONS!

To the four amazing seniors, I am going to miss you all very much. I would have loved to have one more season with all of you. We have had an incredible ride over the last 3 seasons. I will cherish all the laughs and tears we had together. I know you will not miss hearing "get on the line for 300's" but those of you playing a college sport will soon realize I was the "easy" coach. The marks you made on this program will live on. The underclassmen that you brought up with you will come back stronger because of the examples you set. I thank you from the bottom of my heart.

- Love, Coachie Grace Huffman

Shannon Walsh

Caitlin O'Leary

Claire Danahy











BOYS TENNIS



Boys Tennis Seniors,

Anish Panda

Rudra Thakkar

Anish Shah

Aaryan Chaudhary

Throughout the past four years you have brought an attitude unlike others to the CHS tennis courts. Your commitment, desire, and willingness to try has complimented your skills, creating a team that has been ready to accomplish great things. You have shown great improvment in skills on and off of the court.

It has been a pleasure working with each one of you!! I would like to congratulate everyone on finishing this step of your life. Now on to the next part of your journey. Go after your dreams and fulfill your purpose and your potential.

Be the best you!

- Marcel



GIRLS TENNIS

Girls Tennis Seniors,

The dedication and commitment this team has shown has been impactful to the CHS Tennis program for the past four years. Your passion for the sport will remain with the team for years to come. Even though the season was different than expected, you'll always have a place on the CHS Tennis courts.

It has been a pleasure working with each one of you!! I would like to congratulate everyone on finishing this step of your life. Now on to the next part of your journey. Go after your dreams and fulfill your purpose and your potential.

Be the best you!

- Marcel

Anna Kehoe

Amanda Curatolo

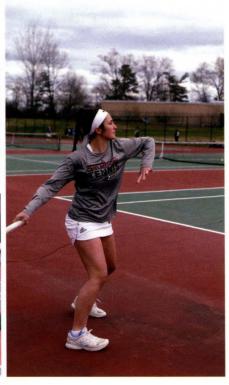
Paige Nolan











BASEBALL

Patrick Goode

Jack Dillon

Anthony Hubbard



Dear CHS Baseball Players,

Well, this certainly wasn't the season we were all anticipating. I know all of you were looking forward to a huge year filled with feisty competition, team comradery, and our share of victories.

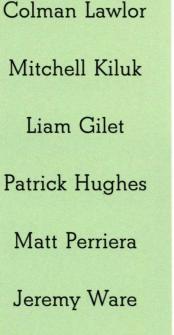
As a first year coach, I was so pleased with the off season work and knew we were ready for all of the challenges headed our way. Unfortunately, the biggest challenge didn't come from a dominant pitcher or powerful hitter...it came from an unseen, mysterious virus that caused a global pandemic and shut down our season.

For all you seniors that never got the opportunity to say goodbye to the game or a chance to take the field with your friends one last time, we tip our hat with respect and wish you all the best. We know you will do great things and enjoy the prime of your life. Someday perhaps you will look back on this crazy time and appreciate the way life slowed down. Maybe you will find greater value in the time spent with family and close friends.

We know this isn't the send-off any of you wanted...but remember, you will go down as the only CHS baseball team to never lose a game!

Let's all look forward to the next pitch in life!

- Coach DiStasi















SOFTBALL

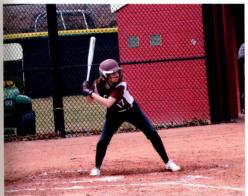
To the 2020 CHS Softball Seniors,

My heart goes out to this group. Every one of you is a wonderful leader in your own unique and individual way. You all brought so much to our program throughout your years at CHS, and I was truly looking forward to coaching you during your final season here. Our sport provides us with constant personal challenges and adversity. No senior class has been presented with the adversity that your class has. You have all handled it with strength and grace, and I am proud to be your coach. I am in awe of the incredible young ladies that you are and how you have handled these challenges.

One of the great things about our sport is the relationships you form with your teammates, and get to take with you once you hang up your cleats. Though your time was cut short on the field, you have left an imprint on this program, and the program is better because of you all.

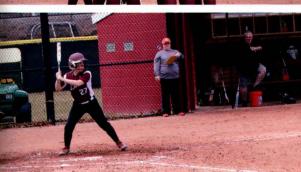
I know that you will all go on to do great things in your lives, and be successful people. Thank you for being the players and people that you are.

It has been an honor to coach you,
- Coach Degen











Haley Looney
Natalie Tierney
Angela Vignola
Logan Donovan
Emma Gelineau
Avalena Giampa
Samantha Morton
Kelsey Nunnery

Sydney Alto

BOYS OUTDOOR TRACK



Frank Soracco

Drew Madsen

Tyler Nolan

Dylan Brotherston

Bobby Lee

Michael

McNamara

Mathew Higgins

Noah Macallister

Kevin Hamilton

Dom DiBari

Andrew Tong

Felix O'Hearne

Congratulations seniors!

Obviously this was not the end to your career that any of us wanted, but over the past four years, you've accomplished so much. In many ways, we've grown up together. Your freshman year was my first as head coach and I've relied on your leadership and commitment to help the program be successful. We transitioned from the CHS Track to the McCarthy Track and even hosted the conference meet. None of that would have been possible without a great group of kids dedicated not only to athletic success but to the betterment of their community. Best of luck in all your future endeavors!

- Coach Richter













GIRLS OUTDOOR TRACK

To the graduating seniors of the girls outdoor track team:

Four years ago I told you all coming back from the freshmen/sophomore meet how important you were to the development of this program. I knew the talent was there and the personalities were some we could build a team around. What you have accomplished both personally and as a team is something that will be with this program for years to come. This group has made pasta dinners in the café and senior posters at McCarthy a tradition that will not go away. You girls are my first graduating class from CHS. I have taught many of you in class and coached you in multiple sports. Each and every one of you has put a positive and lasting impact on my coaching and teaching career. None of you deserve to end your high school athletic career this way, but I am confident that it could not happen to a more resilient group. I am forcing you all to come back and visit, you do not have a choice. I wish you all the best of luck, and please know you are a part of the track family forever.

- Coach Guarente







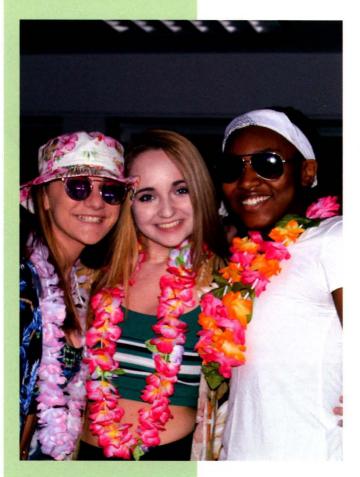




Madison Nigro Ashley Wenning Emma Davis Megan Fucci Victoria Pedersen Ciulla Mia deMoulpied Gianna Tamilio Grace Cardonne Leia Michaud Megan Flynn Maura Maguire Hayley Horton Elaine Tsui Abigail Angwin Nicole McGinty Allison Gilet Emma Hatch Emma Stover Janee Greenlee Olivia Dalton Sanjana Sareem Sonya Voloboi Sarah Lee

Jasmine Adams

YOU KNOW YOU'RE THE CLASS OF 2020 WHEN...



...your Tiki Dance gets cancelled 3 times.

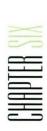
...you never got cookies during lunch at McCarthy.

...your prom dress is hung up in the corner.

...you know the wings by subject.

...everything gets cancelled.

...you remember when the Learning Commons had books.





...you had flex block on Thursdays.

...you're the last class to have kids that went to Westlands.

...you didn't get shirts for pep rally freshmen year.



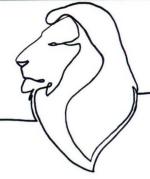


...you hang out at the parking lot.

...you don't get a senior week.

...you are able to work through everything the world throws at you.

STUCK AT HOME



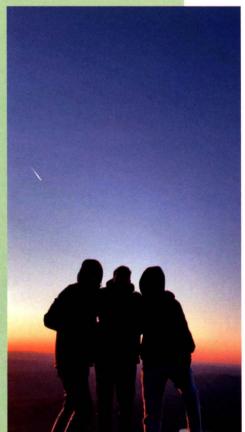




















FAREWELL, CLASS OF 2020



To the Senior Class:

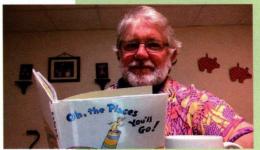
I feel so fortunate to have worked with so many of you since you were in the 6th grade. I feel even more lucky to be back working with you this past year. I am sad our year was cut short and our time together at CHS has come to an end. It is just that however...only the time together at CHS. If you need anything, help with life, someone to talk to, whatever it may be...I will ALWAYS be here to help and support you. Best advice I can give...

Be kind to yourself and others. Stand proudly for what you believe. Do not give up. Ever.

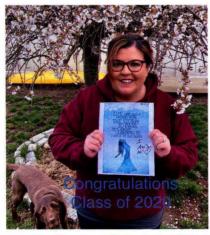
None of those are easy. Sometimes, some are so much more difficult than others. Remind yourself of them every day! You. Are. Worth. It.

With Much Love, Mrs. Salmon





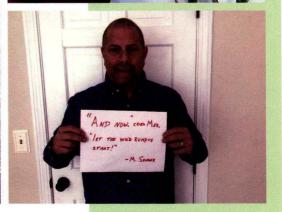












FAREWELL, CLASS OF 2020





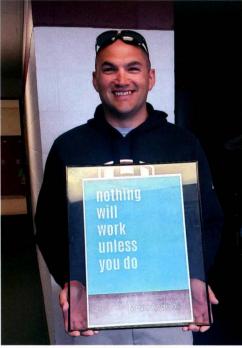


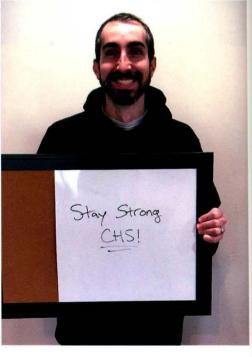








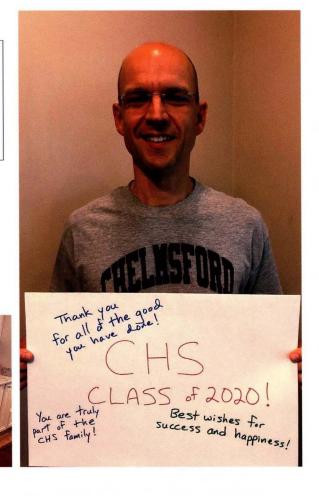








"The future is worth it.
All the pain. All the
tears. The future is
worth the fight."
—Quote from the
Martian Manhunter
(written by John Ostrander in
Mortian Manhunter, Vol. 2,
#1,000,000)



Congrats My first batch of Seniors, since I joined in 2016, very proud of all your enduring accomplishments!

instrumental in bringing out the best in me and making CHS my Happy Place. I'll miss you guys deeply. Best wishes on all your future endeavors. Always will cherish this special bond I've with you kids! Keep your mind and eyes open, new avenues will open, find that you're passionate about, spread your wings with Hope and Dedication to capture and attain success! All the Best! Stay safe and healthy! Lots of Love,

Mrs. Mohanraj

Congrats
2020!

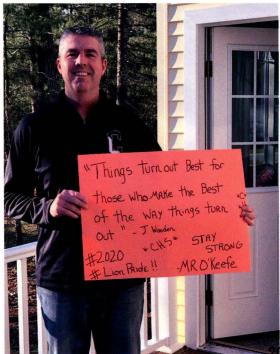
Jet your voice
BE HEARD!











CHAPTER SEVEN



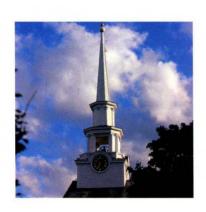
















YEARBOOK STAFF



























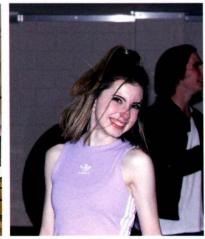














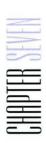
A LETTER FROM THE JUNIOR EDITORS

Dear Yearbook Staff,

Thank you for helping us to create a beautifully crafted book of memories. The book has been executed better than any of us could have hoped, and we are so thankful for all of your help. Thank you for being diligent workers who were constantly asking what you could do to help. Your work ethic and determination has not gone unnoticed. We could not have done this year without each and every one of you. This year did not end how anyone would have expected or hoped, but you all pushed through with grace. We are so proud of all you have accomplished both in yearbook and in life as these times have not been easy. We are hopeful for all next year has to bring, and are so excited to see what we as a team can accomplish in the future!

To our departing seniors, thank you for being patient with us and teaching us everything we will need to know for next year. We would like to thank each of you individually. To Melody, thank you for making every meeting filled with joy, laughter, and the best playlists. To Fei Lam, thank you for working hard to make sure everything is done on time and efficiently. And the TV in the lobby always looked great! To Emily, thank you for organizing the staff to sell ads. To Brooke, thank you for being so kind to us at every meeting. Your photography skills are exceptional and the book could not have been finished without your determination. To Evelyn and Caitlin, thank you for teaching us literally everything. We came into yearbook this year with no previous experience. Your desire to prepare us for next year is something we will never forget, and we hope to pass along your advice and guidance. We hope we make you guys proud next year and we can't thank you enough for your help! We will miss all of you deeply next year, but are excited to see all of the wonderful things you accomplish in your bright futures ahead. Just remember you will always have a place in the Yearbook Room!

Love, Emma and Mary



THE 2019-2020 YEARBOOK STAFF

Editors in Chief: Evelyn Bernard & Caitlin Curry

Junior Editors: Mary Hamilton & Emma Keohane

Head Photographer: Brooke Cardillo

Sports Editor: Melody Huang

General Editor: Fei Lam Wong

Business Editor: Emily Rice

Photographers: Emma Stover, Josh Jordan, Shannon Kempner,

Lily Daigle, Siya Gunda

General Staff: Abigail Angwin, Alli Gilet, Alessandra LeBrun,

Nicole McGinty, Jenna LaRochelle, Jacqui Rigazio,

Campbell Brown, Shailagh Corcoran, Alexandra LoCoco, Alyson Mireault

Advisors: Ben Cole & Ian Van Blarcom



FROM YOUR CLASS OFFICERS



Hi friends,

What a year it's been. I imagine this certainly is not how you all thought senior year would go. I first want to say how proud I am of all of you for handling things so well. No, this wasn't fair and you all deserved a proper senior year. But we will still be able to look back at our four years here at CHS and remember all of the other great memories we have made. I am so grateful to have gotten to know all of the people here at CHS, and I am even more grateful for how you all accepted me into your class. I hope you all made the most out of your time here, and I wish you all the best in your futures.

-Alex L. Vice President



Class of 2020,

I have had the best four years with you and I truly wish we could have had the perfect senior week to end it. Although we were unable to, I want to thank you all for the memories I've had at CHS. It has been a blast throughout the years from our first pep rally to the Halloween dance, and everything in between. Nobody could have predicted what happened this year, but I know we will eventually get to celebrate what we have accomplished. I will truly cherish all that we have done and I look forward to what the future holds for all of us. I cannot wait to see our whole class again!

Until then, Emma Stover Secretary



Dear Class of 2020,

From dragging ourselves out of bed in the morning to being separated from each other throughout coronacation, we never knew when it would end – but here we officially are as graduates of the Chelmsford High Class of 2020. I can't explain how incredibly lucky I am to have been part of this talented class and to grow up surrounded by such amazing people for the last thirteen years. These friendships we've formed are ones I will hold on to forever. There's no doubt that I will miss you all so much. I can't wait to hear about the amazing things you will accomplish, that I know are in store for you all – you guys never fail to amaze me!

Already counting down to when I'll see you all again :) Aaron $\label{eq:Treasurer} Treasurer$

















A LETTER FROM THE CLASS ADVISORS

Dear CHS Class of 2020,

It's often said that as people grow up, they remember not the grammar rules, math equations, or science formulas that dominate their hours of study in high school. They likely don't remember who the 13th US President was, or whether they conjugated verbs correctly on some quiz. Those things that were once so very important as notes were created, study groups formed, Quizlets made and tests taken, and countless last-minute cram sessions (perhaps even accompanied by a slew of prayers, devotions, begging, or exasperated sighs) endured, now fade into the recesses of our memories.

And while there is so much that is lost to our memories, plenty more remains with us. Maybe it was the group you sat with in the cafeteria, or your attempts to make it to class on time (maybe even with a fresh coffee in your hands). Perhaps it was the roar of the Tundra in the Gym, the sea of white in the stands, organizing bus rides to games or cheering with your friends in Simonium Stadium.

Our society places a premium on preserving memories. Google Photos will remind you of these, calling attention to your "One Year Ago" photos from a given day. Social media companies tout their ability to preserve records for all eternity. And older folks can take vitamins and supplements to keep their memories sharp. There's big business in the recognition of, maintenance of, and preservation of memories.

Before you know it, time will pass, and with that passing of time, your life will undergo great changes. Through both the ups and downs of your future years, you too will let some memories go, but you'll also hold on to those most precious to you and your identity. Which memories from CHS matter to you? Having been privileged enough to witness many of your journeys these past four years, let us name just a few:

Watching students grow into caring, ambitious, forward thinking young adults

Seeing students become confident leaders

Counseling students through hardships, concerns, or fears

Celebrating successes

Championship moments

Seeing students cheer for, encourage, support, admire, praise, and value both their differences and their collective identities

Switching classrooms after freshman year

Getting a new parking lot...and not knowing where to park

Cotillion

PRIDE block

Practicing ALICE drills

A new October Homecoming Dance

Phenomenal presentations of musical and artistic talents on stage - Chicago, Anything Goes...

House Olympics...those that happened and those that never were!

Not being in the building after March 13, 2020, and having to initiate distance learning...

...But, looking forward to senior week events and future reunions

Let's admit it: we certainly won't remember who wrote what on that essay about something we talked about at some point in that class. We won't remember the score someone got on that quiz, the attendance records, or how many times someone spoke up in class.

But what we will remember - the young adults whose lives have been forever changed because of their community, their spirit, their dedication, their generosity, their maturity, their energy, their impact on CHS and its faculty and adults - these are the great memories that can remain with us for years to come.

And it is our wish that your great memories of CHS and your experiences as a high school student remain with you too.

Thank you and congratulations, CHS Class of 2020!

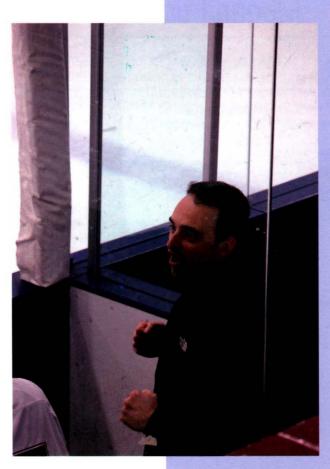




A LETTER FROM THE PRINCIPAL

Congratulations on a successful senior year. You worked hard for twelve years and it showed. Your class had unbelievable school spirit and our school will benefit from your leadership. Thank you to the class officers: Levi Cass, Alex Lawton, Emma Stover, and Aaron Zhu for your dedication, enthusiasm and resilience. It was a year of surprises. Your leadership helped everyone stay focused and supported. A huge thank you to Ms. Loiselle and Mr. Bartos. None of the senior year activities and events could have happened if it were not for their perseverance and determination. Thank you to the yearbook staff for creating a spectacular yearbook and doing so under work conditions that were never experienced before. This book is a true gift. Again, congratulations to each and every one of you. I wish all of you the best of luck in your future endeavors.





Lila Gordon

Lila, we are so proud of all you have accomplished during your 4 years at CHS both academically and as a part of the theatre guild. Wish you continued success in college.

Love, Mom and Dad



Jessica Pearse

No matter where you go, what you do, or where your journey leads, we are so proud of you. You are smart, beautiful, talented, and compassionate, and you will go as far as you set your sights. You have beautiful music within you; let it be heard. Always believe in yourself. This is your time - shine on!

Love.

Mom, Paul, and Charlie









Megan Fucci

We are very proud of your accomplishments.
The work you put in is realized.
Let yourself feel the pride and always stay humble and kind.
Love you, Bless you. Mummy, Daddy, Maire, Maiti & Molly



Congratulations Liam and Nicole McGinty

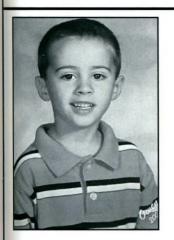
We are so proud of your accomplishments and of the amazing people you have become! Continue to challenge yourselves to jump higher and run faster – with perseverance and determination you can do anything!

This was an unexpected ending, but just waitthe best is yet to come!



- Mom and Dad

Owen Crowley



Congratulations, Owen! We are so proud of you and all you have accomplished to this point in your life. We are so excited for you and cannot wait to see what your future holds! Keep reaching for your goals, and never give up on your dreams. We love you! Dad, Mom, Liam and Declan



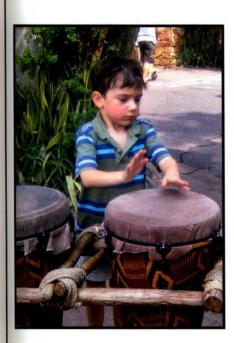


Madison Nigro



Madison,
You are a Beautiful gift to our family. It has been a joy
watching you grow into this Incredible smart,
independent young woman. We are so incredibly
proud of you and wish for you all the gifts of Love
and Joy you have graced our family with.
Congratulations my Love and Enjoy the Journey!
Loved Always, Mom, Dad, Samantha, Hunter and
Sydney

Christian Barbosa



Christian,

From your first tentative performance to your latest polished one and everything in between, life has been and is a series of performances. Whether you play for the audience, yourself or a combination, you have to decide. Just know that we have been proudly on our feet applauding your each and every act. Break a leg!

With So Much Love, Mom and Dad



Henry O'Donnell

Can't believe this day is here. Seems like only yesterday when you started at Westlands. We're so proud of what you've accomplished while at CHS. You have an exciting future in front of you. All our love, Dad, Mom, Tamara, Ashley and Nick





Ben Pitts



Congratulations Ben!
We are so incredibly
proud of you and all of
your accomplishments.
Much Love, Mom, Dad,
Julia and Caroline

Rachel Soave

So here we are, wow, 2020, a very different time than I thought. One thing that isn't different is my pride, admiration, love and joy you bring me. I named you Rachel, but really RAE, because you've always been my "Ray" of Sunshine. You have grown into a wildy spirited, warm hearted, compassionate, intelligent young lady who will achieve greatness. Always be you .I love you to the moon and Stars and back again. Love Mom

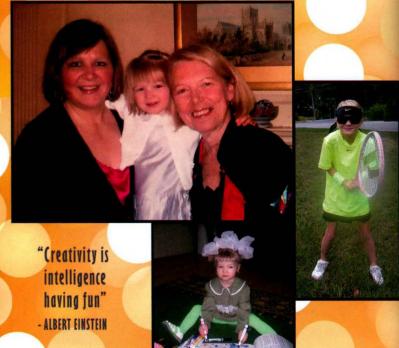






Congratulations Cinna!

You put 150% into absolutely everything you do and I'm so proud of all you have accomplished. You are both intelligent and creative and I have no doubt that you will make this world a better and more beautiful place! Love, Mama

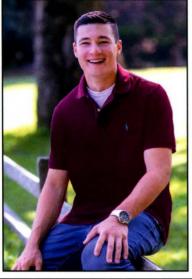


Patrick Goode

Congratulations! We are so proud of you and all of your accomplishments. We can't wait to see what your future holds. Work hard, dream big and have fun! We love you buddy!

Love, Mom, Dad & Meghan





Allison Gilet



"To accomplish great things, we must not only act, but also dream, not only plan, but also believe."

—Anatole France

Congratulations Allison! We are so proud of the person you have become and look forward to your many accomplishments.

Love, Mom, Dad & Steph

Natalie Tierney



Natalie,
Congratulations to our CHS
Lion! You are a smart, kind,
humble, and beautiful young
woman, but will will always be
our little girl. We're very proud
of you and love you so much.
Mom, Dad, and Mitchell

Nicole Mathis



Congratulations Nicole! We are so proud of you and everything you have accomplished. We are so excited to see where your future leads you.

Love you very much! Mom.

Love you very much! Mom, Dad, Jessica, and Nonnie

Angelina Serra



Congratulations Angelina!
We are so proud of you for so many reasons! You are a wonderful, caring and compassionate person and those qualities will make you a tremendous success in all that you do!
Beautiful Minds Inspire Others!
Ti Amo!

Mom, Dad, Nardina, Mario & Remoré

Sydney Norman



Congratulations Sydney!!! We are very proud of all that you've accomplished... We love you !! Love, Mom, Dad, Laurie and Family





Frank Soracco

A successful man knows where he has been.

where he is and where he wants to go. You've always made us proud as we watched you pursue your goals.

You have a bright future ahead and we know you'll do great things!

Congratulations, Frank! Love, Mom, Dad, and Gianna





Delaney Schiefen

"Nothing can dim the light that shines from within"
- Maya Angelou

We are so proud of you! All our love, Mom, Dad, Dan & Delia







Erin and Megan Hill

"My wish, for you, is that this life becomes all that you want it to Your dreams stay big, your worries stay small

You never need to carry more than you can hold

And while you're out there getting where you're getting to

I hope you know somebody loves you

And wants the same things too" - Rascal Flatts

We are so very proud of you both!

Love,

Mom, Dad and James







Megan Flynn

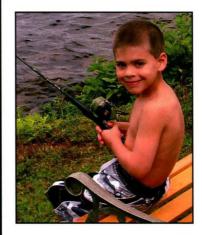
To say we are proud of you is an understatement! Remember to follow your dreams and continue to work hard. You can be anything you choose to be!

Stay Sweet, Stay Fierce and most importantly Stay You!

We love you, Mom, Dad and Cora



Jake Chiasson



Congratulations! The goals you have accomplished over the years are a result of your focus and determination. Enjoy each moment of your next chapter. Be confident, experience new challenges and make great memories. Good things are coming your way!

Love, Mom, Dad, Alex and Jenna

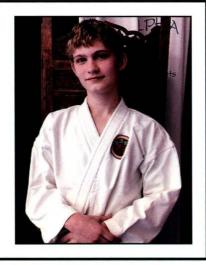




Joey Coleman

In a gentle way, you can shake the world. -Mahatma Gandhi

We love you and are so proud of you!
-Mom & Dad



Julie Hadley

We are so very proud of you and excited to watch you continue on your journey. Go get 'em!

All our love, Mom, Dad, Lyndsey, Jaime and Ali



Liam Gilet

Liam,

Thank you for everything you do. Your accomplishments and determination in academics and athletics have made us so proud. We can't wait to see you continue to grow and conquer all that life has to offer.

Good luck, have fun and call often!

We love you,

Mom, Dad and Kate

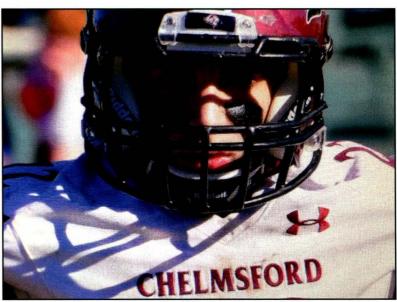


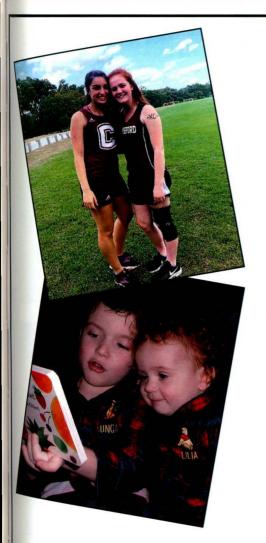




Dominic DiBari

Dominic- Stay curious and confident. Think opportunity when confronted with challenge. Trust your instincts. There is no limit to what you can achieve when you put your mind to it. We are so very proud of you and looking forward to your next chapter. Love, Mom, Dad and Anthony

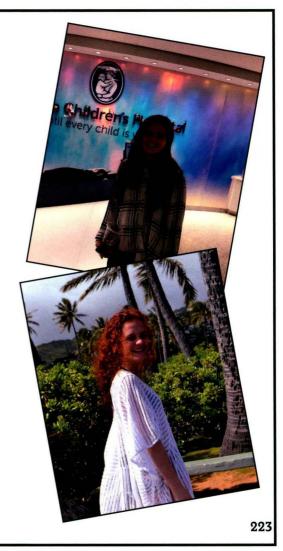


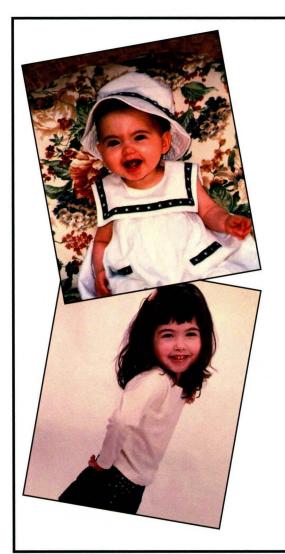


Lilia Dean

It has been the adventure of a lifetime to watch you grow into a confident, compassionate young woman whose ambition knows no limit. Your smile is a ray of sunshine to all around you and your kindness is second to none. We wish you much happiness as you take the next step in your journey to make the world a kinder, happier place. Our pride and love for you are unparalleled and we are excited to see what comes next!

Love Always, Mom, Dad, Duncan, Nana, Papa, Grammy, Grampy, Aunt Karla, Oreo, Jessie and Nellie





Caroline Enwright

Congratulations Sweet Caroline!

Beautiful, headstrong, smart, talented...you never cease to amaze all of those around you. We are so proud of all you have achieved at school, at dance and behind the scenes of CHS productions. Always remember to dream big as you enter this exciting new chapter in your life.

Stay sweet, stay positive, and most importantly stay you!

Love you, Mom, Dad, Kelly and Steve

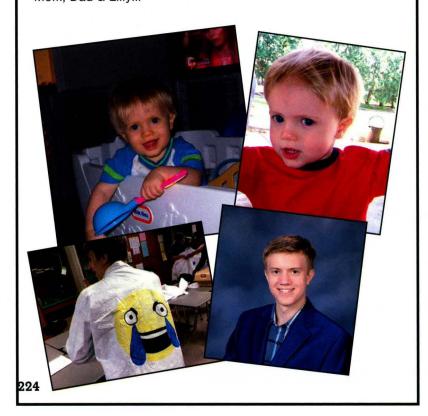
"Take pride in how far you have come and have faith in how far you can go."



Connor Dorobiala

Now that You've found your Passion... Go Follow Your Dreams!

Love Always, Mom, Dad & Lilly...



Kevin Hamilton

Kevin,

Wow! What a ride it has been! You have completed your Marathon at Chelmsford High School and we can't wait to see what the future holds. Whatever it may be we know you will give it your all and make each moment the best that it can be! You make us proud with every step you take! Enjoy the next chapter! We love you!

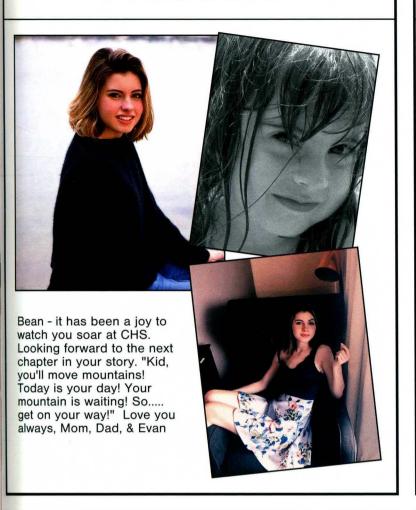
Here's to Happy Endings and New Beginnings!

Love, Mom, Jon, Mary, Kat, David, Nonnie and Pop





Emma Stover

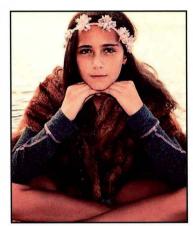


Clare Lyon



Clare, You have grown into an amazing. beautiful, fun, and kind young woman and we can't wait to see what the future holds for you as you start your next adventure in college. Love you so much! Mom, Todd, Sage & Dad





Liliana & Sofia Sampieri

Behind you... all your memories. Before you... all your dreams. Around you... all who love you. Within you... all you need.

Love, Mom & Bob



Avalena Marie Giampa

It has been a fast 4 years. Congratulations on everything you have accomplished! You have worked extremely hard and have made us so very proud. We wish you the very best and continued success on your next chapter! All our love, Mom, Dad and Natalia



Justin Berube

Justin.

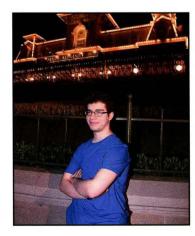
We are so extremely proud of you and all of your accomplishments!!

We have enjoyed watching you grow up and wish it didn't go by so fast! You are a talented kid, hard worker and most importantly kind and thoughtful. You are an amazing son, brother and friend.

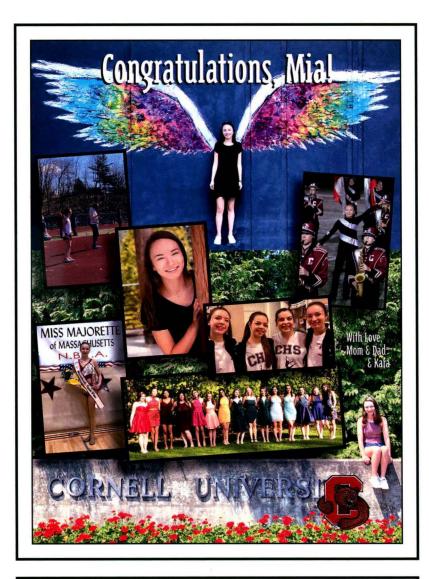
We are looking forward to the next chapter in your life! We know you will do amazing things.

We love you so much!

Love. Mom, Dad Ryan, Kyle and Jenna







Chase Boles

Chase we have loved watching you grow into the amazing person you are!

Love Mom, Dad and Hunter







Kevin Higgins

We are SO proud of you and the man you have become! We wish you adventure on your journey ahead and hope you always stop to help someone along the way.

Love, Mom, Dad, Sean & Ryan





Sarah Cain





Congratulations Sarah!
We are so proud of the wonderful young woman you have become. Continue to spread your light and love around the world. Follow your dreams, and always believe in yourself!

Love always, Mom, Dad & Nick

Abigail Angwin

Congratulations Abigail!

We are proud of all you have accomplished and look forward to your next adventure.

Love, Mom, Dad & Ellen







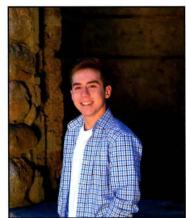
Josh Esperanza



These 4 years went by so quickly. In that time, we watched you become the strong, loving good man you are today. We could not be any prouder of you and know you are going to do great things in life. We love you to the moon and back.

All our love, Mom, Dad and Hannah





Jacob Dufresne

Jake, as you head off on your new adventure, never stop being the kind, funny and smart person you are. Enjoy the next few years, you worked hard for it!

Always proud of you, love Mom and Dad



Corbin Hampton

Corbin,

From preschool to senior year in a flash! We can't wait to see your next adventures.

Love -Mom, Dad, Andrew, Tyler, and Lucy



Krystal Gilbert

Congratulations Krystal! We are so proud of you and all you have accomplished. You are an amazing young lady.

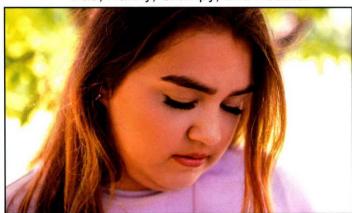
"Every great dream has a dreamer. Always remember you have within you the strength, the patience, and the passion to reach for the stars, to change the world."

-Harriet Tubman

We wish you a lifetime of amazing adventures. Be happy!

Love you always,

Dad, Nanny, Grampy, and Heather



Haley Looney

Haley we are so proud of you and all of your accomplishments! You have grown into such a beautiful, smart and caring person. Can't wait to see what's next! Love, Mom, Dad, and Ricky



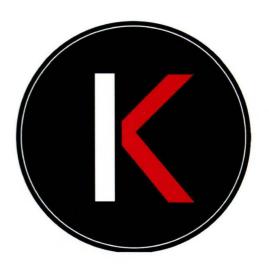






JONI LEAHY

ESTHETICIAN/MAKEUP ARTIST



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The Matt Witte Team would like to wish the class of 2020 the best of luck



Leigh Dean



Matt Waine



Cynthia Hatch

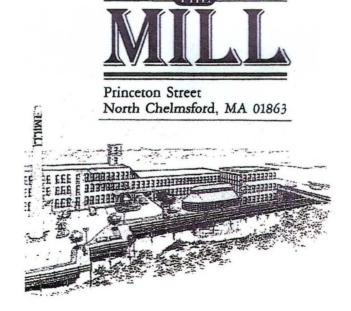


Stephanie Sotek

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Congrats class of 2020!

Good luck to our superscoopers: Hannah, Shannon, Ava, Megan, Claire, Caitlin, and Nicole! Val PETERSON PHOTOGRAPHY Shope

Senior portraits - Family portraits - Head shots - Sports

Val Peterson Photography in Chelmsford

valpetersonphoto.com valp@mac.com 508-423-4664

Congratulations Class of 2020!



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Chelmsford High School Alumni Association

Congratulations Class of 2020 Welcome to your Alumni Association

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Vice President

Lou DiStasi - '97

Assistant Treasurer

Jerelyn Serra - '98

Recording Secretary

Michelle Maybury - '82

Treasurer

Elisa Ouellette - '87

Clerk

Nancy Hughes - '65

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Bates College Bentley University Berklee College of Music Boston College Brandeis University Bridgewater State University Bridgton Academy Castleton University Catholic University Champlain College Clark University Concordia Unviersity Cornell University Culinary Institute of America Dean College Eckerd College Elon University Emerson College **Endicott College** Fitchburg State University Florida Institute of Technology Framingham State University Franklin Pierce University Gap Year George Mason University Georgia Tech Harvard College High Point University Husson University Ithaca College Johnson and Wales University Keene State College Louisiana State University Loyola University Chicago Massachusetts College of Art and Design McGill University Merrimack College Miami University Middlesex Community College Massachusetts Institute of Technology Northeastern University Northwestern University Norwich University Pfeiffer University Plymouth State University Regis College Rensselaer Polytechnic Institute

VISIONS FOR

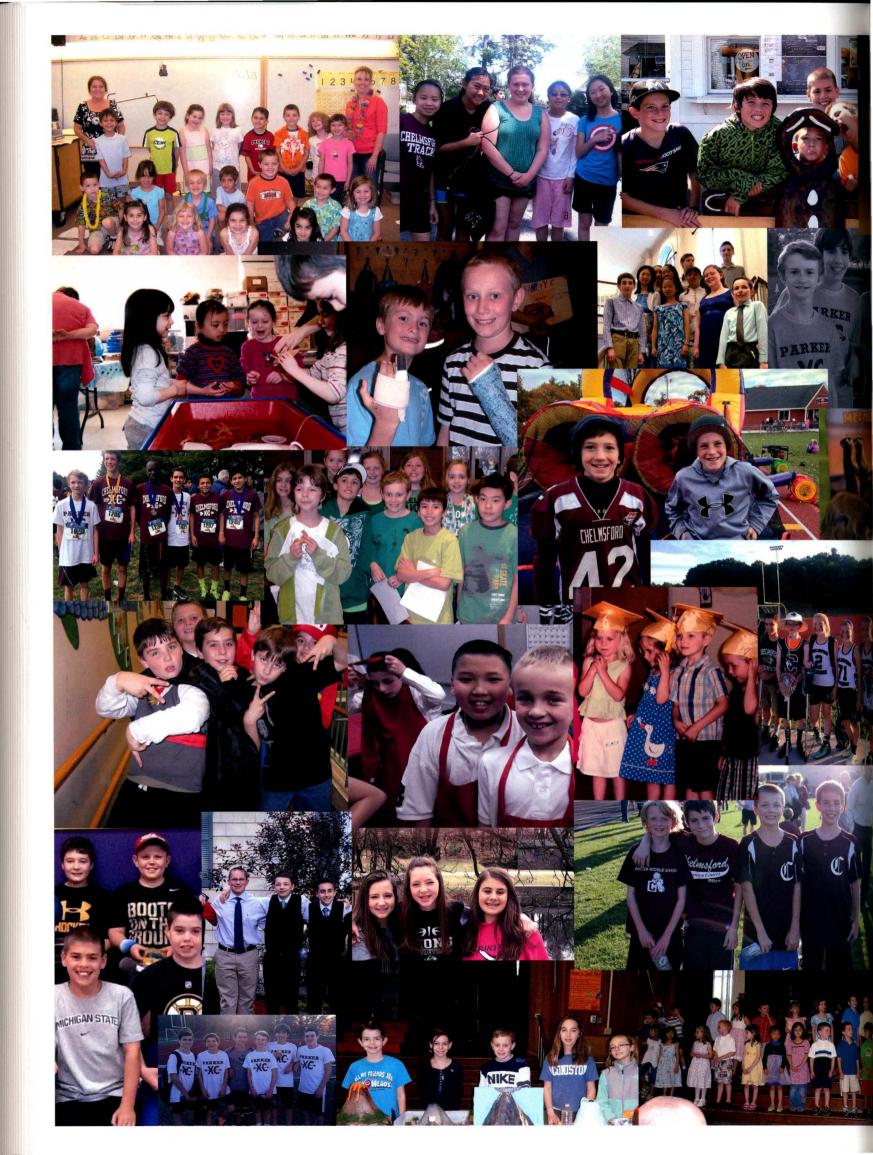


THE FUTURE



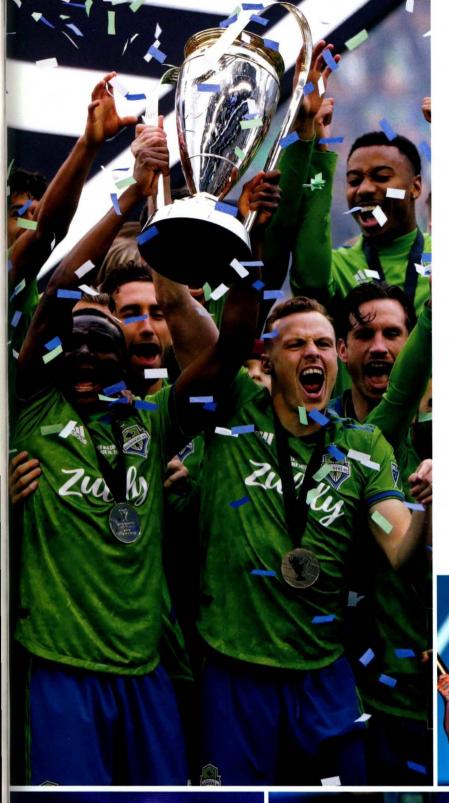
Rivier University Roger Williams University Saint Anselm College Salem State University Simmons University Skidmore College Southern New Hampshire University Stonehill College Suffolk University Temple University Trinity College Tufts University Tulane University University of Connecticut University of Maine University of Massachusetts-**Amherst** University of Massachusetts-Boston University of Massachusetts-Dartmouth University of Massachusetts-Lowell University of Colorado-Boulder University of Hartford University of Miami University of Minnesota Twin Cities University of New England University of New Hampshire University of North Carolina-Chapel Hill. University of Ottawa University of Rhode Island University of South Florida University of Vermont Valley Collobirative Virginia Tech Wentworth Institute of Technology Western New England University Westfield State University Worcester state University Worcester Polytechnic Institute

Work Force





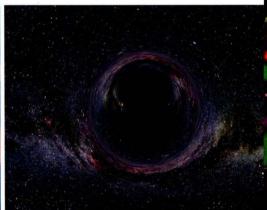
SIGNATURES



108LD 3EAT 2019 2020

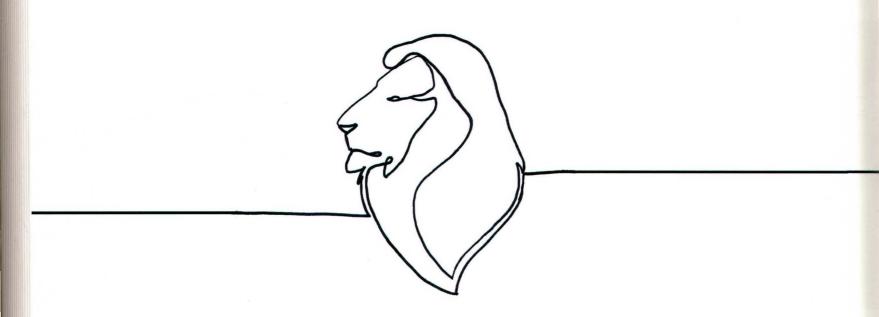
This year's top headlines in technology, sports, music, movies and pop trends.

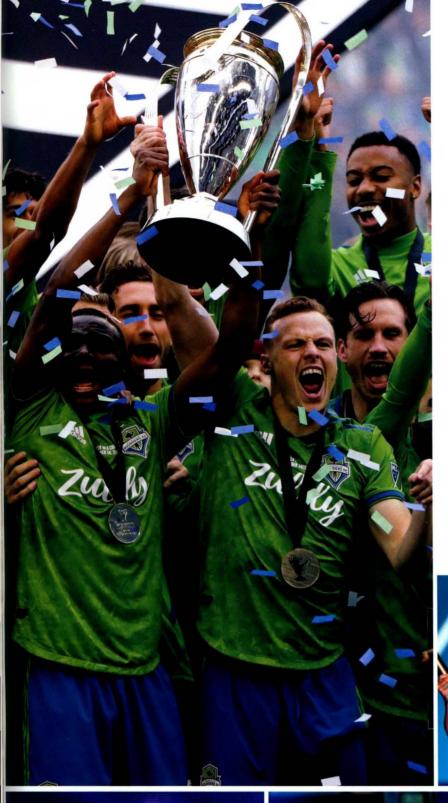








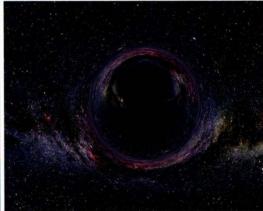




FAT 2019 2020

This year's top headlines in technology, sports, music, movies and pop trends.









RING IN THE ROARING '20s

DECADE HIGHLIGHTS

2019

2010	APPLE UNVEILS THE FIRST IPAD Over three million units are sold in the first 80 days.
2011	THE LAST HARRY POTTER FILM DEBUTS It becomes the highest-grossing film of 2011.
2012	PRINCE WILLIAM AND KATE MIDDLETON ARE MARRIED Held at Westminster Abbey in London, UK, 23 million Americans tune in for the ceremony.
2013	"THE HARLEM SHAKE" GOES VIRAL The dance craze hits 1 billion views on YouTube in only 40 days.
2014	THE ICE BUCKET CHALLENGE RAISES \$115 MILLION FOR ALS RESEARCH AND AWARENESS Scientists discover a new gene tied to ALS thanks to funds from the challenge.
2015	IS THE DRESS #BLACKANDBLUE OR #WHITEANDGOLD? Officially, it is black and blue.
2016	LEONARDO DICAPRIO FINALLY WINS AN OSCAR He is previously nominated for five acting Oscars and one producing Oscar.
2017	THE UNITED STATES EXPERIENCES A TOTAL SOLAR ECLIPSE It is dubbed the "Great American Eclipse" and passes over the entire contiguous United States.
2018	PRINCE HARRY AND MEGHAN MARKLE ARE MARRIED The Duchess is the first American to marry into The Royal Family since 1937.

STREAMING SERVICES RULE THE ENTERTAINMENT MARKET

Disney+°, Apple TV+°, Prime Video°, Netflix°, Hulu°, HBO°, Sling TV™...the options are endless.



HAPPY MEAN YEAR!

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A LEGEND LOST

Kobe Bryant and his daughter, Gianna Bryant, are killed in a helicopter crash along with seven others on January 26, 2020. Bryant is widely regarded as a basketball legend for his 20-season career with the Los Angeles Lakers and is the all-time leading scorer in Lakers franchise history.





HISTORIC SPACEWALK

Astronauts Christina Koch and Jessica Meir complete the first spacewalk with an all-woman team. This is Koch's fourth space walk and Meir's first. NASA Administrator Jim Bridenstine mentions that NASA's Artemis program is currently working to land the first woman and the next man on the moon in 2024.

FASTEST FINISH

Eliud Kipchoge finishes the Austrian INEOS marathon in 1 hour, 59 minutes and 40.2 seconds. He is the first human in history to run a marathon in under two hours. According to a team of pacemakers who keep up with Kipchoge throughout the ordeal, he runs a pace of 4:33.5 minutes per mile to finish the race ahead of schedule.



ROLL BACK THE CLOCK

In October, California's Governor signs a bill becoming the first state in the nation to pass legislation that prohibits public schools from starting too early. The bill mandates that middle schools can start no earlier than 8 a.m., while high schools will be prohibited from starting any earlier than 8:30 a.m. Public schools have until the start of the 2022 school year to adjust their schedules accordingly.





NOTRE DAME DESTRUCTION

A mammoth blaze tears through the Notre Dame Cathedral in Paris, nearly destroying the 850-year-old landmark. The church's wooden latticework roof and iconic spire collapse, but many of the valuable cultural treasures avoid damage with some kept safe at the Louvre Museum. French President Emmanuel Macron would like the Notre Dame Cathedral to be rebuilt in five years, but restoration experts believe it could take 10 to 15 years. More than \$700 million is collected in donations for the reconstruction, including \$100,000 from the University of Notre Dame in Indiana.

GLOBAL FIRES

Massive wildfires rage on two continents: in Brazil's Amazon rainforest and across Australia. This year the Amazon rainforest experiences the highest number of fires since Brazil's National Institute for Space Research began keeping records in 2013, which burn 2.2 million acres. The Australian bushfires primarily affect the state of New South Wales and 12 million acres are burned as of January 2020. New South Wales is home to Australia's most populous city, Sydney.

LOST CONTINENTS

Douwe van Hinsbergen – a geologist at Utrecht University in the Netherlands – and his colleagues discover a lost continent known as Greater Adria while studying rocks beneath the Mediterranean Sea. Approximately 140 million years ago, Greater Adria and southern Europe collided, burying Greater Adria in the process. Most of the continent sank beneath what is now Italy, Greece and the Baltics. Analysis of ancient rocks suggests that almost all of Earth's earliest continents might have disappeared, leaving traces behind like certain rocks found on the Alps.







Lawrence Cherono wins the 2019 Boston Marathon in the third-closest finish ever, edging out Lelisa Desisa by two seconds. A review of the photo finish is needed to confirm the winner.



BACK TO BACK BROOKS

Brooks Koepka is a back-to-back winner of the PGA Championship. This is his fourth major win in 23 months, a milestone only four other golf greats have reached: Ben Hogan, Arnold Palmer, Jack Nicklaus and Tiger Woods. This is the first repeat PGA Championship winner since Tiger Woods in 2007.

WOMEN'S WORLD CUP

USA defeats the Netherlands 2-0 at the FIFA Women's World Cup. This is the fourth World Cup win for the U.S. Women's Soccer team and their second straight World Cup title.

Co-captain Megan Rapinoe and team member Rose Lavelle score the two winning goals.



KINGDOM COMEBACK

The Kansas City Chiefs defeat the San Francisco 49ers 31-20 in Super Bowl LIV. This is the Chiefs' first Super Bowl win in 50 years and also signifies the end of the NFL's 100th season. Quarterback Patrick Mahomes joins Ben Roethlisberger and Tom Brady as the only quarterbacks in history to earn the Lombardi Trophy before their 25th birthdays.





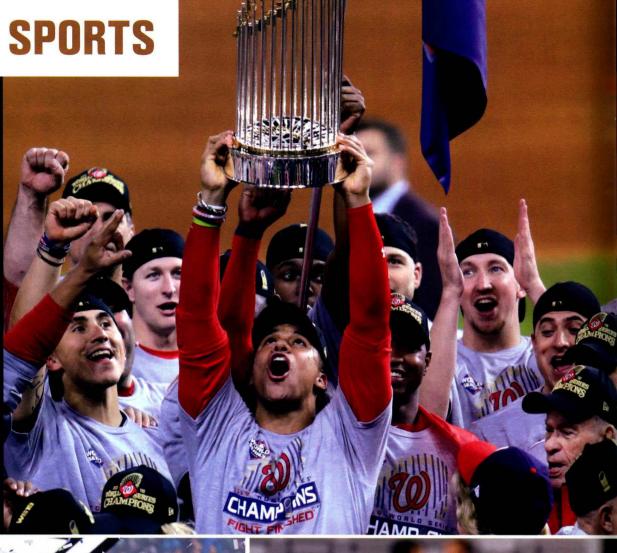
COLLEGE FOOTBALL

The LSU Tigers defeat the Clemson Tigers 42-25 to win the College Football Playoff national title. LSU's win breaks Clemson's 29-game winning streak and crowns LSU as National Champions for the first time since 2007.

7

WORLD SERIES

The Washington Nationals defeat the Houston Astros 6-2 to earn their first World Series title in franchise history. This is also the first time the road team has won all seven games of the World Series.







RESOUNDING VICTORY

The Seattle Sounders defeat Toronto FC 3-1 to win the 2019 MLS Cup. This is their second Major League Soccer Cup win.

YOUNG TENNIS STAR TRIUMPH

Cori "Coco" Gauff, 15, makes history defeating five-time Wimbledon champion Venus Williams, 39, whom Gauff calls her idol. Gauff is the youngest player to win in the first round of the women's singles since 1991. In October, Coco wins Austria's Linz Open, becoming the youngest woman to win a Women's Tennis Association Title since 2004.



HISTORIC HEIGHTS

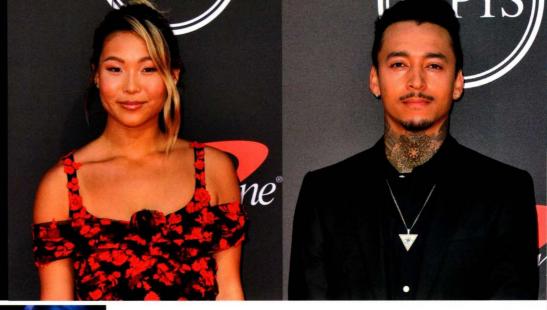
Simone Biles wins five gold medals at the 2019 World Championships, more than any gymnast at a single World Championship since 1958. She also earns her 25th career World medal, 19 of which are gold, a total that surpasses any gymnast in history. While winning her sixth U.S. all-around title in Stuttgart, Germany, the 22-year-old gymnast successfully lands two historic gymnastics moves: the double-double dismount off the balance beam and the triple-double on floor. Her landing of the triple-double move on floor is dubbed the Biles II in the FIG Women's Artistic Gymnastics Code of Points. She also has a floor element named the Biles.

ESPY FAVORITES

The 2019 ESPY results are in. Some highlights include:

Best Female Action Sports Athlete: Snowboarder Chloe Kim

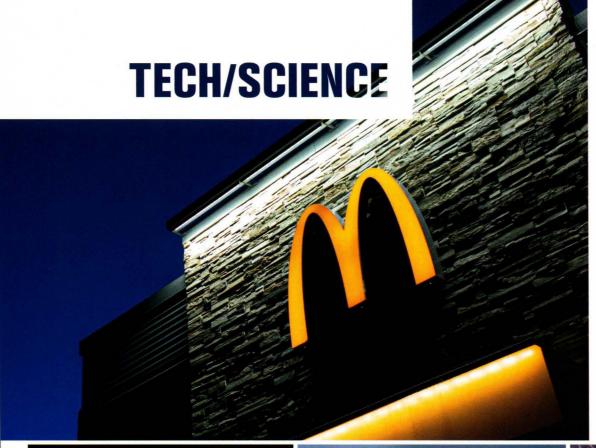
Best Male Action Sports Athlete: 2019 X Games gold medalist, skateboarder Nyjah Huston





FORTNITE WORLD CUP

American teenager Kyle Giersdorf, 16, wins \$3 million and takes the top prize at the Fortnite World Cup. The tournament is held at Arthur Ashe Stadium on July 28, 2019 in New York City. Giersdorf is one of at least 100 players competing for \$30 million in total prize money.



A NEW WAY TO APPLY

McDonald's announces a new initiative it is calling the "Apply Thru," where owners of Amazon Alexa or Google Assistant devices can begin job applications using standard "Alexa" and "Ok Google" voice commands. The company is also investing in ways to automate its self-order kiosk, mobile app and drive-thru experiences.





FORTNITE FREEZE

Popular online game Fortnite goes silent for 36 hours before launching an entirely new experience, dubbed Chapter 2. Epic Games, the creator of Fortnite, foreshadows this event through social media, via video trailer and by generating a black hole within the game itself.

3D TECHNOLOGY

Scientists from Dresden University of Technology in Germany develop a 3-D bioprinter capable of producing human tissue. Scientists design this technology specifically for future astronauts experiencing low gravity conditions.

AMAZING ADVANCEMENTS

Two successful experimental treatments are offered to Ebola patients in the Democratic Republic of Congo. Scientists note that 90% of those infected can ultimately be cured with these treatments.

OUT OF THIS WORLD ANNIVERSARY

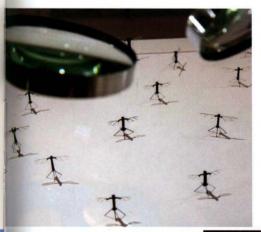
Fifty years ago, on July 20, 1969, about half a billion people across the globe — about one-seventh of the Earth's population at the time — watch NASA astronauts Neil Armstrong and Buzz Aldrin become the first humans ever to set foot on the moon as part of NASA's Apollo 11 lunar mission. The 50th anniversary celebration is marked with numerous events across the U.S. over five days. NASA restores the Apollo Mission Control Center to appear as it did during the original television broadcast of the moonwalk, to the delight of visitors to the Space Center Houston.





ROBOTIC DOORSTEP DELIVERIES

With self-driving vehicle technology rapidly advancing, many companies are turning to autonomous robots for the final leg of the delivery process. Often called the last mile, this stretch is usually from the store or local distribution center to the customer. The latest company to join the trend is e-commerce giant Amazon. Following a successful eight-month test run in Snohomish County, Washington, the company's Scout robots have been making the rounds in Irvine, California since August 2019.



ROBOBEE

Harvard researchers Noah Jafferis and Elizabeth Helbling unveil an insectinspired robot that can fly independent of a power source tether. The device, dubbed the RoboBee X-Wing, weighs a mere 259 milligrams.

DISTANT DISCOVERIES

NASA releases video of a black hole tearing apart a star millions of light-years away. Astronomers believe the black hole weighs about 6.6 million times the sun's mass and is located about 375 million light-years from Earth.





MINECRAFT COMEBACK

According to Google trends, online searches for *Minecraft* peaked in 2012 and 2013. They have been on a steady decline since until 2019. In September, Google searches for the game boosted to 76% of their all-time high. It surpassed even *Fortnite*, arguably the most popular game in the world in 2018. This family-friendly game has 176 million copies sold as of May 2019, making it the second-highest game ever, under *Tetris*. Many companies choose to advertise on the game, as it is not violent or controversial. Younger audiences have gained interest with well-known YouTube personalities attracting new users and creating a widely popular weekly Minecraft tournament series known as "Minecraft Monday."



NOBEL PRIZE

The Nobel Prize in Physiology or Medicine is awarded to William Kaelin Jr., Peter Ratcliffe and Gregg Semenza for their discoveries related to how cells sense and adapt to oxygen availability. This fundamental process is key to embryonic development, adapting to high altitudes and exercising, as well as developing treatments for anemia and various types of cancers.









RECORD BREAKER

Frozen II becomes the highest-grossing animated movie of all time.

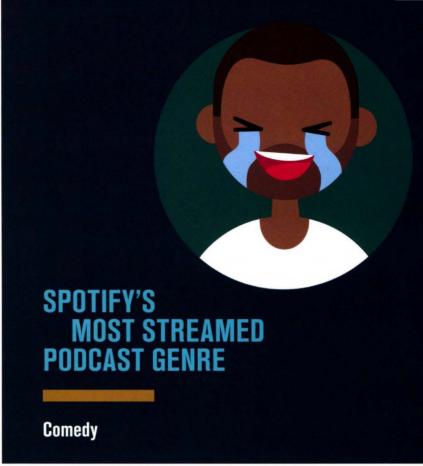
END OF AN ERA

After 42 years and nine movies, the Skywalker saga comes to a close with the release of *Star Wars: The Rise of Skywalker*.



NEW SCHOOL VS. OLD SCHOOL

Music streaming services are more popular than ever, with Spotify, Apple and Amazon in constant competition for the top spot. In contrast, vinyl records make a comeback among younger generations as a tangible alternative to digital options.

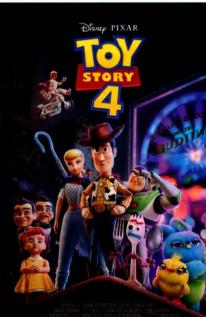


TOP 3 MOVIES

#1 Avengers: Endgame #2 The Lion King #3 Toy Story 4









STREAMING SERVICES

Apple TV+ launches November 1 and Disney+ launches November 12, 2019. Apple notes they will offer fresh and exclusive content for just \$4.99 per month, while Disney offers access to 7,500 episodes from various Disney shows and 500 movies for \$6.99 per month.

CLASS OF 2020

ICON OF THE DECADE

Singer Taylor Swift is awarded the inaugural Icon Award at the 2019 Teen Choice Awards. Fox calls the artist "a pop culture icon whose accolades and achievements go beyond topping music charts and selling out stadiums worldwide." Taylor shares a surprise at the end of her acceptance speech, telling viewers that there's "so much to be excited about in the next 12 days." She then shares details of her new single, "Lover," which debuts on Friday, August 16. The following week, Swift's new album "Lover" drops and accounts for 27% of all U.S. album sales in its first week.





COUNTRY MUSIC AWARDS

Entertainer of the Year: Garth Brooks
Male Vocalist of the Year: Luke Combs
Female Vocalist of the Year: Kacey Musgraves

PEOPLE'S CHOICE AWARDS

The Movie of 2019: Avengers: Endgame
Male Movie Star of 2019: Robert Downey Jr., Avengers: Endgame
Female Movie Star of 2019: Zendaya, Spider-Man: Far From Home
Male TV Star of 2019: Cole Sprouse, Riverdale
Female TV Star of 2019: Millie Bobby Brown, Stranger Things







LIFETIME ACHIEVEMENT AWARD

The Hollywood Foreign Press Association (HFPA) gives the Cecil B DeMille lifetime achievement award to Tom Hanks at The Golden Globe Awards on January 5, 2020. Hanks has won four Golden Globes and has been nominated for nine. Hanks made his movie breakthrough in the 1988 film *Big*, with other career highlights including *Sleepless in Seattle*, *Saving Private Ryan* and voicing cowboy doll Woody in the Toy Story film series. He will next be seen on the big screen in *A Beautiful Day in the Neighborhood* playing U.S. children's television host Fred Rogers (Mr. Rogers).

ARTIST TO WATCH

Country Artist Kane Brown has released two albums in two years and has performed many successful collaborations with artists outside of Nashville, including "Saturday Nights REMIX," with almost 300 million streams on Spotify, and "One Thing Right" with music producer Marshmello and 42 million streams. Brown wins Male Video of the Year for his single "Lose It" and Artist of the Year at the 2019 CMT Artists of the Year ceremony.



TEEN CHOICE AWARDS

Big Winner: Avenger: Endgame - Choice Action Movie, Choice Action Movie Actor (Robert Downey Jr.) and Choice Action Movie Actress (Scarlett Johansson)

Choice Music Group: Why Don't We

Choice Summer Song: "Senorita" - Shawn Mendes and Camila Cabello

Choice Summer TV Show: Stranger Things



PEOPLES ICON AWARD

Jennifer Aniston is honored as People's Icon at the 2019 People's Choice Awards in Santa Monica, California, on November 10. Aniston is well known for her role as Rachel Green in *Friends* and has since starred in countless romantic comedy hits such as *Marley & Me* and *He's Just Not That Into You*. Earlier this year, Aniston "breaks the internet" with her Instagram page, which crashes shortly after debuting her first post (a *Friends* cast reunion photo). Aniston racks up more than 116,000 followers in under an hour.

TRENDS



PLANT POPULARITY

Fast food restaurant chains introduce more meatless options than ever. McDonald's launches the P.L.T. (Plant. Lettuce. Tomato.) in 28 locations in Canada and Burger King introduces the Impossible Burger. Other fast-food companies have also joined the movement, including White Castle, A&W, Qdoba and Red Robin, just to name a few.

RAILLE EDITION

GAME CHANGERS

Toy manufacturers are working to make their games more accessible. Mattel releases a Braille version of its UNO card game, with game cards incorporating Braille on both sides of each card. Rules are translated and released through voice assistants Amazon Alexa and Google Assistant. Using AI technology, the LEGO Group convert instruction manuals into audio and Braille formats.

USA FAST FACTS

United States President: Donald Trump United States Vice President: Mike Pence Federal Minimum Wage: \$7.25/hour Average Price of Gas 2019: \$2.61/gallon

United States Population: 330,222,422

*AS OF JANUARY 2020

POPULAR APPS











POPULAR ITEMS









AirPods





Scrunchies

Clear bags



Phone stability accessories (PopSockets[®] bands, etc.)

Fanny packs



HydroFlasks



FASHION

What is old is new with '80s neon, tie-dye and fanny packs trending this year.

Roy Rochlin/Getty Images, Geoffroy Van der Hasselt/AFP via Getty Images, State Government of Victoria/Associated Press, Heritage Space/Heritage Images/Getty Images, Luke Sharrett/Bloomberg via Getty Images, Herbert Neubauer/APA/ AFP via Getty Images, Derek Davis/Portland Press Herald via Getty Images, NASA/Associated Press, Naomi Baker-FIFA/FIFA via Getty Images, Ross Kinnaird/Getty Images, Christopher Evans/MediaNews Group/Boston Herald via Getty Images, Photo by Allen Berezovsky/Wirelmage via Getty Images, Kyodo News via Getty Images, Barbara Gindi/APA/AFP via Getty Images, Eric Ananmalay/ESPAT Media/Getty Images, Kyodo News via Getty Images, Elaine Thompson/AP/Associated Press, Sue Ogrocki/AP/Associated Press, Photo 12/Universal Images Group via Getty Images, Augustin Wamenya/AFP via Getty Images, University Hospital of Dresden Technical University, Kena Betancur/VIEWpress via Getty Images, Philippe Lopez/ AFP via Getty Images, Jonathan Nackstrand/AFP via Getty Images, Thierry Falise/LightRocket via Getty Images, SPFR/Nicolas Messyasz/SIPA,

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Walt Disney Studios Motion Pictures/

Marvel/courtesy Everett Collection,

Marvel/courtesy Everett Disney Studios Motion Pictures/courtesy Everett Collection, © Walt Disney Studios Motion Pictures/© Lucasfilm/courtesy Everett Collection, Jason Kempin/Getty Images, Robyn Beck/AFP via Getty Images, Ulrich Baumgarten via Getty Images Kevin Winter/Getty Images, Kevin Winter/Getty Images, George Pimentel/Wirelmage via Getty Image for UA/ABC via Getty Images, Todd Williamson/E! Entertainment/NBCU Photo Bank via Getty Images, Alberto Rodriguez/E! Entertainment/NBCU Photo Bank via Getty Images, Phil Barker/Future Publishing via Getty Images, fortton/Adobe Stock, Luis/Adobe Stock, montego6/Adobe Stock, KDImages/Adobe Stock, Ilya S. Savenok/Getty Images for Teen Vogue, Mattel®

